

# Necessity Takes Precedence Over Protest

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ASSOCIATED PRESS WRITER

As she waited for a fill-up at a downtown service station, motorist Christi Boom said she really wanted to participate in the national gas boycott to oppose high prices.

There was just one little problem: She was running on empty.

Across a state that has the nation's fourth-highest gas prices — up to \$1.60 a gallon in some places — necessity seemed to take precedence over protest.

"It's kind of like food, you've got to buy it," said Mark Edlen, who also knew about Friday's boycott before he forked over \$31.70 to fill the tank on his Range Rover.

Even with the boycott and prices

of \$1.59 for regular unleaded, attendant Joe Kelly said he saw no dropoff in business at his Chevron station in the city's Old Town district.

Kelly said complaints have tapered off as customers have grown numb to the highest prices in years.

Prices normally go up when it gets close to summer, he said, "but this is ridiculous. ... We were a little shocked ourselves."

One person who said he was driving right past the pumps Friday was U.S. Sen. Ron Wyden, who has taken aim at high gas prices across the West.

The Oregon Democrat has asked the Justice Department to look into the high prices and to determine whether to launch an antitrust investigation of the

oil industry. He said that while the national average is \$1.15 a gallon, Oregon drivers are paying \$1.52, trailing only California, Hawaii and Nevada.

At the Fairgrounds Texaco station in Grants Pass, prices were a relatively inexpensive \$1.49 a gallon for regular unleaded, and if there was a boycott going on, nobody could tell.

"We had six motor homes at once in here this morning," said owner Randy Harris. "Personally, I don't think it will affect the oil companies unless people quit driving the whole day. I don't think anybody is going to walk to work."

Added customer Denise Troxel, whose tab for filling up her pickup came to \$42.50: "When you need gas, you need gas. What are you going to do?"

# Are You Getting Enough Sleep?

One of the most prevalent sleep problems in America is insufficient sleep.

"People try to do too many things in 24 hours. When push comes to shove, sleep gets shoved," said Dr. Max Hirshkowitz, a sleep researcher at Baylor College of Medicine in Houston. "To avoid sleep deprivation, he recommends that

adults get a minimum of seven hours sleep. Other ways to promote good sleep include:

A comfortable mattress that is not too old.

Going to bed when sleepy instead of fighting sleep.

Maintaining a regular sleep schedule.

Exercise, but not right before bed. A light snack before bed if you tend to awake hungry in the night.

Adopting a regular bedtime ritual, like having decaffeinated tea each night, gives people a chance to unwind and think about things before going to bed," he said.

# Preliminary Construction Work Begins On Airport Max

In preparation for the start of Airport Max light rail construction later this spring, Bechtel Infrastructure Corp. will create construction staging areas at two Tri-Met park & ride lots located along the alignment. This means some park & ride spaces will not be available during construction.

At Parkrose Park & Ride, located at 95th and NE Sandy Blvd., a quarter of the lot's 273 spaces will be fenced off which started April 28.

This is an underutilized facility and will not impact current users.

At Gateway Park & Ride, located at 99th and NE Multnomah, 20 parking spaces will be eliminated to accommodate the construction work. These 20 spaces will be fenced off which started May 3. This lot is currently at capacity and commuters are encouraged to take a bus or carpool to the park & ride. To be eligible for a designated carpool spot, carpools must register by calling 227-7665.

To find out about bus routes that serve Gateway Transit Center, call 238-RIDE.

The pre-construction activity will not affect bus or Max service.

Major construction on the 5.5-mile Airport Max light rail extension is expected to begin in mid-June. This innovative project is the result of a public-private venture involving the Port of Portland, Tri-Met, the City of Portland, the Portland Development Commission and Bechtel.

# The 67th Season of Multnomah Greyhound Park

Wood Village, OR — "Here comes Rusty!" That familiar call that is now synonymous with the fastest dogs in the world trying to catch "Rusty the Bone," as the 67th official season of greyhound Park (MGP).

New this season is improvements and construction at the Park. Multnomah Greyhound Park is building an expanded parking lot, remodeling the holding kennels, and building a new state-of-the-art kennel compound for the greyhounds. Patrons will have a new entryway and the landscaping and flowers will be expanded. "After the great season we had last year, these new improvements should signal our commitment to our racing fans," noted Carl Wilson, general manager.

