

SPORTS

PTA Stresses Education On The Abuse Of Alcohol And Other Drugs

Parent involvement in reducing conditions that place children and teens at risk of alcohol and other drug abuse can be a key factor in combating this danger that annually affects the lives of thousands of young people. The National PTA is urging parents to take positive steps in educating themselves with facts and strategies during the PTA's ninth annual alcohol and other drug awareness week, March 6-12, 1994.

Concerned with a recent University of Michigan study that indicates a rise in drug use among teenagers, the National PTA encourages parents and parent groups to become proactive in combating alcohol and other drug abuse among youth.

"Parents must take responsibility for educating themselves and their young people about the dangers of alcohol and other drug use," said PTA President Kathryn Whitfill. "The University of Michigan study should alert parents that the war against drugs has not been won where our youth are concerned," she continued. "The figures are very disturbing that show more young people are experimenting with marijuana, stimulants and LSD, and that one-third of the surveyed 12th graders admitted to drinking five or more drinks in a row in the past month."

President Whitfill pointed to the damaging effects of alcohol and other drug use on student performance, as well as to health and safety risks. Student achievement goes down in direct proportion to alcohol and other drug use," Whitfill said. "In addition, parents consistently list a safe school environment as one of their major

concerns about the welfare of their children, and we know that the presence of alcohol and other drugs on a school campus greatly increases the potential for violence."

"Strong parental involvement will help to keep our schools free of alcohol and other drugs--and thus a safer place for our children," Whitfill continued. "Through education of themselves, communication with their children, and strong prevention and intervention strategies, parents have the power to rise a child who will be able to say 'no' to alcohol and other drugs. But it is up to parents and other caring adults to begin and to keep educating our youngsters about these dangers."

National PTA also points to research that indicates that the frequency of the consumption of alcohol on television may lead children and teens to view alcohol as suitable means for adults to handle a variety of social problems. "Parents must set positive examples to help children resist the pressures of glamorized media presentations that encourage the use of alcohol and other drugs," Whitfill added.

The National PTA offers parents the following suggestions:

- Talk with your children about the dangers of alcohol and other drugs.
- Be aware of how your own use of alcohol can influence your children.
- Know the warning signs of a child at risk, such as a sudden and sharp decline in school work.
- Be clear in stating rules and limits.

• Order the National PTA brochure, "A Family With Drug-Free Children and Teens," for more ideas to help your family stay drug and alcohol free.

As a parent group:

- Hold a PTA program focused on parent education on drug and alcohol use among teenagers.
- Work with school personnel to evaluate and improve the school's alcohol and other drug prevention program.
- Meet with civic, business and community leaders to sponsor an alcohol and other drug awareness campaign.
- Order from the National PTA the PTA/GTE prevention program, Common Sense: Strategies for Raising Alcohol and Drug Free Children, an easy-to-use kit for conducting activities for parents of children in grades 3-6.

Although there is no single solution to the problem of alcohol and drug abuse, the key to success begins with parent involvement in a program of preventive strategies and education. Contact your local PTA for additional information about their Alcohol and other Drug Week observations.

With nearly seven million members, the National PTA works on behalf of children and families in assisting parents to develop the skills they need to raise and protect their children. The PTA also encourages parent and community involvement in all public schools and acts as a voice for parents and their children in schools, in the community and before governmental agencies.

Benson Boys, Like Girls, Wins PIL Title!!!

BY JOHN PHILLIPS

The Benson High School boys Basketball team did must what the girls team did a week ago, they won the Portland Interscholastic league championship.

The girls team have been winning the league for the past three years but this is the first title for the boys team since 1981.

Tech's 67-46 win over Grant on the last night of the regular season gave them an automatic spot in the Oregon Class 4-A Basketball tournament starting March 8 at Memorial Coliseum.

Benson had only a five point lead at the half, but had a 20-9 third quarter that put the game on ice. Jason Franklin scored 17 points for Tech and teammates Earl Clark and Tim Warren added 11 points each. Joseph Selander also chipped in 10 points.

Grant who were playing without their leading scorer, Jesse Coulter, out with a sprained right ankle, got 11 points out of Jason Pfony.

On Wednesday Benson overwhelmed Madison 97-69 on the Senators home court. Clark was the high man for Tech with 25 points, while Selander helped with 20 more. Joel Green's 30 points paced Madison with 30 points. Wilson ended it's PIL season on a winning note with two wins last week. A 81-50 whipping of Roosevelt as David Jackson scored a season high 25 points. Nick Millage scored 18 points for the home standing Rough Riders.

On Friday night the Trojans Tyron Manlove scored 36 points as Wilson white washed Marshall 104-63. Robby Buen scored 22 points for the Minuteman.

Cleveland got two wins also by beating Jefferson 76-68 and a hard 66-64 win over Franklin.

The Warriors got 22 points from Gabe Stewart and 21 points from Leonard Prescott in the victory on Jefferson. K'Zell Wesson paced the Democrats with 22 points Justin Warren's 16 points led Cleveland over Franklin. The Quakers Dustin Maxwell scored 16 points in a losing effort.

