



# Tough Minds, Tender Hearts

By JOY RAMOS

Martin Luther King and Mahatma Gandhi had heart-wisdom in balance with head-knowledge. Dr. King required us to have, "Tough Minds, Tender Hearts."

They followed the dictates of their conscience to be more important than the dictates of government. Both men acted out of civil disobedience, a campaign inspired by the American writer, Thoreau.

Like an ascetic, Gandhi meditated on the truths of Master Yogananda: Cleanse the subconscious and plug the leaky holes in the bucket of your awareness so that it can be filled with Divine energy.

As Gandhi meditated, Martin Luther King prayed for change.

In the stilling of their mind, Truth filtered through to possess their heart. Both men had a tremendous capacity for love. It was a love for God first and then humankind. In being clear channels for Divine love (Agape), they acted for the good of the whole.

His ideas of love resonated with his nonviolent political goals.

According to Martin Luther King, "Agape means nothing sentimental or basically affectionate; it means understanding, redeeming good will for all men, an overflowing love which seeks nothing in return. It is the love of God working in the lives of men."

Dr. King and Gandhi underwent a personal transformation. They had to align their mind with heart to receive Power. It is not a Power that preserves out of selfishness. This was spiritual conviction used as a political force. Gandhi understood it as Satyagraha (spiritual truth used as a political tool).

The Onandaga tribe makes all their major decisions with seven future generations in mind. Martin Luther King and Gandhi had to act out of clarity, pure spiritual conviction and divine love which affected millions of people and generations to follow. Their calling was for a higher ser-

vice. It is a kind of service no longer to the self but to something greater, something outside themselves.

We don't have a movement today resurrecting our conscience to affect profound change. That is our downfall. A collective conscience inspired by Divine Love has the power to transform the world. That is our potential.

Marianne Williamson, author of The Healing of America, gives her view. "The leader with conscience must be willing to risk repudiation. The person with conscience must be willing to risk being considered a whiner by polite society. The person with conscience has a responsibility to be a thorn in the side of a complacent status quo. The person with conscience holds up a mirror to the world, which must include himself. The person with conscience is an agent of awakening in a world where there is a collective urge to sleep."

Where is this uncommon leadership?

## MLK Jr. Blvd. Revitalization

Pending approval of a grant from the Portland Development Commission (PDC), the southwest corner of MLK Jr. Blvd. and Alberta Street will soon get a facelift, supporting the Albina Community Plan to revitalize the busy northeast Portland thoroughfare.

The corner has been occupied for the past 25 years by St. Vincent dePaul Rehabilitation Service, a not-for-profit corporation that provides job skills training and employment to people with disabilities. To accommodate growth, St. Vincent's

plans a major remodel of its 40,000 square foot headquarters. The organization is relying on a \$70,000 grant from PDC to help cover the costs of site and streetscape improvements that will create a more pedestrian-friendly environment for a building that now has a fortress-like appearance.

The Portland Development Commission voted at its December 18 meeting on a resolution to support the project with \$70,000 in tax increment funding from the MLK Jr. Blvd. Commercial Site Development Pro-

gram.

"The Alberta Street and MLK Jr. Blvd. intersection is a key component of the effort to advance commercial revitalization and beautification of the area," says Felicia Trader, PDC Executive Director. "St. Vincent dePaul Rehabilitation plans to carry out significant redevelopment of its property, and employs a sizable workforce that enhances the economic development of the area. It is a business we want to support in this neighborhood."

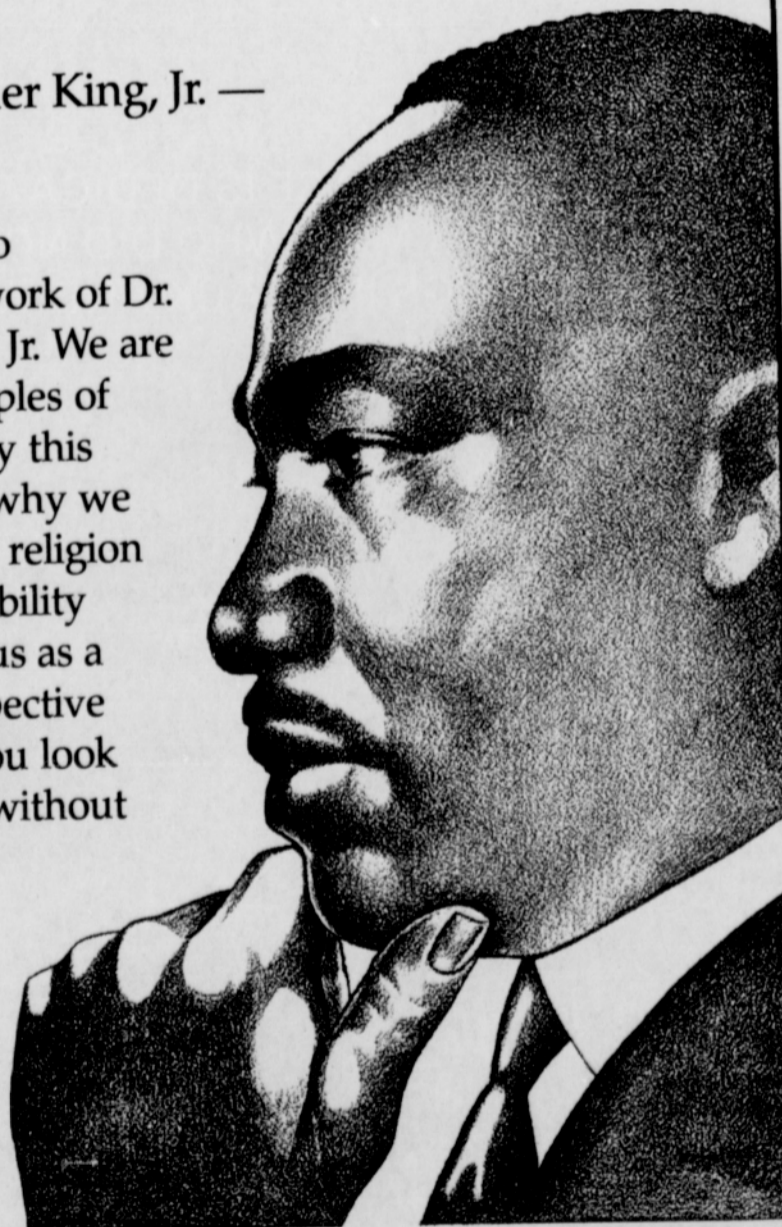
*"Reverend Martin Luther King was a wise leader for where our society was at the time. We are headed for equal status. with any kind of movement, there will be resistance. Look at all socio-economic indicators and work on ways to balance them. Look at places where there is error and come together in places where there needs to be repair. The next level is not up, but beyond."*

