

GET OUTDOORS

Treat The Animals

A fascinating look at the use of treats, toys, scents, plants and structures to enrich the lives of the zoo animals. You'll go into an exhibit, set out enrichment treats, then watch what the animals do. Open to ages 16 and over with a fee involved. The event is on Saturday, April 25 from 8 to 9 AM. Call 220-2781.

Explore The Willamette

Join the curious, outdoor enthusiasts and explore diverse wildlife, habitats and restoration efforts along the Willamette River. Bird watching, plant identification, water quality sampling and discussion during this tour. The event will be held on Saturday, April 25 at the Sellwood River Front Park (Oaks Park Way and SE Spokane). The time will be from 9:30 to 11:30 AM. Call 823-7836.

Whale And Bird Watching

Visit Newport and Yaquina Head for some excellent bird watching and whale viewing. Whale watching at its best from the water! Look for the California Gray Whale as they take part in their annual migration. Visit either the Hatfield Marine Science Center or the Oregon Coast Aquarium. Call 292-6855 X121.

Medicinal And Edible Plants

Interested in the magnificent world of plants? Michele Palazzo will introduce the world of medicinal and edible plants in this basic three session class. Take a look at the various qualities that common plants such as dandelion, chickweed and red clover have to offer. Call 292-6855 X121.

The Accentors

On Saturday, May 2nd, Oregon Field Ornithologist and Audubon Paul Sullivan will lead you on a sunrise to sunset birding quest! Visit hot birding spots from Portland to the Coast and back and enjoy great views of migrating songbirds, as well as the birding highlights of Oregon's mid-coast. Call 292-6855.

Greenspace Celebration

Celebrate the purchase of over 3,200 acres of Greenspaces. Get an update by Metro and local park officials on how the regional and local share of the \$135.6 million bond measure has been used to buy Greenspaces and implement regional trail plans. Dance to the Flatirons, a local group that blends old fashioned country and swing music. Families are welcome! A free event held on Tuesday, April 28th at the BridgePort BrewPub from 5:30 to 8:30 PM. Call 292-6855 X111.

Seed The Earth

Seed and plant exchange plus site clean-up of invasive plants and replenishing of display and children's garden area. Also includes weeding, composting, soil building and mulching. The event is on April 25th from 10 AM to 1 PM at the Fulton Garden. Call 823-1612.

Ocean Boat Ride

Take a boat ride and get to know the wonders and woes of our rivers with H2O's fun hands-on education program. All ages welcome. The trip starts at the Columbia River downtown on April 26. Call 228-9600.

Garlington Center Seeks Community Recognition and Support

CONTINUED FROM FRONT

In July of 1997, we underwent a State Medicaid audit that stated our Center had no substantive irregularities. We now discover that we are being accused of Medicaid fraud by parties unknown to us and, as a result, that we are the subject of a U.S. Department of Justice investigation. The County's letter to us of April 17th, states that they are no longer willing to engage in funding discussions with us due, in part, to the pending Medicaid investigation. We have only just been informed of this situation and the result of the investigation won't be available until late May. Apparently, county officials are willing to accept our culpability without benefit of the outcome of the investigation.

We worked cooperatively with the County and took to heart their recommendations and requirements for addressing our financial difficulties. For example, at their insistence, we actively pursued a merger with CCMH and a costly preparation for Chapter 11 bankruptcy filing. The unfortunate outcome of the demand that we prepare for Chapter 11 is that CCMH has withdrawn from our previously encouraging negotiations and one of our other financial partners has backed away from financial stabilization arrangements to which they had tentatively agreed. Ironically, as we began exploring Chapter 11, it became apparent that filing for Chapter 11 was unnecessary and not an appropriate action for Garlington Center to take. Furthermore, to our knowledge, the County has taken no action to encourage CCMH to reconsider withdrawing from our merger negotiations and has given us no time in which to pursue other options.

The County letter of April 17th referred to above, also states that they are no longer willing to continue to discuss a bridge grant we have been negotiating with them to provide for the Center's stabilization. In addition to the fraud investigation, one of their bases for denial of funds

is the County's perception of the inadequacy of our financial projections. As County officials know full well, those projections were only preliminary and our final projections are not even due until April 24th.

