

## Helping You Help Others

### Mardi Gras Helpers

Volunteers are needed to staff Mardi Gras 1995, a fundraising event set for Saturday, February 11th, 7 p.m. to midnight at Montgomery Park. Proceeds benefit the anti-poverty programs of Washington County Community Action Organization. Choose a 2-hour shift working at the silent auction, the wine tasting or in the gaming casino. Or greet guests, take tickets, check coats, help with setup or takedown. Volunteers receive a free ticket to attend the event either before or after their shifts. Attend a one-hour orientation on February 6th or 8th. Call 768-1112 or 645-9147.

### Energy Assistance

Present 20 minute informational sessions about energy conservation to low income residents in east Multnomah County or talk with them individually about their home energy needs through the Low Income Energy Assistance Program of Human Solutions. Call 248-5201.

Install energy-saving materials in the homes of low-income senior citizens and disabled persons who live in North, Northeast and Southeast Portland through the Community Energy Project. Call 284-6827.

Answer questions, provide energy tips, install low-cost weatherization materials and schedule home visits for low-income residents of Washington County through the Self-Help Conservation Project of Washington County Community Action Organization. Call 648-6646.

### Family Values

If you are concerned about "Family Values," you can use your skills and compassion to help build strong families by serving as a Family Advocate with Parents Anonymous. Opportunities include: a 24-hour statewide Parent Helpline; advocates with children's groups; facilitators for parent support groups; a tri-county Child Abuse Hotline. If you have 2-6 hours a week, you can make a difference in the lives of Oregon families. Call 238-8819.

### Substance Abuse, Prevention

Oregon Partnership volunteers educate the public about substance abuse, and answer phones to give callers information about substance abuse issues, and resources for treatment, counseling, and self-help groups. Training is provided. Call 232-8091.

Shifts for the Youth Line are 3-6 p.m., Monday through Friday; 1-6 p.m. on Saturday and Sunday. Min. age=15.

Shifts for the state or self-help-wide 24-hour Helpline are 4-5 hours during daytime hours, once a week and 11 p.m.-7 a.m. night shifts every other week. Min. age=15.

Speakers with expertise about steroid use, teen pregnancy, delinquency and drop-out, tobacco use, etc. are needed to make presentations around the state.

### Museum Docents

The Children's Cultural Center, in southwest Portland, introduces children to other cultures through artwork, music, dance, theater, puppetry, storytelling and games.

Volunteer museum docents lead tours, prepare materials for crafts and encourage visitors to explore and enjoy hands-on exhibits and activities. Orientation will be held January 19th, 6-8 p.m. Call 823-2231

For more information about these and other volunteer opportunities, call The Volunteer Center, 222-1355

## INVEST WISELY

It doesn't take a Wall Street wizard to be a wise investor, but success doesn't come from haphazard, uninformed decisions either. The more homework you do in advance -- not only on prospective investments but also on your own financial position, the goals you hope to attain and the brokerage firm you'll work with -- the better off you'll be.

Two new publications from the U.S. Securities and Exchange Commission offer excellent advice and information. *Invest Wisely: An Introduction to Mutual Funds* (Item 383B, .50) explains different types of mutual funds and how they work, and defines key terms you should know. To learn about choosing a broker, selecting investments and protecting yourself from fraud, you'll also want to send for *Invest Wisely: Advice From Your Securities Industry Regulators* (Item 361B, .50).

Both publications are available from the Consumer Information Center. Just send your name, address,

item numbers and .50 for each to R. Woods, Consumer Information Center, Pueblo, Colorado 81009.

According to *Invest Wisely: Advice From Your Securities Industry Regulators*, you'll probably need a broker to buy and sell your investments. Your options range from full service brokers who research investment opportunities, make recommendations and offer advice, to discount brokers who do nothing more than buy and sell at your direction. Other brokerage firms fall in the middle, providing some services but not others.

Finding a suitable broker comes from talking to representatives at several different firms. Questions to ask: what services are offered, what fees and commissions will you pay, what's the experience and background of the sales staff, etc. don't be pressured into opening an account right away; take time to find the brokerage firm and broker that's right for you.

