

SPORTS

1993 Portland Observer Boys All Star Basketball Team



"Player Of The Year"
Denmark Reid Jefferson 6'0" Sr.

Portland Observer Player Of The Year Is:

Denmark Reid of Jefferson High School. The 6 foot guard led the Demos to a 14 to 9 record in the 1992-93 season, with a 24.6 scoring average. A deadly shooter from the 3 point range, his overall game was much improved this season.

Denmark will also play his college basketball in his home town, signing to play at the University of Portland next season.

We at the Portland Observer take our hats off to Denmark and look forward to his having an outstanding four years at the University of Portland.

FIRST TEAM
JASON FRANKLIN BENSON 6'2" SO.
RICKY BRIGGS BENSON 5'11" SR.
LELAND MAYES WILSON 6'3" JR.
LEIF SPENCER CLEVELAND 6'4" SR.
NATE WILLIAMS FRANKLIN 6'1" SR.

SECOND TEAM
TYRONE MANLOVE WILSON 6'3" FR.
JAMAIN BRANCH CLEVELAND 6'3" SR.
BRANDON MOYE CLEVELAND 6'2" SR.
JOEL GREENE MADISON 6'2" JR.
K.J. DAWKINS GRANT 6'5" SR.

Benson Saves Face For P.I.L.

The Benson Techman Basketball Team won the Consolation Championship at the Boys State Basketball Tournament last week at Memorial Coliseum.

Tech opened the tournament with a lost to last years champions, Sheldon, 72-65. After that, Benson won three games in a row. The first over Bend 58-45. Then a very close game over David Douglas 50-44.

In the consolation championship game Tech came through again, and scored a 59-51 as four player led the scoring. Center James Udoka played all but two minutes of the game and scored 16 points and has a game high of 11 rebounds. Guard Ricky Briggs had an outstanding tournament. He did not make the All-Tournament Team, but he should have. Ricky scored 13 points, had 5 re-

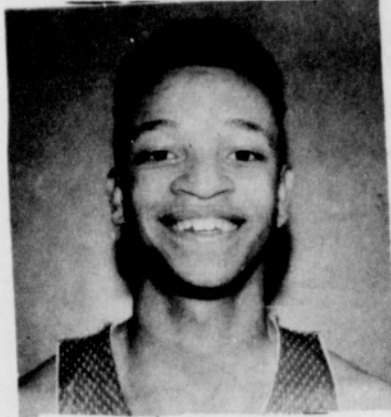
bounds, 6 assists and 3 steals. Jeff Naylor added 11 points. And super Sophomore Jason Franklin played very well in his first state tournament, scored 10 points.

Wilson, on the other hand did not have a very good tournament at all, losing both games they played, 72-52 to Tigard. Tigard eventually won the tournament with a 52-48 win over metro league Hillsboro, Central Catholic.

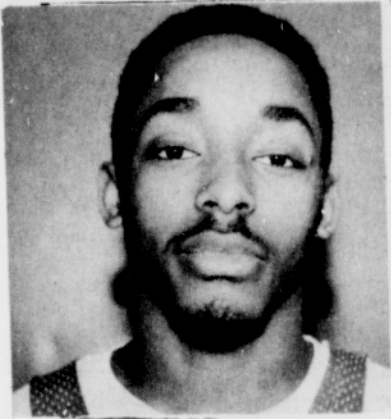
The Trojans 70-59. Wilson had 34 turnovers in its two games. Wilson will be back as a better basketball team, but last week was not very good for Wilson.

Freshman Tryon Manlove, opened many eyes of basketball fans with the way he played in his first state tournament. He will be one of the best to play in the state of Oregon.

