

OBSERVER

Living in greater Vancouver

The Portland Observer

Revlon Sponsors 16th Annual Kizzy Awards



Celebrating at the 1993 Kizzy Awards in Chicago are (left to right): Woody Benedict, Vice President of the awards; District Circuit Court Judge Leslie Elaine South, one of this year's 20 honorees; John Day, President and founder of the Kizzy Awards; Wesley South, Judge South's father; and Elayne McClaine, marketing Director, Revlon, sponsor of the annual awards program.

Following a day and a half of festivities, the 16th annual Kizzy Awards were presented at a gala luncheon in Chicago.

The Kizzy Awards established in 1976 by Chicago radio personality John Day, honors successful black women who serve as role models for young people. This year's tribute went to 20 outstanding women in fields

ranging from politics and large corporate structures to small businesses and outer space.

For the seventh consecutive year, Revlon served as the Awards' major corporate sponsor. The international cosmetic company is a leading provider of beauty products designed specifically for African American women including ColorStyle cosmetics and

Creme of nature hair care essentials. "The Kizzy Awards, which honor women who make extraordinary contributions to their community, and the Kizzy Scholarship program, which provides financial assistance to students, continue to receive strong corporate support," said Elayne McClaine, Marketing Director, Revlon.

In addition to the gala luncheon ceremonies, the weekend included a champagne reception at the Nicole Gallery of Haitian and African American Art, and a luncheon cruise aboard the Spirit of Chicago.

The Kizzy Awards were named for the strong-willed daughter of Kunte Kinte in the Alex Haley novel and TV miniseries "Roots."

Vancouver's Parks Department Offers Summer Playgrounds/Lunch Program

The City of Vancouver launched its summer playground program June 23. The program runs weekdays from 10am to 2pm through August 8. It features arts, sports, tennis lessons, field trips, and weekly themes with special events. A free USDA meal is included.

The program is open to children 5-12 years old. A \$3.00 one-time fee is charged to help purchase supplies for the summer. The fee will be waived for children of families unable to pay.

This program is a non-structured recreational program. An emergency information form must be filled out for each participating child. The program is not a licensed day care operation. Children can come and go as they please. Participation in activities is not mandatory.

The playground site is unsupervised at 2pm when the day's program is completed. The Vancouver Parks and Recreation Department is sponsoring the Summer Food Service Program for children. Free lunches are available to attending children ages 18 and under.

The playground sites and the USDA Lunch Program schedule is:

- Peter S. Ogden Elementary School
8100 NE 28th Street
11am to Noon
- Bagley Community Center
4100 Plomondon
11:15am to 12:15pm
- Martin Luther King Elementary
4801 Idaho Street
11:30am to 12:30pm
- Harney Elementary School
3212 E. Evergreen Blvd.
12:15pm to 1:15pm
- Hough Elementary School
1900 Daniels
12:15pm to 1:15pm
- Fruit Valley Elementary School
3301 Fruit Valley Road
12:30pm to 1:30pm
- Washington Elementary School
2908 S Street
12:45pm to 1:45pm

The program is funded by the U.S. Department of Agriculture. The city conducts the program in partnership with the Vancouver School District and Vancouver Housing Authority.

SCHOOLS OUT Watch Out For CHILDREN

Washington State Lottery Results
Lotto Numbers For Wednesday 06/23/93 • 02-10-13-23-37-39
Lotto Numbers For Saturday 06/26/93 • 10-17-21-35-37-38

City Of Vancouver Leads Multi-Agency Effort To Ensure Safe July Fourth Celebration

A cooperative effort by city, state and federal agencies is being made to manage traffic and ensure public safety during the city's popular July 4 celebration. This effort includes event rules, road closures, parking restrictions, increased staffing by public safety personnel and an emphasis on public transportation.

These measures address several safety, parking and traffic control problems such as impassable streets and disorderly behavior experience during past independence Day celebrations. The goal is to improve public safety and assure the enjoyment of those attending the event. The Vancouver Fourth of July celebration, now in its 31st year, is expected to draw close to 100,000 people.

