

HEALTH

The Portland Observer

Health Plan Spells Higher Taxes, Harder Times For Average Americans

The Clinton Administration Health Plan, as outlined by the president before Congress, means one thing—higher taxes for everyone, according to Mark Holan, president of Oregon Smokers' Rights.

The smokers' rights group, which has chapters throughout Oregon says the president's plan will sharply increase the amount all workers and their employers will be forced to pay to the federal government.

"Anyone who thinks smokers are the only ones who will be forking over more to Uncle Sam is being sadly misled," said Holan.

"This plan is going to hit everyone who earns a paycheck. No one really knows what the final cost will be, but the administration has estimated it'll cost \$419 billion over the next six years. People should not be misled by words like premium, purchasing alliances and global budgets. The money is going to have to come from somewhere, and that somewhere is taxpayers pockets," Holan said.

Oregon Smokers' Rights believes reforms are needed in the American Health-care system, mainly to stop the cheating, chiseling and price-gouging that have become rampant in the system as the federal government's involvement in paying health costs for the elderly and poor has increased.

According to the Feb. 24, 1993 U.S. News and World Report, health care fraud costs us \$50 to \$80 billion a year in this country," Holan said.

Many believe this outright theft, coupled with unnecessary tests and procedures, is mainly to blame for the explosion of health costs and insurance rates, said group leaders.

"Just a couple of weeks ago, the Clinton Administration made a great show on the Capitol steps with stacks of documents representing waste in federal government they intend to eliminate. They touted this Reinventing Government policy saying that the government can't go on raising taxes and spending more

money and create a bureaucracy to fix every problem. Now, though, Clinton is talking out the other side of his mouth," Holan said.

"The economy of the Pacific Northwest has been slow to recover from the 1990-91 recession, and businesses are still struggling. Slapping all these new health costs on employers and workers will slow down, if not altogether paralyze, growth anytime soon," Holan said.

Holan announced that Oregon Smokers' Rights is mapping strategy for an all-out fight against the president's costly plan and is urging all taxpayers to tell their federal representatives in Washington not to vote for it.

"People are still furious over the way the deficit-reduction plan, which included big new tax bills for average Americans, was handled," said Holan. "We think they'll be just as angry when they understand how much more this plan will raise their taxes."

Hollywood Here We Come!

The 1994 Beaverton Little Miss of America Preliminary will be held Saturday October 23, 1993 at the Shilo West Inn in Beaverton.

The winners will advance to the Final State Competition to be held in the spring of 1994.

The Pageant is open to babies ages 3-35 months with three age divisions boys and girls, and girls age 3-17 with 5 age divisions, and boys ages 3-10 with 2 age divisions. The divisions are broken down as illustrated

Judging will be based on natural Beauty, Poise, and Personality. An optional Talent competition will also be offered.

Winners of each age division will receive the opportunity to represent their area at the State Finals. Winners will receive the Official Trophy, Crown, and Sash.

Little Miss of America is in it's

Babies	Pee Wee	3-12 months
	Minnie	13-23 months
	Baby	24-35 months
Little Miss	Tiny Miss	3-4 years
	Little Miss	5-6 years
	Junior Miss	7-9 years
	Miss Pre-Teene	10-12 years
	Young Miss	13-15 years
	Miss Teene	16-18 years

15th year of competition and is designed to help young people develop poise & character while experiencing the spirit of competition. It's goal is to give America's youth the opportunity to compete for fabulous prizes and opportunities.

For entry information on the Beaverton Preliminary Pageant, please call (206) 771-6527 or write: Oregon State Little Miss Of America

15620 Hwy 99 Ste. #4
Lynnwood, WA 98037

Carpal Tunnel Syndrome Forum

Legacy Health System Offers A Community Forum

Carpal Tunnel Syndrome is a common problem of the hand. Early diagnosis and treatment helps prevent permanent damage.

Dr. Ira Weintraub, orthopedic surgeon will discuss the latest ways to prevent and treat this common problem, on Wednesday, October 6, 7 at 8:30pm, at Good Samaritan Hospital & Medical Center's NSC Auditorium.

