

Family Living

Senior assisted living rapidly expands careers

Neighboring retirement centers host job fair for employees, volunteers

A Job Fair for individuals interested in entering into or who have experience in the senior assisted living industry, a rapidly expanding health profession, will be held Friday and Saturday.

Legacy St. Aidan's Place and Glendoveer Retirement Villa, neighboring senior assisted living facilities in Portland, are co-sponsoring the two-day event at both locations.

The Job Fair will be at Glendoveer

first non-profit residence of its kind in Oregon and represents a progressive approach to caregiving.

The facility operates at full capacity of four individual households, each with ten private apartments and a common living room, dining room and kitchen.

An adult day-care/respite program serves families in the community three days a week offering a group activity program for up to twelve

Caregivers, food service and administrative employees are particularly needed. Education and training will be available to qualified applicants

Retirement Villa, 13007 N.E. Glisan, on Friday from 6 p.m. to 9 p.m.

On Saturday Legacy St. Aidan's Place will host the fair from 10 a.m. to 2 p.m. at 17309 N.E. Glisan.

Legacy St. Aidan's and Glendoveer Villa are both professionally managed by Paradigm Senior Living, one of the Northwest's most experienced providers.

Paid staff as well as volunteer opportunities are available with immediate interviews to be conducted at the Job Fair sites. Caregivers, food service and administrative employees are particularly needed. Education and training will be available to qualified applicants.

Legacy St. Aidan's Place, a senior housing development of Legacy Health system, is a state-of-the-art, non-denominational residence for individuals with Alzheimer's disease or similar dementias.

Opened in November 1996, Legacy St. Aidan's Place was the

individuals. An on-site Alzheimer's support group, for families with a family member living in an assisted living residence like Legacy St. Aidan's Place, is held monthly.

For over 30 years, Glendoveer Retirement Villa has been providing senior housing to the Northeast Portland area.

Residents of this Spanish-style community choose the level of assistance they need: independent living, residential care, and Alzheimer's and dementia care.

Glendoveer places strong emphasis on wellness and activities programs. This homey, comfortable setting has spacious apartments with private patios and beautifully landscaped courtyards.

For more information on the Job Fair or the co-hosting facilities call, Jacie Meldrum at Legacy St. Aidan's Place, 253-4920, or Ann Stillman at Glendoveer Retirement Villa, 252-2427.

A story for the world to hear

Woman with little education, privilege, writes stirring autobiography

"I am telling my stories in English for many months now, and it is a time for me to see my whole life. I see that things are always changing. I was born in 1930, so I remember many things which were happening in the old days in Lesotho and which happen no more. I lived in Benoni Location for more than ten years, and I saw the Boer policemen taking black people and beating them like dogs. They even took me once, and kept me in one of their jails for a while."

Mpho 'M'atsepo Nthunya
A compelling and unique autobiography by an African woman with little formal education, less privilege, and almost no experience of books or writing, Mpho's voice is a voice almost never heard in literature or history, a voice from within the struggle of "ordinary" African women to negotiate a world which incorporates ancient pastoral ways and the congestion, brutality, and racist violence of city life. It is also the voice of a born storyteller who has a subject worthy of her gifts—a story for all the world to hear.

Mpho 'M'atsepo Nthunya was born in Lesotho in 1930 and educated in South Africa. Having returned to Lesotho in 1949 to escape apartheid, she supported her family as a domestic worker for thirty years.

K. Limakatso Kendall is an American actor, writer, and academic who emigrated to South Africa in 1995. She is now professor of Drama Studies in the University of Natal, Pietermaritzburg.



Mpho 'M'atsepo Nthunya, author of *Singing Away The Hunger: The Autobiography of an African Woman*, a September 1997 publication of Indiana University Press. She is shown here with one of her grandsons.

Homeless youths need voice

Communication key to helping street kids

The rising number of homeless youths is one of America's dirty little secrets, and caring for this country's displaced children will become increasingly difficult without new efforts at communication.

That's the conclusion of an Oregon State University professor who has spent part of the last three years studying homeless youths in the Pacific Northwest.

Natalie Dollar, an assistant professor of speech communication at OSU, began working with homeless youths in 1994, ironically, the international Year of the Family. A majority of those homeless - an estimated 75 percent - are on the streets because they were physically or sexually abused, or neglected by their families, Dollar said.

They want their story told, she emphasized. And it rarely happens.

"I've been to many town meetings where concerned citizens discuss the homeless and it's pretty easy to conclude that the process is so adult-centered that these youths don't have a voice," Dollar said. "Their points are rarely analyzed and they often feel forced to use profanity or to talk loudly to make themselves heard."

"The adults, the social service providers and the government agencies all want to talk logistics," she added. "These youths want to talk about personal issues, like what it feels like when your Dad beats you. The end result is that they just bypass each other."

Dollar said that creating some different settings may help bridge a communication gap that seems to grow wider every day.

She says the bureaucracy is process-oriented, under-funded and inconsistent.

OMSI offers family Halloween fun

OMSI offers kids and parents eight creepy nights of Halloween fun as part of Scary Nights, starting Thursday through Oct. 31.

Climb aboard for a voyage of terror on the haunted submarine USS Blueback with OMSI's third-annual

Sub Scare! A hideous crew of aliens lurks around each passage-way as visitors wind their way through the sub's "haunted" compartments.

Tours depart Thursday through Saturday every ten minutes, 6:30 p.m. to 11:30 p.m. Tickets are \$5.50 (adult and

youth) and include admission to OMSI's newest exhibit In the Dark, which offers a rare glimpse at nature's darkest environments through sophisticated computer games, mechanical displays and interactive exhibits. Sub Scare visitors should be at least 8 years of age.

New housing opens with celebration

Instar Place provides homes for people with mental illness

You're invited to join the Housing Authority of Portland, Portland Youth Builders and Garlington Center in celebrating the grand opening of Instar Place, a home for people with mental illness.

The event will take place Thursday at 10 a.m. 5417 N.E. 25th Ave.

Instar Place services are provided by Garlington Center. The home was constructed by Portland Youth Builders.

"Instar Place represents a unique trio of partnerships," said Helen Barney, Housing Authority executive.

Instar Place is designed as a two-story house containing five Single Room Occupancy units, each with a private bedroom and bath.

In addition, the 2,500 square-foot home provides shared space that includes a community kitchen, dining room, living room, laundry, and individual pantry/food storage areas.

The shared housing offers privacy, security and comfort along with opportunities for group oriented activities.

Instar Place will provide safe, drug-free housing for five clients who suffer from a mental illness. The residents of Instar Place will receive full case management services, in addition to on-site skills training and supportive therapy services.



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