We are deeply troubled by what appears to us to be overriding political considerations that are to the detriment of the more than 700 clients of Garlington Center and the health and revitalization of the North/Northeast community. We Board members hope you will join us in our unwillingness to acquiesce to the forced demise of the Garlington Center. To allow this organization to die would be a gross disservice and grave injustice to the community we serve and to the memory of Reverend John Garlington II. Public investment in this agency over the past 17 years has succeeded in building an infrastructure to support over 700 seriously mentally ill persons. It would be foolhardy to destroy this investment because of a temporary financial situation due to a changing funding environment.

We would like you to contact County officials, let them know how important you believe Garlington Center is to the North/Northeast Community and what an irrevocable loss its demise would be, and urge them to do the following:

- continue discussions with us regarding a bridge grant.

- eliminate the bankruptcy requirement they placed on our organization, and

- give us the opportunity to explore merging with an acceptable partner.

The people to contact with your support and concerns are Lorenzo Poe (248-5212 or 248-3691), Beverly Stein (248-3308), Gary Hansen (248-5219), Sharron Kelley (248-5213). The situation is urgent. We need your action now!

If you need additional information, please contact a Garlington Center Board member or Executive Director Phyllis Paulson.

EARTH DAY

A NATIVE ELDER'S EARTH & SPIRIT-BASED PRISON PROGRAM

CONTINUED FROM PAGE B9

say that one of the central purposes is rebirth. In the process of purification we are cleansed of the various pollutions and poisons inflicted on us since our original birth, including the mental and emotional ones. The lodge becomes for us another womb in which we can grow in spiritual strength to the point where we are ready to emerge again into the world, reborn, as pure and innocent as a new baby. You may imagine, then, that this way of confronting and shedding past hurts, mistakes, confusion, and stress, and getting a chance to begin all over again, would be beneficial for anyone seeking a better understanding and

a new start in life."

Manitonquat's monthly prison sweat lodges are located on the grounds in a secluded area designated by the prison, between the buildings and the outer fence.

"In my way of leading a sweat," explains Manitonquat, "I use four rounds, one for each direction, in which I focus on healing the body, mind, heart, and spirit."

The elders always make themselves available for individual counseling before or after circles and sweats.

Manitonquat believes variations of his prison program "... could eventually all but do away with prisons as we know them today, by reducing crime and

helping distressed perpetrators turn their lives around. In a true community if somebody does something wrong you don't put him in a cage. You try to find out how he can repay the damage he has done, to do something for the people that he has hurt, and you try to help him so that he doesn't commit such a misdeed again."

Manitonquat is envisioning a 21st century version of the way native people handled wrongdoing in their tribal villages before white people came - respectfully, with spiritual power, as a human community embedded in the broad community of nature.

"I am seeking leaders of leaders. Not to set up hierarchies, but to teach people themselves

to be leaders, to take responsibility, to work with each other, and solve their problems by putting their minds together. For me it is clear that the way to heal society of its violence, its struggle for dominion, its fear, hostility, greed, and addictions, its loneliness and isolation and lack of love, is to replace the pyramid of domination with the circle of equality and respect."

Manitonquat notes that he is getting older. He is looking for others to join or support this effort. To support the program, contact: Mettanokit Prison Program: Another Place, Inc., 173 Meriam Hill Rd., Greenville NH 03048 USA, (603) 878-3201, metanokit@aol.com, Fax (603) 878-2793.

Celebrating Equitable, Sustainable Cities

BY MICHAEL HOUCK

The evolution of a metropolitan-wide Greenspaces initiative and the formation of the Coalition For A Livable Future are two on-the-ground, positive programs to ensure we develop an equitable and sustainable metropolitan region.

Conservationists love to quote H.D. Thoreau's "In wildness is preservation of the earth." The irony is that a demonization of cities often accompanies efforts to protect the wild. Wild is good, cities evil. Country beats the city every time. The so-called "American dream" is to own a quarter-acre plot or, better yet, a home in the country. Of course, escaping the much-despised city contributes to suburban sprawl, consumes vast acreages of prime farm and forest land; fragments wildlife habitat; destroys community; creates areas of concentrated poverty in inner cities; and significantly increases the cost of infrastructure, including stormwater management.

If we really want to protect the landscape our motto for the 21st Century should be "In livable cities is preservation of the wild." For, unless we create compact, land-conserving cities we cannot hope to protect the rural hinterlands and wilderness that contribute to our quality of life. But, in order to promote "Smart Growth" and create cities people actually want to live in we also have to provide a vibrant urban Greeninfrastructure which in-

cludes healthy streams, natural areas and neighborhood parks.

