

Study Sheds Light On Genetic Link In Lupus

The Arthritis Foundation believes a new study in the December issue of the *Journal of Experimental Medicine* may help define the genetic link in people with systemic lupus erythematosus, or lupus, and make testing new forms of therapy easier because of the study's identification of genetic markers that create a lupus-like disease in mice.

In the study, funded by the Arthritis Foundation, researchers at Duke University analyzed the DNA from mice they bred that inherit an autoimmune disease so similar to lupus that it can be used as a model to study the basis of the human disease. They were then able to pinpoint the position of at least two genes promoting the autoimmunity and kidney disease that is characteristic of lupus. The next stage of the analysis is to determine whether the genes involved in the lupus in the mice have a counterpart in humans. If that is the case, the mice can be used to determine the basis of the genetic abnormalities causing human lupus.

"The importance of these findings is that by studying the inheritance in a

mouse model we may be able to identify the location of human genes that contribute to lupus. This may allow the development and testing of new forms of treatments based on specific genetic abnormalities found in humans," said Dr. Peter Bonafede, Arthritis Foundation, Oregon Chapter.

Lupus is an autoimmune disease that predominantly affects women of child-bearing age and can damage skin, kidneys, blood vessels, the nervous system, heart and other internal organs. The Arthritis Foundation estimates that more than 130,000 Americans have lupus.

For a free brochure about lupus or the availability of a lupus self-help course near you, contact the Arthritis Foundation, Oregon Chapter at 222-7246 or 1-800-283-3004. The Arthritis Foundation is the source of help and hope for an estimated 37 million Americans who have arthritis or related conditions. The Foundation supports research to find ways to cure and prevent arthritis and seeks to improve the quality of life for those affected by arthritis.

Pets Need Cold Weather Protection

The advent of cold weather means that pets who live outdoors need extra protection. Animals can suffer severely from the affects of low temperatures, cold wind and driving rain. The Oregon Humane Society urges pet owners to take precautions to see that their pets are adequately sheltered, fed and watered.

The Humane Society is also conducting its annual used dog house drive. People who have dog houses they are not using are asked to bring them to the Shelter at 1067 NE Columbia Blvd. The houses will be given to people who need shelter for their animals.

During cold weather, pets who live outdoors need about one-third more

calories to help ward off the cold. Owners should check their pets' water supply several times daily to ensure that it has not frozen. The Humane Society suggests that whenever possible, outdoor animals be allowed inside during severe weather. A garage or utility room is ideal if it is carefully checked for safety. Anti-freeze is particularly deadly and attractive to animals because of its sweet taste.

The Oregon Humane Society is located at 1067 NE Columbia Blvd. and is open from 11 a.m. to 7 p.m. Monday through Friday and 10 a.m. to 6 p.m. on Saturday and Sunday. Call 285-7722 ext. 200 for information.

Town Hall

Dec. 13 The Sandwich Generation

Baby boomers are finding themselves caught in a "triple squeeze." In addition to supporting their children, many boomers find they must also care for their aging parents. And, because Social Security is dwindling, they need to save for their own retirement. Town Hall examines the best ways to cope with this triple squeeze.

Dec. 20 Saying No To Panhandlers

During the holidays, panhandlers' pleas are hard to resist. But homeless advocates say you're doing more harm than good when you give. Should you part with your spare change, or say "no" to panhandlers?

DE. 27 Pre-Empted--Merry Christmas!

Town Hall airs Sundays at 6 pm on KATU Channel 2.

Call 231-4620 to attend one of these programs.

Town Hall is open to the public but reservations are required.

One On One With Governor Roberts On "Sunday Northwest"

Governor Barbara Roberts will discuss issues that concern Oregonians on this week's

"Sunday Northwest", which will air on Dec. 13.

Last Friday Roberts spoke at "The Summit: Building a Hate Free Oregon" conference at the Portland Convention Center. Representatives from various industries ranging from higher education to the media participated in discussing Oregon's problems concerning this topic.

Roberts will discuss the upcoming legislative session, important budget concerns and other issues with host Rick Meyers on the half-hour long program.

This edition of "Sunday Northwest" will air at 11:00 AM on KATU Channel 2. "Sunday Northwest" is a weekly series, which covers national issues that concern the communities of Oregon and Southwest Washington.

Action For Children Announces Youth Recruitment Drive; Receives Oregon Visto Endorsement

Action For Children (AFC) today announced a major recruitment drive for student members from Portland area middle schools, high schools, and colleges. AFC is reaching out to young people to become involved decision makers for the organization and active participants in promoting the health and well-being of our communities.

"Our Action For Children youth members not only have a voice, but a voice with clout," said Rich Cohen, President of Action For Children. "Kids gain confidence in themselves when allowed to make meaningful decisions. A community that values children enables children to value themselves."

The Oregon program called Volunteers In Service To Oregon (VISTO) will give youth volunteers between 16 and 19 years of age a \$25 tuition voucher for every 8 hours of service. These vouchers are redeemable for tuition at eligible Oregon colleges and vocational schools.

"It's a chance for students to learn that they can change the world and

understand the value of community service," said Sherry Wegner, Action For Children's student committee chairperson. "Student members are involved as equal decision makers in all matters of the organization from group issues, to discussions with business, labor, government and community leaders, to voter registration projects, "Give Kids A Shot" program to television, radio and newspaper interviews."

