

HOUSING

The Portland Observer

Checklist Released To Evaluate President's Clinton Health Plan

Families USA, the health care consumer group, released a checklist that consumers can use to decide if the President's health reform will help their families.

"You can clip the checklist and use it as a tool to evaluate the President's televised address to Congress on September 22," said Ron Pollack, executive director of Families USA.

Families USA is making the checklist available to consumer groups and newspapers around the country.

"Americans need to make up their own minds about health reform. We must not let the insurance companies and drug companies tell us what to think," Pollack said.

"Two million Americans lose their health insurance each month. Americans should make sure that the

President's plan will guarantee that you and your family won't EVER lose your health insurance, no matter what," Pollack said.

The checklist suggests this and nine other key questions consumers should ask about the President's plan.

The ten questions on the checklist are:

1) Does it guarantee that you and your family won't EVER lose your health insurance, no matter what?

2) Does it include comprehensive hospital care, doctor care and preventive medicine?

3) Does it include help for your family to provide long term care to a father with Alzheimer's disease or a mother with crippling arthritis at home, where you want them cared for?

4) Does it start to do something about getting skyrocketing health

charges under control?

5) Does it help protect small business from insurance company overcharges and unfair rules?

6) Does it guarantee that you can change jobs or move to another state without losing your health benefits?

7) Does it protect you from "fine print" that insurance companies use to cheat you out of benefits you've paid for?

8) Does it reduce the paperwork burden on your doctor?

9) Does it give you somebody to complain to if you're not happy with the service you get from your doctor or hospital?

10) Does it help you cope with prescription drug prices?

Families USA is the national health reform consumer group. It accepts no funds from the insurance and drug companies.

CLIP AND SAVE. USE THIS TO SCORE PRESIDENT CLINTON'S TELEVISED SPEECH.

CONSUMER CHECKLIST FOR EVALUATING PRESIDENT CLINTON'S HEALTH REFORM.

- | | |
|--|--|
| <p>1 Does it guarantee that you and your family won't EVER lose your health insurance, no matter what? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <hr/> <p>2 Does it include comprehensive hospital, doctor and preventive care? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <hr/> <p>3 Does it include help for your family to provide long term care to a father with Alzheimer's disease or a mother with crippling arthritis at home where you want them cared for? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <hr/> <p>4 Does it start to do something about getting skyrocketing health charges under control? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <hr/> <p>5 Does it help protect small business from insurance company overcharges and unfair rules? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> | <p>6 Does it guarantee that you can change jobs or move to another state without losing your health benefits? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <hr/> <p>7 Does it protect you from "fine print" that insurance companies use to cheat you out of benefits you've paid for? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <hr/> <p>8 Does it reduce the paperwork burden on your doctor? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <hr/> <p>9 Does it give you somebody to complain to if you're not happy with the service you get from your doctor or hospital? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <hr/> <p>10 Does it help you cope with prescription drug prices? <input type="checkbox"/> YES <input type="checkbox"/> NO</p> |
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Prepared by FAMILIES USA Foundation, the nonpartisan, nonprofit consumer group leading the fight for health and long term care reform. Families USA Foundation does not accept any money from the insurance and health industries.

Nation Of Islam

The Hon. Elijah Muhammad said/taught that, "Civilization is knowledge, wisdom, understanding, culture and refinement; Pursuit of happiness." The human family is in the terrible condition (war, disease etc...) that it is in because learning is not king (priority). An individual can only act on what the conscious or/and sub-conscious mind knows. The more one knows the more power an individual can extract from self to enjoy their existence, because the self is from God. And this self is a ruler or the ruler in each and every person. We run into trouble when we do not listen to this inner ruler of our being. The aim of our inner self is to lead and give us guidance by which we may be successful. But we live in a world that is spiritually and morally under developed which makes us to view the inner self as unimportant. So there must be a re-building in the people of moral and spiritual consciousness. We must receive a teaching that will cause us to condemn our own action only then will there be an awakening of moral consciousness, which will lead to a spiritual awakening. The moral and spiritual awakening of human beings can be compared with the Bible's story of Jacobs ladder. Jacobs ladder is symbolic of all of us on our journey to the Most High God. I am one of those who believe that Min. Louis Farrakhan is a brother