The class is free, however, pre-registration is required. Call Legacy Health System at (503) 335-3500.

Legacy Health System includes Emanuel Hospital & Health Center, Good Samaritan Hospital & Medical Center, Holladay Park Medical Center, Meridian Park Hospital, Mount Hood Medical Center, Visiting Nurse Association and CareMark/Managed Healthcare Northwest PPO.



Working Calendar Of Events

1993

October

- 1-3: Fall Home & Garden Show A,B,C Nick Mason 246-8291
- 2-3: Friends of the Library Book Sale W Susan Hathaway-Marxer 248-5439
- 8-10: Fall Boat Sale A,B Michael O'Loughlin 246-8291
- 9: USA Harvest Food Drive C Amy Sim 292-8897
- 16-17: NWCC Car Show & Swap Meet All+ Doug Delano 654-5272
- 22-24: 1993 Ski Show A,C Dan Schindler 249-7733
- 23-24: Great American Train Show South Randy Bachman 708-834-0652
- 29-31: Antique & Collectible Show & Sale All Chris Palmer 282-

Kafoury To Target Unsafe Rentals

On Friday, September 24, Commissioner Gretchen Kafoury held a press conference to announce a new housing inspection program that will improve the quality of rental housing in three target neighborhoods.

The new Target Inspections Program marks a fundamental change in the Bureau of Buildings approach to enforcing the housing code. Rather than waiting for citizen complaints, a specially trained team of inspectors will begin to systematically inspect rental property in three target neighborhoods, and require owners to fix all health and safety violations. One inspector will be assigned full-time each neighborhood.

The inspectors joined Kafoury and representatives from community groups at the NW corner of Unthank Park, N. Kerby and Shaver, to unveil the target areas, and began initial inspections.

Health Check Ups For Women Offered

A health check-up for women will be given from 9am to 1pm, Saturday, October 30, 1993, at Western States Chiropractic College Clinic in Portland.

The \$20 examination fee will cover the cost of a pelvic exam with pap smear, breast exam with instructions on self examination, and spinal evaluation. The health screen also includes a urinary lab test and a blood pressure check. The check-ups are administered by fourth-year interns under the supervision of chiropractic physicians.

Women are encouraged to call early for appointments at 255-6771 as openings are limited. The clinic is located in the Parkrose area of Portland at 2900 NE 132nd Avenue.

Established in 1904 and accredited by the Northwest Association of Schools and Colleges, Western States Chiropractic College grants a four-year doctor of chiropractic degree.



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Join Any Class Anytime Northeast Portland

Maranatha Church
4222 N.E. 12th
(Enter on Skidmore)
Sat. 9:30 a.m.

Nationwide Insurance
919 N.E. 19th Ave.
Wed 11:30am

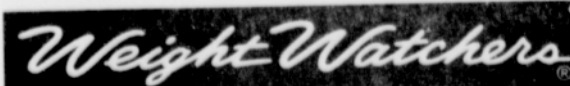
Tillamook Park Bldg.
2108 N.E. 41st Ave.
Mon 7pm
Tues 7pm
Wed. 9:30am & 5pm
Thurs 7pm
Fri 9:30am

Temple Baptist Church
1319 N.E. 7th
Fireside Room
Tues 12pm

North Portland
Northminster Presbyterian
2823 N. Portland Blvd.
Fellowship Hall
Tues 7pm

University of Portland
5000 N. Willamette Blvd.
Columbia Hall
(Enter from Portsmouth)
Wed. 5pm

Call Collect Weekdays, 8:30 am to 5:00 pm, (503) 297-1021



As People vary, so does individual weight loss, maintenance and results.

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Oregon's Lottery
Megabucks
9/22/93 12 40 05 09 39 18
9/25/93 07 34 42 36 26 11
Powerball
09/22/93 18 15 04 40 17 PB 43
09/25/93 02 01 08 16 23 PB 09

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