The Frequent Fan Card returns this season for patrons to win prizes. If you already have a card, be ready to earn points starting the opening day. Sign up for a Frequent Fan Card (if you don't have one) and be ready to earn points toward free programs, buffets, trips and other great gifts. Every time a fan comes to the Park, a computer tracks the entry.

A new racing schedule is being introduced this year. Racing from Monday through Saturday (in some cases Tuesday through Saturday) will be the race card this year. Sunday matinees are being removed and Mondays added. This allows for more racing opportunities, and this attracts a higher caliber of kennel and greyhound. "We

want the absolute best kennel in terms of racing, reputation, care of dogs and commitment to excellence," said Wilson.

Also new this year will be an expanded information booth. Announcer Eric Anderson will be placed on the third floor. Race fans can ask him questions in-between races. For complete racing schedules and information fans can access the MGP web site at: <http://www.ez2winmcp.com>

Be a part of the 76th season of Multnomah Greyhound Park racing. Live racing commences the evening of Friday, April 30, and will conclude October 9th. Located in Wood Village, Oregon take I-84 to Wood Village Exit 16-A. Call (503) 667-7700 for details.

# Medical Marijuana Activist Rally at the State Capitol

Salem, OR — Voter Power, a grassroots PAC, is sponsoring a "Marijuana is Medicine" rally of medical patients and their supporters on the front steps of the State Capitol in Salem at 10:00 AM Friday April 30th. The group is celebrating the implementation of the Oregon Medical Marijuana Act (ballot measure 67) which goes into effect on May 1. The law allows seriously ill patients with doctor's approval, to grow and use marijuana.

Activists are also urging the Oregon Legislature to pass HJM10, which calls on Congress to change

federal law. The current federal law classifies marijuana as a Schedule I drug under the Controlled Substance Act. This classification means that doctors are prevented from prescribing marijuana and it cannot be sold at pharmacies. HJM10, sponsored by Representatives Jo Ann Bowman, calls on Congress to "modify the legal status of marijuana to allow its limited medical use in those states where limited medical use has been legal under state law." The House Judiciary committee passed HJM10 yesterday.

Speakers at the rally will in-

clude Representatives Jo Ann Bowman, Representatives Floyd Prozanski, Stormy Ray, and chief petitioner of OMMA, Michael Rose, chief petitioner of the marijuana recriminalization referendum (measure 57). And other patients and activists.

At 8:00 AM in the Galleria area of the Capitol building, there will be a brief opening of a poster display showing patients affected by the federal policy.

For more information or to arrange interviews contact John Sajo 503-736-0907

# Earlier Prenatal Screening for Down Syndrome

HOUSTON—Pregnant women might benefit from a screening test that can be given earlier during pregnancy. Currently, prenatal screenings for Down syndrome using maternal blood cannot be performed in the U.S. before the 14th week of pregnancy. Researchers at Baylor College of Medicine in Houston will soon evaluate a screening test that can be performed between the 10th and 14th week of pregnancy for a multicenter study by the National Institute of health.

The new procedure requires an ultrasound exam and a blood sample from a fingerprick. The ultrasound measures the space behind the baby's neck that, when larger, often correlates with an increased risk of Down syndrome. The blood sample is analyzed for two chemicals associated with the genetic disorder. These results, in combination with the mother's and the body's size, can be used to project the likelihood of Down Syndrome. If a high risk is

determined, the mother will be offered prenatal testing that can confirm these presence of absence of Down Syndrome. Approximately one in 700 kids is born with this form of mental retardation, which is caused by an extra chromosome. "By performing the test for Down Syndrome during the first trimester," said Katie Leonard, a genetic counselor at Baylor. Women interested in participating in the study can call (713) 798-4363.

# Free Skin Cancer Screenings

With summer just around the corner, it's a great time for free skin cancer screening!

