

SPORTS

Ed Whalen To Speak At Coaches Clinic

BY JOHN PHILLIPS

Ed Whalen, The Colorful Sports Director and Anchor for KOIN Television will be the keynote speaker at The Oregon Black Coaches Association Inaugural Coaches Clinic Free workshop. The Theme of the clinic is Coaching The African American Athlete.

The clinic will take place on Saturday May 14, 1994 at Whitaker Middle School, 5700 N. E. 39th street in Portland. The day will start with Registration from 8 to 9 am.

Introduction from 9 to 9:15 am.

keynote speaker Ed Whalen from 9:20 to 9:45 a.m.

Starting at 10 am will be the first of two breakout sessions. Breakout session one will feature Boys Basketball with Boys Head Basketball Coaches from Jefferson High School, Bobby Harris and Mitch Whitehurst of Lincoln High School, a long with Zach Harris of Self Enhancement, Inc. Girls Basketball will have Benson coaching staff of Head Coach Dennis Carline and Assistant Sondra McDuffie along with myself.

Other sessions are Football with

Anthony Stoudamir, Jesse Williams and Sean Waller. Baseball with Ray Johnson, Troy Berry, John Harrison and Cletuis Goodlow. Tennis has Don Johnson and Andre St James. Track will have Benson's head Track Coach, Leon McKenzie. Also Robin Marks, Leon Lincoln and John Mayes. Wrestling will feature two of the best coaches in the USA, Donnie McPherson and Roy Pittman.

Breakout session two will have four different topics. Life after sports, led by former mens basketball coach at Portland Community College, John Lee and Billy Moore.

Player development will be headed by Howard Avery and Dwight Ford. Another session will be the Black Community, run by Self-Enhancement Director of Administration, Tony Hopson and Vernon Baker.

Last but not least, Coaching Philosophy, with Don Dixon, The Head Men's

Basketball Coach at Portland Community College, Marshall Haskins, former assistant coach at The University of Portland and myself.

Each breakout session will last a total of 60 minutes, 45 minutes for

presentations and 15 minutes for wrap-up and travel.

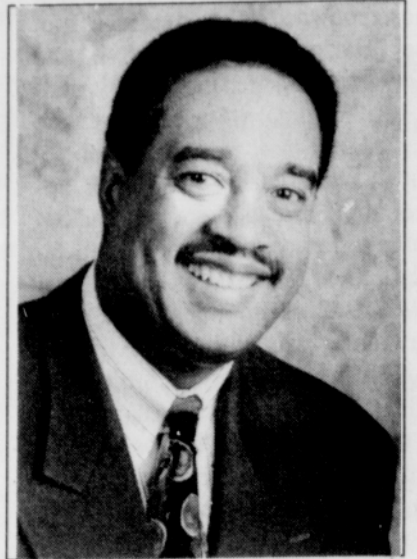
The mission statement is, to promote as well as enhance the educational and athletic opportunities for all student athletes, with the African-American student athlete being a priority.

The best thing about The Oregon Black Coaches Association Coaching clinic is that it is free. Remember May 14, 1993 at 8:00 a.m. at Whitaker Middle School.

The Oregon Black Coaches Association is open to any one who would like to get involved can write to O.B.C.A., at Post Office Box 11978,

Portland, Oregon 97221. For more information about the clinic you can call The Self Enhancement Office at 249-1721.

Remember the clinic is open to anyone, so we hope to see you all at



Ed Whalen, Sports Director and Anchor for KOIN-TV will be the guest speaker during upcoming black coaches free clinic

Whitaker Middle School on May 14, 1994 at 8:00 am.

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P.I.L. Sports Schedule

Boys Baseball:

(Wed. May 4) - Grant At Franklin
Roosevelt At Jefferson
Madison At Lincoln
Cleveland At Marshall
Benson At Wilson

(Fri. May 6) - Marshall At Benson
Madison At Franklin
Cleveland At Grant
Jefferson At Wilson
Lincoln At Roosevelt

(Tues. May 10) - Jefferson At Benson
Lincoln At Wilson
Cleveland At Madison
Grant At Marshall
Franklin At Roosevelt

Girls Softball:

(Wed. May 4) - Wilson At Benson
Marshall At Cleveland
Franklin At Grant
Madison At Lincoln
Jefferson At Roosevelt

