

SPORTS

MAJOR ATTRACTION AT THIS YEAR'S LAKE OSWEGO INTERNATIONAL FESTIVAL

Soccer, tennis and golf tournaments are featured attractions at Lake Oswego's Third Annual International Festival, with active participation expected for all three. The sporting events are scheduled for Friday night, Saturday and Sunday, September 9, 10 and 11, around the Lake Oswego area and offer competition and spectator opportunities for adults and children.

Capturing the allure of World Cup Soccer, a Soccer Jamboree will be held for the first time this year featuring over 2,000 youth soccer players from around the area. Players from grades K through 8 will

WATER SKI TOUR SEASON FINALS

The Budweiser Water Ski Tour at Blue Lake Park Saturday and Sunday, August 20-21--spotlights breathtaking action by the world's greatest skiers in the season finals and provides fun for the entire family.

Featuring the world's top professionals in slalom, freestyle, and distance jumping, the 10-city tour--has a purse of more than \$400,000.

Just as they did in 1992 and '93, superstars Andy Mapple and Wade Cox will battle it out on the slalom course. Meanwhile, best friends Kristi Overton the 1992 champion and Susi Graham who won the overall title in '93 will be forcing the best from each other in women's slalom.

At the same time, Dave Reinhart will be pursuing his seventh consecutive freestyle championship--with strong challenges from young guns Hank Amos and Zane Schwenk. And if Burce Neville and Scot Ellis want to seize the world long distance jump Sammy Duvall, they'll have to beat Duvall's monstrous 220-foot record jump established in 1993.

Tickets are available at the gate for \$9 for adults, \$4 for children (6-12), under 5 are free.

ATHLETES OVERCOME PAIN WITH SPIRITUAL ASSISTS

From Freedom News Service Runners are often afflicted with one kind of pain or another - pulled muscles, spasms, aches, shooting pains and pinches that for many have become a part of life.

But marathoner Judy Mercon of Clearwater, claims that pain doesn't have to be a natural accompaniment to running and other sports.

Already on a steady course for the 1996 Olympics, the 36-year-old champion runner says that one of the most valuable assets of her running career has been the discovery of techniques which alleviate physical suffering. Developed by humanitarian and founder of the Scientology religion, L. Ron Hubbard, these techniques known as "Assists" help an individual to spiritually confront physical difficulties.

Assists operate on the principle that if injured, one tends to withdraw from the injured body area. Although this is a perfectly understandable reaction to pain, only by returning attention to the injured area does one bring the spiritual element into the healing process -- an element that physicians have long innately recognized as a key element in speeding the healing process.

"Assists are incredibly valuable for athletes because they reduce pain and enable healing to progress at a faster rate," says Mercon. "This makes training easier and minimizes any setback from an injury. I have found them to be an incredible benefit."

For more information on Assists, contact your local Church of Scientology, or for a complete booklet on administering assists send \$4.25 to Bridge Publications, 4751 fountain Avenue, Los Angeles, California 90029.

compete at several locations on Lake Oswego's west side, including Waluga Jr. High. Portland's own Portland Pride professional soccer team will visit the youths during competition to provide support and inspiration.

Back by popular demand is the golf Tournament, scheduled for Saturday, September 10, at Lake Oswego Golf course. The tournament features an 18-hole individual stroke play event with shotgun start. There will be four divisions: mens and ladies ages 18-59, and senior mens and ladies ages 60-plus.

The golf tournament is limited

to the first 72 contestants who sign up; entry forms will be available after August 1 at various local merchant's shops and at the golf course. Trophies and prizes will be awarded to the winners, including a 1994 Cherokee jeep for a hole-in-one on #10.

The third annual Tennis Tournament rounds out the sporting competition as Lake Oswego High School again hosts both single and doubles competitions. Each tennis entrant will be placed on a six-member team; teams will play a minimum of two matches per player, with a maximum of five matches during the

event. Matches are held Saturday and Sunday, 9 am - 5 pm. The two-day format will allow for 16 teams to participate. Anni Miller, tennis pro and owner of Team Northwest, is coordinating this year's tournament, and expects a high turnout. Entry is limited to adults 21 and over; there is an entrance fee.

Competition play, including locations, fees, and times for all sporting events will be listed in the Festival Guidebook, the events calendar for the entire three day Festival available at most shops and services in Lake Oswego.

