

## City Council To Vote On New Nuisance Law

The City Council will vote on a new ordinance aimed at people whose disruptive behavior becomes a chronic nuisance to their neighbors.

The draft law will allow the city to take legal action against property where three or more incidents of harassment, intimidation, disorderly conduct or gun discharges occur within 30 days. Possible penalties include civil fines and a court order excluding people from a property for up to six months.

The new ordinance was proposed by City Commissioner Earl Blumenauer and an inter-agency task force as part of a nine-point plan to improve drug house enforcement. The Council is expected to add an emergency clause so that the measure would take effect immediately.

## Last Chance To Register for Winter Classes At OMSI

There is still time to register for winter day camps and classes at the Oregon Museum of Science and Industry. This year camps and classes are being held at the new museum and a OMSI's Education Resource Center in Washington Park. The classes are designed to offer youngsters, age two through 13, opportunities to learn more about science and the world around them.

Illustrate your ideas with animation, graphics, sound and special effects! Hypercard, a class designed for kids 5th through 8th grade, teaches students how to construct multimedia computer programs.

Students can also discover what's "way down under" in a four day rock adventure. Create crystal gardens and make your own volcano in "Can You Dig it?" First and second graders will also participate in rock hunts and put together rock collections to take home.

All winter classes have limited enrollment. For more information contact the OMSI's Registrar's office (503) 797-4501.

## Unsure If You Can Afford To Buy A Home?

Then you will want to attend a series of free seminars concerning home buying and home ownership. The seminars will provide an overview of the home buying process, explain mortgage financing in general terms and assist with a household budgeting plan. Specific mortgage programs, designed to assist low to moderate income households will also be discussed.

Some specific questions that will be addressed include the following:

How much house can I afford? Sales price? Mortgage amount? Loan eligibility?

What would my monthly payment be? How much down payment would I need to have?

What if I have bad credit, or no credit at all? What about inspections, assessments, building codes, home maintenance?

The seminars will be conducted every month and attendance at the seminars will be required in order to qualify for certain loan programs. Space is limited-reservations will be taken on a first come, first served basis. Please call the Portland Housing Center at 282-7744 to reserve your space today.

The Home Buying Class will run for 4 Wednesday evenings (all 4 classes must be attended) and will begin on Wednesday, January 6 thru 27.

PCC SE Center, Room C-2  
2850 SE 82nd  
6:30 - 8:30 pm

The Portland Housing Center is a private, non-profit program of Ecumenical Ministries of Oregon, and is supported by a unique partnership of private and public funds.

## Notice

The Oregon Family Support Network parent support group in Portland is meeting the 2nd and 4th Thursdays of each month from 7:00 p.m. - 8:30 p.m. at Holladay Park Medical Center, 1225 NE 2nd, Conference Room C, Portland with a break occasionally for holidays. Please have interested families contact their local support group facilitator, Linda Reilly at 774-1824 for information.

## New Hud Secretary Believes Discrimination Can Be Overcome

Henry Cisneros Recalls Personal Experience With Prejudice

Henry G. Cisneros, who President-elect Bill Clinton has named to the Cabinet post of Secretary of Housing and Urban Development, has personally experienced prejudice but firmly believes it can be overcome.

"Don't back down," Cisneros urged those who are faced with discrimination in an interview with the Sunday Parade magazine. "Get an education. Beat them with hard work. This is a good country. Its values are good. It can change. It has proved that."

Cisneros, who is of Mexican descent, recalled an early experience with prejudice that affected him profoundly. While a student at Texas A&M, he qualified for a leadership position in the Corps of Cadets. An adult sponsor didn't want him because he was Hispanic,

however, and recommended a white student who was Cisneros' best friend.

"No, I'm not the most qualified person," his friend said. "Henry is." Cisneros was especially moved because his friend came from a community where there was tremendous discrimination against Mexicans. "And yes," Cisneros recalled, "he insisted I was the guy who deserved it. I came out of that with a sense of that, though discrimination exists, there are decent people."

Emphasizing that immense discrimination still exists, Cisneros said, "I know many Latinos who live in settings that are just patently unfair. They are the majority, but people have conspired against their having voting rights, for example. It continues to exist."

## "Portland Copwatch" Line Begins Taking Calls

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A group of concerned citizens has inaugurated "Portland Copwatch" (321-5120), a special telephone number designed to help the people of Portland monitor their police. Any person who wishes to report a negative or positive encounter with the police is asked to call and describe the event in as much detail as possible. The result will be the only comprehensive record of police conduct maintained independent of the Portland Police Bureau.

The phone line is sponsored by the People Overseeing Police Study Group (POPSG), residents of Portland committed to increasing the role civilians play in police training, policy making and in investigations of police conduct.

All calls to Portland Copwatch will be held in the strictest confidence. Any special requests made by callers in regard to use of the information will be respected. Callers willing to leave their names and numbers will be contacted only by a member of POPSG. Again, POPSG places high priority on the confidentiality of the information offered

on the Portland Copwatch line.

