

# METRO

# Life

The Portland Observer

SECTION B

## Community Calendar

### Fun Days Coming to Area Pools

Among the most popular events each summer at the Portland city pools are Fun Days. A Fun Day is like a huge pool party for young swimmers. Kids can participate in a wide range of activities including the Biggest Splash Contest, Penny Dives, Water Basketball Free Throw Contest, and other action packed aqua-games. Don't be left high and dry. Make a note on your calendar for the Fun Day at your neighborhood pool.

#### FUND DAY SCHEDULE FOR JULY:

- July 12 - Buckman Pool, 320 S.E. 16th, 823-3668.
  - July 13 - Dishman Pool, 77 N.E. Knott, 823-3673.
  - July 14 - Pier Pool, N. Seneca and St. Johns, 823-3678.
  - July 19 - Sellwood Pool, S.E. Seventh and Miller, 823-3679.
  - July 21 - Peninsula Pool, 6400 N. Albina, 823-3677.
  - July 26 - Columbia Pool, 7701 N. Chautauqua, 823-3669.
  - July 27 - Mt. Scott Pool, 5530 S.E. 72nd, 823-3676.
- For more information on all Portland city pool activities, call the pool hot line at 823-SWIM.

### Summer Swim Teams Forming

A competitive swim program is available this summer at many of the Portland city pools. The program is open to young swimmers through the age of 17. Participants must be able to swim the length of the pool, crawlstroke and backstroke. Daily workouts will be offered with several Saturday morning dual meets scheduled in July and August. The city-wide championship meet will be held in late August at the Wilson pool. There is a fee of \$45 for each participant.

### Pools Offer Lifeguard Training

Junior lifeguard training classes will be offered this summer at many of the Portland city pools. The classes are open to kids from 11 to 15 years old and teach a variety of skills including first aid and CPR. Classes meet for three hours per day, Monday through Friday, for two weeks. There is a \$45 fee to cover registration and uniforms.

### Signs-Ups For Swim Lessons

There is still time for parents to register their children for summer swim lessons at the Portland city pools. Lessons are available for all age groups and ability levels. A typical session includes 10 lessons for \$20 (\$30 for non-residents).

### Library Book Drive Prepared

The largest weekend used book sale in Oregon, a fundraiser for the Multnomah County Library, is expanding to bigger quarters. The 1994 Friends of the Library Annual Book Sale will be held at Eastport Plaza, Oct. 1 and 2, with a Sept. 30 pre-sale for Friends of the Library members. The expansion into spacious quarters brings a great cry from the scores of volunteers who hand sort books for the sale, "We need more books, now!" A book drive will make it easy for library lovers to donate their books. During the last two weeks in July, books can be dropped off at any branch library. Text books more than six years old are not wanted, neither are Reader's Digest, condensed books, ragged and abused books or magazines. If your donation is too large to take to the library, who can call 248-5439 for assistance.

## Bike Helmet Law Starts July 1



Police Officer Shelly Kirkland guides a student through an obstacle course on the playground at Applegate Elementary. The students were getting tips on bicycle safety. Free bicycle helmets were donated by Kaiser Permanente to children at Applegate, Ockley Green and Beach elementary schools.

**C**hildren in Oregon will soon be required to wear protective headgear on streets, sidewalks, parks and other places open to the public.

The new state bike helmet law goes into effect July 1. It's aimed at any bicycle operator or rider under 16 years of age. The headgear must be labeled ANSI or Snell approved, standards and specifications for safe protective headgear as adopted by the Oregon Department of Transportation. The failure to wear the helmets can result in a \$25 fine, charged to the legal guardian if

the child is 12 or younger. For youth over 12, the citation may be issued to the child or legal guardian.

The fine may be waived for the first offense if the person proves that they have obtained the necessary helmet.

#### KAISER FITS CHILDREN WITH BICYCLE HEAD GEAR

Kaiser Permanente has given about 3,000 bike helmets to students at Applegate, Beach and Ockley Green schools in hopes of reducing bicycle-related injuries and deaths.

