

OBSERVER

Vancouver

Living greater

The Portland Observer

Fall Friday Dances

Set For Teens At Marshall Center



Rap Dancers The Dynamic Duo

Friday, Sept. 24 kicks off the City Of Vancouver Parks and Recreation Department teen dance schedule at Marshall Center, 1009 E. McLoughlin Blvd. Vancouver area students 12-15 years old can

enjoy music in the gym from 7:30 to 10pm. Games and refreshments will be available in the game room.

Admission is \$3 with student I.D. and \$3.50 without. Entrance is through the game room door. Mu-

sic is provided by sound Supply with Rap dancing by the Dynamic Duo, starring T.J. Merfeld and Matt Cavinta.

Future dance dates are Fridays Oct. 8, 22 and Nov. 5.

Community Parade Seeks "A Few Good People"

The seventh annual Vancouver Veterans Day Parade is set for Saturday, November 6. The All volunteer parade committee is actively seeking and signing participants from throughout Clark County.

Because it is a community parade, civic groups, service clubs, fraternal orders, schools, churches,

businesses, local organizations, political parties and elected officials are invited to march or ride your entry.

To enter, call 696-5913 from 1 to 7pm, Monday through Sunday. Registration forms are available at the City Hall first floor Kiosk, 210 E. 13th Street; Ted's Place, 615

Main; American Legion Post #14, 710 Esther; and at Headquarters, Vancouver Barracks, Building 635. Entry deadline is October 12.

The one-mile march through downtown Vancouver starts promptly at 11am, Saturday, November 6 from the corner of East 5th and Reserve Streets.

It's A Win, Place, And Show For CVTV

CVTV, Cable Channel 47, the city/county local government channel, received three awards on Saturday, Sept. 11 when the National Association of Telecommunication Officers and Advisors announced the winners of the 8th annual Government Programming Awards at a ceremony in Orlando, Fla.

Awards were given to three CVTV productions in the following categories:

- First Place Award for "Special Events Documentary"-- "The Voyage of ReDiscovery," the story of the reconstruction of the first boat which explored the Columbia River (producer: Jim Demmon);

- Second Place Award for "Instruction/Training Production"-- "Silencing False Alarms," prepared for the Vancouver Police Department



Donna M. Mason, Cable TV Director The CVTV Executive Producer

(producer: Jim Demmon);

- Third Place Award for "Children's Programming"-- "The Murky Water Caper," a play encour-

aging children to protect precious water resources (co-producers: Janet Healy and Paul Harris).

More than 503 entries were received in all categories of the awards contest this year from cities across the country. Entries were judged on the basis of creativity in achieving stated objectives, technical proficiency and diversity of programming.

"This is a tremendous honor for the City of Vancouver and Clark County, and we hope that the entire community will feel proud of CVTV's programming accomplishments," says Donna M. Mason, Cable TV director of the CVTV executive producer.

CVTV Cable Channel 47 is jointly funded by the City of Vancouver and Clark County.

TRAFFIC AND TRANSPORTATION COURSE OFFERED FREE

The Portland Traffic and Transportation course sponsored by the City of Portland is being offered again at Portland State University during Fall 93. For the first time, this course will be free to Portland neighborhood volunteers and community activists.

The eight week non-credit course will be held Wednesday evenings, September 29-November 17. Students will examine Portland transportation history, and current policies and funding sources for transportation improvements, as well as innovative

practices in Portland on traffic calming and alternative transportation. Facilitated by Rick Gustafson, former Metro executive officer, speakers include Portland Commissioner Earl Blumenauer and senior staff from Portland's Office of Transportation, Tri-Met, and Metropolitan Service District.

Students will use the information from the course to develop projects that will be presented to a panel of transportation professionals during the final class session.

To qualify for a full scholarship, you must be a Portland resident and a neighborhood volunteer or community activist. All others may enroll in the course for a fee: non-credit \$57, one credit \$124.

To register for the free non-credit class or for more information, call Robin Gunn, Bureau of Traffic Management, at 823-6828. All other registrations should call Portland State University at 725-4832, or toll-free 1-800-847-8777, ext. 4832.

Two Million Americans Lose Health Insurance Each Month

Two million Americans lose their health insurance each month, according to a report released by the health consumer group Families USA.

"Some lose insurance for a month or two. Some for a year or more. But, however brief, it's a terribly dangerous time for a family. If a child gets seriously ill, it can destroy a family's security forever," said Ron Pollack, executive director of Families USA.

The following states have the highest number of people who lose their health insurance each month: California (306,000); Texas (173,000); New York (130,000); Florida (113,000); Illinois (90,000); Ohio (89,000); Pennsylvania (89,000); Michigan (76,000); North Carolina (64,000); Georgia (62,000); Virginia (55,000); Louisiana

(51,000); and Massachusetts (50,000). "Who are the two million? They're people who get laid off. People who can no longer afford skyrocketing health premiums. They're people who get sick and lose their coverage because of insurance company 'fine print,'" Pollack said.

"The two million are people just like you and me. Next month it could be you and me," Pollack said.

Most people who lose health insurance are without insurance for less than a year, according to the report. About 48 percent of people who lose insurance become insured again within five months. Oregonians are losing at a rate of 27,000 per month.

"Losing health insurance is like a skid on a icy mountain road. It's over quickly. You'll probably survive

it. But your family may go over the edge," Pollack said.

