

# METROlife

LIFE IN THE PORTLAND METROPOLITAN AREA

The Portland Observer

SECTION B

## Community Calendar

### Health Meetings

Oregonians who think they are eligible for health care coverage under the Oregon Health Plan are encouraged by state officials to attend a meeting to hear explanations of how the plan works and get an application form. Here is a list of times and places for the information meetings in the Portland area. Other meetings will be held around the state. Call 1-800-359-9517 for more information.

#### NORTH PORTLAND

- Friday, March 18 at 3:30 p.m. and 6:30 p.m.; and Monday, March 28, 9:30 a.m.; at Portland Community college Cascade Campus, 705 N. Killingsworth St. Terrell Hall, Room 122.

- Tuesday, March 17, 6:30 p.m. at Roosevelt High School Cafeteria, 6941 N. Central St.

- Saturday, March 12, 2:30 p.m. at Columbia Villa Community Room, 8920 N. Woolsey Ave.

- Tuesday, March 15 at 9:30 a.m. and 12:30 p.m. at Emanuel Hospital & health Center, 2801 N. Gantenbein Ave., Lorenzen Center.

- Tuesday, March 15, 5:30 p.m. at Peninsula Senior Center, 7508 N. Hereford Ave.

#### NORTHWEST PORTLAND

- Thursday, March 10, 1:30 p.m., and Thursday, March 31, 1:30 p.m. (Español), Rose Center for Senior Adults, 1785 N.E. Sandy Blvd., Portland Teachers Association, 345 N. E. Eighth Ave. (Eighth Avenue and Flanders Street), Downstairs Meeting room.

- Wednesday, March 23, 2:30 p.m. and 4:45 p.m., Portland Community College Rock Creek Campus, 17705 N.W. Springville Road, Pioneer Room Building 3.

#### SOUTHEAST PORTLAND

- Thursday, March 24, 8:30 a.m. and 11:30 a.m. Portland Community College S.E. Campus, 2850 S.E. 82nd Ave. Room B1

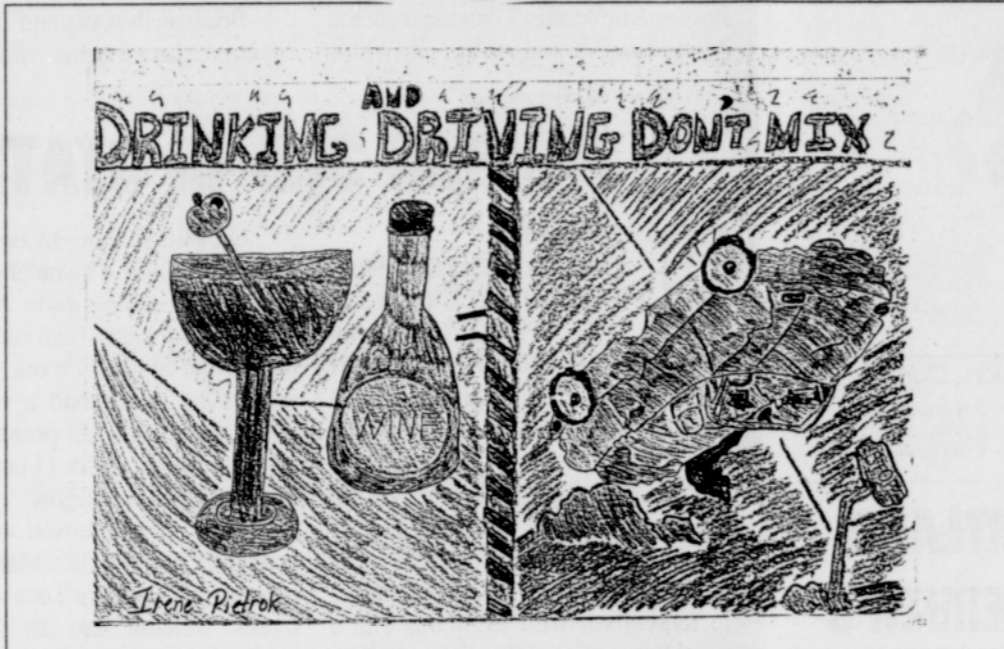
- Thursday, March 24, 8:30 a.m. and 11:30 a.m., and Tuesday, March 29, 10:30 a.m. and 1:30 p.m., Portland Community College S.E. Campus, 2850 S.E. 82nd Ave., Room C2.

