

Brain Imaging used in psychiatric research

Houston, TX—Two brain-imaging techniques might lead to improved diagnoses and treatment of psychiatric illnesses such as schizophrenia and bipolar disorder.

"In psychiatric research, we are using standard magnetic resonance imaging (MRI) scanners to look at brain activity and brain-chemical concentrations," said Dr. Kathryn Kotrla, a psychiatrist at Baylor College of Medicine in Houston.

The techniques, called functional MRI and magnetic resonance spectroscopic imaging (MRSI), give physicians the opportunity to compare

patients with different psychiatric disorders hope to learn more about the brain areas involved in various psychiatric illnesses.

"These non-invasive tests let us look at how an illness is changing with time, how it is responding to medication, or how brain function changes with different symptoms," said Kotrla, who also is chief of psychiatry at Ben Taub General Hospital.

Over the years, neuroimaging research has identified which areas of the brain are wired for feeling, thought, behavior and memory. Patients with psychiatric illnesses of-

ten experience disturbances in these areas. Kotrla is studying brain images of patients with schizophrenia and bipolar disorder, also called manic-depression. "Schizophrenia and bipolar-disorder patients often become psychotic," Kotrla said. "With brain imaging, we can see if the same area of the brain is involved with that symptom in these different illnesses."

Learning more about the brain areas involved in various psychiatric illnesses might one day lead to quicker diagnosis and to a better way to determine which medications are

best for each patient.

"In the future, we may be able to use functional MRI and MRSI to rapidly access whether someone's first psychotic episode is linked to bipolar disorder or schizophrenia and bipolar disorder, Kotrla also is involved in imaging studies of attention deficit hyperactivity disorder and autism. Baylor's neuroimaging technology is provided through a collaboration with the National Institute of Mental Health.

"Brain-imaging research can help people realize that mental illness is a medical illness," Kotrla said.

Little Grants Mean A Lot

Commissioner Gretchen Miller Kafoury announced that a total of fourteen projects, totaling \$161,458, were chosen to be funded through the Bureau of Housing & Community Development (BHCD) Community Initiatives Small Grant. This program is supported through the federal Community Development Block Grant Fund.

In making her announcement, the Commissioner praised the Community Initiatives Program for having provided over \$1.75 million to more than 160 community-based projects, in its seven

and one half years of operation. "The Community Initiatives program," said the Commissioner, "is a great example of what community development is all about." "It is amazing how citizens can take such a small amount of city money and accomplish so much good in the community."

Highlights of the most recent evaluation of the Community Initiatives program include:

Over 92,000 hours of volunteer labor were used by projects.

More than 1,600 community groups and neighborhood businesses participated as project

partners.

The value of non-city resources, including cash, donated goods and services, and volunteer labor, for completed Initiatives projects totals almost \$2.5 million in non-city resources, representing 183% of the Community Initiatives funds given to those projects.

Almost 10,000 clients have been served by funded projects.

The purpose of the Community Initiatives Small grant program is to encourage and support community-based programs in meeting the basic needs of low income

persons and/or assist in the revitalization of low income neighborhoods. The Program supports citizen-based initiatives using a self-help model of people helping people by making small one-time grants to non-profit and neighborhood organizations and requiring significant matching support.

The Community Initiatives Small Grant Program operates two funding cycles each year. The next cycle will begin in February 1999. For further information, contact the Bureau of Housing & Community Development at 823-2375.

Mixed-Income Multifamily Housing a Reality

PORTLAND, OR—Affordable housing in the River District for working families in Portland is one step closer to reality thanks to the efforts of Mayor Vera Katz, the Union Station Phase II Development Team, and Fannie Mae (FNM/NYSE), the nation's largest source of home mortgage funds and multifamily financing. Together, these participants helped raise the first wall of the yards at Union Station Phase II, a \$31 million, 377-unit mixed-income multifamily housing development. "This is exciting for me and the city of Portland, today's

said Katz. "If we are to protect existing neighborhoods, it is vitally important to 'recycle' land like we're doing in the River District to build new neighborhoods that will absorb growth. I am thankful that Fannie Mae and the Union Station II Development Team have given us the assistance needed to make this development top notch." The Yards at Union Station Phase II includes 321 mixed-income apartment units, and 56 condominium units. The condominiums will include 36 for-sale market-rate units and 20 for-sale affordable units. Phase I of

April 1998. All 158 affordable units in Phase I owned by housing authority of Portland currently are occupied. Fannie Mae provided credit enhancement for \$23 million of bonds issued by the city of Portland for Phase II of yards at Union Station. Green Park, Financial, a member of Fannie Mae's Delegated Underwriting and Servicing (DUS) team of lenders, helped arrange the financing on this development. "Fannie Mae's credit enhancement helps to keep the units affordable to residents," said Dick Anderson, director of Fannie Mae's Portland

dents earning no more than 60 percent of the area median income, or \$20,820 for one person, and \$23,820 for two people annually. This gives working residents the chance to afford a good place to live." For sales and rental information on the Yards at Union Station call GSL Properties, Inc. at (503) 596-5300

Unique Christian Ministries

"My mission is simple, I want to apply the whole Word to the whole world." This is the message of 41-year-old Victor Pierce. Mr. Pierce is the founder and visionary behind a new ministry that is talking shape in the Portland area. "Unique Christian Ministries" is Mr. Pierce's vision to reach the communities of the Portland metropolitan area and beyond with the message of healing and restoration found in the gospel of Jesus Christ. Two other more specialized ministries exist under the umbrella of "Unique Christian Ministries" and serve as the primary mediums through which Mr. Pierce communicates his vision to the community.