Before you begin investing, you

need to ask yourself a few questions:

What are your financial goals? What do you hope to accomplish by investing? Be more specific than "making money." Saving for your child's first year of college, two years away, for example, probably requires a different strategy than if you're looking to supplement your post-retirement income thirty years down the road. Make your goals as specific as possible.

What types of securities are you interested in? The portfolio you put together is dictated by your financial goals and your current financial needs -- what you hope to accomplish and the degree of risk you're willing to accept. To determine if a potential investment meets your goals, research it thoroughly and discuss it with your broker. Make sure you understand the investment completely before buying. There are a number of stock and bond options from which to choose, as well as other investment opportunities, including mutual funds.

## National Illiteracy Campaign Expands

Continuing a partnership in the fight against illiteracy, Coors Brewing Co. has announced the opening of a new learning center as part of a \$1 million donation.

The Opportunities Industrialization Center of American in Laurel, Maryland, is a state-of-the-art individualized, computer assisted reading education program.

"Since we first launched the 'Literacy, Pass It On.' campaign, Coors is determined to make a significant

difference in the fight against illiteracy," said Coors executive Ivan Burnell.

More than 500,000 people across the country have been reached by the company's literacy services, Burnell said.

The new facility is operated by the District of Columbia's Youth Services Administration and is designed to house and provide programs for 188 male and female delinquents, some with severe substance abuse and be-

havioral disorders.

Joyce Burrell, acting administrator, said the center is capable of assessing where youngsters are functioning academically and developing an individual learning prescription.

The center aims to give the children the tools they need to build productive lives.

The Coors campaign is a five-year, \$40 million program which has underwritten numerous literacy action programs throughout the country.

The toll-free literacy hotline is 1-800-626-4601.

## The Holiday Of Kwanzaa

### A Celebration of Family, Community and Culture

Kwanzaa, an African American holiday which celebrates family, community and culture, is the fastest growing holiday in the U.S. An estimated 18 million Africans celebrate Kwanzaa each year around the world.

The holiday was created by Dr. Maulana Karenga, a scholar-activist who is currently professor and chair of the Department of Black Studies at California State University at Long Beach. Several cities in the U.S. have issued proclamations in honor of the celebration of Kwanzaa. Among them are Baltimore, Buffalo, Los Angeles, Miami, Newark, New Orleans, New York and Philadelphia.

Kwanzaa as an African American holiday belongs to the most ancient tradition in the world, the African tradition. Drawing from and building on this rich and ancient tradition, Kwanzaa makes its own unique contribution to the enrichment and expansion of African tradition by reaffirming the importance of family, community and culture.

### Advocates For Children

CASA (Court Appointed Special Advocates) helps find safe, permanent homes for children who are in the juvenile court system because they have been abused or neglected. CASA advocates say that each case presents them a unique challenge and a chance to make a difference in a child's life. Training begins in late January. Call 253-2272.

## Portland Lighting Company Earns Honor

The Oregon Chapter of the Illuminating Engineering Society of North America awarded James Garber, a Portland custom-lighting manufacturer, with the first ever F.C. Baker Award.

F.C. Baker, the namesake of the award, was an influential designer and manufacturer of lighting fixtures in the Portland area noted his highly ornamental, detailed and elegant creations. A pioneer in the field of electric lighting, Baker's works made significant contributions to the budding lighting industry. His notable designs include fixtures at Timberline Lodge, Temple Beth Israel and the Pittock Mansion.

Garber is being honored with the award for his lifetime contribu-

tions to Oregon's lighting industry. A one-time employee of Baker's, Garber has furthered the custom lighting tradition in the more than 50 years of his own career.

"I think it's really fitting that James Garber is the first recipient of this award," Mark Ramsby lighting designer at PAE Consulting Engineers, said. "He has continued and expanded the legacy of F.C. Baker in the field of customer lighting design and manufacturing in Portland." Many buildings throughout the Portland area, including the KOIN Center and the Justice Center downtown, feature custom lighting fixtures manufactured by Garber. He is currently doing work on the expansions underway at Portland International Airport.

