

Education & Job-Training Programs For Youth

Youth Empowerment Skills (YES)

This life skills training program for teens were developed by Western Youth Development. It is designed to enhance self-esteem and teach practical, positive life skills youth can use in difficult situations they face everyday. YES gives youth a real-life experience of self-respect, personal power, sense of responsibility and self-worth. Focusing on communication, human interaction, conflict resolution, choice and personal life vision, YES prepares teens to take action to resolve their own issues. Any youth, aged 15-19, is eligible to enroll in a weekend YES program.

Job Readiness Training (JRT)

This five-day intensive program teaches youth the necessary skills to succeed in the work force. Community business professional presents such topics as: Time and the Workplace, Telephone Etiquette, Understanding Behavioral Styles, Dealing with Conflict in the Workplace, Customer Service, Interviewing Techniques, Resources for Job Search, Workplace & Policies, Time Management, and much more. Through

classroom training, field trips and on-site job exploration, youth gain a greater insight into the realities of the working world. WYD's ongoing supporters and business continue to hire youth upon completion of the JRT program.

Rise & Shine Deli

This program is designed to provide job training and work opportunities for WYD graduates. There are two deli locations—619 SW 11th Ave, Downtown and 9605 SW Nimbus, Beaverton. This program is made possible with the generous support of Starbucks Coffee, Adidas, and Grand Central Banking Co. The deli provides fresh made sandwiches, soups, and pastries. The downtown location is now offering corporate catering services.

Youth Entrepreneurial Training & Business Incubator

The Youth Entrepreneurial Training is a "hands on learning" process where youth learn about business by starting and operating their own individual businesses. With the completion of a business plan, participants are eligible to apply to our micro-loan for capital to initiate their business. An attempt is made to match

neighborhood mentors with young business owners for at least the first six months of business. All graduates of the YES program are eligible to enroll in entrepreneurial training. In addition, we recently opened a neighborhood based business incubator for business started by our participants.

Ropes Course and First Wednesdays

After youth have completed the YES program, they are eligible to participate in the Ropes Course. The Ropes Course is designed to take the youth to the next level in working as a team, in trusting others and in developing their self-esteem. Two Western Youth Development trainers, who are Camp Collins Certified, facilitate this training. The weekend includes problem solving games, physical activities, and rigorous emotional and physical adventures.

The First Wednesday of every month, the YES graduates can come together at Western Youth Development and participate in various activities for ongoing support.

All programs are free of charge, due to ongoing support from community foundations, businesses and individuals. We are eternally grateful for their contributions.

NAACP Spingarn Medal Honors Earl Graves, Sr.

HIGHEST ACHIEVEMENT AWARD FOR AFRICAN AMERICANS

Baltimore, Maryland — NAACP Board of Directors Chairman Julian Bond announced today that Earl G. Graves, Sr., Chairman and CEO of Black Enterprise Magazine, is the recipient of the 84th Spingarn Medal.

Bond said, "The Spingarn Award Committee unanimously elected Graves as someone whose life personifies the NAACP's highest honor."

Graves said, "This honor exemplifies the pinnacle of recognition for a lifetime of work towards the

struggle. I only wish my parents were to bear witness to such an achievement. They would have been proud — as I am to join the distinguished group of Spingarn recipients."

The late J.E. Spingarn, former NAACP Chairman, instituted the Medal in 1914. It was designed to call attention of the Americans people to the existence of merit and achievement among American of African descent and to serve as a stimulus to

young people.

To date, 83 Spingarn medals have been awarded. Recent Medalists include: Virginia Governor L. Douglas Wilder, The Reverend Jesse Jackson, Percy E. Sutton, Bill Cosby, Jr., the late Mayor Tom Bradley, Lena Home, General Colin Powell, the late Barbara Jordan, Maya Angelou, Dr. John Hope Franklin, the late judge A. Leon Higginbotham, Carl Rowan and former NAACP Chair Myrlie Evers-Williams.

US Bank is Vacating Building Offers Public Unique Opportunity

US Bank is vacating one of their downtown Portland office buildings.

The remaining office furniture in the building, including workstations, executive and secretarial desks, and chairs, credenzas, conference room furnishings, file cabinets, reception area furnishings, IBM P.C.'s and miscellaneous items of all types are being offered to the public in a final

liquidation sale.

This sale offers the public, including businesses, a unique opportunity to purchase office furniture and many other items for their homes and businesses at a fraction of their original cost.

The sale will begin on Monday, March 29th, and will continue for approximately four weeks. Hours of public access will be 10:00 a.m. to 7:00

p.m. March 29th through April 2nd, and from 10:00 a.m. to 6:00 p.m. every day thereafter, including Saturdays and Sundays.