- Annett Stanton, Educator and Entrepreneur -

## IN HONOR OF THE MAN AND HIS DREAM

— Dr. Martin Luther King, Jr. —

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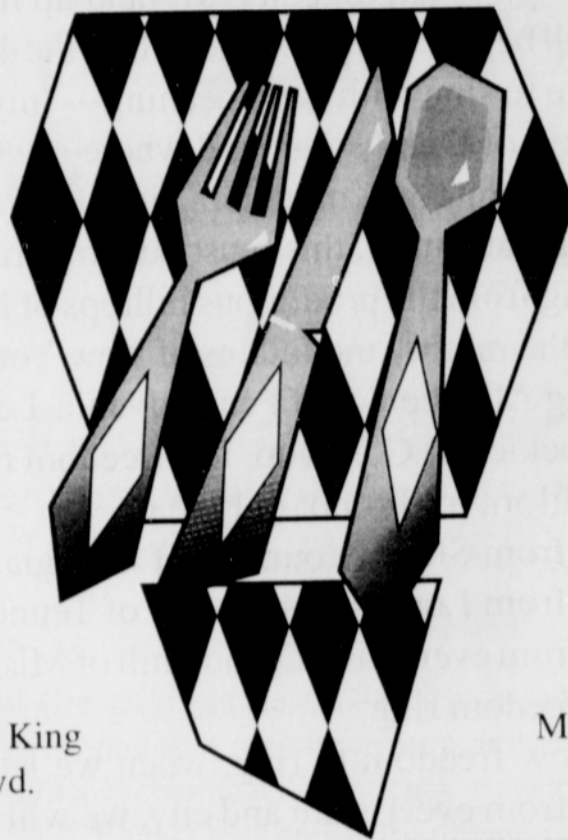
# POPEYES

## CHICKEN & BISCUITS

### In Memory Of

## Martin Luther King, Jr.

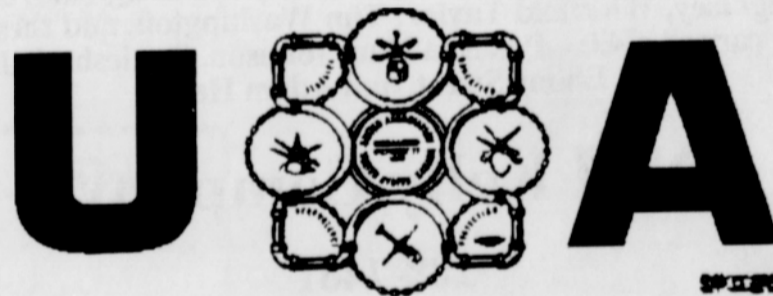
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The membership of Local #290 Plumbers, Steamfitters and Marine Fitters would like to salute Dr. Martin Luther King on his 69th Birthday.



## THE CITY OF PORTLAND AND MULTNOMAH COUNTY CELEBRATE THE LIFE OF DR. MARTIN LUTHER KING, JR.



### Open Invitation:

The City/County Affirmative Action Recruitment Unit actively invites all people covered under the Affirmative Action Plan to enroll in the Talent Bank for contact when present or future City/Council job opportunities exist. If you or someone you know would like to be enrolled please call 823-4160 for assistance.

### The City of Portland and Multnomah County are Hiring!

Job Information numbers to call for current vacancies are:

City of Portland 24 Hour Job Line (503) 823-4573; and TDD Job Information Line 823-3520.

Multnomah County 24 Hour Job Line (503) 248-5035; TTY 248-5170.

The City of Portland and Multnomah County are affirmative action/equal employment opportunity employers and value a culturally diverse and multilingual workforce.