"Know Your Rights in Christ" and "CPR" (Christian Public Response) serve as avenue for Mr. Pierce to bring his unique message of racial reconciliation and renewal to the community. "It's simple," said Mr. Pierce when asked about the goals of "CPR," "We want to bring the neighbor back to the hood." The goal of "CPR" is to, as Mr. Pierce puts it, "breathe the breath of life back into our communities."

"Know Your Rights" began one evening in 1994 when Mr. Pierce was working on his computer and heard on the television in the background yet another reading of the Miranda Act to a person who was being taken into custody by the authorities. "The Lord spoke to my heart just then, showing me the way to turn that common phrase into a means of communicating His Grace," says Mr. Pierce. "When the Lord takes us into custody, Jesus Christ, our advocate before the Father, reveals our rights to us through His Word and by the Holy Spirit."

The ministry of "Know Your Rights" and of "Unique Christian Ministry" as a whole is one of positive encouragement to both those newly born in Christ and an inspiration to those who have been walking with Jesus for years. "Know Your Rights in Christ" is a product and marketing campaign which utilizes the widespread popularity of the Miranda Act to proclaim the "rights" an individual has in the context of a relationship with Jesus Christ. "We are a culture that is obsessed with an individual's legal rights," said Mr.

Pierce. "We need to understand that we will never be able to obtain the peace and security we are looking for solely through legislation and legal battles. We need to go to the source of all freedom and truth to find our peace. Once we become slaves to Christ, then we will truly be free."

Mr. Pierce is committed to the truth that true reconciliation between the races can only come when the human race reconciles itself to God. Based on passages like Colossians 3:11, Mr. Pierce preaches a message of racial reconciliation that is rooted in the truth that it is in Christ that we become one and no where else. "True racial harmony cannot be achieved by moving from the outside to the inside," said Mr. Pierce. "We will only truly see each other as equals when we are united by the shed blood of Christ."

For more information, or to book Victor Pierce for seminars or speaking engagements, write to "Unique Christian Ministries" at 3507 Martin Luther King Blvd., P.O. Box 177, Portland, OR 97212. Phone: (503) 235-6716. E-Mail: ucm@worldstar.com

20 Years Experience To Portland Fire & Rescue

Fire Chief Robert Wall has appointed Donny R. Adair to serve as the Human Resources Manager for Portland Fire and Rescue.

Mr. Adair has a background in both the public and private sector, including experience in the Oregon Department of Human Resources in the City of Salem, The Oregon Department of Environmental Qual-

ity, and Emanuel Hospital.

"Donny's background and skills will help Portland Fire and Rescue develop as an organization," Chief Wall says, "specifically in the areas of cultural diversity, labor relations, employee development, and recruiting."

Mr. Adair has chaired the boards of the Urban League and Tri-County Affirmative

Action Association.

He has also served on the boards of the Red Cross, Metropolitan Human Relations Commission, and the Portland Schools Foundation.

Donny Adair is a native Portland resident. He fills the position vacated by Brenda Carpenter after she accepted a position with the Parks Bureau.

Now You can Save 20-70%
on Your Funeral Costs

Due to recent changes in FTC laws, you can now purchase your casket, urn, headstone or marker outside of funeral homes. After your purchase we will deliver to the funeral home of your choice. We feature:

Top Quality Caskets
24 Hour Service

Now you have a choice

We are here to help you in your time of need
-Infant Caskets Donated -

Trust Accounts and pre-funding funeral packages available soon. We have one of the largest showrooms in the Northwest.

Bring in this ad and SAVE 10%

on our already low prices

DIRECT Casket Sales

76 NE Division St., Main Square • Gresham Showroom Hours: M-Sat 9-6
24 Hours: (503) 492-1571

**SECOND TIME AROUND
THRIFT STORE**

CHRISTMAS SALE

50% OFF

18, 19 & 20 DEC

SEASON'S GREETINGS AND THANKS
4636 N.E. 42 AVE
ONE BLOCK NORTH OF N.E. PRESCOTT
MON - SAT 9 A.M. to 7 P.M.
SUN NOON to 6 P.M.

Yes! It's your time! You couldn't have dreamed it better if you'd tried. You've learned that hard work and long hours definitely pay off and that getting ahead is easier when there's family behind you. That's the way it is with American Family Insurance. Like you, we understand it's consistent performance that builds strong reputations. That's just one of many reasons why year after year, we're awarded an A+ (Superior) rating from the respected insurance rating authority, A.M. Best.

You have family behind you.

Before you make your move, make one call and a helpful, friendly agent will be delighted to tell you more. Then go out there and conquer the world... we'll be right behind you.



© 1998 American Family Mutual Insurance Company and Subsidiaries

All Your Protection Under One Roof.



American Family Mutual Insurance Company and Subsidiaries, Madison, Wisconsin 53783-0001 www.afm.com