

Donors Increase United Way Funding

Thanks to the generosity of nearly 100,000 donors, United Way of the Columbia-Willamette's member agencies will receive an 8 percent increase in funding.

Nearly \$14.7 million will be distributed to health and human service organizations in the next year, \$12.2 million of which will go directly to United Way member agencies. The remainder will go to non-member agencies and to other United Ways through the Donor Choice Program.

"We had two things going for us this year—a successful fall campaign and a careful managed budget that's brought our overhead costs to just under 15 percent," said Mike Mor-

gan, chairman of United Way's board of directors and an attorney at Tonkon, Torp, Galen, Marmaduke & Booth. This 15 percent total is about half of the average charity's overhead in Oregon.

Funds are disbursed to agencies for specific programs. Funding requests are reviewed by committees of local volunteers who decide how much money each program will receive. United Way is focusing on the following community needs:

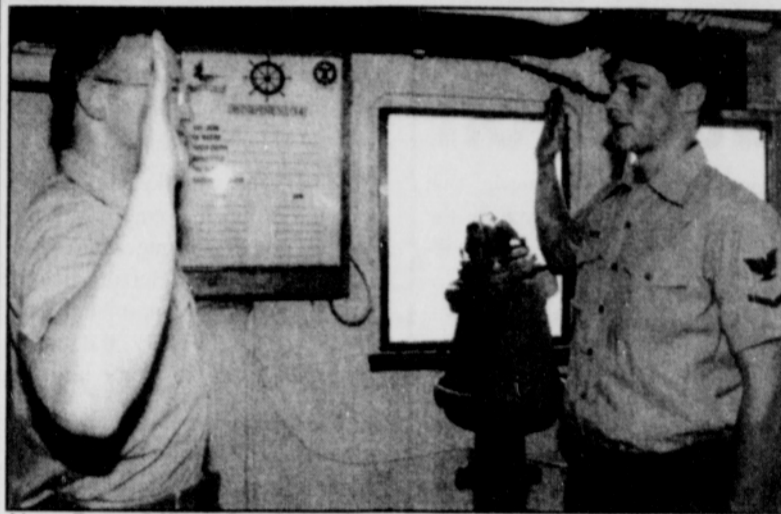
- strengthening families
- helping youth succeed
- supporting older people
- increasing self-sufficiency

United Way of the Columbia-Wil-

lamette is a 76-year-old organization that raises and distributes funds to health and human care programs

in Clackamas, Multnomah and Washington counties in Oregon and Clark County in Washington.

Navy Petty Officer Reenlisted



Navy Petty Officer 3rd Class Fred E. Turner

Navy Petty Officer 3rd Class Fred E. Turner, son of Kathy A. Curtis of 5200 SW Laurelwood Drive, Portland, OR, recently reenlisted for four years while serving with Attack Squadron 115, Naval Air Facility, Atsugi, Japan.

The 1990 graduate of Reno High School of Reno, Nev., joined the Navy in August 1992.

Thinking of trying a wrinkle cream?

Start with realistic expectations, and do a "split-face" test. If you are 40 and want to look 20, it just isn't going to happen," said Dr. Suzanne Bruce, associate professor of dermatology at Baylor College of Medicine in Houston. "However, some of the products are helping to smooth fine lines, even blotchy pigmentation and soften dry spots."

Improvement, she says, will be gradual and subtle. Since most wrinkle creams are marketed as cosmetics, Bruce encourages patients to be cautious before buying.

"Other-the-counter cosmetic creams have not been subjected to rigorous scientific testing needed to be sold as a drug," she said. "Take a look at the ingredients before buying."

The active ingredients found in products sold as wrinkle creams include glycolic acid, lactic acid, salicylic acid, vitamin C or Ethoxyhexyl-Bicyclooctanone.

Only two prescription medications are currently used to combat photoaging, or wrinkles from sun damage. These are Renova, which is approved by the Food and Drug Administration for improving signs of sun dam-

age, and Lachydrin, which is approved for dry skin.

"Creams, whether prescription or cosmetic, can cost from 40 to 100 dollars for a small supply," Bruce said. "To make sure they are not wasting money, I encourage patients to do a split-face test for three to four months."

By applying wrinkle cream to half the face and applying their moisturizer to the other half, patients can test the cream's effectiveness.

"It takes discipline, but it's really the best way for them to see if they like the results," she said. "If you apply it to your whole face from the start, it will be difficult to judge how well it is working."

Another key factor in wrinkle cream use is sun protection.

