

Two Roads: The Influence Of The Church

During these troubled times of our emergence into a cultural society, nothing played a greater role in our lives than the church. This was a multi phasic era where even the two roads had branches and off shoots that lead to topics at later discussions.

The church held sway in both dominant and subtle influence in the home life of many blacks...

This influence was the ability of the church to dictate the direction of our socio-religious relationships.

All levels of the educatedly endowed, the economically blessed even the poverty stricken, all bathed in religions hopeful glow.

Nobody, or rather not many church-goers questioned the minister's place as shepherd of the flock.

These leaders were considered by most to be divinely called men. They were men who had a Christly bearing demeanor; and who thought out and prayed about church problems. They led their flock as men who held onto "the Staff of Redemption" They preached with effulgent power, while maintaining a temperate attitude within the body of the church...

They lead with just enough distance to be seen, yet never being lost in to the chaos of the crowd. When "The pastor" or a "visiting minister" announced a possible visit to a particular home, there was always elaborate preparations made in excited and reverent anticipation of that visit. A place of honor was usually set just for "The Reverend."

Children never made unusual noises, or disturbing racket during that visit. In-any-way. If you made the

dumb mistake and did disturb the visit, later after the minister had gone, your literal hide was tanned, and real good.

On Sundays alongside the pastor, the choir played an important part to the overall service.

The choir director was usually so prayed up, spiritual and in tune with the pastor that he or she intuitively knew when to "Come In" with that hum, or a support song. They would keep their eyes on the pastor, smile, say a loud "Amen Reverend", rock from side to side, and be a drunk major or majorette in God's service.

During the week following the service, the choirs special number or the sermon hymn could be heard in homes or wherever the spirit moved you to sing them. People thought of the church and tried to incorporate its teachings in to every aspect of their daily living. Church goes talked openly, unabashedly, candidly, and every other about their church. You could hear at any time of day or night someone "breaking out" with I know I am a child of God because He is so good to me." Fathers and mothers rose early on Sundays to lead and take the children to church.

Everyday a prayer was heard around a dinner table. Prayer was said without fail at bedtime. School classes were not started without a prayer.

At lodge or political meetings a prayer was said at the start and many times as a benediction.

Men, because of their religious affiliations, would settle huge significant business transaction with just a hand shake. Black colleges and voca-

tional schools all exhibited a religious foundation.

For those young blacks who showed promise to become leaders and professional people someday, they were sent to schools whose instructors represented homes with a strong religious background. Our Founding fathers were all men and women who were deeply rooted and grounded in the church.

These people were bold speakers, daring adventurers, outspoken representatives of our communities, fearless in the face of danger, innovative thinkers of the future, profound thinkers of their day, compassionate to the downtrodden, and very spiritual.

My own teaching and learning about myself, my motivation for progress, may inspired creative ideas, opportunity to perform and deep inspiration for my God and His son, was born in the church.

I watched my dear mother, Edna Williams sing in the choir, inspire other inept souls to action, and personally heard her testimonies in church. My joy is now after 66 years of her going to church, she still does not miss a Sunday at 80 years old and still going strong.

I salute our present shepherds, who still in the face of what seems like insurmountable odds, for the black church to overcome... I salute you for standing and fighting. We who are holding on to the iron rod of God. Still love and support you...

As one great apostle once said: I press toward the mark for the prize of the high calling of God in Christ Jesus."

Detoxification Program Provides New Evidence Of Agent Orange Harm

A revolutionary detoxification or Purification program which effectively reduces toxins stored in the fatty tissue of the body provides dramatic new evidence supporting what veterans have been claiming for years—that exposure to the defoliant Agent Orange in Vietnam created repeated health problems for thousands of Vietnam Veterans. The health of veterans exposed to Agent Orange has been the subject of a continuing controversy for over a decade.

The new program, developed best-selling self-help author L. Ron Hubbard and detailed in his book Clear Body Clear Mind, has been increasingly used to handle adverse effects from all types of chemical and environmental pollution. Doctors associated with Health Med in Los Angeles, Megan Shields and David Root say it is the first program of its kind that actually works. And independent studies, including those published by the Swedish Academy of Sciences and the World Health Organization's Agency for Research on Cancer, have found that it does significantly reduce toxins which have accumulated in the body over long periods of time.

Results from number of veterans who were exposed to Agent Orange in Vietnam and who now have completed the program indicate that the long-term side-effects of Agent Orange exposure may go far beyond just the currently claimed increased of cancer and birth defects. Mental problems with as depression, increased anxiety and stress, and even chronic

migraine headaches may all be linked with Agent Orange, particularly when combined with the other toxins from environmental pollution.

