

Family Living

State Revenue and IRS Set Up Saturday Help Hours

The Oregon Department of Revenue is teaming up with the Internal Revenue Service (IRS) to offer tax assistance in Portland on ten consecutive Saturdays through tax filing season.

State Revenue Representatives will join IRS representatives for "Customer Assistance Days" in the Portland IRS office until April 10. Hours of service will be 8:30 AM to 12:30 PM.

Taxpayers can ask questions of both state revenue and IRS representatives, and obtain forms to file their returns. The IRS also will offer free federal/state electronic filing. To obtain this service taxpayers must bring their information such as W-2's, 1098's (mortgage interest statement), 1099's (refund statement), and other documents.

The Portland IRS office is located at 1220 SW 3rd Ave between Jefferson and Madison avenues. The representatives will be set up in the lobby.

For additional information, taxpayers may contact Tax Help at 503/378-4988. From January through April, the toll-free number within Oregon is 1-800-356-4222. Spanish speakers may call 503/945-8618. For TTY (hearing or speech impaired only), the year-round toll-free number within Oregon is 1-800-886-7204. In Salem the number is 503/945-8617. These numbers are answered by machine only and are not for voice use.

Dear Friends and Relatives,

Wisdom of the Elders, Inc. extends a special welcome for you and yours to join us on Valentine's Day for the first of our special series of multicultural gatherings titled "An Afternoon With Wisdom Of The Elders." Our February celebration will feature wisdom and storytelling from Native American and African-American elders, and stirring rhythms of music, regalia and dance. It will be held from noon until 5 PM on Sunday, February 14 at PSU's Smith Memorial Center in the Ballroom (1825 SW Broadway, corner of SW Broadway and Montgomery in downtown Portland).

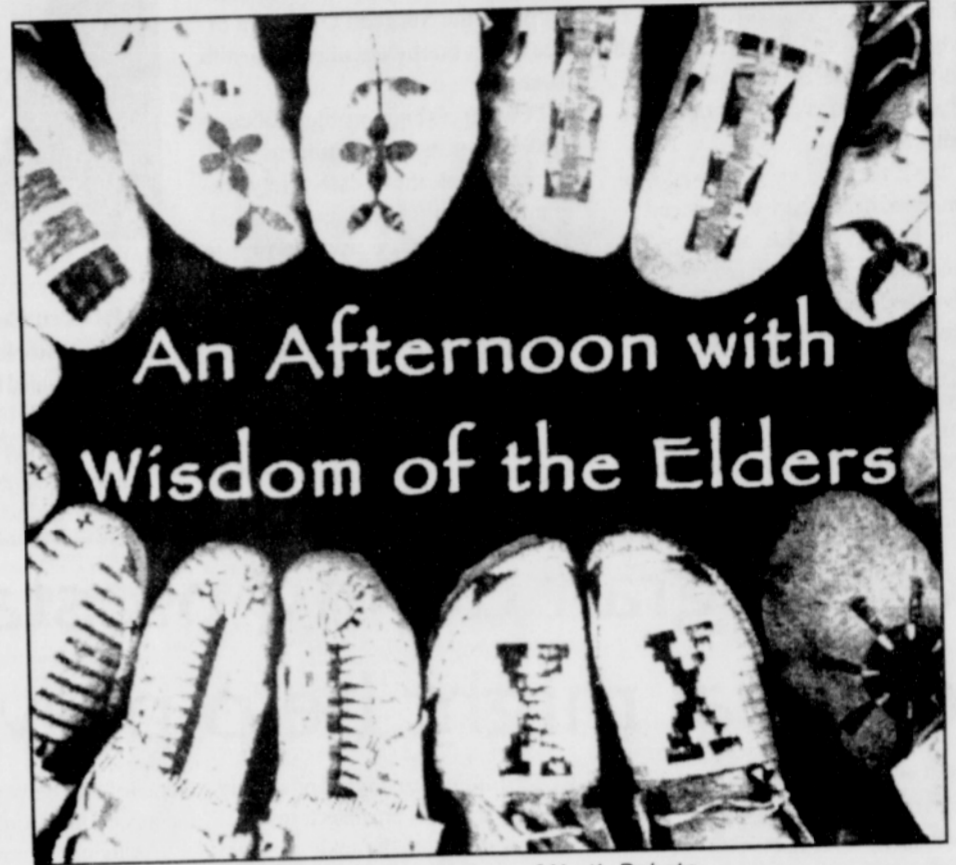
We plan to demonstrate and honor the richness of Native American elders' heritage and cultural values. At the same time, we will learn from and acknowledge the exemplary station of Portland's African-American elders in a special commemoration of Black History Month.