Grant's 65-60 win over Franklin gave the Generals a 12-6 PIL record. Perry again was high man for the Generals with 25 points. Shawn Lindsey scored 17 points for the Quakers.

Marshall got it's second win in the PIL with a 72-59 win over Lincoln. Buen's 30 points led the Minuteman as James Hebenstreit scored

13 points for the Cardinals. Jefferson also won Friday night, 77-60 over the Cardinals. Ime Udoka had 15 points for the Demos, and Wesson also added 14 points.

Madison got win number four in the PIL, 57-46 over Roosevelt on the road. Robert Cavit scored 20 points and Greene 19 for the Senators. Robert Wicklund led the Rough Riders with 11 points.

Wilson earned the PIL's number two playoff spot, Jefferson, number two playoff spot, Jefferson, number three and Grant the last berth from the PIL.

The Democrats and the Generals will both play on Thursday night, while Wilson will get a home game on Saturday.

The winners will end up at the boys state tournament.

Benson Only Hope For PIL

BY JOHN PHILLIPS

Benson's girls basketball team will be the only have in the 4-A girls state basketball tournament for the Portland Interscholastic League. The tournament starts for Tech on Wednesday at 7pm.

Against Grants Pass, a team that Benson beat in the opening round of last years tourney.

The other PIL teams that went into the state playoffs, all last week. Wilson, who finished third in league play, were beaten by Central Catholic, 67-65 in over-time on the Trojans home court. Emily Seacat scored 20 points to lead the rams who play in the Mount Hood Conference Allison Tauman's 18 points were high for Wilson, as Teammates Carla Parker and Keyawna Williams added 15 and 16 points.

Roosevelt made the long trip to Pendleton, only to lose 64-33. The Rough Riders were never in this game. Leading scorer Betty Ricker scored only one point in defeat. Kastunya

Williams scored nine points for Roosevelt. Kelli Chandler Read's 23 points led the way for Pendleton.

Jefferson was the only PIL team to play on it's home floor, but it was not enough, as the Democrats lost to Tigard, 53-52. The Tigers out of the Metro League, got 25 points from All-State guard Laurie Milligan. Jefferson's all-everything guard Erica Mashia scored 23 in her last game of the season.

State Tournament

Tuesday

Tigard (19-5) vs Centennial (18-4), 1:30pm
Churchill (20-4) vs LaGrande (18-4), 3:00pm
Sheldon (18-5) vs Mazama (17-5), 7:00pm
Beaverton (20-3) vs Oregon City (22-1), 8:45pm

Wednesday

Lakeridge (21-3) vs Crescent Valley (19-3), 1:30pm

Mr. Formal Helping Students Fight The High Cost of Prom!

Prom can be a very expensive time of year for many students and parents. The average cost of prom for the male student is \$300.00, this has become a concern for parents and has caused some students to skip this special event. Mr. Formal is addressing this concern with a special program that helps students earn their tuxedo for prom.

It is not a donation or hand-out, these kids work for their tuxedo, says Ed Honeycutt, owner of Mr. Formal. We need to promote our company to the schools and these students help us accomplish that goal. Each student representative hands out literature to fellow students, for each student the representative brings to Mr. Formal they receive a credit toward their own tuxedo rental.

Mr. Formal is looking for both male and female representatives. If you or someone you know is interested in this program please stop by any of the 17 convenient Mr. Formal locations in Portland, Salem, Eugene, Corvallis and Vancouver, Washington, or call 1-800-284-4889.

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Saturday March 12th, 10am-7pm
Sunday March 13th, 10am-6pm
Portland Coliseum Exhibition Hall
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Take Tri-Met to the show and they will pay for your ride home.

Say You Saw It In...
The Portland Observer

WHERE TO GO FOR A MILLION DOLLAR WEEKEND.



Saturday, March 5 is the \$1 million Santa Anita Handicap, the feature race of Big Cap Day. Portland Meadows brings it to you, plus a whole weekend of simulcast racing action from three top tracks. Add to that full programs of live racing Friday, Saturday and Sunday at Portland Meadows, and you've got one of the hottest racing weekends of the year. There's over \$2 million at stake and some of the season's top racing talent will compete for it. Get in on the action March 4, 5 and 6!

THE MORE THE MERRIER

Portland Meadows is great for groups. But whether you're planning on a group of two or two hundred, this is such a big weekend, it pays to make reservations early. So call us at 285-9144 today.

HANDICAPPING CONTEST RETURNS

Pre-register now for our second Handicapping Contest of the season. Our first one was such a hit, we're bringing you another chance to play on March 19 and 20. With a minimum of \$10,000 in total prizes guaranteed, you can't afford to miss it. Complete contest rules and entry information are available by calling 285-9144.



For simulcast schedules and information, call 285-9144. Directions: take the Delta Park Exit from I-5. Off Track Wagering: Multnomah Greyhound Park, N.E. 223rd & Glisan, Portland; Howard Johnson's, near the Airport, Portland. Best Bet, Beaverton; Ocean Palace, Portland; China Garden, Cornelius; Sherwood Inn, I-5 and Carmen Drive.

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