

METRO *Life*

LIFE IN THE PORTLAND METROPOLITAN AREA

The Portland Observer

SECTION
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Joe Clark To Speak At Linfield



Joe Clark

Joe Clark, the controversial New Jersey principal who is credited with turning one of the state's toughest high schools into a model school, will speak on "From Disgrace to Amazing Grace" Tuesday, Nov. 2, at 7:30 p.m. in Melrose Auditorium at Linfield

College.

The lecture, which is free and open to the public, is sponsored by the Linfield Activities Board.

Clark, who was the subject of the film "Lean On Me," became principal of Patterson, N.J.'s Eastside High School in 1982. Known as a tough, unruly high school, Eastside was overrun by drug dealers and thugs. On the first day of classes, Clark met the lines of students at the door with a bullhorn in one hand and a baseball bat in the other. He instituted drastic reforms, including chaining the doors to keep out the pushers, forbade hats and other gang clothing and gave tardy students latrine duty. On a single day he threw out 300 students for fighting, vandalism, drug possession, profanity and abusing teachers.

After two years under Clark's leadership, Eastside High was declared a model school by New Jersey's governor. Clark was named one of the nation's 10 "Principals of Leadership." Clark not only disciplined the students, he motivated and challenged

them. With Eastside located in a poor, mainly black and Hispanic sector of town, Clark told the students they were the ones who had to prove the stereotype wrong.

Clark won national acclaim -- and criticism -- for his achievements in a Time magazine cover story and a "60 Minutes" profile as well as with appearances on Nightline and the Phil Donahue Show. "Lean on Me" starred Morgan Freeman, who won the NAACP Image Award for his portrayal.

Clark has written a book, "Laying Down the Law," and speaks extensively throughout the U.S. He also serves as a consultant, sharing his beliefs, strategies and success stories with teachers, school boards, parents, business people and students.

Clark is a former Army drill instructor. He worked while attending high school to help support his mother and family. He received a bachelor's degree from William Patterson College and a master's from Seton Hall University.

OASIS Honors Community Resident Among Eleven Other Senior Role Models

Bill McDonald has a full, rich, productive life--but he doesn't get much sleep.

His regular working day starts at mid-afternoon, when, as night superintendent at the shipyards, he supervises several hundred men working to get a ship out and back in service on time. His shift ends at midnight before he heads for home and short sleep.

Then it's time for his second life, working for Loaves and Fishes. He started as a volunteer driver in the 1980s. He says, "I enjoyed seeing so many people smile when I showed up with what may have been their only meal of the day. I'm sure some days I was the only person they had a chance to talk to. So many were housebound and unable to get out to socialize and meet new friends."

He's also been active in fundraising for the United Negro College Fund, a member of NAACP, and the



Bill McDonald

Children's Club, making sure every young child gets a toy or some clothes for Christmas. OASIS salutes Bill McDonald as a Senior Role Model!

Eleven Other Role Models Named

OASIS honored twelve metropolitan area adults over 55 for outstanding service to the community on Thursday, October 28th at the downtown Meier & Frank store during the celebration of the Eighth Anniversary of Portland OASIS. Their accomplishments range from organizing a peer counseling program helping seniors with problems to spearheading foster grandparents and tutoring projects. The personal histories of the honorees was chronicled with inspirational detail during the breakfast with a crowd of

over 200 community leaders and OASIS members at the Meier & Frank restaurant.

OASIS is an educational program dedicated to enhancing the quality of life for mature adults through educational programs and meaningful volunteer opportunities.

OASIS (Older Adult Service & Information System) is part of a national network of centers located in May Department Stores. Meier & Frank and Legacy Health System are local sponsors. OASIS has 12,000 members in the Portland area, and over 200,000 nationally.

For more information contact, Robin Hyatt, OASIS Director, 241-3059 or 223-0512 ext.

Children Bereavement And Grief

by Dan Bell

Under the auspices of several area funeral homes and telophase an all day workshop was held for those in the helping professions. The workshops addressed bereavement, children and adolescents at risk.

Dr. Alan Wolfelt of Fort Collins, Colorado, conducted the workshop. The workshop dealt with different behaviors, and feelings of children who have recently lost a love one.

Dr. Wolfelt describes grief as the internal feelings and thoughts that are associated with the deceased. In comparison mourning is the shared thoughts and experience or "grief gone public." He observed that some cultures are going to be more outward with their grief and some are going to be more quiet.

In the morning session he kept returning to the idea that children and adolescence do not process death like adults. Neither do they have a mature system of feelings and therefore do not grieve as adults do. He tried to impress on those in attendance that it is not healthy to demand that a child



Alan Wolfelt, Ph.D., Thanatologist-Author-Educator

be made to return from playing after they have been notified of a death of a loved one. Moreover it is natural for children to want to go play when they have been told of a death.

For children this is their way of going into shock and protecting themselves and putting the reality of the

death outside of their fragile psyches.

Another misconception is the tradition of having the eldest child adopt an adults role. Such as "you're the man of the house now, take care of your mom, brothers and sisters."

Dr. Wolfelt gave the example of a twelve-year-old who was told by his ailing father to take care of his mother. After the father died, his mother became alarmed when he took her car to the gas station to get it filled up as his father had.