"Two million Americans will lose their health insurance each and every month until we pass comprehensive health reform," Pollack said. Two million Americans a month can't afford to wait long for reform.

The report uses data from the Census Bureau's 1990 Survey of Income and Program Participation, updated with Census Bureau estimates of population changes to 1993. State estimates are based on data from the Census Bureau's Current Population Survey and the U.S. Department of Health and Human Services' 1987 National Medical Expenditure Survey. Families USA is the consumer group fighting for health and long term care reform.

Portland Audubon Shows New Wings

Portland Audubon is displaying! The public is invited to an Open House at Portland Audubon Society to learn about Audubon's many nature oriented activities and tour its renovated facilities and wildlife sanctuary. This no cost, family oriented, come and go event is scheduled for Saturday, October 2, from 10am to 6pm. Portland Audubon is located at 5151 NW Cornell Road.

There will be opportunities to sample Audubon's hands-on approach to environmental education, question our activists on conservation issues, review maps and see slide shows of turn-of-the-century work and our current forest and urban natural area projects. Owen, the Barn Owl

and Sidney, the Redtailed Hawk will star in PAS' Wildlife Care Center presentations. Guided walks into our Wildlife Sanctuary will show off our old growth featured forest - just 4 miles from downtown Portland.

Highlighting the festivities will be the Seventh Annual Bird Call Contest at 2pm! Whether one is a contestant, a fan or just thinks this is a pretty weird idea, no Portlander will want to miss this popular event.

Portland Audubon's mission is to promote the enjoyment, understanding and protection of the natural world. With over 7,000 local members, the volunteer based "PAS" is a leader among the 500+ independent Audubon societies in the U.S. Major priorities are education, including

natural history programs and classes for children and adults, and conservation of urban natural areas, forests, wetlands, high desert wilderness, and the wildlife that inhabit them. Additionally, Audubon runs a Wildlife Care Center which treats for release over 3,500 injured and orphaned wild animals each year, operates a nature store, and manages 160 acres of wildlife sanctuary in Portland's west hills.

All Open House activities are free and open to the public. Our Nature Store will be open as well, offering its unique nature-oriented gifts, books and equipment and membership opportunities. Refreshments will be served. For more information, or to enter the Bird Call Contest, call the Audubon Society at 292-6855.

Museum Week 1993 Features The Oregon Trail

The Oregon Trail is the theme for the seventh annual Museum Week at Maryhill Museum, 9:30am to 1pm, daily, October 4 through 8.

Maryhill Museum invites fifth and sixth students and Home Schoolers to daily programs highlighting the art, literature, and history of the Oregon Trail.

The program focuses on cross-cultural comparisons between Native People living along the trail and Euro-Americans who traveled west to find the "promised land." Students participate in several programs designed to teach the Oregon Trail in an interdisciplinary manner involving art, literature, history and social studies. The day-long program concludes with a performance entitled "Mary Francis Remembers." Molly Coyle Smith, a direct descendant of Oregon Trail

Pioneers, relies on historic accounts and stories to narrate an account of the "Cody" family as they leave their home in Missouri and travel west.

Museum Week is a semi-annual event sponsored by Maryhill Museum. The cost is \$2 per student with free admission for teachers and chaperons. Programs are based on a central theme and repeated daily. Groups come for one day during the week. Teachers packets, programs, supplies, and a morning snack are included in the cost. Class size is limited to 150 students a day, and classes will be registered on a first come, first-serve basis.

For information or to make reservations contact Maryhill Museum's curator of education at (509) 773-3733.

Get A New Attitude About Cancer

You could be one of the thousands of Black Americans saved over the next ten years. The fact is, Black Americans are diagnosed with cancer and die from it more often than any other group. But what most Black Americans don't know is that many more would survive cancer if it were discovered early and treated right away. By adopting a "new attitude" and making some simple lifestyle changes, you will be taking crucial steps toward maintaining your health.

According to recent statistics,* the leading causes of cancer death for Black Americans are:

Black Males	Black Females
1. Lung	1. Breast
2. Prostate	2. Lung
3. Colorectal	3. Colorectal

In 1992, about 115,000 cases of cancer will be found in Black Americans.

*Cancer in Minorities, Cancer Facts and Figures 1992.

Washington Lottery

Wednesday, September 15, 1993
21-24-40-41-44-46

Saturday, September 18, 1993
04-08-19-33-37-38

Classes Offered By St. Vincent Hospital And Medical Center

"Infant Massage, a course to enhance the special relationship between infants and parents will be held Mondays, October 4 through the 25th from 7 to 8:15pm at the hospital's Health and Lifestyle Center located at Tanasbourne Medical Plaza, 1885 NW 185th Ave., Aloha. Infant massage can help the baby feel relaxed and soothed and ease problems with colic and gas. Cost is \$35. Preregistration is required. Classes are taught by a certified infant massage instructor.

A Class to help moms understand their own personal mothering style using the Meyers-Briggs Type Indicator called "Even Mothers Need Mothering" will be held Tuesdays, October 5 through 12th from 7 to 9:30pm at the hospital's Mercantile Medical Center 4015 SW 185th Ave. Aloha. Cost is \$25 and Preregistration is required.

For more information on either class call St. Vincent's Health And Lifestyle Center, 645-4864.

If you live in Vancouver, WA and would like to submit material for this page(include photos when applicable), please address to Portland Observer, P.O. Box 3137, Portland, OR 97208, Attn: Editor