

METRO *Life*

The Portland Observer

SECTION B

Community Calendar

Salmon Festival This Weekend

Salmon Festival is held Saturday and Sunday from 10 a.m. to 5 p.m. at Oxbow Regional Park. The event features entertainment, crafts and activities for youngsters, storytelling, dancing, arts and crafts, food and a traditional salmon bake.

Auction Helps Hoyt Arboretum

Uncommon trees and plants, garden art and special trips to exotic places go on the auction block during "Take A Bough," a first-ever benefit to support educational programs at the Hoyt Arboretum and World Forestry Center. The auction will be held Friday, Oct. 21 from 6 p.m. to 9:30 p.m. in Miller Hall at the World Forestry Center.

African American Men Honored

The fourth annual awards banquet honoring outstanding African-American men in the Portland community will be held Friday, Oct. 21 at 7 p.m. at Shenanigans on Swan Island. The event benefits the scholarship fund of the Zeta Sigma Omega chapter of Alpha Kappa Alpha sorority.

Artist Blends Photographs and Paint

"The Photograph as Canvas," an exhibit by artist Annette Gurdjian, will be shown through Oct. 27 in the College Center Fireplace Gallery at Mt. Hood Community College. The exhibit features a unique blending of the mediums of photography and painting.

Learn To Cook Without Meat

Oregon State University Extension Service will present a special seminar on healthy cooking Tuesday, Oct. 18 at 2:45 p.m. at the Hollywood Senior Center, 1820 N.E. 40th. The session can help you learn to cook tasty, low-cost meals without meat. The meals are based on whole grains, dried beans, fruits and vegetables. Information about the new Food Guide Pyramid will also be presented.

School Breaks For Teacher Training

Portland School District students have the day off Friday, Oct. 14, but teachers will "hit the books" for a statewide in-service day. Portland teachers attend workshops and training sessions on issues including building successful second language classrooms and domestic violence awareness and prevention.

Arts Center Begins Lunch Series

A free brown-bag lunch series begins at noon Wednesday, Oct. 19 at the Portland Center for the Performing Arts at Broadway and Main, Downtown. Selected scenes from the Tygres Heart Shakespeare Co.'s *Much Ado About Nothing*. The next brown-bag lunch performances are scheduled Nov. 9 with the Portland Center Stage performs and Dec. 14, with The Portland Opera.

Businesses Work Together

Holiday gifts and a wide variety of Afro-Centric products go on sale when the Black Business Co-op presents the Black Market Co-op. Local vendors and restaurants are joining together to sell their wares Friday, 6 p.m. - 9 p.m. and Saturday, 10 a.m. to 6 a.m. in a community social atmosphere at the OAME Cascade Plaza, 4134 N. Vancouver Ave.

Community Calendar Submissions: Please send all Community Calendar information two weeks in advance of events starting date.

Children's Store Gifts, Give Twice

Ginny Burdick said she couldn't face yet another holiday season.

"They'd become so materialistic and over the last few years holiday shopping had become more of a chore than a job," said the Portland resident.

Then she found Our Children's Store. "I did all my shopping there for people I cared about. I felt so good knowing the dollars I spent were going to help children. This is what the spirit of the holidays is all about."

Again this year, 68 Portland area charities have joined to open "Our Children's Store," a unique shop in downtown Portland selling gifts for people of all ages.

Thanks to generous corporate support, 100 percent of the proceeds are returned to the charities to help children in crisis.

The store opened last year at 510 S.W. Broadway, across the street from the Hotel Vintage Plaza. The gift store will open again this season at the same location beginning Tuesday, Oct. 11 through Dec. 31.

Among the items going on sale are gifts for Halloween, Thanksgiving, Hanukkah, and Christmas. Some of the items sold last year included greeting cards, hand-painted watering cans, puppets, gift baskets, bibs, quilts, jams and jellies, pillows, wreaths, teddy bears, cookbooks, jewelry, posters, hats, decorated trays, hand-painted ceramic tiles, CDs and cassette tapes, books, painted umbrellas and more.

"To give a gift with an enclosure that says 'Proceeds from this purchase will help a child in crisis' carries incredible value and meaning. It's a gift that gives twice," says



A volunteer helps paint the exterior of "Our Children's Store" on Broadway Street in Downtown Portland.

steering committee member Ann Carter.

"More than ever, kids need our help. The goal of Our Children's Store is to raise needed

funds and to raise awareness about children's issues," says Lee Weinstein, founder and steering committee member.

These Are All Our Children

- In Oregon, 32 children died from child abuse in 1992.