Join us at noon for lunch. Our food booth will feature Indian tacos and African-American food. Our Native American raffle will feature a Legendary Pendleton Blanket, a Native American hand drum, native artwork, posters, beadwork and other crafts. The gathering will also fea-

ture Native American and other arts and crafts tables, as well as valuable cultural and community information from our special group of co-sponsors.

Speakers will include Sophie George (Yakama nation) who recently received the coveted Heritage Award from the National Endowment for the Arts as a master beadworker and basketmaker. Mama Omo Ty Fletcher, exemplary African-American elder will share warm reminiscences of her grandparents and the cultural values that were passed from generation to generation in her family. Rose High Bear, Alaskan Athabascan and co-founder of Wisdom of the Elders, will share indigenous elders' video-recorded messages from WOTE' 1998 Oral History Collection gathered this summer in South and North Dakota. The program also features the Martin High Bear Memorial Sun Dance Drummers and Arlie Neskehi, Navajo musician and storyteller. Rhythmic African-American dance beat by Bobby Fother and Friends as well as music from Nico Wind, Native American singer, rounds out an afternoon of stirring world rhythms.

We hope you and other members of your community can join us on Sunday afternoon so we can honor you



An Afternoon with Wisdom of the Elders

Photo courtesy of State Historical Society of North Dakota

with a Native American song and round dance. Although we are asking contributions at the door from \$5-\$20, senior citizens receive free admission. We appreciate your helping us to pass

this invitation along to your community.

Pilamiya (thanks),
Rose High Bear

Children's Museum Capital Campaign Gathers Steam

Friends of the Children's Museum announced that it has raised \$5,125,000 through a major capital campaign that began two years ago. This amounts to over half of the \$9.9 million needed to build a new Museum at the former OMSI site in Portland's Washington Park.

The planned Museum will replace the

Museum's current facility in Southwest Portland, which serves 95,000 visitors annually. "We've simply outgrown our old facility," said Verne Stanford, the Museum's president. "Our programs have expanded over the years, but the building hasn't." In addition, the old facility, which was once a nurses' dormitory, is not fully accessible to visi-

tors with disabilities and does not meet the city's seismic safety standards.

Remodeling of the old OMSI building and new construction will begin this fall, according to Denhart. The architectural firm of Thomas Hacker and Associates has been retained to design the new facility. It is expected to open in late 2000 and will accom-

modate an anticipated 240,000 visitors a year.

The campaign coincides with the Children's Museum's 50th anniversary this year. Founded in 1949, the Museum is the only such facility in the Portland area that focuses on the learning styles and creative needs of children from birth to 10 years of age.



Happily Ever After

By DR. DOMINIQUE MARGUERITE
CONTRIBUTING WRITER

You fell in love. The relationship was exciting, and the future was full of promise. You felt alive. After a few weeks, months, or years of cooperation, adjustment, and weathering conflicts, large and small, your partner no longer treats you the way he or she used to; you feel bored, angry, or repulsed. Whatever the course of events, you have become aware that the relationship as it seems now is insufferable.

The spirit of our times gives you the option to leave and start all over again. Maybe you have children, or many years together. Maybe your personality, family or tribal culture requires you to "work it out." You may feel compelled to stay because this is your second or third intimate relationship and you fear the next would end the same.