"BLOOD, SWEAT & CHEERS"

National pride and honor in the ring are at stake in "Blood, Sweat and Cheers," as American pro boxers Tommy Morrison, Merciless Ray Mercer, Refael Ruelas and Zachary Padilla meet an all-star British lineup in a quadruple pay-pre-view event, Sunday, Oct. 23, live from Hong Kong. Featured are three world title fights, slated for 12 rounds and a 10-round heavyweight

bout. Beginning at 10 p.m. ET/7 p.m. PT, on Saturday, Oct. 22 in the U.S., Morrison (41-2-1 35 KOs) will try to regain his World Boxing Organization crown against devastating knockout artist Herbie Hide (26-), 25 KOs). In a second heavyweight battle, Mercer (23-1-1, 16 KOs) meets three-time world title challenger Frank Burno (37-4, 36 KOs).

Two world champions from California, Ruelas and Padilla, will put their titles on the line in potentially explosive matchups. Ruelas' International Boxing Federation lightweight belt will be at stake against gritty Billy Schwer (25-1, 20 KOs) and boxing's most-active puncher, Padilla makes the fifth defense of his WBO junior welterweight championship against rugged Ross Hale (23-1, 16KOs).

WHO HAS STRONGEST ARM IN THE WORLD?

Yukon Jack World Arm Wrestling Championships On Friday, August 26 In San Francisco -The world's strongest biceps to battle for \$15,000

Come Friday, August 26, the city of San Francisco will be up in arms...

The biggest and baddest arms in the world...

The strongest arm wrestlers in the world including four-time Yukon Jack World Heavyweight Champion John Brzenk and three-time Yukon Jack World Women's Champion Sot Jones, will battle in the nationally televised Yukon Jack World Arm Wrestling Championships on Friday, August 26 at 11:30 AM at Justin Herman Plaza at Embarcadero Center in San Francisco, California. The sports

spectacular will air nationally on The Nashville Network.

John Brzenk, a 29-year-old airline mechanic from Sandy, UT who weighs only 200 pounds, pinned a 500-pound opponent to win last year's Yukon Jack heavyweight title. The reigning world champion began arm wrestling at the age of 16 when he illegally followed his father into taverns in Chicago and beat men twice his age.

Jones, at 6-foot-4, 240 pounds is considered that strongest woman in the world. The former five-time NCAA All-American shot putter has lost only one match in her entire eleven year arm wrestling ca-

reer. She will be joined by fellow defending titleholders John "Ice man" Walker (middleweight), and Allen Fisher (lightweight) in the tournament which culminates the year-long, 26-city Yukon Jack circuit.

In addition to a great deal of pride and glory, at stake will also be the \$2,500 prize awarded to each weight class champion. Runners-up in each division will earn \$1,000, while third place finishers take home \$250.

"The prize money, which is the largest in the sport, is a great incentive," said Brzenk "But winning the Yukon Jack championship proves without question that you are truly the best in

the world."

The 1993-94 Yukon Jack World Arm Wrestling Championships kicked off in November in Minneapolis, MI, and events were staged in major cities across the country including Chicago, Boston, Detroit, Baltimore, Seattle, San Diego, Milwaukee, Sacramento, Denver, Colorado Springs, Portland, Tampa, Orlando, East Rutherford, Albuquerque, Buffalo, Syracuse, Rochester, Providence, New Haven, Springfield, and Hartford.

Winners from each regional tournament in one of four weight divisions; men's lightweight, 0-160, men's middleweight, 161-190, men's heavyweight, 191-over, and a

women's open division qualified for the world championships and the 1993 Yukon Jack champions earn an automatic berth in this year's championship.

More than 2,000 competitors participated in the Yukon Jack World Arm Wrestling Championships, sanctioned by the American Arm Wrestling Association, helping to raise \$15,000 for the National Multiple Sclerosis Society, the official charity for the program.

After crowning this year's world arm wrestling champions, the Yukon Jack Arm Wrestling Championships will begin its seventh season of competition in October 1994. For more information, call the Yukon Jack hotline at 800-229-4758.

Major League Baseball



Hi! My name is D'von Jacobs I played little league baseball for the first time this year. I was enjoying major league baseball, mainly Ken Griffey Jr. and his fantastic season. I hope that President Clinton would step in and do something or maybe even Hillary regarding the Baseball strike.

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