"If you are still going to the tanning salon or laying our, sun damage while triggering new damage."

Men and women should use a facial moisturizer with SPF 15 or higher every day even if they do not use a wrinkle cream.

"It's a good idea to discuss wrinkle cream selection with a dermatologist, especially if your skin has been easily irritated in the past," Bruce said.

State Fair Offers Employment Opportunities

To assist employers, the Oregon Employment Department will have an employment trailer at the Oregon State Fairgrounds beginning August 8. The trailer will be in the Oak Grove, which is located on the Westside of 17th street across from the Green Gate. The trailer will be open from 12 noon-6pm, Monday - Friday through August 21st. Beginning August 22nd, the trailer will be open 9 am - 6 pm daily until the end of the Fair, September

2nd (including weekends).

Most jobs are available for applicants ages 16 and up. Applicants under the age of 18 need an original social security card AND a birth certificate, Oregon ID card or driver's license/permit. A work permit is no longer required.

For more information contact the Oregon State Fair at 378-3247 or the Oregon Employment Department (after August 8th) at 373-1701.

Siletz Tribes Hold Annual Pow Wow

The traditional Pow Wow in the Northwestern part of the United States was historically called a Potlatch. This was a time for families and friends to be reunited, a time of trade, a time to give thanks, a time to dance and socialize.

Today's potlatch or pow wow has changed with the times, moving into the modern age. Nation-wide there are similarities in as much as there is dancing both socially and competitive, craft vendors, and good food. However the tone of each pow wow differs. The theme "The Circle of Friendship" of the Nesika Illahee "our land" Pow Wow reflects exactly the tone of this annual event sponsored by the Confederated Tribes of Siletz. Although competition dancing is an integral part of this pow wow, the social aspect far overshadows this. For when the Siletz Nation says "Welcome to Nesika Illahee" and "join our circle of friendship"



they are extending an invitation to all those who would celebrate life as it is.

Each year, on the second weekend in August the Siletz Tribe holds their annual pow wow, one of the largest in the State, in the small town

of Siletz located inland from Newport along the Oregon Coast.

Dancing begins Friday evening which is more a social evening than competition and continues throughout the weekend.

Dozens of Tribes are represented

in these competition and social dances and hundreds of contestants compete.

An endless variety of food, native arts and crafts and jewelry are offered by the numerous vendors (around 70 will be present).

The smell of Indian Fry Bread and Indian Tacos wafts through the air combining with the beat of the drum projecting the scents and sounds of "Pow Wow" common along the pow wow circuit across the United States.

The Siletz Tribe is recognized as one of the most progressive tribes in the United States.

Restored to Federal Status in 1977, the Tribe is proud to be one of the 23 Tribes in the United States to have become part of the Self-Governance Demonstration Project giving the Tribal government more control over the services provided to the Tribe's 2,800 members.

Happy Birthday Debbie Mullen-
Price From Rena, Princella,
Tommy, and Matty Mullen

Tri-Met is Celebrating
MAX's 10th Birthday

We're celebrating 'cause MAX is 10
And we're asking kids to pick up a pen
To write a poem or very short story
Or color a picture in all its glory

Just be sure to feature MAX
Then send it in by mail or fax
If yours is chosen, you will win
So hurry now — send it in!

Kid's Creative Contest

All aboard for fun! We're celebrating MAX's 10th birthday with a contest for kids. For an entry form and information, call 238-RIDE. Get entries in by August 19 to be on track to win great prizes. Three winners will be selected in each age group (10 and under, 11 to 14, 15 to 18) and announced at MAX's 10th Birthday Party, noon, September 5 at Pioneer Square.



Happy 50th Birthday Gary Ann Taylor
From The Portland Observer Family



Let Jose Feliciano light your fire at Chinook Winds Casino

The exciting Chinook Winds Casino is finally open. Get ready to hear your favorite recording artists with our Concerts By The Sea program. Early shows begin at 7pm and later shows start at 10pm. Expect week after week of the best headliner entertainment available. Then, enjoy over 800 slot machines, Blackjack, Bingo and fine dining. *Tickets available at all Ticketmaster outlets, or charge by phone, (503) 224-4400.*

CHINOOK WINDS
CASINO & CONVENTION CENTER

1777 NW 44th, Lincoln City, OR
Open 24 hours a day,
365 days a year.

Jose Feliciano July 26 & 27 • 7pm & 10pm



Sammy Kershaw
Aug 10 & 11 • 7pm & 10pm



Brenda Lee
September 6 & 7 • 7pm & 10pm

