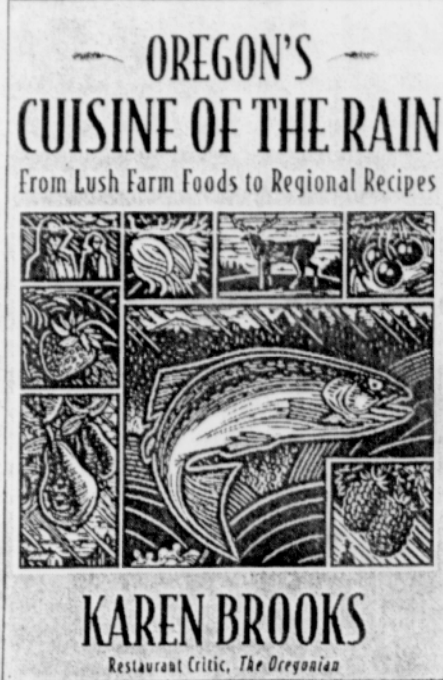


FOOD & NUTRITION

Oregon's Cuisine Of The Rain

"Ms. Brooks captures the essence of new cuisine with this wonderful compilation of recipes."

— Caprial Pence, co-owner, Westmoreland Bistro and author of *Caprial's Seasonal Kitchen*



"Karen Brooks has assembled an exemplary collection of accurate, reflective recipes from Oregon's best chefs, restaurateurs, and home cooks. *Oregon's Cuisine of the Rain* is that rare book. It makes you want to pin a note to the pillow: 'Gone to Oregon.' This is a dangerous cookbook."

— Matt Kramer, author of the *Making Sense* books on wine

The Pacific Northwest is the last great untapped regional cooking territory in this country and Karen Brooks is its most eloquent and authoritative spokesperson. Presently the Arts Editor and Restaurant Critic of *The Oregonian* in Portland, Brooks has spent the last decade observing and writing about the Oregon food scene. The result of her efforts is *Oregon's Cuisine of the Rain: From Lush Farm Foods to Regional Recipes*, the first definitive collection of Oregon recipes that captures everything the region has to offer: world class produce, fertile valleys where blackberry brambles and prize-winning zucchini are as common as weeds, fish of every stripe and fin, a wine region gaining in international stature, and a crop of talented young chefs and home cooks with an exciting repertoire of original recipes that genuinely speaks to the Northwest experience.

"When I recall the taste sensations of my childhood, they lead me to the great razor clams, the succulent Dungeness crab, the salmon, crawfish, mussels, and trout of the Oregon coast."

James Beard

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Unlike other regional fare, Oregon cuisine is neither a fad nor a special-occasion style. It can easily be incorporated into the everyday diet and is in tune with the kind of recipes cooks want today: lots of fresh fish, chicken, pasta, and vegetables prepared in imaginative ways without relying on an abundance of specialty foods. From Gingerbread Pancakes with Apple Compote, Gathered Greens with Field Flowers in Walnut Vinaigrette, and Poached Silver Salmon with Rhubarb Compote, to Hazelnut Lasagne with Oyster Mushrooms, Chicken with Blackberries, Limes and Fresh Herbs, and Blueberry Sourdough Bread Pudding, *Oregon's Cuisine of the Rain* is crammed full of easy recipes for fabulous meals.

Oregon's Cuisine of the Rain provides much more than just great recipes. Brooks also takes the reader on an almost mystical journey of the new Oregon eating experience as only the

region's best-known food writer and restaurant critic could. The consummate culinary insider, Brooks provides glimpses at Oregon traditions and specialties ranging from the hunt for the elusive blue huckleberry, to the ultimate custom cooking of Briggs and Crampton's Catering and Table for Two, where lunch is served for two people only and the reservation list runs into the next fiscal year.

With a lively perspective, an extensive food primer to define foods of the region, and the only current collection of recipes drawn from Oregon's top chefs and home cooks, *Oregon's Cuisine of the Rain* is your guide to the best Oregon has to offer.

Karen Brooks has observed Oregon's Burgeoning food scene for more than a decade and is currently Arts Editor and Restaurant Critic of *The Oregonian* in Portland. Her articles on food and travel have also appeared in many national publications, including *The Chicago Tribune*, *The St. Louis Post-Dispatch*, and *The National Observer*. She is the author of *The Complete Vegetarian Cookbook* and *The Global Kitchen*.

Oregon's Cuisine Of The Rain by Karen Brooks
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Food Stamp Decrease

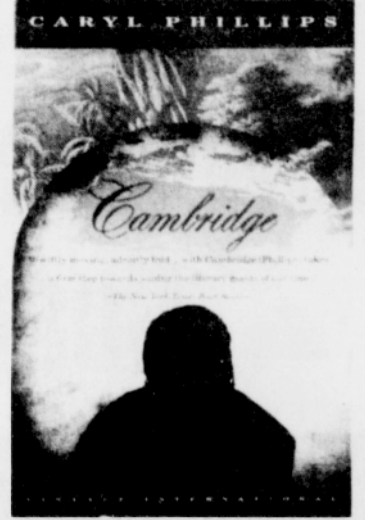
Many Oregonians who receive food stamps will see a drop in their benefits beginning in April.

The change results from an adjustment made in benefit computations each spring because of lower utility bills that come with warmer weather. During cold winter months, recipients are given additional food stamps to offset the cost of heat. As utility bills decline in spring and summer, the extra benefits are discontinued.

The decrease in benefits should average between \$20 and \$30, and will affect only recipients who use a "standard utility allowance" rather than their actual utility costs in computations.

In Oregon, approximately 121,000 households containing 280,000 people receive food stamps. More than \$20 million in benefits are distributed each month by AFS, which administers the program in this state. The cost of food stamps is paid by the federal government, with costs of administration split between federal and state funds.

Caryl Phillips reads from his new novel, *Cambridge* (Vintage). Born in the West Indies and raised in England, Phillips graduated from Oxford and promptly embarked on a writing career that has encompassed a variety of genres: his work includes script writing for television and radio, movie screenplays, stage plays, non-fiction, and novels. His 1985 novel, *The Final Passage*, won the Malcolm X Award, and *The European Tribe*, a work of non-fiction, was awarded the 1987 Martin Luther King Memorial Prize. He has also written the novels, *A State of Independence* and *Higher Ground*.



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