POPSG intends to use the incidents reported --positive and negative --for statistical purposes. These statistics will provide Portlanders with better information as they decide whether there is sufficient civilian involvement in policing. For example POPSG is concerned that the current community policing plan provides no adequate avenue for civilians seeking a fair hearing of their complaints against the police.

It is important that people understand the Portland Copwatch number is Not a crisis number. People with emergency medical needs should call an appropriate crisis line, such as Metro Crisis. Nonetheless, it is critical that civilians report their experiences to Portland Copwatch. No other adequate mechanism for documenting police conduct exists outside the police department itself.

Portland Copwatch is a project of the People Overseeing Police Study Group, 2600 NE Martin Luther King Boulevard, Box 106, Portland, Or 97212.

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Happy New Year From Safeway

It is a problem no parent should have to face. And millions each year are having to face it.

One way or another, parents frequently are shocked to discover that their youngster is using illegal drugs. How a parent discovers this doesn't matter. Perhaps you find something in the youngster's room. Perhaps you learn about it from another parent. Perhaps the child or teenager admits it: "So I just tried a bit of marijuana. No big deal," he or she might say. You might even learn about your child's drug use from the school principal or the police.

The big question is what do you do now?

Ignoring the situation or shrugging it off certainly isn't the answer. Even if one tried smoking a little marijuana back in one's own youth, as so many millions of Americans did, these are very different times. The fact that you didn't get heavily involved with drugs doesn't mean your child won't.

At the same time, it isn't the end of the world either.

Perhaps the best thing you can do is take the time to have a real "heart-to-heart" talk with your child. Or a number of talks.

This isn't always as easy. But real communication about the situation isn't going to hurt. And it can help tremendously.

There are things you should understand about drug use. On the surface, there may appear to be a lot of different reasons a person might take drugs. There is always talk about peer pressure, for instance. But the bottom line is that people take drugs because they make them feel better in some way. And there is nothing wrong with wanting to feel better. But this good feeling is not only short-lived but results in self-destruction.

So this is something you can talk to your child about. What is making him feel bad or miserable or depressed? Is he just bored? What problems does he have?

Get these out in the open as much as you can.

Then go over how much of a solu-

tion to these problem drugs really are. For that is always the kicker. The truth is that drugs do give a temporary relief from unwanted feelings and emotions like anger, sadness or even hopelessness. They do make a person feel better for a short while. But then the person feels worse.

Crack cocaine, for instance, is particularly addictive. Not only does it give intense feelings of well-being and

## What To Do If Your Child Uses Drugs

BY JOHN DUFF

Part I Of A Series

euphoria for a short while, but this is then followed by such a crash, such severe depression, that the person will sometimes do almost anything to get some more. Even casual drug use can be quite devastating. The person will feel worse and worse. One answer he has to this is to do more drugs. That factually is how addiction develops.

Your child needs to really understand the harm that drugs do to him. This is something we cover extensively in NARCONON drug education lectures, not as scare tactics, but rather so

that students are adequately informed about what they are doing to themselves if they even casually use drugs.

For one thing, as American author L. Ron Hubbard discovered, drugs are not fully eliminated from the system. Drug residuals of even organic drugs like marijuana lodge in the fatty tissue of the body and remain there for years and even decades. These residuals make a person feel bad, they adversely affect his mental abilities and clarity of thought, and reduce his intelligence and his ability to learn and retain data. They can even adversely alter his personality.

In the NARCONON drug rehabilitation program, a unique method is used to get these residuals out of the body. This is called the New Life Detoxification Program. It is a rigorous program that takes a number of weeks and is actually the only known method to get these residuals out of the body.

So what do you tell your child? Trying to tell him that using drugs is wrong often won't cut it. Our whole society is practically hooked on drugs in one form or another. Alcohol, cigarettes, tranquilizers--all of which are addictive and destroy lives. And he knows it.

What would be constructive is to share with your child that taking drugs is wrong simply because they are the wrong solution to the problems they are being used to solve. They are wrong because they solve nothing and because they harm and weaken the individual in the process. Give him the above information concerning the truth about drugs.

What you also need to do is get the problems your child is facing out into the open. And then try to look at alternative solutions with him or her. What will make him feel better without having to resort to drugs?

Find that and you are taking a big step toward curtailing his continued drug use.

For information on NARCONON's drug prevention and education programs for youth write NARCONON International, 6381 Hollywood Blvd., Suite 420, Los Angeles, CA 90028. Or call (800)-468-6933.

## Saturday, January 10, 1993, 10:00 AM to Noon

Mid-life and older women are invited to the Portland Chapter of the Older Women's League (OWL) at new meeting place: Good Samaritan Hospital, 1015 NW 22nd, Conference Room A3, 3rd floor, next to Cafeteria. Speaker: Bennett I. Alberts, M.D. Topic: "Options For Surgery: Do You Know The Alternatives?" The meeting is open to the public. No admission charge. Free parking is available in structure B on NW Marshall between NW 21st and NW 22nd. Tri-Met is available on NW 21st or NW 23rd. Call 245-4271 for directions or information about OWL. Will cancel for snow/ice and hold following week on 1/17/93.