

METRO *Life*

LIFE IN THE PORTLAND METROPOLITAN AREA

The Portland Observer



Emanuel's Healthy Kids Fair

Emanuel Children's Hospital will host its fifth annual "Healthy Kids Fair" from 10am to 3pm, Saturday, April 10.

Free activities for families include a Bike Rodeo-where children can ride their own bikes through a special road skills course, a Teddy Bear Clinic-for children to bring their stuffed animal friends for repair, Easter Egg hunts-scheduled so children can join with others in their age groups, Life flight helicopter and ambulance tours, bike helmet decorating, thumb cast setting, button making, face painting, and cookie eating!

The Portland Wheelman Bicycle Touring Club will be on hand to check Bike Rodeo participants' bicycles for safety and maintenance, and guide them through a skills course where they'll be tested on the "rules of the road." Bike helmets are required; Emanuel has extras available for those who don't yet have their own.

Easter Egg hunts are scheduled throughout the day to accommodate a number of age groups: 10:30am and 1:30pm for ages 3 and under; 11am and 2pm for ages 4 to 6; 11:30 am and 2:30pm for ages 7 to 8.

Children can meet the Life Flight crew, take a look inside a Life Flight helicopter and get a close-up look at an ambulance.

Emanuel Hospital & Health Center is located at the east end of the Fremont bridge.

Emanuel Children's Hospital is a full-service hospital with more than 100 beds dedicated to children and is the most comprehensive private children's hospital in Oregon. It provides a full spectrum of care from mending broken bones to treating seriously ill or injured infants, children and teenagers from throughout the region.

For more information on the Healthy Kids Fair, call 335-3500.

Business Support Helps Strong Program

The Garlington Center Child Enhancement Project has almost reached completion thanks to generous financial support of business foundations such as Wessinger, Meyer Memorial Trust, Paicicorp, First Interstate Bank and Bank of America.

These grants assist in restoring a facility for The Garlington's rapidly growing Children and Adolescent program, a structured therapeutic program serving emotionally disturbed children and their families. The pro-

gram is expected to move to the renovated facility at Skidmore and Mississippi in April.

The Garlington Center is an established non-profit, community based mental health agency. The community-based philosophy was developed to provide affective services to mentally ill persons in lieu of inpatient hospitalization.

This service is cost-efficient and requires less tax dollars to help improve the equality of life for these consumers.

SPRING BREAK

Free Rides

Oaks Amusement Park is offering free rides on the New Colossal 60 Foot Sea Dragon Ride during their 88th Grand Opening. This event will occur on March 20th and 21st, Saturday and Sunday.

The free ride coupons can be found in This Week Magazine and at Pietro's Pizza.

Schedule Of Events
Saturday March 20th 11:00 to 2:00

11:00 Opening Parade with Ockley Green Middle School Band
KFXX's "Dream" Weaver
PSU Viking Football Coach Tim Walsh

PSU Rally Squad and Electric "8" Pep Band

Nautilus Plus Tug-Of-War
Cotillion Expansion Plans Include Multnomah County

The National League of Junior Cotillions, a program of etiquette and social dance training for middle and junior high school students has announced plans to expand its program in Oregon to include Multnomah County and surrounding areas.

The program, with headquarters in Charlotte, North Carolina, was established in 1979 and has licensed local cotillions nationwide. The Junior Cotillion includes six monthly classes plus a Holly Ball and Spring Ball. Says, Winters, "The program has met with equal success in metropolitan areas including Boston and Houston, and in small communities across the country. We believe it will be an important addition to the training of young people in this area."

For additional information call 1-800-633-7947.

Team!!!

2:00 Giant Tug-Of-War between PSU Vikings and Nautilus Plus Team
11:00 to 2:00 Free rides with coupon from This Week Magazine or coupon from Pietro's Pizza

Sunday March 21st 1:00 to 5:00
1:00 Opening parade featuring Girl Scout Flag corp.

Multnomah County Sheriff, Bob Skipper

Lt. John Bunnell, Star of American Detective McGuff,
The Crime Dog and more!

1:00 to 5:00 Students in D.A.R.E.
T-Shirts or any Boy or Girl Scout uniform...RIDE FREE!

Family and friends ride from 1 to 5pm for only \$5.00 with coupon from This Week Magazine or Pietro's Pizza.

Totally Kids Spring Break Special

ATTENTION KIDS AND PARENTS!!! If you're wondering what to do this Spring Break, watch "Totally Kids Spring Break Special". It will give viewers some great ideas on some fun places to visit and fun things to do.

