

METRO *Life*

The Portland Observer

SECTION B

Community Calendar

Let'er buck!

Share an experience to remember with your family at the 1996 Pendleton Round-Up and Happy Canyon Pageant, Wednesday through Saturday, September 11-14 in Pendleton, Oregon. For more information or tickets, call 1-800-45-RODEO.

San Juan Islands sea tour

Mt. Hood Community College's Wild Side Tours program is offering a trip to Washington's San Juan Islands to sea kayak from island to island with seals, otters, eagles and more. The five-day trip will be held Aug. 11-15. No Experience is required and transportation and equipment is provided. The cost is \$169. A mandatory pre-trip orientation meeting will be held Aug. 1 at 5:30 p.m. in the College Center. For more information call the College Center Information Desk at 667-7277.

Women's Rights Day

Celebrate Women's Rights Day with a panel of activists discussing what it will take to achieve permanent equality for women and all oppressed minorities. Bring your ideas on how to create a society where abundance and freedom are everyone's birthright. Saturday, August 24, 1996, at the Musicians Union Hall, 325 N.E. 20th Ave., Portland. A dazzling summer buffet will be served at 6:30 p.m. for \$8.00. Low income rates and work exchange available. The program begins at 8:00 p.m. for \$2.00 door. For more information or childcare, call (503) 228-3090 two days in advance. Wheelchair accessible.

"New gear for the school year" collection drive

August 1-25, you can help 500 needy Portland area children, ages 5-17, feel confident and equipped to go back to school this year donating new clothing and school supplies to The Salvation Army's "New Gear for the School Year" project located at the following retail centers: Clackamas Town Center, 12000 SE 82nd; Pioneer Place, 700 SW 5th; and PayLess Drug, 30 locations in the tri-county area. For more information, call The Salvation Army at 503/234-0825.

Fox sponsors workshops

The television industry is rapidly changing, with new technology and deregulation leading the way. To assist job seekers with learning about current career opportunities in television, the Urban League Employment Department and KPDX Fox 49 will sponsor a series of free "Informational Interviews on Television Careers" on August 6 and 13, from 10 am to 5 pm. Interviews can be scheduled by calling the Urban League Employment Department at 503/280-2630.

Tri-Met meeting

Tri-Met Board of Directors Monthly Meeting, 3:30 p.m., Mt. Hood Community College, College Board Room, 26000 SE Stark Street, Gresham. Public forum begins at 4:45 p.m. For more information call, 238-4829. Persons requiring meeting materials in alternative formats and/or sign language interpreters should contact Tri-Met at 238-4952, TTY 238-5811, or fax 239-3092 between 7:30 a.m.- 5:30 p.m. weekdays at least two working days prior to the meeting.

Striking a balance

"Striking a Balance" is a play about individual choice and the redemptive power of community, written by Judy Yeckel. student actor ages 11-16 who have graduated from the Interstate Firehouse Cultural Center's summer theatre program. The play will be held Saturday and Sunday, August 9, 10, 16 and 17 at 8:00 pm at Interstate Firehouse Cultural Center, 5340 N. Interstate Avenue Accessible via Tri-Met bus #5. Call the IFCC at 503/823-2000.

SUBMISSIONS: Community Calendar information will be given priority if dated two weeks before the event date.

Free immunization at local clinics

The health of all children in our community is a top priority at three local county health departments.

Among the many services the health department provides, immunizing children against deadly diseases is a very important one. Multnomah, Clackamas, and Washington Counties have teamed up once again with various local businesses and organizations to immunize children of all ages--and even adults--free of cost.

Particularly for families with children entering school for the first time, this can be very good news. Oregon law requires that all children attending public or private school must have a certain number of doses of DTP, MMR, OPV, and, if under 5 years of age, Hib. If you are not sure if your child has all the required shots, call your child's doctor or nurse or call 1-800-SAFENET to talk to well informed operators.

Saturday, August 17th has been designated Immunize Day in the three-county area. On this day, free immunization clinics will open to the public at numerous locations. All three counties will offer free immunizations on a walk-in basis to everyone, from babies to teens to grandparents.

There is no screening for insurance. Parents are encouraged to bring their children's immunization records. For information call 1-800-SAFENET to locate a clinic near you. Scared of needles? Then be aware that several of the free clinics in Multnomah County will be needle-free. Nurses will use the new no-needle Bioject injector to give shots. Call the SAFENET number to find out which clinics are needle-free.



A mother and child enjoy the free immunization offered at a portland clinic.

The vaccines available at these free clinics are Polio; Diphtheria, Tetanus, Pertussis (DTP); Measles, Mumps, Rubella (MMR); Hepatitis B for ages 0-18 only; and H. Influenza type b (Hib). Adults can receive MMR

and Td (tetanus) boosters. An MMR booster is recommended for children 4 to 6 years or 11 to 12 years old and for adults born after 1957. Tetanus boosters are recommended at 11 to 12 years of age and every 10 years

thereafter. Along with your local county health departments and state health division, this community service is brought to you by KPTN Channel 12; Oregon Youth Care; Hope for Kids; and Boys and Girls Club of Portland.