At the beginning of an intimate relationship, parts of ourselves are brought to life by the partner. You act or feel in ways you never did before. Did you start hiking when you had been a sofa spud? Did you, a shy person, find yourself talking far into the night? Something in the beloved awakened facets of your personality. But over the course of time, what had been shared at the beginning of the relationship becomes oppressive. Your male partner is moody or overly sensitive. Your wife is opinionated or overly critical. He or she, who once was loved, becomes detestable. This is a very painful time, as intense as the time of falling in love, but in a negative way. What to do?

You now have the opportunity to become allies in facing the dark, conflicted, and rejected parts of each other. As we grow up, we adjust to the environment the best way that we can, and that means giving up or repressing parts of our nature. If an outgoing child is born into an insular family, he or she may pull inward, yet marry an outgoing person. There will come a time when you will need

to own that side of yourself.

It is not uncommon that the very aspect of your partner's personality that attracted you will be the one to drive you crazy, unless and until you recognize it is part of who you are. That which you see in your spouse actually belongs to you. Your main reproach may be that he or she is cold, or selfish. It is time to ask yourself: What in me is cold? What does selfishness awake in me?

To be successful in a relationship, you need to have a lot of self-knowledge and to continue to learn as the union develops. Each of us brings a personal and cultural history to a relationship. We bring a personal and interactional style, as well as a whole gamut of unconscious expectations. To get to know yourself can be a scary process because humans naturally prefer the security of the familiar. Self-knowledge is easy to put off in our striving of the familiar. Self-knowledge is easy to put off in our striving to build a relationship, but it cannot be put off forever.

Try this. Form an alliance with your partner. Commit to help each other explore who you are. Don't think of it as solving a problem or debating pros and cons. Make the time, and take the time, to talk and listen to each other with great care. No answers allowed, only questions and encouragement to keep talking. Drain the well of bitterness, give voice to personal thoughts on topics large and small. Conversation means truly listening and taking in what the other person is saying. By doing this, you allow each other equal opportunity to influence the relationship. Eventually, you may be able to discuss areas of conflicts, with understanding of the other point of view as the goal. Where possible, negotiate solutions to conflicts or agree to accept differences within the relationship. Then live happily ever after.

Dr. Dominique Marguerite is a Jungian psychologist in private practice.

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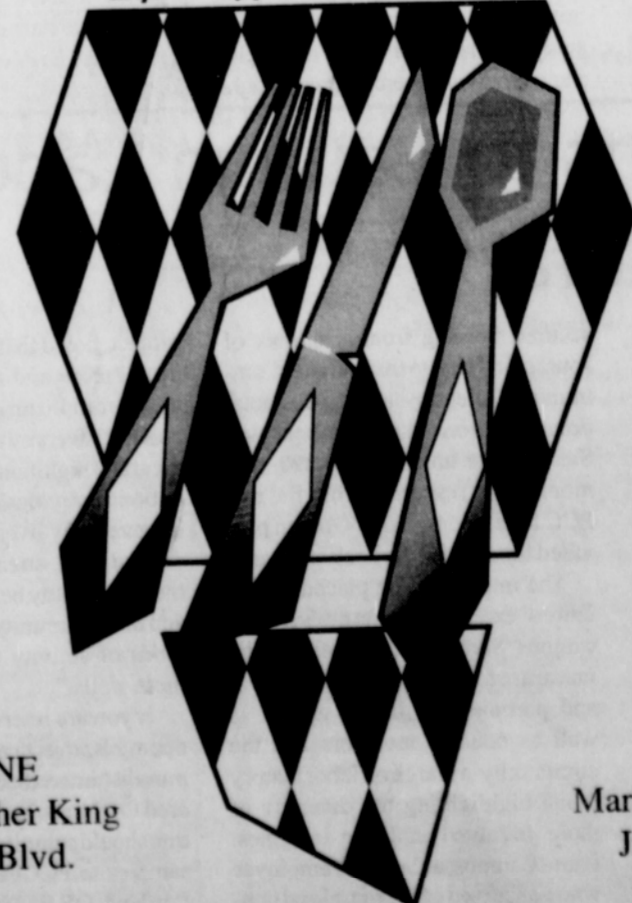
CHICKEN & BISCUITS

Honors

Black History

Month

Equal Opportunity Employer



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