- In Portland there were 1,911 children abused and neglected in 1993. Being abused as a child increases the likelihood of arrest as a juvenile by 53 percent. Abused children who do not get help are 38 percent more likely to be arrested as adults and to be violent criminals.

- Sixteen percent of children in Oregon live in poverty. Forty-two percent of 2-year-olds are adequately immunized, only five states had worse rates.

- Half of the people who become poor each year in America are now children.

- There were 3,086 teen pregnancies in Oregon in 1991.

- Oregon ranks 12th among all states in teen suicides. Teen suicides have tripled in the past 30 years.

Bell Elected Advisory Chair For Arts Center



George E. Bell.

George E. Bell of Lake Oswego has been named chair of the advisory committee for the Portland Center for the Performing Arts.

The committee provides citizen input and advice for center activities, a component of Metro regional government and the Metropolitan Exposition and Recreation Commission.

Bell has been a committee member for several years and helped established the "Friends of the Performing Arts Center," a non-profit organization dedicated to supporting the center and its community outreach efforts.

He is an active community member serving on the boards of the Lakewood Center for the Arts in Lake Oswego, Portland Center Stage and the Police Activities League.

Bell is a registered professional engineer, employed as vice president for transmission services at the Bonneville Power Administration.

He is a member of the Downtown Rotary Club and the Portland Chapter of the American Leadership Forum. He also serves as a mentor to school children.

Northwest Talent Presented

The insight, entertaining and purposeful writing and presentation talent of Dr. Mona Lake Jones will be showcased at the 11th annual West Coast Black Publishers Association (WCBPA) Convention, October 26-29, 1994 at the Hyatt Regency Phoenix Hotel. The featured guest is speaking at the Welcome Luncheon hosted by Anheuser-Busch Companies on Thursday, October 27th.

Mona Lake Jones' creative work has taken her to a variety of settings throughout the country speaking to civic, professional, public and private groups, and educational institutions. She is an exciting new talent who receives standing ovations when she shares her writing with both adults and children. She delivers her works in a concert-style presentation of themes and moods and recently appeared at The Boston Museum of Fine Arts. The



Mona Lake Jones

Poet, a longtime Seattle educator and civic figure, is known to many as Seattle's multicultural poet laureate. During recent years, she has gained a national audience for her poetry, published in *Essence* magazine and her recent book, "The Color of Culture." Her indelible word portraits paint a rich world of African American life experiences with insight, humor, and love.

Multicultural Senior Center Enhances Lives

Seniors have help in maintaining a good quality of life in North and Northeast Portland.

That message was sent out into the community on Tuesday during a community leaders forum at the Multicultural Senior Center, 5325 N.E. Martin Luther King Jr. Blvd.

The Urban League of Portland and its adult and senior services department operates one of eight district senior centers in Multnomah County at the Multicultural Center.

There's a wide variety of programs and services offered, everything from housekeeping and personal care services to exercise classes and social events.

Just because people get old, they shouldn't be forgotten.

That's a driving force behind the center's activities, according to Esther Hinson, program director for the Urban League department.

"Seniors are not just to be put on the sidelines," Hinson said. "They're still vibrant, still able to do things and be involved."

The Urban League sponsors many of the center's programs with the cooperation and assistance of the county, city and organizations such as Loaves and Fishes and North-

east Portland Aging Services.

The goal is to help seniors maintain safe and independent living.

"We have services here to help seniors stay in their homes for as long as possible," Hinson said.

Most of the programs are geared to help seniors stay active.

The senior center serves elderly and disabled seniors age 60 and older, and under 60 with Alzheimer's disease. Plans are underway to expand the services for those in their 50s, Hinson said.

The Alzheimer's support group started this summer, giving caregivers a four hour break once a week, while the center's support staff provides the Alzheimer patient with special activities, like music, arts and crafts and memory exercises.

Other services include legal assistance, transportation, information and referral and a foot clinic.

A case management program gives seniors and their families help to identify and arrange for services to meet their needs. These services can include home bathing, housekeeping, cooking and shopping.

Activities in and out of the center can



Congressional candidate Mark Brunelle and his wife Pamela, join Victory Storey, Sherry Archer, Cora Benjamin and other community leaders for a forum at the Multicultural Senior Center.

add variety, fun and learning experiences for seniors.

These services would include sightseeing and shopping trips, potlucks, hot lunches and gatherings to promote good health, personal growth and a strong self image.

A Healthy Grandparent program is offered to provide support, education and other assistance to grandparents who are raising children.

For more information, call Hinson at the center at 248-5470, extension 4551.