Neighborhoods to celebrate National Night Out

With increasing crime in Portland metro neighborhoods, crime prevention awareness is an even more vital tool for local residents.

On Tuesday, August 6, thousands of Oregonians will celebrate the 13th Annual National Night Out, America's annual night out against crime. National Night Out provides a safe and fun way for neighbors to have block parties, celebrate summer, get to know each

other, and learn about crime prevention.

National Night Out is also a good time to talk with neighbor about setting up a Neighborhood Watch, which generates trust and friendship among neighbors, helps reduce break-ins and improves relations between police and the communities they serve.

Having a block party is easy and can ultimately help neighborhoods reduce crime. Those interested in holding National Night

Out parties should contact their local neighborhood office or crime prevention specialist, who can suggest ideas for National Night Out, activities or describe planned events.

PGE, lead corporate sponsor for National Night Out, suggests that residents leave porch lights on to show support for National Night Out on August 6. Porch, yard and driveway lights decrease crime and increase safety year-round. Interior lighting--even one lamp

with a timer--can discourage criminals from breaking into homes.

"Leaving some lights on both indoor and outdoor will greatly reduce the chance of making your home a target for crime," says PGE safety expert Mel Eldridge. "Motion detectors and compact fluorescent bulbs, which last 10 times longer than incandescent bulbs, help make lighting more cost effective."

Students join research program



Portland resident Nikia Braxton and her mentor Jean Lemke go over terms used in cancer research. Photo by Terry Fitzpatrick

Three Portland college students have been selected from 30 applicants to participate in a three-month intern program for minority college students at Kaiser Permanente's Center for Health Research (CHR).

"The goal of the program is to attract minority students to pursue careers in health research, a field which has few researchers from a minority background," says Mary Durham, PhD, director of the Center.

Nikia Braxton is a senior at Oregon State University (OSU), where she is majoring in public health with an option in health promotion and education. During

the 1996-97 school year, she will attend Northeastern Illinois University in Chicago to do research for her senior thesis at OSU's Honors College. Her goals include opening a teenage pregnancy center that provides preventive and intervention care.

Aisha Irving graduated in June from Portland State University with a B.S. degree in biology with a concentration in zoology and physiology and a minor in Black studies.

This summer she is also volunteering at the County Medical Examiner's Office and studying for the medical school entrance exam. Her goal is to become a forensic pathologist or a research investigator.

"Just charge it"

Shoppers now have new options to "charge it" when they visit Portland. They will be able to conveniently and at no cost charge an electric vehicle (EV) while they shop, dine, or attend events in downtown Portland. Normal parking rates will still apply, however.

Two electric vehicle charging stations have been installed in City-owned, Smart Park parking garages at First and Jefferson and Front and Davis. The electricity to recharge EVs will be provided free of cost by the City.

Portland City Commissioner Charlie Hales drove an EV that had been loaned to the City by Portland General Electric. He parked it in the First and Jefferson parking garage and demonstrated how the charging systems can be used.

Hales said, "We are supportive of this and other efforts to enhance the region's air quality while offering an additional clean transportation option to Portland residents." Also in attendance was Portland City Commissioner Mike Lindberg. Lindberg said, "Alternatives to gasoline have faced a 'chicken

or egg' scenario in what comes first--the vehicles or the refueling/recharging infrastructure. We've tried to answer that question for electric vehicles in Portland. We've built it and now they can come."

Oregon Electric Vehicle Association (OEVA) President Lou Tauber arrived in his own electric car--a converted Ford Mustang. Tauber, who is also a principle in a local company, E-CAR said, "We're really excited about this development. It shows commitment on the part of the City."

Now OEVA members--and E-CAR customers--have two convenient places to recharge their cars while they're in downtown Portland." Tauber added that EVs have many benefits. "Electric cars are cleaner, quieter, less expensive to operate, and reduce the need for oil imports," he noted.

The EV charging systems were installed as part of Portland's "Clean Cities" activities with support from the Oregon Office of Energy and US Department of Energy. "Clean Cities" is a national program to encourage the availability and use of alternative vehicle fuels for government and private fleets.

"Just for fun," 1997 Rose Festival theme

Rated as one of the top Festivals in the world, with more than 80 events, including a waterfront carnival, three colorful parades, a thrilling airshow and high-speed IndyCar races, the 1997 Portland Rose festival will center around the theme "Just For Fun."

Submitted by Kathy Etchemendy of Portland, "Just For Fun" will be used to describe the myriad of activities that will make up the 1997 Rose Festival taking place from May 29

- June 23.

Etchemendy won the use of a 1996 Pontiac car for one full year, compliments of the Metro Area Pontiac Dealers.

The theme is chosen from entries submitted by the general public on entry forms included with the purchase of an official Rose Festival Pin.

This year more than 2,600 theme phrases were received by the Portland Rose Festival Association.