

# Family Living

## Glamorous Grandmothers Share Beauty Secrets

Ms. Senior America Louis G. Stuetley, Jackie Clinton Wheeler, and Juanita Nixon are among eight gorgeous grandmothers who share their secrets for staying beautiful and vibrant, in the May EBONY.

"I dance all the time, especially while cleaning the house," says Jackie Clinton Wheeler, 51, who is the glamorous grandmother of six. "Every morning, I take one hour of quiet time... before taking on the pressures and stress of the day." Louise G. Stuetley, 61, who holds the title for Ms. Senior America is the grandmother of four and says, "I have a treadmill, a stationary bike and a stairmaster. I do a half an hour on the machines in the morning and 45 minutes at night."

Juanita Nixon, 42, former wife of Sugar Ray Leonard, has two sons and one grandchild and says, "Once you get older gravity works against you, so I fight back with aerobics and weight training."

also featured among the most "Glamorous Grandmothers" is Ruth Thomas, 57, of Fredericksburg, Virginia, grandmother of twenty-two; Claudia Turner, 58, of Silver Spring, Maryland, grandmother of three; and Etta King Hart, 74, of Park Forest, Illinois; grandmother of two.

photo caption

Jackie Clinton Wheeler, 51, is among eight gorgeous grandmothers who share their secrets for staying beautiful and vibrant, in the May EBONY.



## GRANDPARENTS RAISING KIDS IN POVERTY

A Columbia University study finds most Hispanic grandparents raising children in New York live in extreme poverty, and only one in five can speak English well.

The study finds the greatest barrier to these grandparents using government services is not knowing they are available, even though three in four reported at least one unmet health or social service need. Almost all of the women in the study are poor or nearly poor. The study finds that half are separated or divorced women, and

about the same proportion had less than eight years of schooling.

Three in four of the grandparents surveyed reported at least one unmet health or social service need. Seventy percent rated their own health as poor or fair, and nearly half showed signs of at least mild depression. In comparison, a 1996 national study of grandparent caregivers found 27 percent in fair or poor health, and a 1993 study of African-American custodial grandmothers found 47 percent in fair or poor health.

Professor Denise Burnette, who ran the study, calls for aggressive outreach efforts at the local level to improve grandparents' awareness of entitlements and service benefits for themselves and their grandchildren. Outreach materials must be in Spanish and English, at an appropriate reading level. She warns of the effect of welfare reform on grandparent caregivers, especially time limits on income benefits, eligibility for food stamps, requirements for employment, and the effects of immigrant status on benefits.

"State Farm wants to recognize the talents of young people in our communities who are doing the right thing, and celebrate their spirit of accomplishment through the national campaign, **Achievement Matters**"



-Carmen Thompson, Agent, State Farm Insurance, Portland

"We must create a culture in our homes and our communities which sends the message loud and clear to our children that learning is one very important way to illustrate, **Achievement Matters**"



-Lawrence Dark, President, Urban League of Portland





Achievement  
**AMATTERS**



Urban League of Portland

## 8TH ANNUAL SPRING RENAISSANCE FAIRE

Metropolitan Learning Center (MLC) hosts its 8th annual Spring Renaissance Faire at MLC on Friday, May 8, 1998, from 3:00pm 7:00pm. MLC is located at 2033 NW Glisan Street.

Enjoy an afternoon and evening of celebration and fun in honor of Spring and the arts. Bring your family, friends, and your neighbors to the Renaissance Faire.

### Food

You will find a variety of dinner items including, bentos, nachos, snacks, and desserts.

### Crafts and Booths

You will also enjoy zany and fun events and projects. The Faire includes theatrical performances, clowns, games, archery, face painting, plant sale, crafts, music, and exploration of the arts.

Ticket Sales - May 4-8

Admission is Free

Presale tickets available outside MLC Main Office for 1/4 of an hour before school, Monday through Friday and after school, Monday through Thursday.

- Price before Faire - 5 tickets per \$1.00
- Price at Faire - 4 tickets per \$1.00

Contacts: Kathy Sabin (503-617-0311) or Patricia Hachten (503-228-8209)

## You are cordially invited to attend the L.I.F.E. Centers

(Low Income Families Emergency)

## Open House

When: Saturday, June 13th, 1998

Where: 2746 N.E. MLK Jr. Blvd.

Portland, Oregon 97212

Time: 11:00 to 2:00

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Prices Effective Wednesday May 6, 7am thru Thursday May 12, 11:59pm

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## MOTHER'S DAY VALUES!



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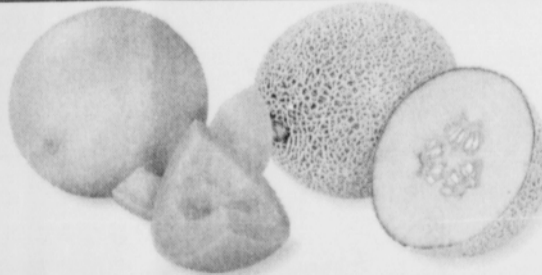
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