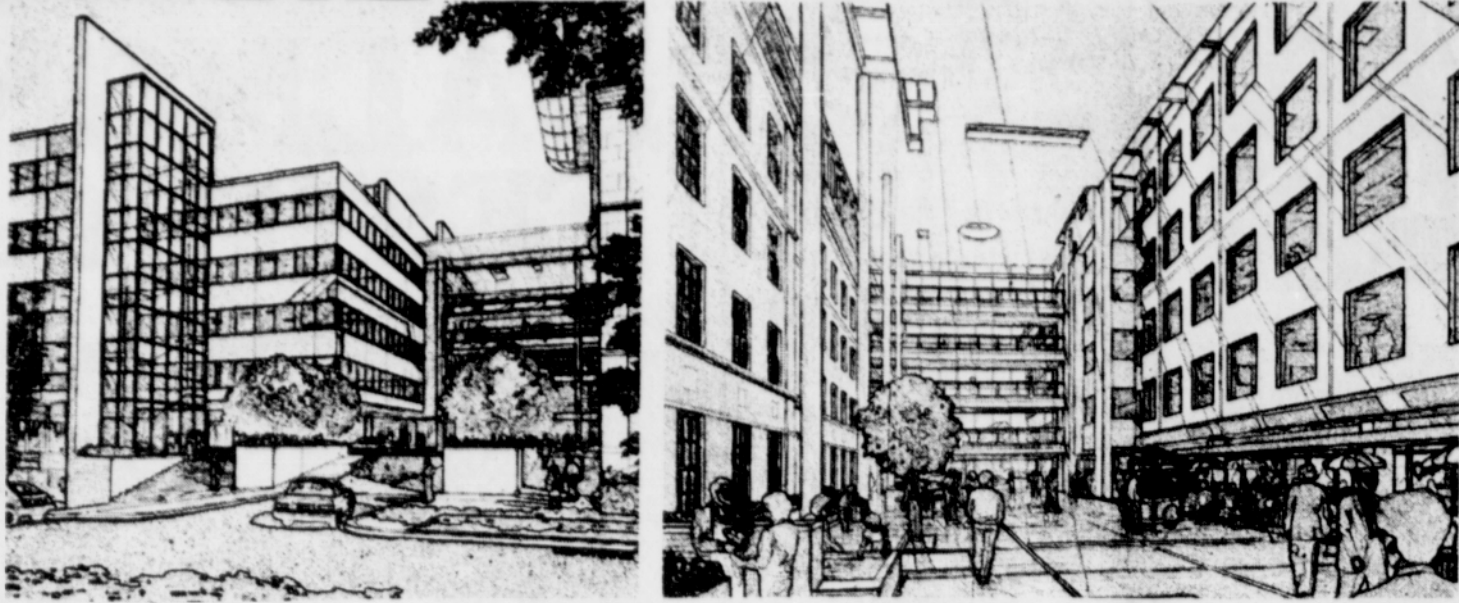


**EMANUEL MEDICAL OFFICE BUILDING
CORNERSTONE FOR A
HEALTHIER COMMUNITY**

**Architects rendering of the exterior and atrium of
the new Emanuel Medical Office Building**



The 186,000 square foot building brings much needed clinical office space to the downtown core area, while breaking ground in health care delivery efficiencies. Special features include: skybridge access from practice areas to their corresponding floors of the hospital a health resource center onsite pharmacy and a health bookstore.

**Emanuel Hospital
& Health Center**
A Lutheran-Affiliated Center of Caring & Excellence



Legacy Health System includes Emanuel Hospital & Health Center, Good Samaritan Hospital & Medical Center, Holladay Park Medical Center, Meridian Park Hospital, Mount Hood Medical Center, Legacy Visiting Nurse Association and CareMark/Managed HealthCare Northwest PPO.

**Family Health Fair Introduces
Medical Office
Building To Community**

As part of Emanuel Hospital & Health Centers' continuing commitment to being a vital member of the community, the hospital is inviting the public to "A Celebration of Family Health", a free health fair on October 9, from 10am to 4pm in the Atrium of the newly opened Emanuel Medical Office Building. The fair will feature health education activities, music, children's events, community exhibits and refreshments.

Health education activities include healthy cooking demonstrations throughout the day, which stresses preparation techniques and nutritious foods. A health research contest in The Health Corner will introduce the range of information available to the public in this free health resource center within the Emanuel Medical Office Building. A lung function test will allow people to learn about lung capacity and respiratory care.

A lively lineup of music will entertain event goers. The Joyful Sounds Gospel Choir, featuring State Representative Margaret Carter will open the event at 10am. At noon, Hearing Voices with Jeff Lenoard will entertain those enjoying lunch at the fair with jazz/rock tunes. The Ron Steen Trio will play topnotch jazz from 2 to 4pm.

A wide array of children's events are awaiting kids of all ages. Clowns Angel and Karen Ocasio will make balloon toys, do magic tricks, play games and, in conjunction with the Portland Police Bureau, teach Halloween safety to kids.