In 1903 John Charles Olmsted told the Portland park board that "While there are many things which contribute to the beauty of a great city... unquestionably one of the greatest if a comprehensive park (system)." He laid out for us, and for Seattle as well, a park master plan which included a variety of park types, including "scenic reservations" like Forest Park and Smith and Bybee Lakes.

The 21st Century should be "In livable cities is preservation of the wild."

Olmsted's vision for an interconnected system of parks is the basis for our modern Greenspaces system.

In May of 1995 the region passed a \$135.6 million bond measure to acquire 6,000 acres of Greenspaces. As of March, 1998 Metro acquired 3,210 acres with its share of the regional \$135.6 million bond. Metro has also provided over \$9 million for 48 neighborhood and community park projects. In addition to Metro's purchase of regionally significant natural areas, local jurisdiction have also added to local parks and natural areas with their \$25 million share of the Greenspaces bond measure.

As important as Greenspaces are, we also need affordable housing, economic revitalization of north, northeast and outer

southeast Portland, and we need to ensure that as the entire region grows it does so in an equitable and sustainable manner.

In 1995 Robert Liberty, executive director of 1000 Friends of Oregon, invited Myron Orfield, a state legislator from Minneapolis, to Portland. Orfield had documented the economic disparity that develops between communities as rapidly growing, sprawling suburbs capture a larger share of the regional tax base, while urban

neighborhoods with the highest social needs struggle to meet a high demand for services, with a dwindling tax base. Orfield's visit catalyzed the formation of a new coalition of organizations which had not collaborated with one another.

It was to prevent the socio-economic and environmental disintegration in our own region that Orfield has described elsewhere that brought together over forty non-profit groups to form the Coalition For A Livable Future.

The Coalition's Objectives are:

1. Protect the region's social and economic health including: preventing displacement of low and moderate income residents and people of color; assuring equitable access to employment and affordable housing through-

out the region; reversing polarization of income;

2. Develop a sustainable relationship between human residents and the region's ecosystems by protecting, restoring and maintaining healthy watersheds, fish and wildlife habitat, and Greenspaces both within and outside the Urban Growth Boundary;

3. Assure fair distribution of tax burdens and government investment within the region;

4. Promote a diverse and tolerant society;

5. Increase public understanding of regional growth management issues.

To date, the CLF has persuaded Metro to adopt provisions for fair share, inclusionary zoning for affordable housing; adopt low income community economic revitalization language in the Regional Framework Plan; and adopt flood plain and water quality management regulations.

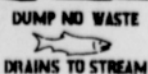
More information on the Coalition For A Livable Future can be obtained at the Coalition's offices at 534 SW Third Avenue, Suite 300, Portland, OR 97204 (phone: 503-294-2889, email: zack@friends.org). For more information about the Greenspaces work of the Coalition contact: Mike Houck, Urban Naturalist, Audubon Society of Portland, 5151 NW Cornell Road, Portland, OR 97210. Phone: 503-292-6855 X111; fax: 292-1021; email: houckm@teleport.com.

Clean Rivers Start With You.



Every day, storm drains carry pollutants into our waterways. Here's what you can do.

- Scoop up pet poop and flush it down the toilet or toss it in the trash.
- Landscape with native plants to eliminate the use of pesticides and fertilizer that can be carried from your yard by water runoff.
- Maintain your car to prevent pollution from oil, fuel, and antifreeze leaks.
- Properly dispose of paints and solvents. For information call Metro 234-3000.
- Wash your car at a car wash or on the grass to keep dirty water out of storm drains.
- Sweep sidewalks, driveways and patios instead of hosing dirt and debris into the street.



Find out more. Call the Regional Coalition for Clean Rivers and Streams at 823-5610.

• Clackamas County Department of Utilities • Gladstone • Happy Valley • Lake Oswego • Milwaukie • Oak Lodge Sanitary District • ODH016 • Oregon City • Rivergrove • West Linn • Wilsonville • City of Gresham, Environmental Services • City of Portland, Environmental Services • Multnomah County • Multnomah Drainage Districts • Port of Portland • Oregon Department of Transportation • Unified Sewerage Agency

the Regional Coalition for Clean Rivers and Streams