The office building is located at 309 SW 6th Avenue (the SW corner of 6th and Oak Street), catty-corner from "Big Pink" (the US Bancorp Tower).

The public may call 295-9724 or 800-719-9695 for more information.

Don't Be Afraid of Your Credit Report!

A free hands on workshop on how to improve your credit and your credit report led by representatives from the Coalition of Black Men and Fidelity Credit Services

Terrell Hall—Room #122
705 N. Killingsworth

In the Workshop

- Learn what information is on your credit report
- Find out how to correct mistakes and provide explanations
- Discover what to do about credit report fraud

• Learn how to improve your credit standing

- Meet with a credit company executive to review your questions
- Get information on qualifying for a home loan
- Find out how to have your name removed from solicitation list

Due to limited class size, pre-registration is encouraged!

Thursday, April 15th
7:00 p.m. to 8:30 p.m.
Portland Community College
Cascade Campus

Veteran's Clinic To Move

PORTLAND, Ore. — A clinic for veterans who wish to file disability claims will be moving to a new building April 3. The compensation and Pension Unit of the Portland VA Medical Center will move to the hospital's Vancouver Division at 1601 E 4th Plain Boulevard in Vancouver, Wash.

The new unit will open April 7 on the second floor of the Barnes Rehabilitation Center, Building D-7, on the southeast corner of the Vancouver Campus. Exam hours are from 8 a.m. to 4:30 p.m., Monday through Friday.

The medical center's Compens-

ation and Pension unit is currently located at the medical center's Outpatient Clinic at 8909 SW Barbur Boulevard.

The unit, which performs physical examinations for veterans who, is seeking medical compensation for illness or injuries. The six staff in the unit sees nearly 6,000 veterans each year in the course of determining what level of medical services a veteran should receive.

The move will save the medical center an estimated \$800,000 annually. The current facility is

leased from a private company in Portland. The new clinic is located on federal property.

The clinic is moving to the Vancouver Division, rather than to the Portland campus of the medical center, because the Vancouver campus has parking space and exam space to accommodate additional patient visits.

Veterans who wish to claim benefits through the Compensation and Pension process must first file a claim with the Veterans Benefits Administration. The Portland office of the agency can be reached at 1-800-827-1000.

Senior Trade Fair To Feature Prizes and Lots of Information

VANCOUVER, WA—Some lucky person could win the grand prize drawing VCR at the 4th annual Senior Trade Fair Friday, April 9, from 9 a.m. to 4 p.m. at Marshall Center, 1009 E. McLoughlin Blvd.

The event will showcase products, services and information of interest to local seniors. All ages are welcome. A \$1 suggested donation at the door will benefit the City

of Vancouver's Retired and Senior Volunteer Program (RSVP).

The fair will feature seminars throughout the day, including: Consumers Smarts — Look Before You Leap, Emergency Preparedness, Investing for Seniors, Packing for a Weekend, and Set Yourself Free On C-Tran. SHIBA (Statewide Health Insurance Benefit Advisors) volunteers will answer health insur-

ance questions. AARP Tax Aide Program volunteers will provide tax help. There will also be free samples and demonstrations.

The Senior Trade Fair is sponsored RSVP, the Senior Messenger, Hi-School Pharmacy, the Columbian, KVAN 1550 and the Vancouver Business Journal. The grand prize drawing is sponsored by City Financial Group. For more information call the RSVP office at 696-8221.

Charter Review Committee to Hold Meeting on April 1

The City of Vancouver's 1999 Charter Review Committee will hold its first meeting April 1, from

7 to 9 p.m. in council chambers at City Hall, 210 E. 13th St. Meetings will be held over an eight-to 10

week period. All meetings are open to the public.

