

RELIGION

In Loving Memory



Of Helen Redditt Todd
June 9, 1932 - August 13, 1994

Helen Redditt Todd was born June 9, 1932 in Greenwood, Miss. to Sammy and Irma Redditt. Her early life was spent in Greenwood and she moved to Portland, Oregon, August 1944.

She was a resident of Vanport, Oregon during the flood, and these experiences were told to her children. Helen attended school in Vanport, later graduated from Lincoln High School, Portland, OR.

She was married to Eddie Todd, Nov. 3, 1955 who preceded her in death, Jan. 23, 1994.

She loved people and the sport of bowling occupied pleasant times with friends.

She was employed as a store clerk and was dedicated to her family.

Helen was a member of Bethel A.M.E. Church with her parents in the early years, but requested a new commitment by baptism, Rev. Fred Wilson, Assistant Pastor of Bethel A.M.E. Church July 1994 officiated.

Services will be held at The Killingsworth Little Chapel of the Chimes on Thursday, August 18, 1994 at 11:00 A.M. Burial will be at The Rose City Cemetery.

Marketplace Taking Lead In Health-Care Reform

(NU) - Americans consider three issues to be top priorities for health-care reform: controlling costs, maintaining quality and increasing access, according to a recent survey by Blum & Weprin Associates, released by the NBC television network.

But what many Americans may not know is that the health-care marketplace is already reforming itself.

Increasing evidence suggests that all three issues are being addressed by market changes largely fostered by health maintenance organizations (HMOs) and other managed-care companies. These groups offer consumers a choice of doctors and hospitals at a lower price than traditional indemnity plans charge.

According to the Group Health Association of America, the average rate of HMO cost increases has gone down each of the last five years. The cost for HMO coverage is now 19 percent lower than the average cost of traditional indemnity plans and the gap is widening.

HMOs Working

Even though HMOs cost less, they tend to provide more comprehensive benefits than traditional coverage, offering preventive services like prenatal care, immunizations and mammographies. Yet, none of these results seem to be at the expense of quality or member satisfaction.

A recent survey conducted by the Health Institute at New England Medical Center found that HMO members were significantly more satisfied with their overall care than those with traditional indemnity insurance, including such factors as cost of care, paperwork and customer service.

In the last ten years, the number of people covered by HMOs has nearly quadrupled to 50 million. And, as HMO membership continues to grow, the managed-care industry has taken initiatives to help maintain and enhance high-quality care.

"It's imperative that the managed care industry sets high-quality standards for the millions of people it serves," said Dr. William Roper, president of The Prudential Center for Health Care Research and former director of the U.S. Center for Disease Control and Prevention.

"Through the studies we conduct at the Prudential Center, we can measure and improve the quality of care delivered to our members."

Consumers can also receive objective reports on HMOs from external organizations. For example, the National Committee for Quality Assurance, an independent, non-profit organization, recently announced its first list of accredited health plans. NCQA judged plans on more than 50 criteria within six categories related to quality care. Prudential was the first health-care company in the country to voluntarily have all of its plans reviewed.

"NCQA accreditation provides consumers with a guarantee that their health plan has stringent quality-improvement programs in place," said Dr. Roper. "We believe all health plans should undergo such a review."

In Loving Memory

Erma Jeannette Jones-Martin

Born June 27, 1944 in Little Rock Arkansas and she went to rest on August 14, 1994.

Jeannette was a very loving wife, mother and good friend to all that knew her.

She will be missed by everyone she touched. You didn't half to really know her for her to help, she was always there. Jeannette rest in peace and love.

Services will be held at Morning Star Church on August 19, 1994 106 N. E. Ivy, Portland at 11:00 am.



How Crippling Back Pain Is Successfully Treated

(NU) - Does your back ache? If the answer is "yes" and if your lower back or legs are painfully tingling, weak or numb, you may suffer from a common condition associated with arthritis called spinal stenosis.

It afflicts many people over the age of 55 and, until recently, there was little help for it. Often the condition progressed until walking became too difficult and sufferers became chair- or bed-ridden.

Your spine carries the main trunkline of your nervous system. With its connected muscles, the spine allows you to walk upright. It is vulnerable to many ailments. Until recently, spinal stenosis was a diagnosis that usually meant a lifetime of discomfort and perhaps paralysis.

Now there is some good news. Take the case of Paul Blake, 78, who lives in Port Richey, Fla. Walking was once torture for him and his future had a wheelchair in it. His doctors told him there was nothing they could do.

He was recommended to the Florida Spine Institute in Clearwa-

ter, Fla., one of the largest medical centers in the nation specializing in treatment of neck and back pain.

Quicker Recovery

After a complete physical examination that confirmed stenosis, Blake was offered a conservative regime of medication, physical therapy, injections, biofeedback and lifestyle changes. Then surgery was added as the best solution to his condition.

"My recovery was quicker than I thought it would be," Blake says. "I have no pain now, and I can do anything I want to do."

He bowls, golfs, goes fishing and rides a bicycle — activities he was unable to do for years before treatment at the Florida Spine Institute.