"Totally Kids Spring Break Special" will air on Saturday, March 20 at 12:30 p.m. and again on Monday, March 22 at 5:00 p.m. Tony Martinez of Z100 is the host. He and the studio audience will visit OMSI, the Children's Museum and the Metro Washington Park Zoo.

"Totally Kids Spring Break Special" will also feature local sketch artist Peggy Clark.

"Totally Kids Spring Break Special" will air on KPDX-Fox 49, Cable Channel 13.

Essay Contest Rules

Next Generation Network Breakfast!

One of the most popular events during the recent 22nd annual Black and Puerto Rican Legislative Caucus in Albany, N.Y. was the "Next generation Network Breakfast" at the Omni Hotel which attracted entrepreneurs, corporate executives, community activists, clergy and legislators. Among the guests and speakers were, from left, political consultant Mark S. Pendarvis, New York City Councilman Adam Clayton Powell, IV, Assemblyman Darryl Towns, community relations activist Jennifer Joseph, Brooklyn Congressman Ed Towns, Minister Cheryl Anthony, corporate public affairs professional mark V. Monteverdi, business attorney L. Londell McMillan and Assemblyman Al Vann. The New York City-based network is comprised of African Americans committed to the development of a broad-based agenda that addresses quality of life issues affecting the Black community. Its mission is to build innovative program models, pursue public policy initiatives through effective coalitions and empower the African American through educational, political, environmental, economic and social support.

1. Submit an original essay titled "Why Stay In School" or "Why Stay Off Drugs" to the Portland Army Recruiting Battalion, ATTN : Essay Contest, 4110 NE 122nd Ave., Suite 100, Portland, Oregon 97230-1399.

2. Essays will be no more than one 8 1/2 by 11 inch page, typed double-spaced.

3. On the back of the essay, type your name, address, and phone number and sign your name. Your signature certifies that the essay is your original work and gives U.S. Army Recruiting Command all rights to the essay.

4. Essays will be judged primarily on originality and persuasiveness.

5. Entries must be received or postmarked by April 23, 1993. Award winners will be announced May 3, 1993.

6. Monetary prizes have been donated by:

a. The Society of American Military Engineers-Portland Post.

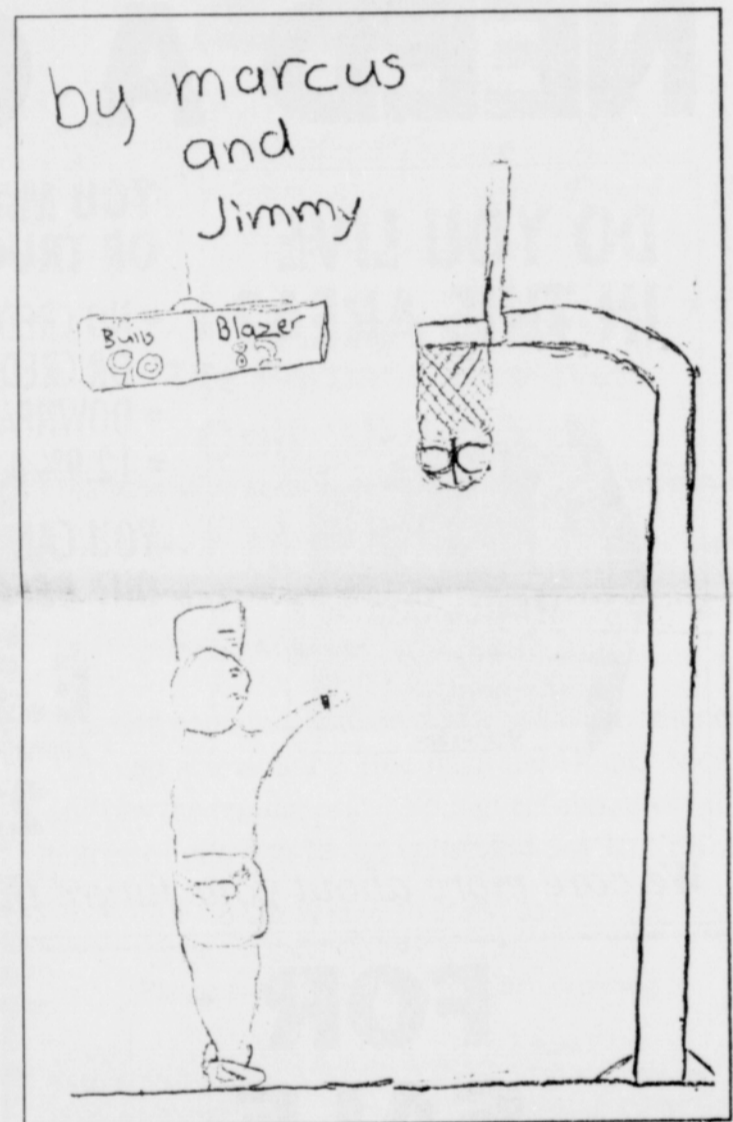
b. Non-Commissioned Officer's Association.

