

Family Living

The Portland Observer

Nation's Family Planning Program Target Of Radical Right

The National Family Planning Program, or "Title X," provides women across America with vital health care services. Yet this 25 year old cost-effective public health program is targeted for extinction by the radical right. The latest attack occurred in the House of Representatives, where the program was first eliminated and then saved by an 11th hour amendment.

The National Family Planning Program provides federal funds for preventive reproductive health care for low-income women, serving more

than a quarter of a million women across America, 60,000 of them in the state of Oregon. It helps the poorest and most vulnerable citizens—low income women and sexually active teens at risk of pregnancy. The program gives funds to qualifying organizations, like Planned Parenthood, who use the money to provide a broad range of services including pelvic exams, screenings for cancer and sexually transmitted diseases, pregnancy tests and contraceptives. These services prevent unintended pregnancies and provide early detec-

tion of disease, thereby saving lives.

Title X is the only access at-risk women have to family planning services. Often times these services are the only source of health care for women. Each year Planned Parenthood averts nearly half a million unintended pregnancies, and prevents more than 216,000 abortions. Title X providers are prohibited by law from using federal family planning funds for abortions. The funds are used solely for preventive health care services.

The next attack on the National

Family Planning program will likely take place when the Senate reconvenes in September. The radical right is working behind the scenes to engender political support for its political aims regardless of the National Family Planning Program's merits.

The Christian Coalition and other far right groups aim to discredit—and ultimately eliminate—Planned Parenthood. They do so by using scare tactics and by disseminating false, grossly distorted and inflammatory information, as evidenced by a recent fund raising appeal in which

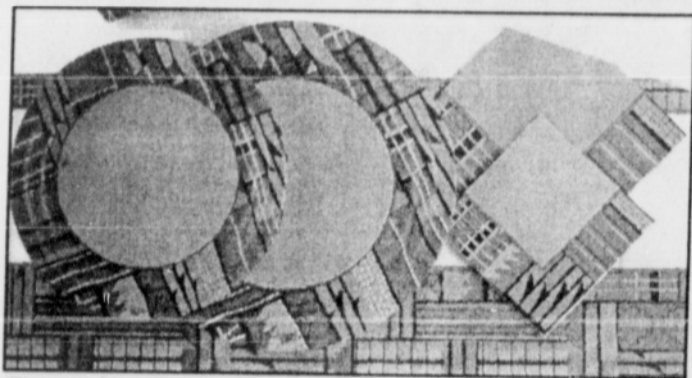
the Christian Coalition attacked and misrepresented Planned Parenthood.

The true agenda of these groups is to deny young people access to comprehensive, reality-based, and proven sexuality education. The true agenda is to deny women the ability to decide whether and when to bear a child. In an era when welfare benefits are being cut and congressmen bring forth proposals to deny aid to poor pregnant teens it is inconceivable that congress would eliminate a program aimed at preventing pregnancies for low-income women.

Now more than ever supporters of the National Family Planning Program, an indispensable health care program, must speak out to ensure its survival.

Planned Parenthood of the Columbia/Willamette is an independent, non-profit organization providing medical services, education and advocacy in the area of reproductive health. PPCW is an affiliate of the Planned Parenthood Federation of America, the nation's oldest and largest voluntary family planning organization.

VESSELS PRODUCTS FEATURE AFRICAN CLOTH PATTERN



The work of Portland artist Athena Hampton is getting national exposure in a new line of stationery depicting African heritage. A Kente, African cloth pattern (left) on paper plates, cups and napkins is the latest ethnic specialty at Vessels on Martin Luther King Jr. Blvd. Her drawing of a wedding couple jumping the broom (right) was eagerly accepted.



Paper plates, cups, napkins and table covers in a vibrant Kente cloth pattern are now available exclusively at Vessels, "Tableware With Meaning."

Designed by Carole Joy Creations, Inc., a nationally-known African American greeting card company, the Kente-inspired paper tableware allows you to enjoy its rich cultural colors at picnics and family reunions. You can accent a reception or any event for a truly festive atmosphere.

The Kente paper tableware is not the only new item available through the Heritage Collection album.

A Carole Joy Creations' selec-

tion of wedding invitations and social stationery, is now available especially designed for people who share an African heritage.

Also introduced are eight new invitation designs and verses emphasizing African American traditions. They include invitation designs and verses emphasizing African American traditions; programs and thank you notes in Kente cloth designs; anniversary, birth and graduation announcements, stationery and holiday cards; a holiday wedding invitation ensemble; and a Kente cloth guest book.

One of the new wedding invitation designs is the work of local artist Athena Hampton, a member of Black

Local Artists Collective and Vessels' store manager.

Hampton submitted several designs to the company a few months ago. Her drawing of a wedding couple jumping the broom was eagerly accepted. She also designed the company's first and only stationery section in the album.

