

Family Living

Pal Hosts Benefit:

Middle-School Kids Play Jazz For Guests
Community members are invited to the 6th Annual PAL Holiday Gala and Awards Reception at the Pittock Mansion, 3229 N.W. Pittock, on Thursday, December 11, 1997, 6:30-8:30 p.m. tickets are available for a minimum donation of \$35-75 and all proceeds go to support PAL programs which strive to build positive relationships between youth, police and the community.

"Each year, the event becomes more successful," said PAL Executive Director Maura K. White-Cioeta. "The Pittock is beautiful during the holiday season and this year we are looking forward to the Carousel theme."

PAL Board President and Honorable Judge William Keys will present Multnomah County District Attorney Michael D. Schunk with the volunteer Agency of the Year Award for his work with the AmeriCorp members for

Neighborhood Safety program at the 6th Annual PAL Holiday Gala at the Pittock Mansion. The awards ceremony will begin at 7:30 p.m. at the top of the marble staircase in the mansion.

AmeriCorp members for Neighborhood Safety have dedicated more than 2,000 hours of time in direct service to youth with PAL projects like the PAL Bud Monnes Youth Center, Violence Free Spring Break, Free Fishing Day and more.

Ten youth from Centennial Middle School have formed a Jazz Ensemble led by music teacher Mary Lou Donovan to entertain the expected 200 guests. PAL youth, police explorers and members of the Portland Police Corp will also be on hand to assist guests and talk to guests about the PAL program.

For more information, please contact Maria Honl, 823-0250.

Child Care Chairperson Appointed

Lisa Kipetski from Pendleton has been appointed by Governor John Kitzhaber to serve as chair of the Oregon Commission for Child Care. Kopetski, who has been involved in the child-care field for seven years, is the first person from eastern Oregon to serve as chair of the commission. The commission chair is appointed for a one-year term. Kipetski has served on the commission since 1992.

The Oregon Commission for Child Care serves as an advisory board to the governor and the Legislature on issues concerning accessibility, affordability, and quality of child care. The commission consists of 12 volunteers and three legislators. Volunteers are appointed to three-year terms and legislators for two years.

Kopetski earned a bachelor of science

degree in business management from the University of Oregon. She is the owner of Magic Years Day Care, a group home in Pendleton. She is chair of the Blue Mountain Community College Child Care Task Force to develop an on-site child-care center, and has been a member of the Child Care Resource and Referral Advisory Committee since 1994.

"Oregon's work force needs to be able to depend on its child care," Kopetski said. "The commission will continue to work closely with the governor to that end, and we have recently been charged by Senate President Brady Adams to develop new and creative ways to address the affordability of child care through the convening of a child-care task force."

Tears of Joy Unwraps Family Favorites

'Twas the night before Christmas and all through the house, not a creature was stirring...except for the Nightmare in the closet! There's a Nightmare in My Closet by Mercer Mayer is a favorite among families around the globe. The play also incorporates The Fat Cat, a Danish folk tale performed with colorful shadow puppets and Jabberwocky by Lewis Carroll. The stories are woven together by the theme of facing and overcoming our fears. The show was created in 1989 by Tears of Joy's in-house staff, discussing ideas, building puppets, developing characterization and script. There's a Nightmare in My Closet has become one of Tears of Joy's most successful shows and is a family favorite, eagerly anticipated.

Places of Performance:
Columbia Art Center
400 West Evergreen
Vancouver, Washington
December 12th - 14th
Fri. 7:30pm; Sat. 11 & 2pm; Sun. 2pm
Winnestad Theatre
1111 SW Broadway, Portland
December 19th - 28th
Fridays 7:30pm; Saturdays 11am and 2pm;
Sundays 2pm; Dec. 22nd, 23rd, and 26th 2pm
For information call Tears of Joy Box Office, 360-695-0477 or 503-248-0557



You Can Be A Saint To An Abused Child

Foster children with past issues of abuse need a caring adult to act as a friend/mentor while driving them to weekly counseling appointments or visits with their parents. A sensitivity to the issues of abuse, a valid drivers license and a good driving record is all that is required. Vehicles and/or mileage reimbursements and insurance coverage available. Times needed include days, evenings and weekends. For more information contact Jonica Lynn at 731-3208 x22.

The Gingerbread Story

Gingerbread, known in Germany as Lebkuchen, has been a baking tradition since the early 11th century.

The first known bakers of gingerbread were nuns and monks. They would bake gingerbread sheets and decorate them with dried fruits. This would allow them to create pictures such as flowers or often times they would design written messages stressing holiday or religious themes.

Honey was the only known sweetener for baking at the time gingerbread originated. It is speculated that gingerbread actually pre-dates the 11th century since

honey dough was the most common type of dough made at that time.

The mixing of the dough and spices were done months in advance of Christmas. This allowed the spices to mellow and enhanced the flavor, this becoming an all time favorite.

One documented story tells of a baker in the 13th century who prepared gingerbread dough upon the birth of his son. His son then baked this prepared dough many, many years later upon the retirement of his father from the family bakeshop.

The doughs are usually completely

prepared excluding the leavening agent which is then mixed in on the actual day of baking. These prepared doughs were stored in stone crocks and then placed in dark places which were cool.

To this day in Germany, gingerbread doughs are prepared in the summertime and left to cure until the holiday season arrives. The life expectancy of the dough, as well as the baked finished product, is literally years if stored in a cool place.

- Gingerbread Truffles
1 lb heavy cream (whipping cream)
3 lb semi-sweet chocolate
1 lb baked gingerbread

* Heat heavy cream on stove top and remove when sauce is boiling.

* slowly mix in chopped up semi-sweet chocolate morsels into heated cream. (Remember to mix continuously).

* When mixture of cream and chocolates is fully melted and smooth, set aside

* Grind up approximately 1 pound of baked gingerbread and pour into chocolate cream mixture.

* If desired, soak ground gingerbread into your favorite adult beverage to enhance flavor prior to mixing with chocolate cream sauce.

Laundry do's and don'ts

Don't let your laundry stains get you down. Here's a few tips gathered by Whirlpool consumer assistants to help you tackle the stains of the day:

■ Heat is the enemy of stain removal. Clean spills and soils on garments before storing or ironing them. The warmth of a closet, in combination with natural or artificial light, can set stains. Heat from an iron also sets stains and drives soil deeper into the fabric.

■ Garment fibers can become damaged if they are brushed or rubbed while wet-especially those of silk, linen and cotton. This damage can look like a white, chalky area on the fabric. Attempting to remove a spill or stain by wetting a napkin or cloth and rubbing the fabric is most often the cause. The damage may not be noticeable until after the garment is cleaned. Instead, gently blot the area. For washable pieces, pretreat then launder, or apply a pretreat stain stick or gel as soon as possible. Why? Read on...

■ Pretreating a stain before it is dried or set increases your chances of removal. Use a prewash stain remover, liquid laundry detergent, or a paste made from a powdered laundry detergent and water. First, test for color fastness by pretreating a seam or other inconspicuous area. Then, launder the entire garment with a detergent plus a bleach that's safe for the fabric. Check the stain before you put the garment into the dryer. If the stain is not completely gone, try the stain removal procedure one more time-never dry a stained garment.



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Prices Effective Wednesday December 10, 7am thru Tuesday December 16, Midnight

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FAMILY FAVORITES!



Fresh Oregon Grown Fryers
Thrifty Pack First 3
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SAVE up to 61¢ lb.

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