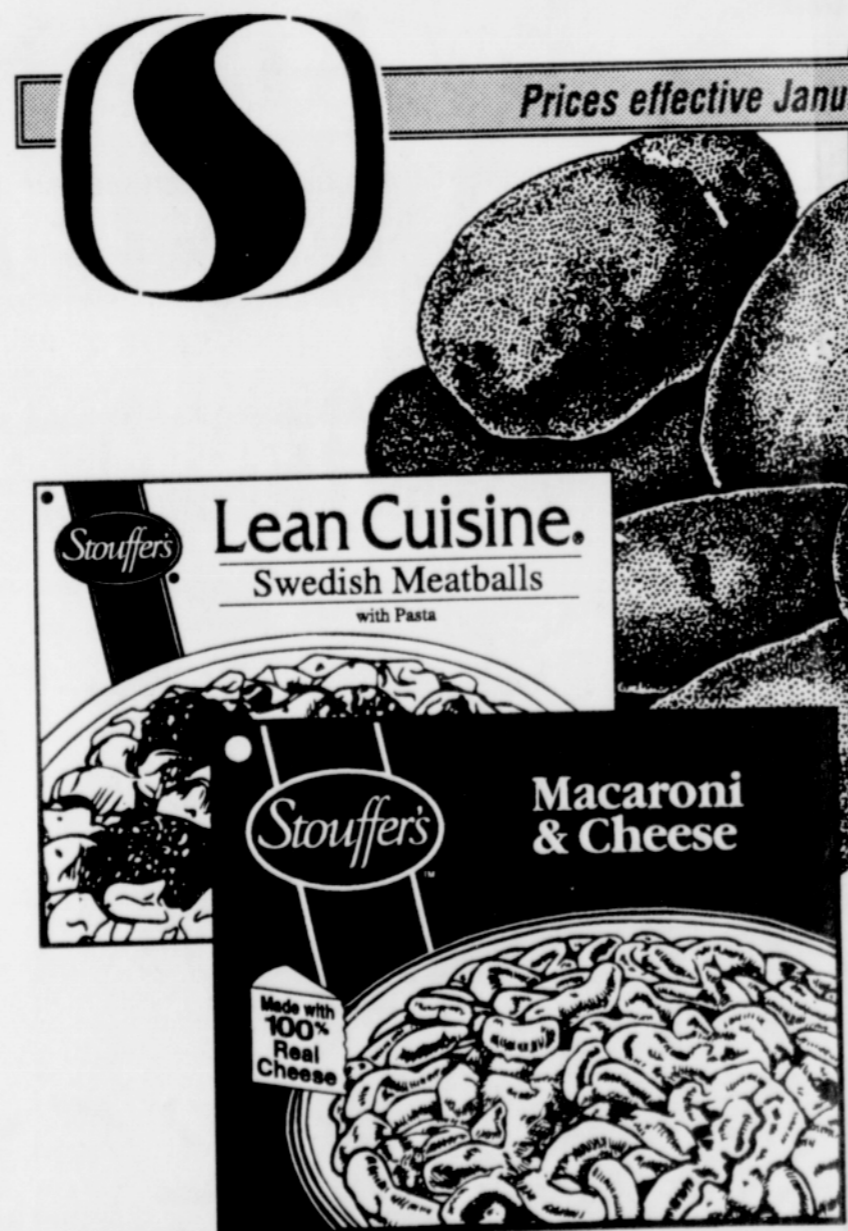
# 25th

## ANNIVERSARY

The Portland Observer  
Wishes You A Happy New Year  
As We Begin Our 25th Anniversary  
Of Publication.

# Safeway Low Prices

Prices effective January 11 through January 17, 1995 at your nearby Safeway store.



Frozen  
**Stouffer's Entrees**  
• Choose from from a select group of Regular or Lean Cuisine  
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**99¢** Each

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