

Family Living

New Valentine's Day Cards For Kids of Color

Introducing, for the first time, a multi-cultural Valentine's Day card. Created by local artist Athena Hampton, the Children's Valentine Pac is the first and only Valentine's Day greeting card designed especially for African-American kids and other children of color.

Hampton is a multi-talented artist who works in a variety of mediums, including paper and fabric collage, painting on glassware, and acrylics. She currently has a series of all occasion cards, including for Mother's Day, Christmas and Kwanzaa, which are produced and marketed through the EthnoGraphics greeting card company.

Hampton got the idea for an ethnic Valentine's Day card line for children after looking for something similar in local stores. She soon realized such an item did not exist.

She presented her concept to EthnoGraphics and, within a short period of time, had designed the ten images which became the Children's Valentine Pacs.

The Valentine Pacs are ideal for teachers to give to students, as well for kids to exchange with their classmates, family and friends. They retail at \$6.50 each and are packaged four each of five designs to a pac, including mailable envelopes.

The Valentine Pac cards are available at the following locations: VESSELS, 2605 NE MLK Jr. Boulevard; R - A - J (Ethnic Infant & Toddler Wear), 4134 N. Vancouver, in the OAME Cascade Plaza; and the Emanuel Hospital Auxiliary Gift Shop, 2801 N. Gantenbein Avenue. For more information on the cards and other locations, call 288-8843.



Birth Announcements

Zhanique' Donyae Ashaela Crain

Born 1-20-98
To: Monica Trent & Lester Crain
7lbs 12oz 19 1/2 inches

D'Andre Ernest Edwin Arnold

Born 1-21-98
To: Kellee Miller & Ernest Arnold
8lbs 2 1/2oz 21 1/2 inches

Adrionna Rose Taylor

Born 1-17-98
To: Kesha Kay Slowik & Dewey Taylor III
8lbs 2oz 20 1/2 inches

Jamari Rashaan Gilbert

Born 1-12-98
To: Delia Taylor-Bert & Stanley Gilbert
6lbs 14oz 19 inches

Your Pennies Can Make Wishes Come True

It's time to dig out all those cans, jars, and bags of pennies that have been accumulating in your drawers and closets and put them to work making wishes come true for some very special children.

The Make-A-Wish Foundation of Oregon, U.S. Bank, and K103 FM radio station invite the community to participate in the annual "Make A Million for Make-A-Wish" penny drive. Started in 1996, this event raises money

by collecting donations of pennies and loose change to be used to help make wishes come true for children who struggle with life-threatening illnesses.

With a goal of 5 million pennies, "Make A Million for Make-A-Wish" will run for ten days, February 2-12. It's simple to participate. Anyone can collect pennies and donated them at their local U.S. Bank branch. "This is a great

event that gives everyone the opportunity to share in helping to make wishes come true for these special children," said John Rickman, president, U.S. Bank. "We hope everyone will join us again this year in making this campaign a success." To get this effort off to a good start, U.S. Bank has donated a total of \$4,000 to kick off this campaign in four locations around the state.

Children and Fire Don't Mix...It's the moment you're not there

What is Fire setting? We call children firesetters when they have begun to use fire in a way that is dangerous or not approved by a parent or responsible care giver.

The term firesetter does not mean a child has a problem, and the majority of children should be gaining all the information they need to be safe with fire at home and in school.

It is a fact, however, that each year two people die due to child set fires in the City of Portland and one-half million dollars worth of property is lost. These are preventable fires and the following are helpful measures, that you as parents and responsible care givers can help control.

You can do a lot to prevent children from being involved with fire. Children look to adults for guidance, leadership, and as role models.

Listed below are some tips to help you deal with fire setting behaviors you might encounter.

1. Lead by example. You cannot expect your child to treat fire any differently than you do.
2. Explain why they cannot use fire. Simply saying "don't" is not good enough. Think about how you react when you are told "don't".
3. Treat matches and lighters like tools and give these items the same respect you would other dangerous tools around your home (for example: knives, guns, power saws, certain kitchen appliances etc.)
4. Keep matches and lighters out of the reach of all children. Better yet, remove all unnecessary matches and lighters from your home completely. Most children are only involved with fire because it is easily available.
5. Reward children for doing the right things with matches and lighters. Also, make clear the consequences for the wrong use of matches and lighters.
6. Encourage your child's school to promote fire safety in the classroom.