Dan'l B'loons will create amaz-

ing balloon hats for youngsters. Kids will also get a chance to use artistic skills at the Trick or Treat Bag Decorating Area. Halloween face painting and free high visibility Trick or Treat safety buttons round out the holiday-themed activities.

"A Celebration of Family Health" will also feature community exhibits and information. An exhibit about the history of North and Northeast Portland neighborhoods is planned. The Portland Police Bureau will be on hand to provide North precinct community information. Guided tours of the new building will be conducted throughout the event.

Refreshments at the health fair will include savory snacks, desserts and kids' favorites. Three Lions' Bakery/Cafe will be open providing a wide array of light entries, pastries and desserts.

The Emanuel Medical Office Building provides 186,000 square feet of medical office and support services space. The building is designed to create an efficient and comprehensive healthcare services. The new complex provides on-site diagnostic equipment, centralized health resource and pharmacy services, assorted patient amenities and direct skybridge access to each of the hospital's five floors.

The medical office building is located on Emanuel Hospital & Health Center campus' southwest side at 501 N. Graham Street. Adjacent to the medical office building is multi-floor parking structure with skybridge access to the building's front door.

**New Computer Training Center And Expanded Job
Seeker Services Offered At Urban League**

The Urban League of Portland is providing job seekers with expanded employment services and advanced computer training thanks to a three-year, \$300,000 grant awarded by the Meyer Memorial Trust of Portland. IBM Corporation provided computer hardware, software and other materials for the League's new Computer Training Center.

"We are extremely grateful for the support IBM and Meyer Trust have shown for our employment and career development programs," said Urban League President Dr. Darryl S. Tukufu. "Employment services are a top priority for our constituents. Along with our partnerships with local businesses, the support from IBM and Meyer Trust will allow us to better serve both job seekers and employers

in the Portland area."

The Computer Training Center offers 15-week courses in desk-top publishing, network management, database management, Word Perfect and Lotus. Studies have indicated a shortage of skilled workers in these areas in the Portland metro area. "We believe that advanced computer training offers job seekers the fastest path to a family wage job," said Urban League Education & Career Development Director Herman Lessard, Jr., who directs the Computer Training Center.

Graduates from the Computer Training Center will receive job placement assistance from the League's Employment Department. "Now we can take a client through career counseling, job training, placement assis-

tance and follow-up after the hire is made," said the League's Dr. Tukufu.

Computer courses are offered on a sliding fee scale, with no charge for low income clients. Enrollment is open to both unemployed and employed job seekers. Classes began September 7th.

The League's Employment Department provides job seekers with career counseling, job referrals, job postings and applications, resume writing and interview workshops, and on-site interviews with employers. The department helps employers recruit and retain qualified protected class job seekers. Employer services include prescreening candidates, referrals, assistance with cultural diversity issues, and hosting an annual job fair.

The Meyer Trust will allow the League to offer more flexible service hours, schedule more workshops for job seekers, and expand job retention and outreach recruitment services. "We also plan to recruit candidates for more specialized training programs," said Employment Director Brenda Sherman-Sanders. The League recently recruited 20 people for specialized training for positions in the mortgage industry.

Meyer Memorial Trust is Oregon's largest private foundation and is not connected with Fred Meyer, Inc.

The Urban League of Portland is a non-profit, community based human service agency serving at-risk youth, students, job seekers, and seniors in the Portland metro area.

**PORTLAND OBSERVER
Office: (503) 288-0033
Fax #: (503) 288-0015**

PSU Grabs \$1 Million For Library Network

Portland State University will enhance its model electronic library network thanks to a \$1 million grant from the U.S. Senate Appropriations Committee. The primary objective of the grant is to make government information more accessible through public and privately funded libraries. The funding allocation, sponsored by Sen. Mark Hatfield, will transform the Portland library network into an "information superhighway."

"This remarkable story began in 1991 when the Oregon State Legislature allocated \$2 million for the Portland Agenda, and Portals, the Portland Area Library System, was one of the major projects that evolved from that funding," said Dr. Judith Ramaley, president of PSU. "We have linked 14 academic, public and special interest libraries in the Portland region for the purpose of sharing re-

sources, coordinating capital investments in library materials, and making it easier for people to access information. We are grateful to Sen. Hatfield for his support and vote of confidence in Portland State."

PSU's Branford Price Millar Library is Oregon's depository for federal information. The library receives and makes available all information, printed or electronic, distributed by the federal government. The PSU Foundation recently funded expanded computer capabilities for the Millar Library to improve public access to this information on site.

"I have used Portals," said Sen. Hatfield, "and it is a national model of an interactive information network that allows maximum use of limited resources and that can be replicated at other campuses throughout the country. The fed-

eral government recognizes the need to support libraries and to make government data available to the people who pay for it."

Thomas Pfingsten, PSU library director, said the funding will be used to acquire computer hardware and to upgrade the present capacity of Portals to deliver information in the Portland region and beyond.

"The library will supplement current information with databases available from other sources including the United Nations and the International Monetary Fund. The Portals network will be one of the best and most comprehensive collections of domestic and international governmental data in the west."

