## **Tennessee State Earns Dual Accreditation**



Tennessee State University's College of Business has received dual accreditation for its undergraduate and graduate schools. Celebrating the history-making event were (from left) Robert McNeilly, president of First American Trust Co. and co-chair of the TSU President's Advisory Council; Taylor H. Henry, CEO and chairman of Shoney's, Inc. and TSU College of Business Board of Advisors member; Debra Scott-Ensley, vice-president of Citizens Savings Bank and Trust Co. and TSU College of Business Board of Advisors chair; Dr. James Hefner, TSU president; and Dr. Tilden Curry, TSU College of

### **Nationwide Grassroots Policy-Development Effort Spotlights Oregonians Comments**

tening to America" public meeting in Portland, Thursday, June 2, when the National Policy Fothe concerns and ideas of salmon fisherman, loggers, timber industry representatives, small business owners and workers and others who have concerns and ideas to offer about government natural resources policies.

reversal in the policy-development we want to listen to the ideas of Americans who deal directly with our nation's key challenges in their everyday lives," said National Policy think it's time for the voices of Or- across the country. The ideas pre-

Tables were turned at a "Lis- egon citizens to be heard in the national policy debate."

U.S. Sen. Mark Hatfield (Ore.) sought out local viewpoints on govrum sought out and spotlighted ernment natural resources policies at the June 2 "Listening to America" forum at the Portland Mariott in Portland. The meeting was open to the public, free of charge.

The National Policy Forum: A Republican Center for the Exchange of Ideas was launched in 1993 to "We think it's time for a role- reinvolve the American people at the grassroots level, regardless of their process. Instead of focusing on what party affiliation, in the national policy a few national 'experts' have to say, debate. Through its "Listening to America" project, the Forum is seeking ideas that work in meeting the director, Salmon for All; Ted Strong, nation's challenges from Americans executive director, Columbia River at 60 public meetings and through Forum Chairman Haley Barbour. "We other outreach efforts in communities

sented at these local meetings will help shape national policy recommendations, to be issued by the Forum in July 1994.

The June 2 meeting in Portland focused on participation from the audience. Attendees were encouraged to voice their opinions about government policies focusing on salmon recovery and the timber industry. A panel composed of Oregon citizens with first-hand involvement with these issues kicked-off the dialogue by sharing their experiences. Panelists included: John Palmizano, Ph.D., independent consultant/certified fisheries biologist; Bob Eaton, executive Intertribal Council; John Hampton, president and chief executive officer, Willamina Lumber Co.

### Father's Day Hints For Fathers-To-Be

Lewis and Clark Chapter of the March of DImes Birth Defects Foundation has outlined suggestions to help a fatherto-be prepare for the journey to fatherhood -- and help his partner have a healthy pregnancy and a healthy baby.

A father can play a very important part in the birthing process by being involved throughout pregnancy and childbirth. Together, both partners can be ready for the baby's birth. A father-to-be can learn about his role in labor and delivery. Getting involved helps both partners feel relaxed and secure.

A father-to-be is instrumental in establishing and supporting a healthy lifestyle and environment for the motherto-be. This can be done by eating a variety of foods that are good for a mom-to-be; by encouraging his partner to quit drinking or doing drugs; avoid smoking, second hand smoke from a father is unhealthy for baby; by exercising together, a pregnant partner to have regu-

For Father's Day, the as long as it's not too strenuous lar prenatal care checkups and and her doctor approves it; even accompany her on these share the housework, particularly those involving chemicals that should not be inhaled by a pregnant woman; and keep stress at a minimum, interpersonal conflict is reported to be a key source of stress during pregnancy and studies show that when a woman reports high stress during pregnancy, her baby is more likely to be born thers-to-be about the important with health problems.

It is also beneficial for a father-to-be to take the time to learn about pregnancy and childbirth. By reading books, talking to other fathers, or taking childbirth classes, a fatherto-be can not only provide support to his partner, but also find answers to his own questions and fears about the national voluntary health birthing process.

Pregnancy is a time of great change in a woman's body and emotions. Pregnancy and birth can be a safe and healthy time when both partners learn and understand more about it. A his partner and his unborn father-to-be should always urge munity services, education and

visits.

Keep the channels of communication open. It is important to talk with your partner about your feelings so you can understand and support each other now and after the baby arrives.