that is divinely guided, in this time era, to take us further up the ladder. Jabril Muhammad said of Min. Farrakhan that, "A recent event that demonstrates that those words fit Minister Farrakhan occurred on the 18th of October, 1992 when nearly 60,000 people went to the Georgia Dome, in Atlanta, Georgia. They went to see this Black man with \$10.00 each to help defray the expenses involved. They did not go to hear a man dance a dance. They did not go to be entertained, in the usual sense of the word. Instead, they went with the intentions of listening to a black man speak to the heart of their concerns. The opening game of the world series took place at about the same time, and more people went to hear him speak than were in attendance at the ball game! The very nature of the mission of the Honorable Louis Farrakhan is such; the combustible elements that make up the problems of America--especially the core problems, which is the position and condition of 40-50 million Blacks--is such, that no one can forever avoid the impact of his presence, message and work. (This is The One Page 150-51) So let us study and learn from this wonderful brother of ours. "Man can be an animal or man can reflect Allah (God). You start in this world, like a fish, swimming in a bag of water. You evolve out of that and you come forth crawling,

like other crawling things on Earth. Allah (God) never intended for you to be an animal. He wanted you to be a perfect reflection of himself (Holy Quran 11:7). But, there must be a coming out of the animal stage of development into a moral consciousness, where you have a spirit in you that accuses you for what you do, based on that which you know instinctively is right. (Self-Improvement Speech Pages 14-16) "Farrakhan for president" Ice cube's The Predator Thank you for reading this, your brother Elijah X Jefferson-Ghetto Rise.

New PayLess Drug Store To Be Environmentally Sound

When the doors open to the new PayLess drug Store located at 4346 Cully Blvd. in Portland, they will open into a building that is state-of-the-art in terms of energy conservation. The Portland Store is tentatively scheduled to open in November. "We want to be environmentally responsible in the way we do business," said PayLess President and CEO Tim McAlear. "That affects the way we construct our stores, and how we operate them once they open." For maximum efficiency, new PayLess Drug Stores have insulation in the outside walls and roof which exceeds code. In addition the store air conditioners use what is known as "energy economiz-

ers." These economizers measure outside and inside temperature and, when possible, use outside air rather than refrigerated air to cool the store. The energy savings are evident in the lighting system as well. The fluorescent fixtures are equipped with energy-saving electronic ballasts and triphosphorus T-8 lamps. These lamps produce more light per watt of energy than typical fluorescents. The fixtures are recessed, and have reflective backs to increase their efficiency. The California Energy Code, also known as Title 24, sets the most stringent standards for energy conservation in the western United States. PayLess Drug Stores has adopted these

standards as a minimum for all new construction, even outside California. "In many cases, we go beyond Title 24 standards just to be as energy efficient as possible," said Joe Sweeney, Electrical Design Engineer of PayLess Drug Stores. According to Sweeney, the company is continually breaking new ground in energy conservation. "For nearly 20 years executive management has given us a great deal of latitude in trying out new options. Through experimentation and study we have developed a store plan that is extremely efficient," said Sweeney. One of the major features of the energy savings program is a com-

puter monitored energy management system. The operating information collected from each Heating, Ventilating and Air Conditioning (HVAC) unit allows the equipment to be run at peak efficiency. Lighting and temperature control are linked to the time of day, automatically changing the thermostat setting to conserve energy. All this adds up to a savings of over 20 percent in energy usage compared to stores that are not similarly equipped, according to Sweeney. "Taking care of the environment is everybody's concern," concluded McAlear. "We will continue to do everything we can as a company to promote environmental responsibility."

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COMMISSION MEETING

Date: September 15, 1993
Place: Portland Building
1120SW Fifth Ave., 11th Floor
Portland, Oregon
Time: 8:00 a.m.

Commission meetings are open to the public. A complete agenda is available at PDC or by calling 823-3200. Citizens with disabilities may call 823-3232 or TDD 823-6868 for assistance at least 48 hours in advance.

PDC is the City of Portland's urban renewal, housing and economic development agency.

Washington Lottery

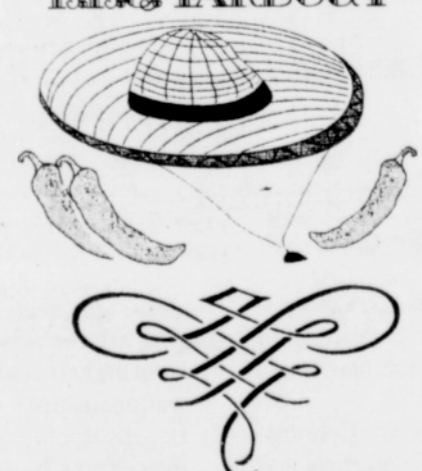
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Saturday, September 4, 1993
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