The general public can access Portals and its data bases through the Multnomah County Library.

Nurturing Of Our Children

Lutheran Family Service of Oregon and Southwest Washington has received a grant award of \$200,000.00 from the Meyer Memorial Trust to assist in implementing a statewide Nurturing Community Program. The Meyer Memorial Trust is not affiliated with Fred Meyer Incorporated.

Over a period of three years, six new Nurturing Community Program sites will be added. A variety of partnering organizations including schools, churches, and public and private social service agencies will co-sponsor the programs. Families with children and teenage parents will be served by the program.

The program involves the entire family participation. The parents attend a group parent session while their children attend a group geared to their age level at the same location. A break is taken from the group sessions to serve a dinner meal that is provided by the program. Child care is provided at no cost for younger

children when the group being offered is for families with children age four or older.

The three hour group sessions take place one evening a week for fifteen (15) to twenty-three (23) weeks depending on the age focus of the group being offered. The sessions focus on child development ages, parenting skills, self awareness, and family interaction.

The Nurturing Community Program, a replication of a proven parenting and pre-parenting education program, makes extensive use of volunteers to provide the services. NCP is also an innovative strategy for promoting and strengthening a community's commitment to care for its children. The program uses techniques and materials developed by Stephen J. Bavolek, Ph.D. that have been successfully implemented throughout the United States.

The Nurturing Community Program has been successfully piloted over the past three years at the LFS

Yamhill County office. This year the Yamhill County office added a program specifically designed for the Hispanic community. New nurturing programs are currently being implemented for Astoria, inner N/NE Portland and Klamath Falls. Additional sites to be added include Hillsboro, Prineville, and a second program site for the Portland Metro Area.

Volunteers are now being recruited for our N/NE Portland program. The first group, which will begin in early November, will be for families with children age 4 to 12. Volunteer positions include facilitator for children's group activities, child care providers for younger children, and food servers for the evening family meal. For additional information on this new program contact Becky Rodgers, the inner N/NE Portland Nurturing Program Coordinator at 288-4166, or Vikki Rennick at the LFS administrative offices, 231-7480 for information on the program and volunteer opportunities.

**Fed Actions Against Fraudulent Advertising In Diet
Business Long Overdue**

A series of settlements and lawsuits by the Federal Trade Commission involving five major companies in the commercial diet industry is "a major victory for thousands of consumers," said Rep. Ron Wyden.

"Given the preponderance of evi-

dence submitted to our panel, I am convinced that these programs fail the vast majority of consumers. they just don't work," said Wyden, who chairs the Small Business Subcommittee on Regulation and Business Opportunities.

Finally, Wyden said he is anxious that the FTC complete its investigation and enforcement efforts in other areas of the \$33 billion-per-year weight-loss industry currently under agency review.

Urban Tour Group Seeks Volunteers

Join and provide a public service to broaden young people (usually third graders) awareness of Portland's Heritage and unique urban environment. Downtown Portland provides a powerful classroom to connect young people to their city and to its history. We served about 4700 students last year. Learn to guide these young people on walking tours of two hours. Three different tours are provided. You will have up to ten students and one adult

helper on each tour and thorough preliminary training is provided. Please attend a membership symposium on Monday October 25, 1993 9:30am to 11:30am at the First Presbyterian Church The Whitman Room, at 1200 SW Alder, downtown Portland. Training Classes will begin in January. Minimum commitment is for six tours in the fall and six tours in the spring. Contact Gloria Jensen, 645-8223 for information.

EMANUEL MEDICAL OFFICE BUILDING
CORNERSTONE FOR A
HEALTHIER COMMUNITY

*A
Celebration
of
Family Health*

**YOU'RE
INVITED!**

**SATURDAY, OCT. 9
10AM to 4PM**
in the Atrium of the new
Emanuel Medical Office Building
501 North Graham Street

■

**CLOWNS
BALLOON HATS AND
HALLOWEEN SAFETY
FOR KIDS**

HEALTH SCREENINGS

COOKING DEMOS

NEIGHBORHOOD EXHIBITS

**BUILDING TOURS
AND MUCH MORE!**

FREE LIVE MUSIC ALL DAY
WITH

**THE JOYFUL SOUNDS
GOSPEL CHOIR**
FEATURING MARGARET CARTER
10AM

HEARING VOICES
WITH JEFF LEONARD
NOON

THE RON STEEN TRIO
2PM

Also at the
Medical Office Building:

NEIGHBORHOOD STORIES
AN INFORMAL HISTORY OF
NORTH/NORTHEAST PORTLAND BY
FIVE WELL KNOWN FIGURES FROM
OUR COMMUNITY

**MONDAY
OCTOBER 11, 1993
6PM**

**Emanuel Hospital
& Health Center**
A Lutheran-Affiliated Center of Caring & Excellence

LEGACY
Health System

Legacy Health System includes Emanuel Hospital & Health Center, Good Samaritan Hospital & Medical Center, Holladay Park Medical Center, Meridian Park Hospital, Mount Hood Medical Center, Legacy Visiting Nurse Association and CareMark/Managed HealthCare Northwest PPO.