For your further information, here are a few fire setting myths and facts:

Myth: It is normal for children to play with fire. Fact: While curiosity about fire is common, use without an adult's approval or knowledge is dangerous to the child and anyone around them. Myth: If you burn a child's hand, they will stop. Fact: Burns only create fear and scars. The reason behind fire use must be discovered and addressed in order to stop the behavior. Myth: It is a phase the

child will grow out of. Fact: It is not a phase. It is dangerous behavior. You cannot afford to wait for fire behavior to pass.

It only takes one match to cause serious injury or death. Myth: Some children are obsessed with fire. Fact: In reality, very few children are obsessed or would be considered pyromaniacs. There is almost always a reason behind the fire behavior.

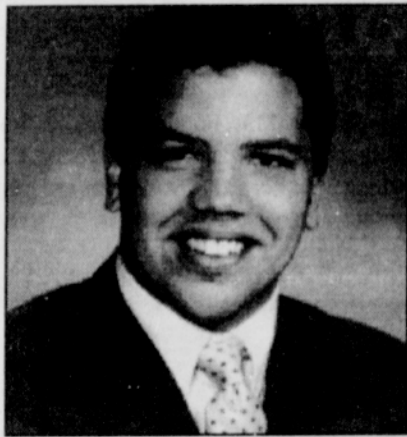
Remember children and fire don't mix and these fires are preventable. If you,

as parents and responsible care givers, feel your methods are not working or you have any questions relating to fire setting, please call the Portland Fire Bureau Juvenile Firesetter Program at 823-3806.

For general fire information, or if you have any questions we can help you with, please call the Portland Bureau of Fire, Rescue & Emergency Services - 823-3700.

Remember...Your safety is your responsibility!

Happy Birthday
Larry Jr. (Buggy)
From your family
and friends



SAFeway
FOOD & DRUG

Look For Your
Safeway Weekly
Shopping Guide
In Your Oregonian FOODday
in the Portland Metro Area
...and save more shopping
at Safeway

Enjoy Extra Savings
With The
SAFeway EXTRA
In-Store
Savings Guide

Available at your Safeway store.

Visit Safeway's Web site at
www.safeway.com

PRICES EFFECTIVE FEBRUARY 1998						
Sun	Mon	Tue	Wed	Thur	Fri	Sat
08	09	10	04	05	06	07

Prices Effective Wednesday February 04, 7am
Thru Tuesday February 10, Midnight

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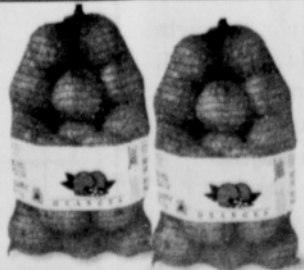
LOW PRICES



Boneless Skinless Fryer Breasts

Manor House.
Individually quick frozen.
Sold in 4-lb. bags only. \$7.16 ea.
SAVE up to 68¢ lb.

1.79
lb.



10-lb. Bag Seedless Navel Oranges

Grown in California.
SAVE up to \$2

1.98

EXPIRES 2/10/98

SAFeway (S) COUPON

**Gallon
Lucerne Milk**
1% Lowfat, 2% Lowfat, Fat Free,
Vitamin D or Skim Supreme.
Limit 1 with coupon
SAVE up to \$1.61

1.25

(S) One coupon per customer. Coupon valid 2/4/98 thru 2/10/98 at your Oregon Safeway Stores (except Milton-Freewater) and S.W. Washington stores serving Waukegan, Cowitz, Clark, Skamania and Klickitat Counties.

NonFat Milk #8000
1% Milk #8001
2% Milk #8002
Vitamin D Milk #8003
Skim Supreme #8004

NOBODY DOES IT BETTER® FOR LESS.