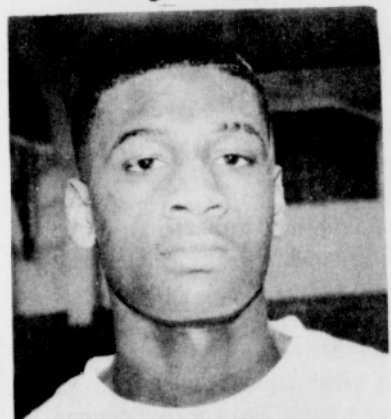
First Team



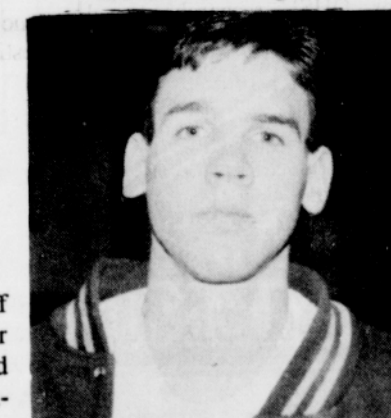
Jason Franklin



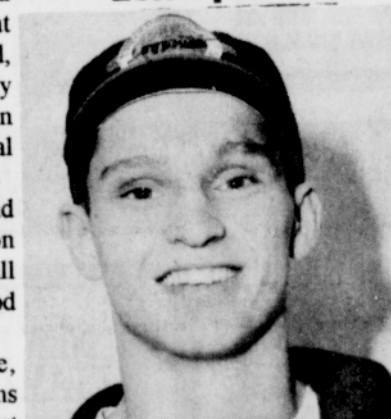
Ricky Briggs



Leland Mayes

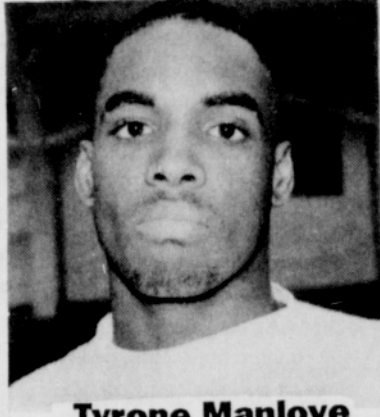


Leif Spencer

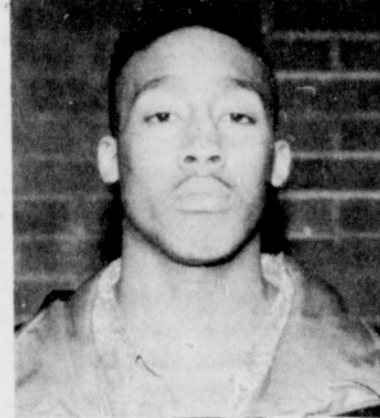


Nate Williams

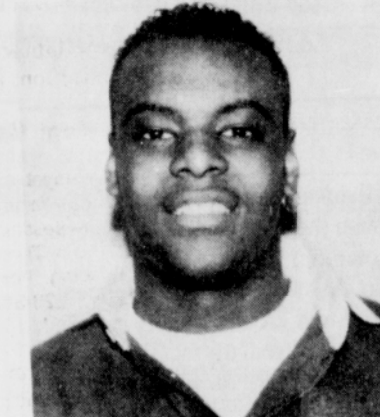
Second Team



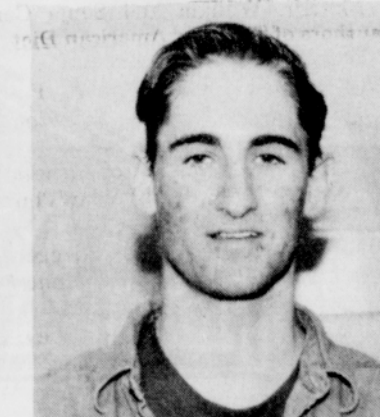
Tyrone Manlove



Jamain Branch



Brandon Moye



Joel Greene



K.J. Dawkins

The Portland Observer

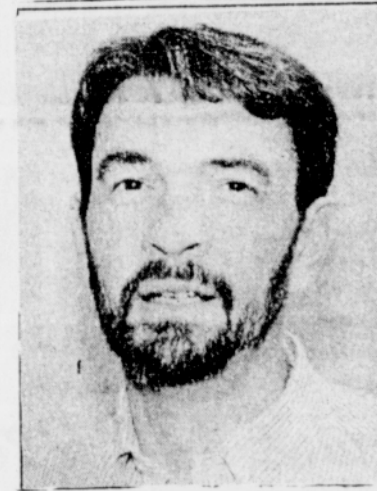
apologizes for the misprint of the headline and the players' names in the last issue.

The corrected information has been printed this week.



Roll Into The World Of Sports This Weekend With John Phillips
Saturday 10 AM To 1 PM Sunday 11 AM To 2 PM On Sports Radio 1520 AM KFX

Portland Observer Coach Of The Year Is:



"Coach Of The Year"
Jack Bertell Wilson 7th Year Record In 1992-93 17-5

His overall coaching record in seven years is 139 wins and only 33 losses. We would like to wish the Trojans well in the boys state tournament and congratulate Coach Jack Bertell for being named The Portland Observer coach of the year.

Jack Bertell of Wilson High School. Bertell led a very young team to a co-championship in the P.I.L. this season with a 17 to 5 record. In 1992 Bertell won a state championship as the head coach of the Jefferson High School Democrats.

PDX Sportsline Times On Paragon Cable On Channels 30 & 38



CHANNEL 30

MONDAY - 8:30 P.M. (LIVE SHOW)
MONDAY - 10:30 P.M. (REPLAY)
THURSDAY - 11:30 A.M. (REPLAY)

CHANNEL 38

MONDAY - 8:30 P.M. (LIVE SHOW)
TUESDAY - 5:00 P.M. (REPLAY)
WEDNESDAY - 9:30 P.M. (REPLAY)
THURSDAY - 7:30 P.M. (REPLAY)
FRIDAY - 9:30 P.M. (REPLAY)
SATURDAY - 4:00 P.M. (REPLAY)



Baseball and Computers

Everywhere you look these days, computers have taken over. And while they have made life easier and more efficient in many ways, we all have had experiences where they created more problems and frustrations than they solved. Baseball's experience with computers is no different — while they certainly make the manager's job easier, they sometimes just end up adding to his frustrations.

As in no other sport, statistics are a vital part of baseball. Long before computers came along, managers used statistics to determine whether a switch hitter's batting average was better from the left or right side, or to size up a batter's ability to deliver a "clutch" hit with runners in scoring position.

Pitchers also make use of statistics. Pitchers scheduled to start the next day often can be found in the dugout charting key information on opposing batters. These statistics, together with scouting reports and personal experience, allow pitchers to develop a fairly good idea of each batter's tendencies. For example, they know which players never swing at a first pitch, as well as those who always try to hit the first pitch.

TEEN WEIGHT
The weight people gain in their teens can have lasting health ramifications, according to researchers evaluating the long-term consequences of adolescent weight gain. Results from the study of 508 individuals-half overweight and half lean as teens-who had participated in the 1922-1935 Harvard Growth study from first grade through high school show that carrying excess weight between ages 13 and 18 predicted an earlier death among men and a higher disease risk for both men and women. Men who were overweight as teens were twice as likely to die from coronary heart disease than those who were slim. Women who were overweight as teenagers were eight times more likely to report difficulty with routine activities-walking one-quarter mile, climbing stairs, lifting things-and were at higher risk for disease overall.

LET'S PLAY BALL!



Jerry Steele
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