Event rules include leaving your fireworks, dogs, alcohol and tents or any shelters at home. Coolers will be checked by crowd management and Vancouver police personnel.

On July 4, parking will be prohibited on:

- the I-5 corridor including all shoulders, ramps and interchanges,
- SR 14 from I-5 to the Evergreen Blvd off-ramp,
- the Burlington Northern right-of-way, and
- shoulders and grassy areas on

Ft. Vancouver Way from Mill Plain Blvd. north to Fourth Plain Blvd. and south to Evergreen Blvd. The State Patrol will also close several intersections on SR 14 including V, Grand and Grove streets. The Portco tunnel will close at 4pm. The Park and Ride lot on SR 14 will be closed beginning midnight, July 3. It will serve as a special Washington State patrol headquarters and staging area for towing companies.

"Tow Away Zone" signs will be posted in restricted areas by the City of Vancouver Public Works Department. Vehicles parked in these areas will be towed.

Portions of several city streets near the event site will be closed completely from 6am to midnight on July 4. Fifth Street, from East Reserve to Vancouver Barracks, will be closed from 4:30pm on July 3 to midnight, July 4. Columbia Way, from Who-Song and Larry's Restaurant to Marine Park, will be closed to all vehicle and pedestrian traffic from 8am to midnight on July 4.

Over 90 uniformed Vancouver Police Department personnel will be on duty July 4. City Fire Department vehicles will be stationed within the event site to expedite response time. The stepped-up traffic and parking

control will help ensure the smooth flow of equipment in case of an emergency. Additional fire personnel will also be on duty that day.

To minimize traffic problems, people are encouraged to share rides, use mass transit, walk or bike to the event site.

C-TRAN, the county mass transit agency, will offer free holiday service with extended hours on July 4. After the fireworks, buses will be staged along Ft. Vancouver Way between Evergreen and Mill Plain Blvds. to take passengers home. In addition to regularly scheduled holiday service, C-TRAN will provide free express service to Salmon Creek Park and Ride, Evergreen Transit Center and Vancouver Mall following the event. Tri-Met will also provide express service to Portland after the fireworks.

As an added convenience to event-goers, all city parking facilities in the downtown area-within walking distance of the event site-will be open and free on July 4. Other agencies involved in July 4 enforcement and security planning include the National Park Service, Vancouver Barracks, CRCA (911), Burlington Northern, U.S. Coast Guard and Columbia Industrial Park.

NEWS BRIEFS

"Quick Bites" Can Be Nutritious
Taking the children out for a "quick bite" does not have to mean forsaking good nutrition.

Although fast-food outlets are notorious for fat, salt and empty calories, parents can steer children to more nutritious offerings, said Dr. Corinne Montandon of the USDA's Children's Nutrition Research Center at Baylor College of Medicine in Houston.

Instead of a cheeseburger, try a grilled-chicken sandwich or broiled lean-meat hamburger. Add lettuce and tomato, but hold the bacon, mayonnaise and special sauce.

If the clan opts for pizza,

Montandon recommends a thin-crust version topped with ground beef or mushrooms, green peppers or other vegetables rather than sausage or pepperoni.

If the choice is Mexican food, chicken fajitas, rice and green salads are healthy choices. Avoid high-fat taco salads.

Communication Important For Families With Cancer

For families and friends of cancer patients, open communication is often the key to coping with the disease.

People deal with cancer the same way they handle other major life stresses, said Dr. Lois Friedman, a

psychologist at Baylor College of Medicine in Houston.

Some family members may avoid talking about the illness or may withdraw from the patient. Others react by maintaining a cheerful facade.

Friedman offers these suggestions for coping with cancer in a family:

- Include the patient in all family activities.
- Inquire about the patient's illness.
- Do not avoid using the word "cancer" around the patient.
- Avoid being overly protective of the patient.



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