Veteran Roger Tindall's chest still bears the scars of open bleeding sores he developed a week after being directly sprayed with Agent Orange. These did not go away until he did the Purification program over 15 years later. "I also suffered from depression and anxiety attacks which also disappeared immediately after doing the program," said Tindall.

"Upon returning from Vietnam, I had continual problems with rashes all over my body, lover problems and continuous migraine headaches," said another veteran, Steve Huff, who served with a Marine Air Traffic Control Unit in Vietnam a couple miles from an area regularly sprayed with Agent Orange. "My wife also had two miscarriages and had not been able to get pregnant since then.

"Where I was stationed, the wind was constantly blowing and I have no doubt that wind-born dust which constantly covered everything was sometimes saturated with Agent Orange. After doing the Purification program, these health problems disappeared and my wife got pregnant. We now have three children."

The effectiveness of the Purification program may open the door to a new method to investigate the long-term side-effects of Agent Orange exposure.

A \$43 million dollar Federal study by the Centers for Disease Con-

trol (CDC) bogged down and then was canceled in a dispute over identifying which soldiers were exposed to Agent Orange. Blood tests proved unreliable in determining Agent Orange exposure because, after 20 years, chemicals like the Agent Orange component dioxin (which is believed harmful at levels measured in parts per trillion) are lodged in fatty tissues.

In addition, the CDC study found that when compared to men of the same age who did not serve in Vietnam, only non-Hodgkin's lymphoma, one rare cancer type out of the six investigated, was more prevalent in veterans. And no connection between Agent Orange and the cancer was found. "But everyone in America is so riddled with toxins, including the Agent Orange component dioxin, that all previous studies may be flawed on this point. Research by Arnold Schectoe, a professor of preventative medicine at State University of New York in Birminghams, has indicated that everybody in America has dioxin and its chemical cousins in their bodies.

On the other side of the continuing dispute, the Government may claim that billions of dollars in compensation may no longer be warranted, even if health problems are finally linked to Agent Orange, now that detoxification is possible using a program which generally only takes a few weeks to complete.

Sponsors Invited For Summer Program

The Oregon Department of Education is looking for organizations to sponsor summer food service programs for children.

"Many children lose an important source of nutritious meals when schools close for summer vacation," said Rachele Bagley, child nutrition director for the Department. "Needy families often do not have the resources to adequately replace these meals."

Sponsors receive cash reimbursement for operating and administrative costs. Payments are based on the numbers and types of meals. A higher rate is available to sponsors in rural areas or to those which prepare their own meals."

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riculture commodity foods are available.

Sponsors must be a public or private nonprofit school food authority; public or private nonprofit residential summer camp; unit of local, municipal, county, tribal, or state government, college or university sponsoring a National Youth Sports Program; or a private, nonprofit [IRS approved 501 (c)(3)] organization.

Sponsors must complete an application, attend a workshop, and demonstrate ability to operate a program and comply with regulations.

They must demonstrate that meals sites (other than camps) will meet geographic or enrollment criteria. A site is geographically eligible if it is located in an area (usually a school district or census tract) in which 50 percent of the children qualify for a fee or reduced-price school meal. A site is enrollment eligible if 50 percent of the children enrolled can be documented to qualify for a free or reduced-price

school meal.

Approved programs must furnish free meals to children, up to age 18, regardless of family income. In addition, anyone attending a school program for people with disabilities may also participate.

A school district may sponsor a program or provide meals for a sponsor.

Programs are especially successful when connected to organized cultural or recreational programs.

Eligibility for the program is without regard to race, color, national origin, age, sex, or handicap. Anyone who believes he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

For further information about this program and/or an application to participate, contact Child Nutrition Programs, Oregon Department of Education, at 378-3579.

COCA-COLA AND THE NBA TEAM UP GLOBALLY

New Worldwide Partnership To Build International Fan Excitement

Responding to burgeoning worldwide interest in the National Basketball Association and its dynamic superstars, The Coca-Cola Company today announced a groundbreaking, global agreement which significantly broadens its marketing relationship with the NBA.

"This joint effort marks the first-ever globally integrated marketing alignment of the brand Coca-Cola with one professional sport," said M. Douglas Ivester, executive vice president and principal operating officer/North America, The Coca-Cola Company. "It also conforms to the emerging global sports marketing strategy for Coca-Cola that now will be built primarily on three pillars: basketball, as epitomized by the NBA, World

Cup soccer and the Olympic Games.