c. VFW Post #2468-Roseburg, OR.

d. VFW Post #9259-Gladstone, OR.



Portland First Nazarene Presents "The Coming" 1993 Easter Musical Drama April 4th, 8th, & 9th. The public is invited. There is no admission charge. 6100 SW Raab Road, Sunset Highway (26) at Sylvan.



Louisiana Social Club

We the Louisiana Social Club of Oregon are having a Easter Party for the children in the metro area, April 3, 1993 at the Annex Building 1625 NE Alberta, from 10am to 1pm. We are asking all parents to stay with their children during this event. The age group will be from 2 to 12 years old. No teenagers please.

Sports Card Jamboree

Jantzen Beach Center and Twin Oaks Sportshouse is hosting a Sports Card Jamboree at the mall on Saturday and Sunday, March 27th and 28th. For more information, call (503)289-5555 or (206) 699-4644.

Kids Are FREE!



AT THE

GREAT AMERICAN TRAIN SHOW

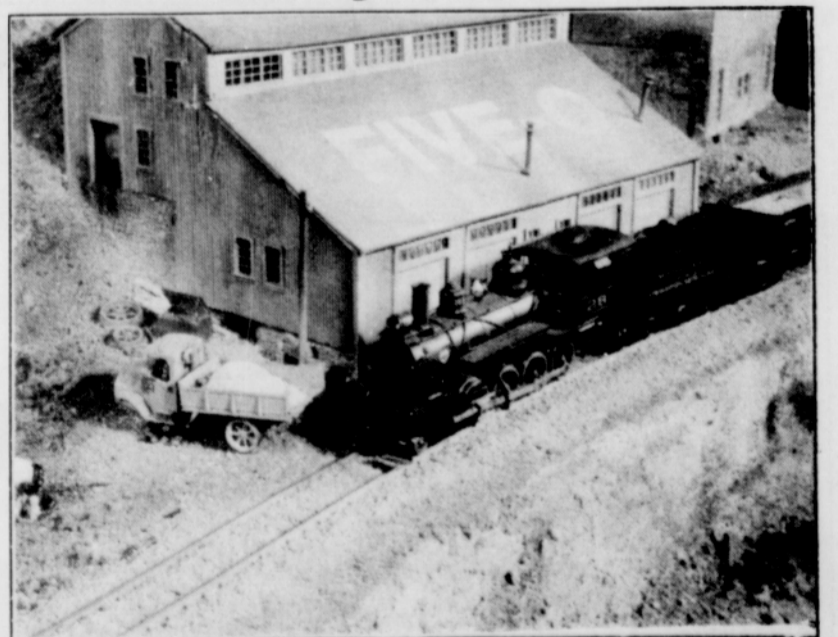
The whole family will enjoy seeing over 10,000 model trains, operating model railroads, and railroad antiques, along with our own layout that you can operate! The show appeals to adults and kids! The show will feature over 15 operating model train layouts and over 300 tables of trains for sale. Great place to be introduced to a fascinating hobby!

Saturday & Sunday, March 20 & 21, 1993
Noon to 5:00pm, both days

Adults \$5.00, Kids under 12,
accompanied by an adult, admitted FREE.

Multnomah County Expo Center
2060 North Marine Drive Portland, OR.

Great American Train Show The Friendly Show People



The Great American Train Show will be in town for a limited stop at the Multnomah County Expo Center the weekend of March 20 & 21, 1993.

This national show will feature over 10,000 model trains on display and for sale. The show appeals to both kids and adults. In addition to all of the trains to see there will be a train display that kids can operate. Many of

Portland's finest displays and model railroaders will be there.

The show is open to everyone from Noon to 5:00pm both Saturday and Sunday. Admission is \$5.00 for adults and kids under 12 are free with an adult.

The Multnomah County Expo Center is located at 2060 North Marine Drive, in Portland, Oregon.