After some counseling the child realized that he could help but he couldn't completely fulfill his father's role. 1) He had to go to school instead of work, 2) He didn't know how, and couldn't pay the bills and 3) there were maintenance jobs around the house he couldn't handle.

Dr. Wolfelt emphasized that there are different, even in the same age in how children respond to death.

An important component in the healing process is to have some form of ritual.

The funeral or similar service serves to reinforce the reality of the

death and that the deceased will not be returning. It celebrates, their life and sets the stage to go on to the future.

There are several agencies that are in the Portland area to assist individuals especially children with their grief.

The Dougy Center works with children who have had a parent or sibling die.

Compassionate friends is a support group that helps parent and siblings of children who have died.

There has been an effort of those who help people in grieving situations to reach the community of color. They are responsive to diversity and ones ethnic integrity. Johnny W. Gage at the House of Umoja encourages these kind of workshops for those who work with at risk youth in our community.

For more information you may call Caldwell Mortuary and ask for Worth Caldwell. The number is 232-4111.

Lloyd Center Discovery Zone FunCenter

Portland-Vancouver-area youngsters will be walking on the moon, splashing in ball baths and crawling through tunnels when the 10,500 square-foot Lloyd Center Discovery Zone FunCenter opens November 5 in Lloyd Center between the skating rink and Lamonts. Grand opening activities will be held November 5 through 14, and will include clowns, face painters, jugglers, and prize giveaways. The Lloyd Center Discovery Zone will be the third in the area, joining the Beaverton, Ore. and Vancouver, Wash. FunCenters which have served over 400,000 kids and their parents since 1991.

Discovery Zone FunCenters are creative learning environments that foster children's physical and social development. Specially-designed equipment in each FunCenter promotes child and parent-child activities which help develop children's motor skills, strength, confidence and

self-esteem.

The FunCenters offer unstructured (or free-play) activities, which allow children to develop their own games at their own pace, building group interaction skills, creativity, decision-making ability and self-confidence.

FACILITIES

Unique play equipment designed and built specifically for the Lloyd Center FunCenter includes:

The "Mega Zone" with a series of tubes, ball baths, slides, trampolines, moon walks, trapezes and obstacle courses designed for children over 42 inches tall;

The "Micro Zone" featuring a smaller version of tubes, slides, ball baths and obstacle courses designed for children under 42 inches tall;

The "Starter Zone" with toys and activities specially suited to youngsters who are crawling or just learning to walk;

The "Skill Zone" offering hand-eye coordination games which are played with tokens redeemable for prizes and Discovery Zone logoed merchandise;

The "DZ Diner" offering kids' favorites, such as hot dogs, pizza, popcorn and soft drinks, and "healthy choice" foods such as fruits and juices, and featuring Family Meal Deals which combine fun, fitness and food;

The "Take Me Home" Discovery Zone merchandise counter with DZ T-shirts, caps, sweatshirts, sports equipment and other items;

The "KiDZ Watch" program, focused on safety and security, enables children six- to 12 years-old to play at the FunCenter without their parents present for a two-hour period. Parents must grant permission in person for children to participate in KiDZ Watch, and parents leave with a pager whereby they can be contacted if necessary. Parents are encouraged to join

their children in play, but adults are not permitted to enter Discovery Zone FunCenters without being accompanied by a child. All play participants must wear socks to participate.

Admission for children is \$4.99 for a visit of up to two hours, and adults play for free. Discovery Zone Club Cards are available for \$14.99 and entitle the bearer to a free T-shirt, souvenir cup, a 10 percent discount on Discovery Zone merchandise, invitations to members-only events, a bi-monthly newsletter with valuable coupons and discounted admission of \$3.99 per kid visit. Group rates also are offered. All Portland/Vancouver-area FunCenters are open Sunday 10 a.m. to 8 p.m., Monday through Thursday, 10 a.m. to 9 p.m., and Friday and Saturday, 10 a.m. to 10 p.m.

ACTIVITIES

A new addition to Discovery Zone FunCenter activities is Z-Bop, the company's "Goodwill Am-

bassador," a custom-designed robot that walks, talks, sings and dances. Z-Bop offers kids an opportunity for interactive play by honking, flashing lights or making other fun noises when touched.

Discovery Zone FunCenters are ideal for children's parties, and the Lloyd Center FunCenter features three party rooms. A variety of birthday party packages including play time, food and decorations are offered, and the birthday child receives a gift from Discovery Zone. Arrangements for special needs and underprivileged groups also are available. In addition to parties, the FunCenters feature community group activities and educational and fitness programs. The Lloyd Center FunCenter is currently accepting party and group reservations.

SAFETY

To promote safe play, Discovery Zone's trained "Kids Coaches" are stationed throughout the FunCenter

to help kids with the activities. In addition, all play surfaces at Discovery Zone FunCenters are covered with soft padding.

STAFF TRAINING

Discovery Zone managers and assistant managers are required to attend an intensive two-week training session at the corporate headquarters before their FunCenter opens. "Kid' Coaches," who supervise participants while they are playing in the zones, are trained in the facility prior to opening and are evaluated on an ongoing basis.

Discovery Zone, Inc. is the nation's leading owner, operator and franchiser of indoor fun fitness centers. Headquartered in Chicago, Ill., the company's growth plan calls for approximately 200 FunCenters to be open and operating throughout the United States by the end of 1993.