The Coca-Cola/NBA partnership includes a major integrated marketing and merchandising thrust centered around a new animated commercial for Coca-Cola featuring the NBA - the first of its kind in support of a sports partnership.

"While all sports in general traditionally have been a natural marketing vehicle for Coca-Cola, basketball's unmatched appeal to youth both in the U.S. and worldwide commands a more focused promotional program," Mr. Ivester said.

The 30-second, animated television advertisement, titled "Dancing Clothes," makes its debut during the NBA All-Star Game broadcast Sunday, Feb. 13, on NBC-TV and will

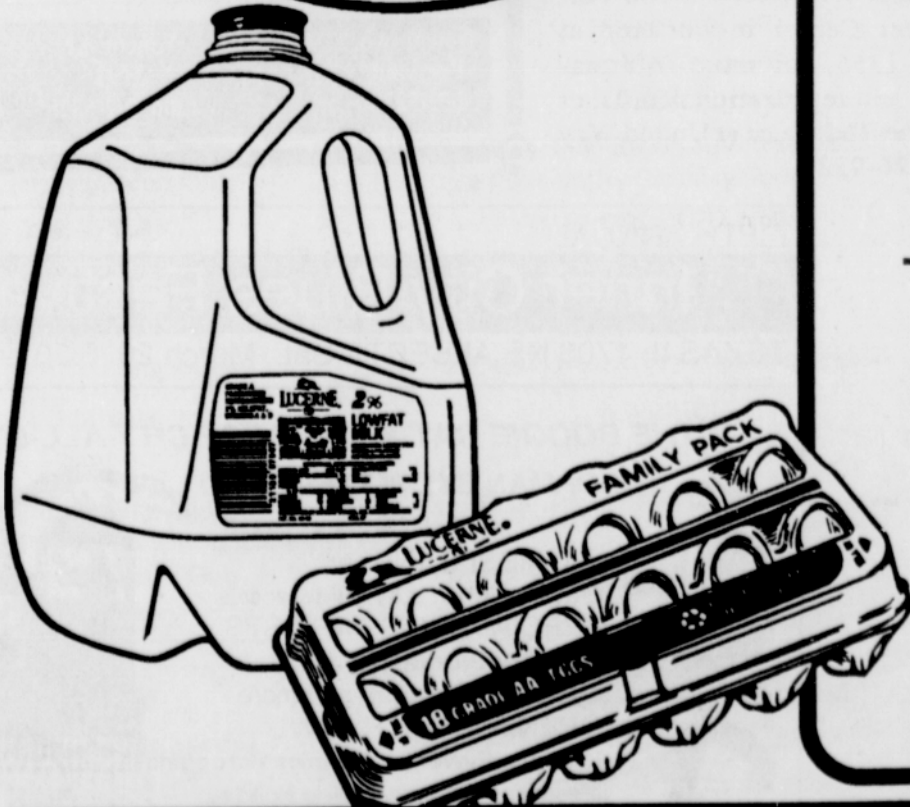
have an exclusive six-week run in United Artists Theatre Circuit, the nation's largest cinema chain, beginning Feb. 18.

Beginning in February, point-of-sale displays featuring the animated uniforms -- including life-size cardboard cutouts -- will appear in numerous outlets, including lobbies and concessions at United Artists theatres. The cinema chain also will offer movie-goers a chance to purchase officially licensed NBA merchandise at a discount when they buy a special popcorn-and-soft-drink combination that includes a free Butterfinger candy bar. United Artists is contributing its profit from the sales of NBA merchandise to the NBA Stay in School program.

Eat Healthy Protect Your Health

Low Prices...Big Savings!

SAFEWAY



Prices effective March 9 through March 15, 1994 at Safeway.

Lucerne
Gallon Milk

- 1% Low Fat
- 2% Low Fat
- Non-Fat

- FIRST 1
- SAVE UP TO 80¢

1 ea

Lucerne Large
AA Eggs

- 1 1/2-Dozen farm fresh eggs

- FIRST 2 CARTONS
- SAVE UP TO 1.00 on 2

89¢ ea

Look In The This Week Magazine for your Safeway Shopping Guide for a complete list of specials on sale this week at Safeway!

This Week
MAGAZINE

Enjoy Extra Savings With The New 'In-Store' Safeway Shopping Guide Available at your Safeway store.