Vessels, "Tableware With Meaning," specializes in ethnic and cultural items for the dining room, bath and kitchen. Located at the corner of Martin Luther King Jr. Blvd. and Russell, Vessels is open Tuesday through Saturday, 10 a.m. to 6 p.m. Call 249-1952 for more information.

Lyons Promotes Family Dining With "Kids-Eat-Free"

Bolstered by strong response to its month-long kids-eat-free promotion, Lyon's Restaurants has announced that beginning September 5, it will extend the special offer to every Tuesday throughout the year.

Lyon's president and CEO Hazem Ouf said, "The response to the kids-eat-free promotion was tremendous. It led many new customers to dine out at Lyon's and built our customer base."

A family restaurant, Lyon's

recognizes kids' impact on making families dining decisions, and is strengthening its appeal to young diners.

The 84-unit restaurant chain just introduced a new cartoon mascot lion Roary, who is featured on coloring and game materials provided to children dining at Lyon's restaurants.

"The combination of a second baby boom and increased frequency in out-of-home dining should keep this market segment strong for years

to come," says Ouf.

During the kids-eat-free Tuesdays, up to three kids per party, ages 12 and under, are allowed to eat free as long as one adult purchases a meal.

The kids menu includes a recently expanded selection ranging from pancakes to pizzas, buffalo wings, quesadillas, shrimp, hamburgers and more.

Founded in 1962, Lyon's is headquartered in Foster City, California.

Kids Need Breakfast For Learning

Are your children too cranky for school work? Then make sure they eat breakfast.

"Without breakfast, children are usually hungry by midmorning. They are often irritable and too tired to concentrate on schoolwork," said Dr. Corinne Montandon, a nutritionist with the U.S. Department of Agriculture's Children's Nutrition Research Center. Parents can help their children master the three Rs by proving them with a healthy start.

It doesn't matter if children are first-graders or freshman in college, breakfast gives students energy and improves their classroom behavior.

Correct Dates For Metro Training

The dates for accepting applications in the Metro Electrical Training Center's Apprenticeship Training Program were incorrect in our last edition. We sincerely apologize for this error.

The applications are being taken Sept. 5 through Sept. 18th at 5600 N.E. 42nd at Killingsworth, Monday through Friday, from 10 a.m. to 4 p.m.

Health Careers are a Great Choice for the 90s.

PCC's Ophthalmic Technology Program, for instance.

"Hmmm..." you say. "Ophthalmic Technology. What's that?"

O-P-H-T-H-A-L-M-I-C medical technicians assist ophthalmologists with direct eye care. They take medical histories, perform diagnostic tests, administer medications, assist in surgery and in fitting contact lenses.

Ophthalmic Technology is a rapidly-growing field offering good salaries for new graduates. The PCC associate of applied science degree program was created to help satisfy a growing demand.

Space is limited to the first 25 qualifying students.

Financial aid is available.

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Portland Community College

Key Bank Of Oregon Employees Leave Work To Volunteer In Their Communities

On Wednesday, September 20, Key Bank of Oregon employees will turn in their pens, adding machines, computers and telephones for different tools of the trade—rakes, paintbrushes, shovels and hoes—as part of a massive volunteer effort to help communities across the state.

At noon, some 800 employees will leave their desks to slip into jeans, roll up their sleeves and spend the afternoon providing free labor and volunteer assistance to 60 social service groups and non-profit agencies throughout Oregon.

Now in its third year, "Neighbors Make The Difference" is a nationwide program involving nearly 22,000 KeyCorp employees in more than 20 states. More than 1,500 organizations across the country will be helped through the efforts of these volunteers, resulting in a donation of 92,000 hours of community service.

Following are just a few of the programs Key Bank of Oregon employees will be involved in:

50 employees will take 100 children from United Cerebral Palsy to Oak Amusement Park in Portland

30 employees will help construct a house for Habitat for Humanity in Salem

10 employees will work on fences for duplexes for St. Vincent DePaul in Eugene

Eight volunteers will join with Boy Scouts and Forestry Service to build songbird nest boxes for Columbia River National Scenic area

"This is a great opportunity for all of us to get involved in our communities and learn more about what the needs are that can be met through volunteering," commented Dianne Haines, Public Relations. "The groups we have helped have been

very grateful for our assistance and the response from our customers and our communities has been positive and supportive of our efforts."

In a letter commending Key Bank employees' charitable work, Governor John Kitzhaber stated, "You have raised the 'good neighbor policy' to a new level in your generosity of spirit in helping fellow citizens in Oregon communities."

Key Bank of Oregon branches will close at noon on Wednesday, September 20, to make it possible for employees to participate. Certain strategically located branches throughout the state will remain open so that customers can meet their banking needs.

For more information and details on which locations will be open, call 1-800-Key2You.



"Can you think of a better reason to be careful around power lines? Us neither."

Roberto, Age 6, Rex, Age 6

FOR MORE INFORMATION ON ELECTRICAL SAFETY CALL 1-800-222-4335.

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