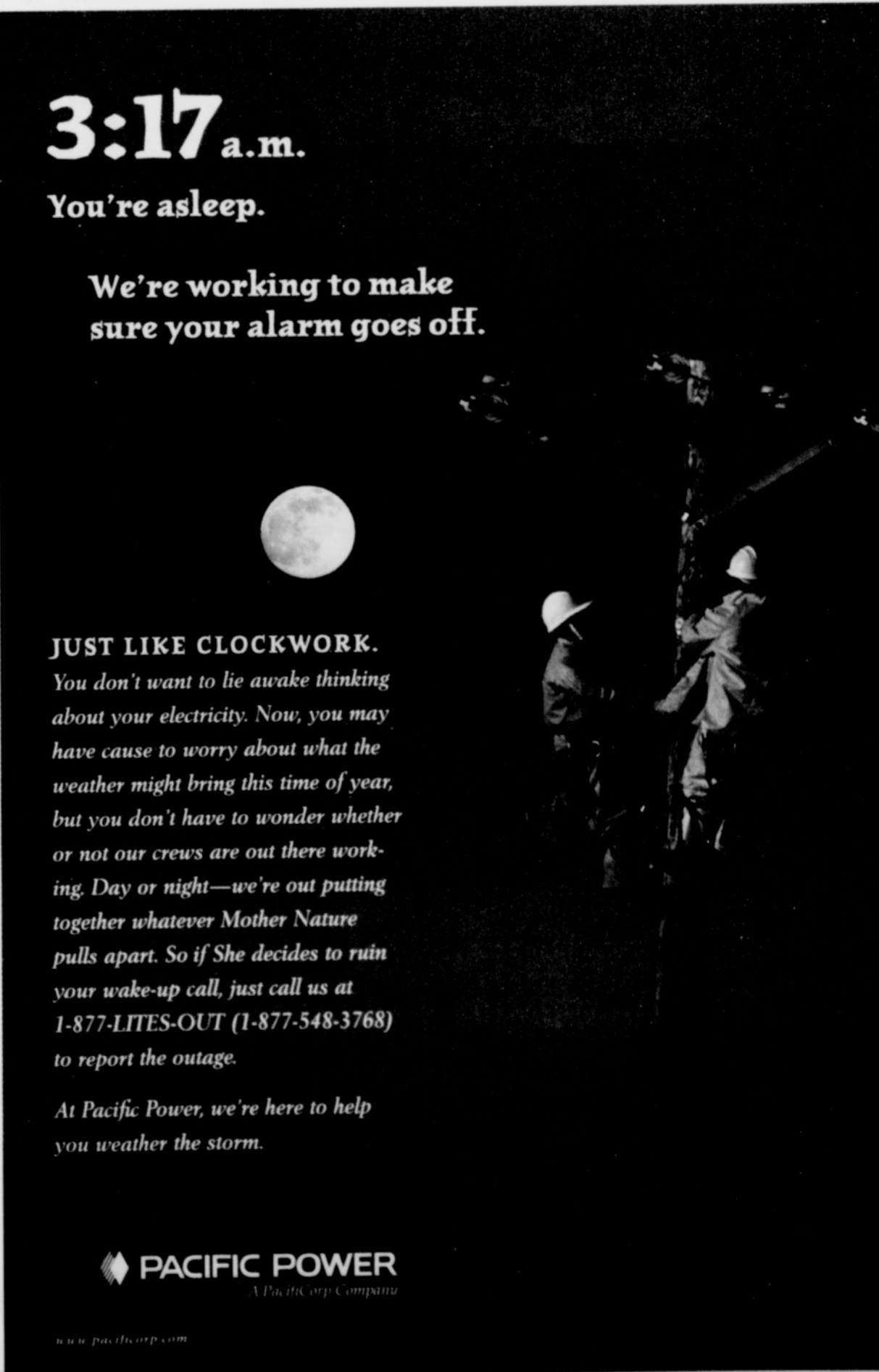
Charter Review Committee members appointed by the Mayor include Gary Akizuki, Len Aron, Donna Cantonwine-Wend, Brian Carlson, John Caton, Roberta Forbes, John Gear, Sean Guard, Dale Kidwell, Lize Luce, Mark Maggiora, Paul Martin, John McDonagh, Charlie Mitchell and Ceci Ryan-Smith.

The charge of the committee is to review the City's charter and to recommend to the city council, in time to be considered for this year's elections, any charter changes or amendments.

Salmon Painting Show Runs Through April

Endangered Ritual II, a new series of painting by artist Jennifer Williams, is on display at Vancouver's Water Resources and Education Center from April 1 to 30 in the second floor art gallery. Open hours are 9 a.m. to 5 p.m. Monday through Saturday. William's oversized canvases are

worked in a layered technique of acrylic paints over paper collage. This show has been extended through the month of April giving the public additional opportunity to view skillful and emotionally portrayed salmon in their struggle to return to the streams of their births.



3:17 a.m.
You're asleep.

We're working to make sure your alarm goes off.

JUST LIKE CLOCKWORK.
You don't want to lie awake thinking about your electricity. Now, you may have cause to worry about what the weather might bring this time of year, but you don't have to wonder whether or not our crews are out there working. Day or night—we're out putting together whatever Mother Nature pulls apart. So if She decides to ruin your wake-up call, just call us at 1-877-LITES-OUT (1-877-548-3768) to report the outage.

At Pacific Power, we're here to help you weather the storm.

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