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# The Portland Observer 25¢

## THE WEEK IN REVIEW

### Commuter Train Killings!

A study of two West Indies immigrants named Colin. It is a different story with the tormented and manic Colin Ferguson for whom it all came together on the 5:33 train to Hicksville (a real town, not a pun). It is interesting that both men come from what the media want to describe as "middle class" families. The term is as misapplied in the case of the general of the Milwaukee teens who bludgeoned that 103 year-old man to death.

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### Winter Warm-Up Program In Portland

ECONS, Inc, together with Pacific, will install energy conservation measures, such as ceiling and floor insulation, door weatherstripping, water heater and pipe insulation, energy saving shower heads and faucet aerators. "This month, we're sending out invitations to participate in the program to customers we believe may qualify for the program," said Carl Talton, Pacific Power manager. "How-ever, our lists are not exhaustive."

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### Child Sexual Abuse

The elimination and reduction of this abuse is the responsibility of every adult who comes into contact with children. Parents and educators should familiarize themselves with the most current information about sexual abuse to develop and implement effective prevention an dearly intervention strategies.

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### How Many African Sports Millionaires Are There

A nationwide survey, conducted for the northeastern University Center for the study of sport in society (Boston), used Lou Harris Associates to poll 865 high school students at the end of the 1992-93 school year with the following results. "72 percent of black high school students put education ahead of athletics, however the same percentage of them still rely on athletics for fame and fortune."

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### The Meaning Of Kwanzaa

Here in America in 1966, Maulana Ron Karenga and the U.S. Organization adopted the basic Principles of the harvest in africa to create the celebration of Kwanzaa. Karenga recognized that on the whole, Africans born in America so not live in an agricultural setting nevertheless, he sought to emphasize that the basic principles found in producing the harvest are vital to the building and maintenance of strong and wholesome communities.

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## Project Network Kwanzaa Festivities Help Children Celebrate

Project Network located on the Emanuel Hospital & Health Center campus, and the Portland Chapter of the NAACP co-sponsored a Kwanzaa celebration for the children of Project Network clients, the House of Nia and the community members who have worked with them at the Cascade Plaza Building.

Festivities celebrated and featured an African-American Santa who presented the children with gifts donated by: Legacy Health System, Nike, Inc., KINK Radio and members of Project Network's Community Advisory Board. Highlights included presentations by:

- Margaret Cater, State Representative
- Alcena Boozer, Principal of Jefferson High School
- Lorenzo Poe, Chair of the Coalition of Black Men
- James May, President/CEO of Legacy Portland Hospitals
- Demos-N-Effect (Jefferson High School Dancers)
- Former and current clients of Project Network

Students from the Black Educational Center also presented a program on Kwanzaa, the traditional African-American harvest commemoration. Kwanzaa is a non-denominational cultural event based the harvest celebrations held in many West African communities.



Children from the Black Education Center give one of their many performances at Emanuel Hospital Project Network Kwanzaa Celebration

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## 5th Grade Class Begins "Local Heroes" Project

Mrs. Lolita A. Darby, a fifth grade teacher at Martin Luther King, Jr. E.C.E.C., was awarded a \$1958.23 grant from the Teacher Incentive Program of the Portland Public School District to develop a project: "Local Heroes."

Local heroes will be profiled on trading cards developed by Mrs. Darby's fifth grade class. During the first stage of the program the local heroes will focus on local African American heroes from such areas as professions, politics, church, education, neighborhood heroes (those who have contributed significantly to the local neighborhoods), etc.

Mrs. Darby and her fifth grade class have identified the "Heroes." They will interview them, take their photo, do the layout and develop the cards.

The "Local Heroes" project will increase the knowledge and awareness



of the students of those local people who have made significant contributions to life in Portland. The trading cards will provide an effective means of building self-esteem and of helping increase the knowledge of the contributions of people from various cultures/ethnic groups in Portland and in Oregon.

Ms. Darby's 5th grade class (Room 211), Martin Luther King, Jr. E.C.E.C., 4906 NE 6th Avenue, Portland will conduct the project.

The project kick off Wednesday, December 15 at 1:00 pm. The students will presented the identified heroes and student committees described the project in detail.

For More Information, please contact Lolita Darby, fifth grade teacher, Room 211, King Elementary School, (Work) 280-6155, (Home) 282-7423.

