# METRO SECTION B

### Calendar

#### **Y2K Preparation**

The Portland Heart-Centered Y2K Action Team is dedicated to the work of building neighborhood and community relationships for preparedness and resiliency. Several experts will share their knowledge on Saturday, February 27, from 8 AM to 4 PM at Portland State University at Smith Memorial Center (1825 SW Broadway).

#### Make-Up Tips

Known as the "make-up artist to the stars," the name SAM FINE has become synonymous with African-American beauty. Fans will be able to greet-and-meet Sam, see a make-up demonstration and ask questions. He will be at Nordstroms in downtown Portland on March 6.

#### **Goodwill Volleyball Tour**

Sports For Youth Foundation, Inc. is currently accepting applications for boys and girls aged 15-19, who are accomplished High School or Club volleyball players and good citizens, both in their school and community, to take part in the 1999 Goodwill Ambassadors World Tours. 1999 marks the 16th year that the Goodwill Ambassadors have conducted world tours for Junior volleyball players. The 1999 tour will travel to London, Paris, Geneva, Venice, and Rome. Registration deadline is March 15th. Call 425/251-6675 oremail info@volleyballnw.com

#### **High Blood Pressure**

The National Kidney foundation of Oregon & SW Washington has a FREE medical program scheduled for Saturday, February 27, from 10 AM to 11:30 AM at Pacific Pointe Retirement Inn, 11777 SW Queen Elizabeth in King City. "Living with High Blood Pressure" is an informative program about dealing with high blood pressure, how to avoid it and what can be done once you have it. Dr. Sharon Anderson will present valuable materials and slide presentation, along with answering questions.

#### Oregon Tradeswomen

The next meeting of the Oregon Tradeswomen Network is scheduled for Thursday, February 18 at 6 PM at the State Office Building, 800 NE Oregon St., Room 120. The topic of this month's meeting is "Presenting Your Trade." Attendees will learn how to speak to girls and women about their trades career. Childcare is provided and everyone is welcome. The meetings are free, no pre-registration is required. For more information, call 943-2228.

#### Your Child's Agenda

"Your Child's Agenda" is a workshop based upon the premise that in order to recognize, honor, and support you child's agenda through his or her own unique qualities, you first need to identify, honor, and celebrate your own as a parent. This two-hour workshop will be held on February 20 at A Teacher's Space (2755 NE Broadway). Cost is \$35. Participants must pre-register and pre-pay by calling 288-3577.

#### Image Management

Learn how to create powerful style, image, and presence that makes you radiate and attract others! By simply making adjustments within ourselves, we are able to create incredible results and satisfaction in our lives. On Saturday, March 6 attend a Success Guaranteed Seminar at The Friendly House (1737 NW 26th & Thurman). The event will begin at 8:30 AM until 12:30 PM. Call Image Resources at 503/452-8986.

#### Stop Smoking

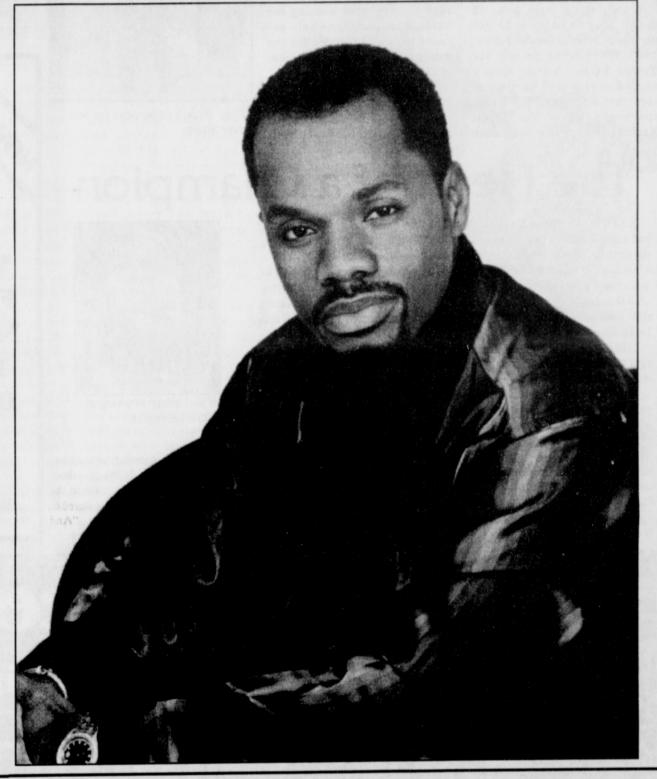
Stop smoking with Chinese medicine. Smoking affects all aspects of health, especially heart and lung systems. Free screening teaches what Classical Chinese medicine can do to help quit smoking. Saturday, February 20, 9 AM – 1 PM at Natural Health Center-East, of the National College of Naturopathic Medicine, 11231 SE Market. Call 255-7355, ext. 0 for appointment. For complete list of free screenings, call 499-4343, ext. 103.

#### Continued to page

SUBMISSIONS: Community
Calendar information will be given
priority if dated two weeks

## Kirk Franklin & Family roll up on Portland's Rose Garden

If it lives up to it's billing as a Gospel Extravaganza...
Portland is in for a treat as Grammy Award Winning Kirk Franklin & his support cast "Family" prepare to "bless you" in a Soul Searching, heart Warming Challenge to be "all God had intended for you to be"



# The National Endowment For The Arts Sends A Local theatre Company To India

=They went half way around the globe, delved into the stories, music and art of an ancient culture, and came back with a legend that strikes strangely close to home today. The National endowment for the Arts essentially commissioned "Tears of Joy Theatre" to travel to India and come home with a puppet theatre piece inspired by the tribal traditions of India.

The result is "The Secret of Singbonga." The legend comes from the Munda People, a tribe in Northeastern India. They tell of greedy iron smelters who cut down the sacred Sarjom tree to fuel their furnaces.

The smoke and clanging of their hammers rise to the heavens and disturb even the creator, Singbonga. Singbonga uses a small boy to save the Sarjom tree and the smelters are destroyed by their own greed. Singonga turns the smelter's families into butterflies, spirits whose purpose is to protect nature. Even today butterflies, remind people of the secret of Singbonga.

Director Jodi Eichelberger, designer Mary Robinette Harrison, and playwright Nathan Kumar

Scott spent three weeks in India talking with the people, videotaping their performances, recording their music, tasting their lives. They come back with custom built drums and hand-woven textiles to create the lush world of the play.

For Nathan Kumar Scott this was a trip home. He grew up in India. It was journey back to his childhood only to find ancient lore concerned with issues as current as global warming. "it's message is so relevant today. The story tells us of a time when the world was getting so hot that rivers, lakes, and ponds were drying up the iron smelters were running their furnaces day and night without stopping."

"The Secret of Singbonga" opens a the Columbia Art Center on February 12<sup>th</sup> – 14<sup>th</sup> and continues at the Portland Center for the Performing Arts February 26 – March 14<sup>th</sup>. Performances are Fridays at 7:30pm, Saturdays at 2pm and 7:30pm and Sundays at 2 p.m. Tickets are \$12 for adults and \$9 for children and are available by calling The Tears of Joy box office. Portland: 248-0557 Vancouver: 695-0477



Mike Twohy with puppet from The Secret of Singbongo