

## Aloha, Oregon Family Wins Beverage Recipe Contest

Seneca Foods Announces Winner Of Crazy Mixed-Up Fruit Juice Recipe Contest

The Lum family of Aloha, Oregon has won the Seneca Foods Crazy Mixed-Up Fruit Juice Recipe contest held earlier this month at the Lloyd Center.

The Lums' recipe for "Refreshing Grape Ice," created by Lily, 35, Ryan, 5 and Krystal, 3, was selected by the event judges and the Seneca test kitchen staff for its flavor and simplicity.

"One thing we looked for in our top entries was how well the recipe showcased the new Seneca premium Juices, which were key ingredients in all recipes," explained judge Shelley E. Page, business manager at Seneca Foods in Pittsford, N.Y. "the Lums' beverages are also delicious and easy to make," she added.

The Lums will receive a one-year supply of Seneca Premium Apple, Apple Peach, Apple Pear and Blush Grape Juices. In addition, their recipe will be featured in the company's Crazy Mixed-Up Juice Recipe book-let to be published later this year.

The winning recipe was concocted at an event supported by Tran-

sition Projects, Portland. Seneca Foods made a cash donation to the organization at the end of the event, which was open to the public.

The Portland contest - and one like it in Seattle - were held to introduce local shoppers to the new line of beverages. Unlike most chilled juices, the four varieties of Seneca Premium Juices are made with primarily Northwest, not tropical, fruits. They are produced in the company's Prosser, WA, facility. All four flavors are 100 percent natural with no added sugar, artificial colors or artificial flavors.

The winning recipe follows:  
**REFRESHING GRAPE ICE**

- 1/2 banana
- 1 cup Seneca Premium Blush Grape Juice
- 1/4 cup 7-Up
- 3 cups ice
- 1 tsp. DaVinci Creme de Menthe Syrup
- 1 tsp. DaVinci Raspberry Syrup

Chop banana in blender. Add remaining and blend well. Serve. When pouring additional drinks, blend again. Yields 1 1/4 cups.

## Breakfast Bits Scones



- 2 cups flour
- 3 teaspoons baking powder
- 1 teaspoon salt
- 1 tablespoon sugar
- 2 tablespoons butter
- 2 eggs, slightly beaten
- 1/2 cup Heath Bits or Bits 'O Brickle
- ice water
- milk
- sugar

Preheat oven to 400 degrees. Combine dry ingredients in a mixing bowl. Cut in butter using a pastry cutter or a fork. Stir in the eggs and enough water to make a soft dough. (Just try it by sprinkles so that you don't make the dough too soft.) Add heath Bits. Turn the dough onto a lightly floured and knead it gently (about 12 strokes).

Roll the dough to 1/2 inch thickness. Cut into rounds or squares. Arrange on a baking sheet. Brush with milk and then sprinkle with sugar. Bake in a preheated oven for 10 to 12 minutes. Makes 12-16 scones.

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## Gifts for Mom Make Good Scents

(NU) - When you think about it, there's no reason why you can't bring a little romance into Mother's Day. Instead of dinner for two, make it breakfast in bed. And give her a glorious spring bouquet and an elegant perfume or luxurious potion for the bath.

Here are a few suggestions.

• Some say Joy from Jean Patou is "the ultimate gift from a man to a woman."

• For Mother's Day, the Travel With Joy gift set is a luxe expression of your affections, containing an 8-ounce Eau de Toilette Spray, a 3.4-ounce Body Lotion and a 1-ounce

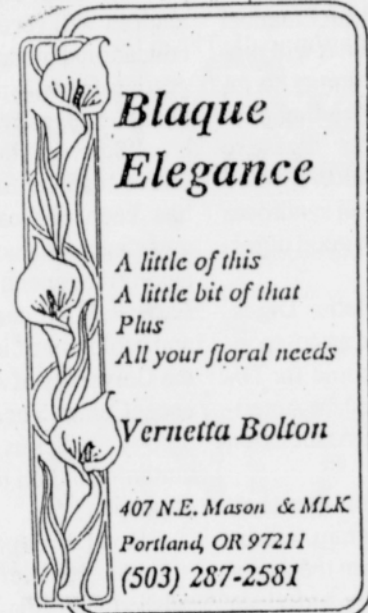
Powder, surrounded by Joy-scented rose potpourri.

Bath & Body Works, creators of personal care products cultivated from wholesome natural ingredients, has an abundance of gifts that come in pretty packages for Mom to enjoy long after the contents are gone.

## Lecture Cancelled

A lecture by Cornel West scheduled Tuesday, May 3, at Linfield College was cancelled. West was unable to keep the engage due to illness. West is the author of the critically acclaimed best seller "Race Matters" and was scheduled to deliver the Frazier Lecture at Linfield College. A replacement date is yet to be determined.

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## PDC

PORTLAND DEVELOPMENT COMMISSION

## COMMISSION MEETING

Date: May 11, 1994  
Place: Portland Building  
1120SW Fifth Ave., 11th Floor  
Portland, Oregon  
Time: 8:00 a.m.

Commission meetings are open to the public. A complete agenda is available at PDC or by calling 823-3200. Citizens with disabilities may call 823-3232 or TDD 823-6868 for assistance at least 48 hours in advance.

PDC is the City of Portland's urban renewal, housing and economic development agency.

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