There is a core clinical group of 13 board certified/eligible physicians including fellowship trained orthopaedic spine surgeons, physiatrists, neurologists, pain psychologists and neuroradiologists.

The high technology for accurate diagnoses includes MRI, CT scanners, fluoroscopy and other advanced tools, all located on the FSI campus.

Enrich Your Faith

The sun is setting on summer and rising toward a season of renewal and hope. Why not welcome this change by enriching your faith? North Portland Bible College announces its evening schedule for Fall 1994 beginning August 29 through December 15.

Classes begin at 7:00 p.m. and end at 9:00 p.m., Mondays, Tuesdays and Thursdays. Highlights include Youth Ministry, World Christian Outreach I/IIa and Bible Interpretation.

For more information call 288-2919 or 287-0885.

ADVERTISE IN
The Portland Observer
call 503-288-0033

The Little Chapel Of The Chimes

Funeral Home
Cemetery - Memorial Garden

Lombard Chapel
3018 N. Lombard
Portland, Oregon 97217
503-283-0525

Killingsworth Chapel
430 N. Killingsworth
Portland, Oregon 97217
503-283-1976

Mt Olivet Baptist Church

Has moved Sunday services to
Family Life Center, 8725 N. Chautauqua Blvd., at Willis Blvd.

Worship Services 8:00am & 11:00am,
Church School 9:30 to 10:30am,
Bible Study, Wednesdays, 116 NE Schuyler, 10:30am & 7:00pm
Radio Ministry each Sunday, 8:00am on KBMS
A Teaching Church With A Reaching Ministry
Dr. James E. Martin, Senior Pastor
Church Office 116 NE Schuyler St. • (503) 284-1954

St. Paul Missionary Baptist Church

8101 N. Fiske Avenue • Portland Oregon 97203
Church Phone: 289-0147 • Study Phone: 289-1911

Sunday Service 10:45
Sunday School 9:30
Bible Study 6:00
Evening Service 7:00pm

Pastor, Re. James C.E. Faulkner

We Welcome You to The Greater Saint Stephen Missionary Baptist Church

"Serving The Lord With Gladness" Psalm 100:2
Sunday School 10am
Morning Worship 11:05
Wednesday
Prayer & Bible Study 7pm
Rev. G.L. Black I Pastor
3605 N.E. Mallory Ave.
(503) 281-8117 Portland, OR 97212

Reformers Take A Look at Charity Hospitals

(NU) - When Kimberly Ann was discharged from a children's hospital in Philadelphia recently, her bill came to \$00.00.

As America grapples with health-care reform, charity hospitals that offer free care are getting more interested scrutiny.

Kimberly Ann was treated at one of the 22 Shriners Hospitals for Crippled Children, whose ability to provide free, sophisticated care to families that can show legitimate need is possible completely through private donations.

Shriners Hospitals do not accept third-party payments from insurance companies, and they receive no federal, state or local funding for the care or services provided to the children.

Shriners' officials estimate their expenses are at least 25 percent lower than other hospitals because they can bypass the paperwork shuffle involving federal and state funding and insurance reimbursements.

"Obviously, the government is not going to establish a health-care system exactly in the same manner in which Shriners Hospitals provide free care, since we make use of an endowment fund," Shriners' director of Public Relations Mike Andrews says. "But we're seeing an extraordinary amount of interest in our system as the health-care debate goes on."

10TH YEAR Anniversary Party Honoring

THE GREATER ST. STEPHEN M.B.C

Date AUG 19TH Time 7:30 PM

Given By THE GREATER ST. STEPHEN M.B.C. FAMILY

Place THE GREATER ST. STEPHEN M.B.C. 3506 N.E. MALLORY AVENUE

FRI. 8/19 7:30 P.M. AT GSS M.B.C.

SAT. 8/20 BANQUET 6:30-9:00 P.M AT J.J. NORTH'S - 10520 NE HALSEY.

RSVP

SUN. 8/21 CLOSEOUT 3:00 AT GSS M.B.C.

St. Mark Baptist Church

103 NE Morris St., Portland, OR 97212

- Sunday School - 9:30am
- Sunday Morning Worship Service - 11:00am
- Sunday School Teacher's Meeting Tues - 6:30pm
- Bible Study Wednesday 6:00pm
- Prayer Meeting Wednesday - 7:00pm

Church Phone Number
287-7457

We Invite You To Come And Worship With Us.
The Church Where Everybody is Somebody And Christ Is All.
Dr. Joe S. Hardie, Pastor

FAITH TEMPLE CHURCH

4224 S.E. 62nd Avenue
(between Powell & Foster)
Portland, Oregon 97206

- SUNDAY
Sunday School 9:30am
Morning Worship 10:45am
Evangelistic Service 7:30pm
Tuesday Pastoral Teaching 7:00pm
- FRIDAY
Evangelistic Service 7:00pm
- DAILY
Prayer 12:00pm & 6:00pm



(503) 774-5470

PASTORS: Bishop Robert Simpson, Jr. • Dr. Ida M. Simpson