## Dr. Matthew Prophet To Join Blue Cross



Dr. Matthew Prophet

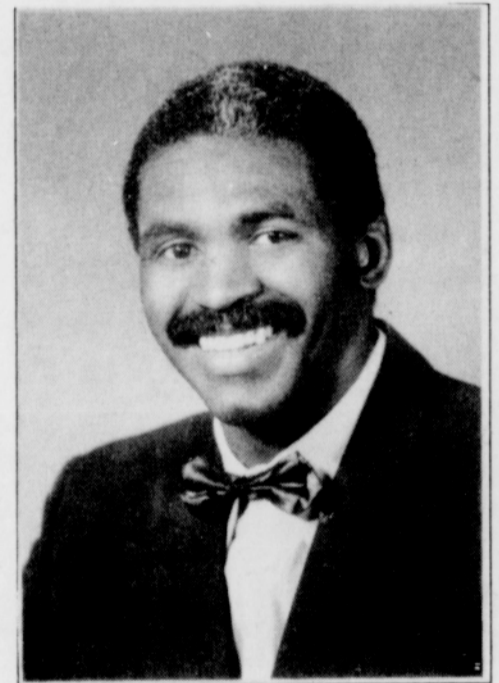
Dr. Matthew W. Prophet, former Superintendent of Portland Public Schools, will join the Board of Directors of Blue Cross and Blue Shield of Oregon (BCBSO) as of January 1, 1994. Dr Prophet headed the Portland school system for 10 years, before retiring in 1992. He is currently an educational management consultant and professor.

"We are delighted to welcome a man of Dr. Prophet's stature to the board," said Richard L. Woolworth, Board Chairman and BCBSO President and CEO. "He is a highly respected community leader and will bring a valuable perspective to our deliberations."

The BCBSO board is made up of 19 people, chosen to represent the interests of the public, physicians and hospitals. Board members are also chosen from different parts of our service area in Oregon and southwest Washington.

Blue cross and Blue Shield of Oregon is a Portland-based non-profit corporation; an independent licensee of the Blue Cross and Blue Shield Association. It is the largest health insurer in the state with nearly one million subscribers and annual revenues of \$1.1 billion.

## New Commission On Black Affairs Executive Director



Charles Stoudamire, Executive Director of Commission On Black Affairs

The Oregon Commission on Black Affairs recently named Charles Stoudamire its Executive Director. Stoudamire was previously Health &

Safety Services Director with Portland's American Red Cross.

According to newly appointed Commission Chairwoman Lurlene Shamsud-Din, Stoudamire brings a unique perspective and multi-faceted skills and abilities to the position.

"Not only is Charles an effective professional, but he is an Oregon native. His perspective will be valuable in helping the commission accomplish its goals," Shamsud-Din explained.

Stoudamire graduated from Portland State University in 1972, with a BS in Social Science. While at PSU, he was class valedictorian, Scholar Athlete and President's Excellence Award winner. He received his Masters Degree in Hospital and Health Care Administration from University of Minnesota in 1980, and has spent the past 11 years working in health and human services.

He is currently Chairman of the Oregon Minority AIDS Coalition's Board of Directors and a basketball coach at St. Mary's Academy.

While at the American Red Cross,

Stoudamire was nationally recognized by the Jerome Holland Research Laboratory for his leadership efforts in recruiting and educating African American blood and bone marrow donors, primarily through the Martin Luther King Jr. Memorial Blood Drive. He was also a national leader in HIV/AIDS prevention education, and the first African American HIV/AIDS Instructor Trainer in the Pacific Northwest.

Oregon's Commission on Black Affairs was created by former Governor Atiyeh in 1980. Three years later, the Oregon Legislative Assembly's vote made it a statutory commission. It is authorized under ORS 185.410 to work for the implementation and establishment of economic, social, legal and political equality for Oregon's blacks. The commission is comprised of eleven members, nine of whom are appointed by the Governor and confirmed by the Senate, prior to serving three-year terms. The President of the Senate and the Speaker of the House appoint a member from their respective houses to serve two-year terms.

### Editorial

#### Violence In America

Nothing in the crime or gun bills passed by the house or the senate this year will significantly reduce or prevent violent crime.

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### Food & Nutrition

#### Christmas Cranberry Cheesecake

Homestyle cooks and nationally recognized chefs all agree that good food doesn't mean long hours.

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### Sports

#### Signs Of life

The Blazers found that intensity on the defensive end of the court that made them one of the successful teams the last few years.

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### Automotive

#### Winter Driving Puts Drivers Skills To The Test

Unfortunately, the hustle and bustle of the holidays comes just when all drivers really need to slow down.

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