Action For Children, Inc. (AFC), founded in 1992, is an independent, multicultural grassroots child advocacy group based in Portland, Oregon. Its board of directors is comprised of adults and children who are chartered to promote the needs, aspirations, and rights of youth at every level of government. The "Give Kids A Shot" Program was the first mobilization effort initiated by Action For Children. For further information or to become an active member, contact Action For Children, P.O. Box 12027, Portland OR 97212; (503) 288-6009.

First Interstate Bank Of Oregon Is Presenting A Check For \$100,000 to Self Enhancement, Inc.'s Capital Campaign

Recognizing the critical importance of helping inner-city youth achieve academic and personal success, First Interstate Bank of Oregon is presenting a check for \$100,000 to Self Enhancement, Inc.'s Capital Campaign. The money will go toward building a 58,000 square foot Center for Self Enhancement in northeast Portland.

First Interstate Bank of Oregon joins a growing list of business and community leaders dedicating their resources to making the Center a reality.

Who: Jim Curran, CEO, First Interstate Bank of Oregon Janice Wilson, Senior Vice President, First Interstate Bank of Oregon

Floyd Bennett, Senior Vice President, First Interstate Bank of Oregon What: Presentation of \$100,000 check, followed by a tour of participating SEI schools.

Where: Tour begins at Self Enhancement, Inc. 2156 NE Broadway, Portland

Copy of tour schedule below When: Friday, December 11, 1992 2 p.m. to 4 p.m.

Why: SEI is a nationally recognized local program dedicated to helping inner-city, at-risk youth avoid drugs, gangs and violence and learn that "life has options." With a proven history of helping young people succeed academically and personally, SEI is currently raising funds to build and operate the new Center for Self Enhancement in northeast Portland.

Self Enhancement, Inc. First Interstate Bank Tour (Times are approximate) 2:15 p.m. to 2:45 p.m. Jefferson High School 5210 N. Kerby 2:55 p.m. to 3:20 p.m. Tubman Middle School 2231 N. Flint 3:30 p.m. to 4:00 p.m. Boise Eliot Elementary School 620 N. Fremont

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Local Resident Attends Boston University



Gretchen Cuda of Portland, Ore., is one of more than 460 freshmen studying at Boston University's College of Engineering.

Cuda, a graduate of Parkrose Senior High School, plans to major in aerospace engineering. She is the daughter of Paul and Barbara Cuda.

Located on the banks of the Charles River, Boston University is the fourth largest independent university in the United States and enrolls approximately 14,000 undergraduate students. Members of the Class of 1996 come from 49 states and 64 foreign countries.

24 Hour Senior Helpline Launched

Congressman Ron Wyden will kick-off a public awareness campaign for a new 24-hour phone-line on Friday. The Senior Helpline makes crisis assistance available to seniors on nights and week-ends. The goal of the phone-line is improved responsiveness to the needs of frail elderly who may be in danger due to a lack of support, neglect, abuse or exploitation.

The public awareness campaign has been designed by several Portland area businesses and utilities to alert potential users. Promotional activities include grocery bags, billboards, bus channel cards, fliers, billing inserts, and public service announcements. Buck Medical Services CEO, Trace Skeen, will speak on behalf of contributing business at Friday's event.

The Senior Helpline is a project of the Elder Safety Coalition who will celebrate their First Anniversary Friday. Wyden, Police Chief Tom Potter, and State Representative Margaret Carter will recognize Fred Meyer, U.S. Bank, and others for their contributions to the prevention of crime and abuse against the elderly.

For Information Contact: Becky Wehrli, 796-5269.

Tri-Met Free Rides New Year's Eve

Tri-Met rides are free after 6 p.m. on New Year's Eve as a reminder that Tri-Met is a safe alternative to drinking and driving all year long.

On Dec. 31, Tri-Met Will add late-night service on MAX and 15 major bus lines to further encourage people to celebrate safely.

"We're pleased to provide a safe option to drinking and driving year-round," said Bob Post, Tri-Met Deputy General Manager. "We especially hope the community will take advantage of the free rides on New Year's Eve. If we can help prevent one needless accident, the effort is totally worthwhile."

The last MAX train will leave Pioneer Courthouse Square at 2:36 a.m. and the last buses leave the Portland Transit mall about 2:30 a.m. More specific schedule and route information is available in brochures on buses and MAX in mid-December, or by calling 238-RIDE. As part of the joint safety campaign, non-alcoholic beverage recipes from KGW-TV (8) are included in the brochures.

Tri-Met is adding special late-night buses on these routes:

- 4-Fessenden
- 4-Division
- 5-Hawthorne
- 5-Interstate
- 8-N.E. 15th Ave. (to 9th & Dekum)
- 9-Broadway
- 9-Powell
- 12-Barbur Blvd. (to Hwy. 99 & Durham Road)
- 12-Sandy Blvd. (to Parkrose Park & Ride)
- 15-Mt. Tabor
- 15-N.W. 23rd Avenue (to Montgomery Park)
- 19-Woodstock
- 33-McCloughlin (to Oregon City Transit Center)
- 57-Forest Grove

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