Oregon's mandatory bicycle helmet law goes into effect July 1.

Dr. Ellen Hall, a pediatrician for Kaiser

Permanente, says wearing a bike helmet is crucial to preventing head injuries and deaths among children.

"We're concerned about how few children in our communities have helmets," said Hall.

Nationwide, there are about 1,000 deaths a year in bicycle accidents, most from head injuries. Half involve children. Even though bicycle helmets could prevent most of the deaths and disabling injuries from these accidents, up to 90 percent of Oregon children are riding without helmets.

In addition to wearing a helmet, obeying the rules of the road is essential in safe bike riding.

Officers from the Portland Police Bureau's Bicycle Safety Unit volunteered to teach traffic safety classes at the three North Portland schools.

"Before each student is given a helmet, we want to make sure they get basic safety instructions for riding a bicycle on the streets," says Commander Alan Orr. "Bicyclists, like vehicles, need to abide by traffic laws."

The Community Cycling Center at 24th and Alberta Street provided the bicycles for the training sessions.

The bicycle campaign is part of Kaiser Permanente's efforts to promote bicycle helmet use for all individuals.

### Salvation Army Greenhouse Prom For Homeless Teens



Volunteer Angela Beauchaine helps Kris Zuiderveld pick out shoes.

**T**he Salvation Army Greenhouse emergency services center is making June 25 a night to remember for homeless youth by hosting a prom.

Featuring the theme "Return to Woodstock," the Greenhouse Prom offers food, music and prizes. Over 150 homeless youth ages 13-21 will attend the event at Tiffany Center.

"The Greenhouse Prom gives these kids the chance to capture a special part of youth they otherwise would miss out on," said Fred Hollinger, director of the center. "We greatly appreciate the support we have received from the community and sponsors. Without donations, none of this would be possible."

Established five years ago, the prom is

made possible strictly through donations of money, formal wear, and goods and services. Many local companies also have stepped forward to provide limousine rides, catered food, flowers and photography to help make this once-in-a-lifetime opportunity possible. They include Soloflex, Inc., International World of Weddings, Cromwell Formal Wear and Stan Wiley Inc., Realtors. Music is provided by Mobile Music Entertainment Services featuring Z-100 radio's Scott Lander as disc jockey.

The Salvation Army Greenhouse provides emergency services for homeless youth including meals, crisis counseling, alternative schooling, and job placement assistance. The center serves 1,000 homeless teens each year.

### PSU Opens Business Outreach Center In North Portland



Alan Zeiber (left), director of PSU's Business Outreach program, offers advice to Fran Jaeger, president of Elite Electronics in north Portland.

**P**ortland State University's School of Business Administration has opened an office in north Portland to provide technical assistance and networking opportunities for emerging businesses.

The PSU Business Outreach Center recently opened an office in the Cascade Plaza, 4134 N. Vancouver Ave. (at North Skidmore Street).

"This is a prime location. A lot of businesses owned or operated by minorities are nearby, and we can help them directly," says Alan Zeiber, director of PSU's Business Outreach Program and an instructor in the university's business school. "We wanted to come to the businesses instead of asking them to find us."

The program provides mentoring and technical assistance to business entrepreneurs. Through its work with individual businesses, the center also affords PSU business students with real-life projects and will enable students to increase their internship opportuni-

ties. "Our approach is informal. We want small businesses to be comfortable with us. We're more interested in results than paperwork," says Zeiber. "Small businesses are sometimes intimidated by large entities."

Zeiber has 20 years' experience in working with small businesses, as a consultant in Montana he worked with more than 100 small businesses. He also has done consulting work for the utilities industry, and has operated several of his own businesses. He has been asked to serve on the federal Small Business Administration's Region 10 Advisory Council and was recently a roundtable member of the Oregon Enterprise Forum, which helps Oregon's many small businesses learn from the successes of dynamic young companies and industry leaders in the region.

"This program is part of PSU's mission. It gives us an permanent, ongoing mechanism to relate to businesses and their needs," says Roger Ahlbrandt, dean of PSU's School of

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