(Fri. May 6) - Cleveland At Grant
Lincoln At Roosevelt

Franklin At Madison
Benson At Marshall
Wilson At Jefferson
(Tues. May 10) - Madison At Cleveland
Roosevelt At Franklin
Marshall At Grant
Benson At Jefferson
Wilson At Lincoln

Boys & Girls Track:

(Wed. May 4) - Grant At Franklin
(Fri. May 6) - Benson At Marshall
Lincoln At Cleveland
Roosevelt At Madison
Wilson At Jefferson
Cotton Invitational At Grant

Boys Tennis - District Tournament:

(May 5, 6, & 7) - Grant Park & Portland Tennis Center

Girls Tennis - District Tournament:

(May 5, 6, & 7) - Washington Park, Gabriel Park and Portland Tennis Center

"SPORTS TEACH US HOW TO BE SUCCESSFUL IN LIFE"

Youth sports take commitment from both child and parent, but knowing when to sit back and cheer may be a parent's hardest job.

"Sports teach us how to be successful in life," said Dr. Fran Pirozzolo, a neuropsychologist at Baylor College of Medicine in Houston. "You learn to do your best, to play within the rules, to make commitments and to be prepared."

The more emphasis that is placed on fair play, having fun and challenging oneself, the better the outcome for the child. Children often learn these values by seeing how their parents react at work and play.

If possible, Pirozzolo encourages parents to reinforce the commitment to sports by tailoring their schedules to meet their child's practice and game requirements.

But parental involvement,

Pirozzolo says, should not cross into the realm of coaching. He cautions parents to work only on the fundamentals of a sport with their child. Once a child joins a team, the instruction should be turned over to the coaches.

"At practice and games, your role is to cheerlead," he said. "Differing sets of instructions from parents and coaches can really put a child in conflict."

Pirozzolo, who is a psychologist for the Houston Astros, encourages parents to ask their child how they should behave at the game. "Children often get embarrassed when their parents yell instructions every time they step up to the plate. A simple, 'you can do it!' works best," he said.

By supporting their child at the games, parents also get a chance to

see what values the coach is teaching.

"Parents should watch out for coaches who promote rule breaking and winning at all costs," Pirozzolo said. "If parents observe what they feel are inappropriate behaviors for a coach, they should ask the coach about what they observed."

"If the behavior was out of line," he added, "the next step is to report the coach to the authorities and remove your child from the team."

Children are the sum of all their experiences, and the concepts learned through youth sports will last a lifetime.

"Never underestimate the impact sports and your support can have on a child," Pirozzolo said. "And don't pass up the opportunity to praise your child for doing his or her best, especially on the bad days."

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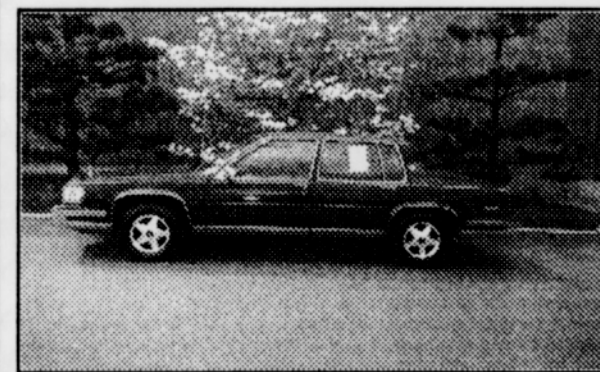


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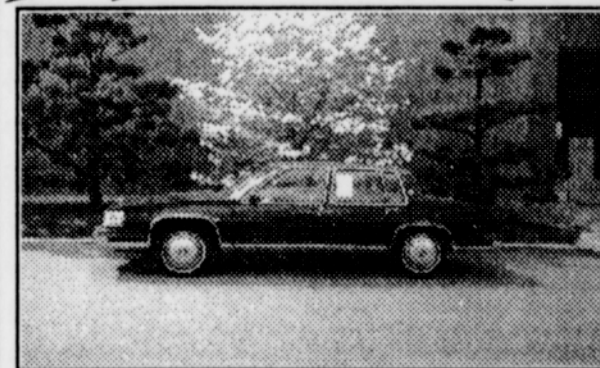


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