- Friday, March 25, 9:30 a.m., South East Uplift, 3534 S. E. Main St.

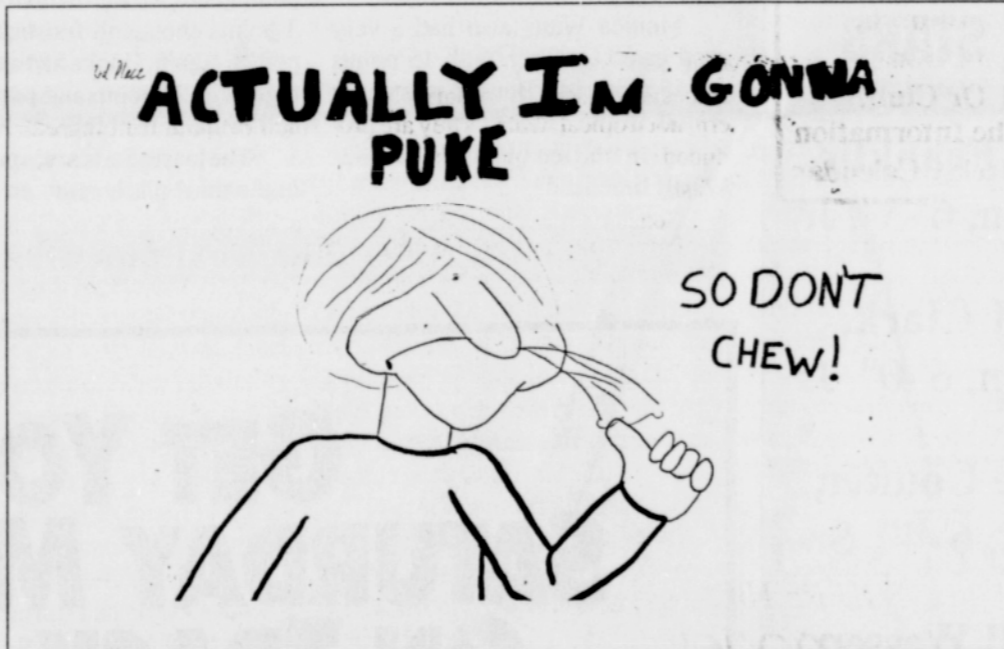
#### SOUTHWEST PORTLAND

- March 16, at 2:30 p.m. YWCA Downtown, 1111 S. W. 10th Ave., conference Room 2.

## Whitaker Middle School Students Participate In Anti-Drug Contest



"Drinking And Driving Don't Mix" by Irene Pietrok, first place



"Actually I'm Gonna Puke... So Don't Chew" by Shawn Crow, second place



"Don't Use Pot Or You'll Get Caught" by Qianna Mullen, third place

SOME OF THE SIXTH-GRADERS AT WHITAKER MIDDLE SCHOOL WERE CONTENDERS IN A BOWL GAME, BUT THEY DIDN'T PLAY ON A FIELD OR WITH A FOOTBALL.

These students competed using their knowledge of the dangers of drugs in the school's "Anti Drug Bowl." The information that the students studied was taken from the "Here's Looking At You 2000" curriculum. The students were quizzed on the hazards of alcohol, steroids, cocaine, nicotine and marijuana use, says the "Anti Drug Bowl" facilitator student services specialist, Edna Mae Pittman.

Mr. Jack Goodman, sixth-grade teacher coordinated the event. There were five, ten and fifteen point questions in each drug group. The students were divided into five groups as they studied the curriculum. "This was totally a cooperative learning experience because not only were they responsible for their group's learning but also had to make sure that the students in the other groups studied as well; says Edna Mae.