The Lewis and Clark Chapter would like to remind all farole they play in a healthy pregnancy. Even before conception and all throughout pregnancy, an expectant father can take positive steps to help his partner have a healthy baby. For more information contact the Lewis and Clark Chapter of the March of Dimes at (503) 222-9434.

The March of Dimes is a agency whose mission is to improve the health of babies by preventing birth defects and infant mortality. Through its Campaign for Healthier Babies, the March of Dimes funds programs of research, com-

# **Wendy's Founder Honored For Adoption Cause**

Wendy's founder and advertising spokesperson Dave Thomas was presented the first ever Humanitarian Award from the National Association for the Advancement of Colored People for his efforts on behalf of the cause of adoption. The presentation was made at the NAACP Corporate Awards luncheon in New York City.

The award, presented by Dr. William F. Gibson, chairman of the NAACP board of directors, reads: "In tribute to a rare human being who pursued a remarkable career to the top of a multibillion dollar business. In salutation and appreciation for his leadership in promoting the adoption of children across this nation who need homes and loving families. For all this and for demonstrating that the American dream not only can be pursued but also can become a reality."

The NAACP has endorsed Thomas' efforts to generate awareness for the adoption of special needs children in America.

"This is a tremendous honor to be recognized by such a highly re-

spected organization as the NAACP tion in this country. for promoting a cause so near to my

do or where to start.

home and love," said Thomas. "Ev- adoption benefits, up from 12 percent ery child deserves the same." in 1991.

Thomas has made an impact on

To encourage corporate involveheart," said Thomas. "I know from ment, Thomas has written personal personal experience the value and letters to Fortune 1000 CEOs and importance of a child having a per- food service executives, sharing the manent home and love of a family." advantages of benefit programs to Thomas, adopted at six weeks both employees and the corporation. old, was asked by former President Wendy's provides eligible company Bush in 1990 to serve as a spokesman employees up to \$4,000 per adopted for the White House initiative "Adop- child to cover fees and legal costs as tion Works...For Everyone," an effort well as time off with pay. The proto raise awareness among Americans gram offers up to \$6,000 for adopabout the large number of children tions of children with special needs. presently awaiting adoption. He be- Since Wendy's began the program in lieves there are an equal number of 1990, 19 children have been adopted adults willing to give these children a by employees and two more adoptions loving home, but don't know what to are pending. Hewitt Associates, a benefits consulting firm, estimates "I was adopted as a child because that 18 percent of all major U.S. someone cared enough to give me a corporations now offer some level of

For the past four years, Thomas two areas of the adoption cause: urg- has boosted public awareness of chiling corporations to offer adoption dren waiting adoption through public assistance benefits for employees service announcements aired on TV, wishing to adopt, and, raising public posters, and trayliners in all 3,900 awareness of children waiting adop- Wendy's U.S restaurants.

#### Free Summer Camp

TLC-TnT is a program for students and families to promote selfesteem. The program is designed to offer everyone a chance to experience joy, fun, gratitude, tenderness, love, accomplishment and victory.

Please detach this sheet and place on your refrigerator or bulletin board as a reminder of your child going to camp.

Circle the week your child will attend camp. Each Child May Only Attend 1 Week Of Camp.

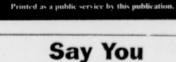
King Site June 27 to July 1 4-5 July 5 to July 8 K-3 July 11 to July 15 4-5 Aug. 1st to Aug. 5 6-8 Aug. 15 to Aug. 19 K-3 Portsmouth Site

Aug. 22 to Aug. 26 4-5 Aug. 29 to Sept. 2 6-8

Just a reminder that this camp is free and is from 9:00 a.m. until 2:30 p.m. each day.

In the fight over solid waste, we don't point fingers. We point to answers. 1-800-USA-4-KAB

Keep America-Beautiful



Saw It In... The Mortland (Dbserver

This may be the most important piece of mail get this month. We've Been

Analyzing

Listening

Learning

Two years ago, Portland area voters asked Metro to figure out what this area should look like in the next 50 years. We've worked hard to understand what has and hasn't worked elsewhere, and to understand what you want.

When this arrives in your mail in the next few days, read it and fill out the reply card. Let us know what you think. Your opinion is important to us.

600 NE GRAND AVENUE



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