**WHO**  
The American Cancer Society

**WHAT**  
Annual free skin cancer screenings

**WHEN**  
Saturday, June 5, 1999 from 9:00 a.m. until 1 p.m.

**WHERE**  
The following Portland/Vancouver area locations:

**Legacy Good Samaritan**  
Comprehensive Cancer Center  
1015 NW 22nd Ave.  
Portland

**Providence/Portland Medical Center**  
Radiation  
Oncology Dept.  
5050 NE Hoyt, B Level  
Portland

**OHSU**  
OHSU Health Center  
15350 SW Pacific Hwy.  
Tigard

**Southwest Washington Medical Center Campus**  
400 NE Mother Joseph Place  
Vancouver

**WHY**  
Skin cancer is the most common form of cancer in the United States, and the most easily prevented and detected.

With summer just around the corner, do yourself and your skin a favor and learn more about skin cancer.

Although the screenings are free, pre-registration is required. Call the American Cancer Society, toll free at 1-800-528-1525 in Oregon or 1-360-695-2278 in Washington to register. Appointments are available on a first-come, first-served basis. The skin screenings are performed by dermatologists donating their time and talent to this event. The screenings take just five minutes.

For more information about skin cancer, such as FREE brochures, please contact the American Cancer Society at 1-800-ACS-2345 or visit our Web site at [www.cancer.org](http://www.cancer.org).

# Crime Statistics per Northeast Neighborhood Association

RAPE	ROBBERY	AGGR ASSAULT	RES BURGLARY	NON/RES BURGLARY
Boise- 1	Lloyd- 7	King- 12	Piedmont- 6	Humboldt- 4
Concordia- 1	Sullivans Glch.- 4	Humboldt- 11	King- 5	Irvington- 3
King- 1	Boise- 2	Woodlawn- 9	Eliot- 4	King- 3
Alameda- 0	Eliot- 2	Concordia- 8	Boise- 3	Piedmont- 3
Eliot- 0	Humboldt- 2	Lloyd- 7	Sabin- 3	Concordia- 2
Grant Park- 0	Irvington- 2	Vernon- 7	Sullivans Glch.- 3	Eliot- 2
Humboldt- 0	Woodlawn- 2	Piedmont- 6	Concordia- 3	Sabin- 2
Irvington- 0	Concordia- 1	Boise- 5	Woodlawn- 3	Boise- 2
Lloyd- 0	King- 1	Eliot- 4	Grant Park- 2	Grant Park- 1
Piedmont- 0	Piedmont- 0	Sabin- 4	Humboldt- 2	Sullivans Glch.- 1
Sabin- 0	Grant Park- 0	Sullivans Glch.- 1	Vernon- 2	Vernon- 1
Sullivans Glch.- 0	Sabin- 0	Alameda- 0	Alameda- 1	Woodlawn- 1
Vernon- 0	Vernon- 0	Grant Park- 0	Grant Park- 0	Alameda- 0
Woodlawn- 0	Alameda- 0	Irvington- 0	Lloyd- 0	Lloyd- 0

  

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Boise- 1	Eliot- 15	Lloyd- 10	Lloyd- 69
Eliot- 1	Lloyd- 15	Concordia- 9	Sullivans Glch.- 20
Humboldt- 1	Alameda- 11	Eliot- 9	Eliot- 11
Lloyd- 1	Irvington- 11	Humboldt- 8	Humboldt- 10
Piedmont- 1	Piedmont- 8	Irvington- 7	Irvington- 9
Sabin- 1	Sullivans Glch.- 8	King- 7	King- 6
Alameda- 0	Concordia- 7	Sullivans Glch.- 7	Vernon- 6
Concordia- 0	Grant Park- 6	Grant Park- 6	Boise- 3
Grant Park- 0	Humboldt- 6	Boise- 4	Concordia- 3
Irvington- 0	King- 6	Woodlawn- 3	Grant Park- 3
King- 0	Sabin- 6	Alameda- 2	Piedmont- 3
Sullivans Glch.- 0	Woodlawn- 5	Piedmont- 2	Sabin- 3
Vernon- 0	Boise- 3	Sabin- 1	Woodlawn- 2
Woodlawn- 0	Vernon- 3	Vernon- 1	Alameda- 0

MURDER - None Reported

**HOW TO STOP YOUR TEENAGE SON FROM GETTING A HEROIN ADDICTION, LONG BEFORE HE'S A TEENAGER.**

Without a father in his life, he'll be 37% more likely to abuse drugs. Give your kids a better chance. Even if they don't live with you, they need your emotional and financial support. They're your kids. Be their dad.

**Ad Council**