The teachers involved were Mrs. Janet Cook, Mrs. Carol Gullen, Mr. Jack Goodman and Mr. Joe Nunn. "As the questions were

read and the answers given, I was sure that I would have to remove some of the teachers because of their excitement." The students were wonderful and it was obvious that some groups had studied harder than others. Every student was a winner because they did indeed learn about the dangers of drug use. The winning class, Mrs. Cook's was treated to a "Pizza Party."

Along with the "Anti Drug Bowl" was a "Anti Drug Poster Contest".

The winners in order were: Irene Pietrok, "Drinking and Driving Don't Mix," Shawn Crow, "Actually I'm Gonna Puke So Don't Chew" and Qianna Mullen, "Don't Use Pot or You'll Get Caught." A sincere "Congratulations" to all the students and teachers who participated in "The Anti Drug Bowl."

## Kaiser Permanente Names Dental Administrator



Patricia Estes

Patricia Estes has been named dental administrator for Kaiser Permanente. Estes will work with dental director Don Prasnikar, DDS, in managing the dental care program.

Estes came from Kaiser Permanente's Hawaii Region where

she served as associate clinics administrator. She joined the program in Hawaii as a senior analyst in Medical Economics and later became manager of Program Planning and director of the Alternative Care Department. Estes was previously employed as a product manager for the Health Data Institute in Boston, Mass, and was a research associate with the Kellogg Center for Advanced Studies in Primary Care at McGill University in Montreal, Quebec.

Estes holds a bachelor of science in nursing and a master's in public health from the University of North Carolina, Chapel Hill, and has completed a clinical research fellowship in research methods at Collage Center for Advanced Studies in Primary Care. Kaiser Permanente's dental care program is the nation's largest group practice dental program, providing care to about 140,000 people in Northwest Oregon and Southwest Washington. The Northwest Region is the only Kaiser Permanente Region to provide dental services.

## Local Is Dean's List Graduate Of McDonald's Hamburger University

Dale C. Marino, manager at the McDonald's restaurant located on Northeast Martin Luther King in Portland, graduated with honors from McDonald's Corporation's Hamburger University (H.U.) with a Bachelor of Hamburgerology degree and an appointment to the University Dean's List.

Marino received his degree for successfully completing H.U.'s advanced operations course. All McDonald's restaurant managers, franchisees, mid-management and company executives are required to complete this course.

"The importance of Dale's achievement and training cannot be over, stated," said Shirley Rogers, Dean of H.U. "Like all other McDonald's restaurant managers, Dale is the chief operations officer of a successful local business."

McDonald's managers are trained in every aspect of general business management including customer service, personnel practices, quality assurance, equipment fundamentals, accounting and marketing. Coursework also includes training in effective communications with personnel, suppliers and customers.

"Developing interpersonal and human



Dale C. Marino

relations skills is a key part of our curriculum," Rogers said. "These skills help our employees meet the challenges of dealing with a diverse workforce. The curriculum also provides employees with information they need to address questions from our customers on issues including nutrition, environment and educa-

tion."

To attend H.U., students must first complete McDonald's management development program, which consists of classroom instruction and over two years of restaurant training. This program and the advanced operations course are approved for 18 hour of college credit by the American Council on Education and can be applied toward an associate or baccalaureate college degree.

McDonald's H.U. was founded in 1961 to ensure consistency in food quality, customer service and restaurant operations throughout the growing McDonald's system. By the end of 1993, over 48,000 students will have graduated from H.U., which has been cited by several business publications as a model corporate training facility.

"As our founder Ray Kroc used to say, 'We take the hamburger business more seriously than anyone else,'" explained Rogers. "H.U. is a reflection of that commitment."

McDonald's is the world's leading food service organization with more than 14,000 restaurants in 70 countries. About eighty percent of McDonald's restaurant businesses are locally owned and operated by independent entrepreneurs.