

Family Living

Women Honored for Participating in Major Osteoporosis Study

Hundreds of women from the Portland-Vancouver area — some as old as 101 — were honored at a luncheon on April 7th at the Double Tree Lloyd Center for their participation in an important, long-running study by Kaiser Permanente's Center for Health Research (CHR). Nearly 900 women and their guests heard news about the latest results of the study of Osteoporotic Fractures (SOF) and were thanked for their participation over the past 12 years.

Osteoporosis affects nearly 24 million American women and, until recently, was usually seen as a white woman's disease. In 1987 the CHR recruited more than 2,400 local women over the age of 65 to join this federally study to discover what factors influence the loss of bone density and lead to debilitating bone fractures. In 1996 data collected at the SOF site in Pittsburgh showed that African American women over the age 70 experience a rapid loss of bone density, a loss that is twice as rapid as in white women of the same age. To study this issue further, the CHR recruited more than 120 African American women from the Portland area to join the study.

"We feel it was very important to honor and thank all the women who made this study possible," says Emily Harris, PhD, the principal investigator. "Many of the women have been part of the study for as long as 12 years, and all of the women have been extremely loyal and active par-



SOF volunteers and staff take time out from lunch to celebrate. Left to right: Ora Nunley, Ruth Glass, Adam Doherty (Research Specialist), Marge Erwin (Study Coordinator), Lauretta Slaughter, Betty Key, and Louise Harris

ticipants. Their willingness to come to clinic visits, patiently answer all our questions, and go through all the tests has been extremely impressive. They are making it possible to better understand the cause of osteoporosis and paving the way for discoveries to prevent osteoporosis and osteoporotic fractures."

Clinic visits to collect information for the study are scheduled to

end December, but analysis of the data will continue through 2001. The National Institute of Arthritis and Musculoskeletal and Skin Disease and the National Institute on Aging fund the study. The University of California at San Francisco is the coordinating center. The four clinical sites are Kaiser Permanente's Center for Health Research, University of Maryland,

University of Minnesota, and University of Pittsburgh.

Kaiser Permanente's center for Health Research in the public interest. Kaiser Permanente Northwest is a prepaid group practice health maintenance organization that serves the health care needs of more than 435,000 people and the dental needs of more than 180,000 people in Oregon and Southwest Washington.

Kids' Art Selected for Greeting Cards that Help Other Kids in Need

The work of 20 young artists has been selected to adorn 1999 Kids for Kids for CASA greeting cards. Proceeds from the sale of the cards support a program that helps abandoned, abused and neglected children to have a voice in court.

Friends of CASA (Court Appointed Special Advocates) chose this year's artwork from among over 200 pieces submitted by children age five to 17, primarily from Multnomah and Washington counties. The array of holiday scenes and winter landscapes will be reproduced onto more than 650,000 greeting cards, which are available for purchase by individuals and businesses.

"The artwork reflects that special magic and optimism that children feel about life," says Laura Kebbe, marketing for Kids for Kids for CASA. "When people purchase these cards, they are not only supporting the important work of CASA, but also encouraging the kids who donate their time and artwork to benefit their peers who need our help. This is truly an activity by kids, for kids."

Revenue from kids for CASA

cards make up one quarter of the annual budget for training new CASA volunteers, who advocate for children's best interest in court proceedings. It costs \$41,000 for CASA

dren can be helped.

While the bulk of CASA cards are sold for the holidays, Kids for Kids is currently offering gift packs of blank

cards suitable for year-round use, as well as other products including a cook book, umbrella and apron featuring distinctive artwork



to provide a full year of advocacy for one child. Currently, 600 children have CASA volunteers working on their behalf. The more money C A S A raises, the more chil-

Oregon SAFE KIDS Week Starts with Children's Safety Fair at the Zoo

Children, parents and grandparents are invited to the Oregon SAFE KIDS safety fair at the Oregon Zoo in Portland from 10 a.m. to 3 p.m. on Saturday, May 1. In Keeping with this year's theme of Helping Every Generation Care for Kids there will be interactive safety exhibits for kids and the adults of all ages who care for them. Safety checklists good for discount Zoo admissions are being distributed through area schools and other locations. For information about other activities during SAFE KIDS Week, check the website at <http://www.osp.state.us/SAFEkids>.



Look For Your Safeway Weekly Shopping Guide

In Your Oregonian FOODday in the Portland Metro Area...and save more by shopping at Safeway



Visit Safeway's Web site at www.safeway.com

PRICES EFFECTIVE APRIL 1999						
Sun	Mon	Tue	Wed	Thur	Fri	Sat
			14	15	16	17
18	19	20				

Prices & prices in this ad are available at your local Safeway store. No sales tax, discounts or restrictions. Some items may require purchase. Quantities of some items may be limited and subject to availability. Not responsible for typographical or graphical errors. We reserve the right to correct all printed errors. ©1999 Safeway Stores, Inc.

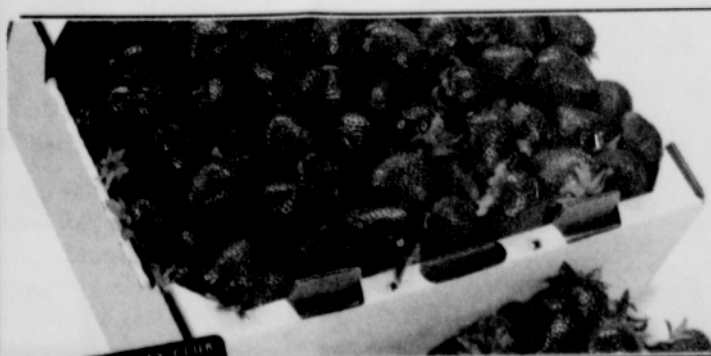
Spring Specials!



Manor House Boneless Skinless Fryer Breasts
Individually quick frozen. Sold in 4-lb. bags only, \$7.56 ea.
1.89 lb.
SAVE up to 58¢ lb.



New 96-oz. Safeway Cranberry Juice Cocktail
Cranberry, Cranberry Apple, Cranberry Raspberry, or Cranberry Grape. Limit 2.
2 for \$5
SAVE up to \$2.98 on 2 Safeway Club Price



Red Ripe Strawberries
6-pint, Half flat. Grown in California.
4.88
SAVE up to \$4.10 Safeway Club Price

Now the savings are in the Card!

Fabric Depot

THE LARGEST, MOST COMPLETE RETAIL FABRIC STORE IN THE WEST
April 13 through April 27, 1999

30% OFF Everything in the Store*

SPECIAL SALE
2 DAYS ONLY - April 23 & 24
40% OFF ALL FABRIC
extended hours Saturday open til 9pm
Limited to stock on hand!

50% OFF ALL THESE PATTERNS
• McCall's • Simplicity • Vogue • Butterick • Burda

BE SURE TO CHECK OUR STORE FOR "MANAGER'S SPECIALS"

RETAIL HOURS:
MON-FRI 9:00am-9:00pm
SAT/SDAY 9:00am-7pm
SUNDAY 10:00am-7pm
WHOLESALE HOURS:
MON-FRI 9am-5:30pm
SAT/SDAY 9:00am-5pm
SUNDAY 11:00am-1pm

RETAIL - WHOLESALE
700 S.E. 122nd Ave.
Portland, OR
252-9530
Visit our website at www.fabricdepot.com
1-800-392-3376

