

United Way Needs Volunteers To Distribute Funds

United Way of the Columbia-Willamette is looking for people from the local community to participate in its 1993-94 fund distribution process.

More than 150 local residents, representing various ethnic groups and geographic areas, are needed to fill eight committees. Meetings to familiarize volunteers with agency programs and to make decisions on how much money to give each program require a time commitment of two to three months.

Volunteers often may indicate which area they would like to review. Programs are grouped in specific areas, allowing committee members to analyze similar programs.

The Human Development Track covers social development (promoting healthy lifestyles for children, families and senior citizens) and child care. The Problem Solving Track is divided into five areas: emergency services, dis-

abilities, domestic violence, family problems/mental health/delinquency, and health care. The Systems Support Track consists of one committee that covers all of its components.

Because of its extensive use of volunteers, United Way of the Columbia-Willamette uses just 15 percent of the money it collects for overhead and administrative expenses. This means that 85 cents of each contributed dollar is returned to the community to fund programs at local agencies.

These agencies are located in Clackamas, Multnomah and Washington counties in Oregon and Clark County in Washington. Money raised in the current campaign will be distributed to agency programs next year. The 1992 campaign goal is \$21.5 million.

For more information, contact Claudia Wilton at United Way of the Columbia-Willamette, 226-9346.

United Way To Update '92 Campaign

Testimonials from program directors at local human service agencies will highlight United Way of the Columbia-Willamette's first report luncheon of Campaign '92, set for Friday, Oct. 9, noon, at The Portland Hilton.

Mary Sanders-Miller of the YWCA of Portland's Northeast Center; Maria Loreda, Virginia Garcia Memorial Health Center; and Jamie McCoy, East Vancouver Child Care, are among those who will share personal stories about individuals they have helped through programs funded by United Way. More than 429,000 people received assistance through these programs last year.

"United Way is the best way to help people now, so they won't need help tomorrow," said Roger Breezley,

United Way campaign chairman and chairman of the board, U.S. Bancorp. Every donated dollar "has the potential to make a difference in someone's life. This year, nearly half a million local people are counting on United Way," he added.

In addition to their stories, the program directors also will give regional updates. Breezley will follow these with an announcement of the total amount of money raised to date toward the goal of \$21.5 million.

Kathy Smith from KGW will emcee the event, and musical entertainment will be provided by Stew Dodge and Rick Braun.

Tickets are \$15 and can be reserved by calling Virginia Hawkins at 226-9390.

Creative Partnership Results In More Services For Gang Youth In Multnomah County

An innovative partnership between the Oregon Department of Human Resources and Multnomah County will add about \$450,000 in federal dollars to local efforts to help youth keep away from gang activity and out of jail.

The Multnomah County Board of Commissioners will approve the intergovernmental contract for the project at its meeting 9:30 a.m. today in Room 602 of the Multnomah County Courthouse.

"This is a welcome partnership at a time when gang violence is claiming too many of our youths and endangering too many of our neighborhoods," Governor Roberts said. "By working together, the state and Multnomah County will expand services to help youths stay out of gangs, while adding nothing to Oregon Taxpayers' costs. Under our tight Measure 5 budgets, efforts such as these will allow us to save money while protecting services."

The partnership grew out of the state's and Multnomah County's shared

concern about the growing gang problem. The number of gang members entering the county court system soared from 85 to 700 in five years.

The state worked in partnership with the county to upgrade programs for gang youth, making the programs eligible for federal matching funds. The partnership will provide services to hundreds of youths, using state and county money to leverage an estimated \$450,000 in federal dollars annually.

The county's Assessment, Intervention and Treatment Program (AITP) will use half the money to increase mental health services such as alcohol and drug treatment, group and individual counseling and skills training for gang youth. The remaining funding will expand community-based programs that provide mentorship and treatment services to former gang members.

For more information about the programs to be funded, contact Jana McLellan of the Multnomah County Juvenile Justice Division at 248-3478.

Act Now! Turn On Your Gas

Northwest Natural Gas customers should call now to have their gas service turned on instead of waiting for cooler weather, advises Deonna Hayes, customer relations supervisor.

"Homeowners who are new to the area or who have their gas service turned off for the summer should act now to get their service turned on," she said. "During the fall, we receive a rush of turn on requests and we don't want anyone to get caught without heat when the temperature drops."

Hayes said the volume of calls could result in a two-day wait for service. "A two-day wait for heat during cold weather can be uncomfortable. When it gets extremely busy, we schedule appointments on a priority basis."

Those in the Portland area turning on a new natural gas service should call 226-4210. Customers who need to have their existing service turned on or who have other questions about their equipment should call 226-4214. Northwest Natural Gas' Portland office hours are Monday through Friday from 7:00 a.m. to 6:00 p.m.

One way a homeowner can avoid the fall rush, save money and maintain gas service year-round is to convert their electric water heater to natural gas.

Customers can prepare for the fall by ensuring that their furnace is in good working order. Furnace filters should be cleaned or replaced monthly. Lint and dust should be removed from around the burner compartment. The fan should turn easily and work properly. Your Northwest Natural Gas customer serviceperson can make a brief inspection of the appliance.

When the cold weather arrives, crawl space vents should be closed on all but one side to reduce drafts in the home. The vents on the protected side of the home should be left open to prevent a moisture buildup.

Northwest Natural Gas also provides free energy audits to its customers and natural gas safety information. Call the company to receive a safety brochure or to make an appointment for an energy audit. The company's conservation consultants inspect insulation levels and provide advice on how homeowners can save energy and money.

A "Delightful" New Production From Dreyer's Grand Ice Cream

Every delicious dip into Dreyer's Grand Delights is a lovin' spoonful!



Grand Delights is Dreyer's newest snack product, which is now being introduced in grocery stores and supermarkets throughout California, Oregon, Washington, Arizona and Hawaii.

The new product is a departure from Dreyer's from the traditional ice cream and yogurt family-size container to a single serve 3.5-ounce cup.

"We've taken our ice cream expertise and combined it with the best toppings around to create a triple-layered treat that tastes sinfully rich," says Dreyer's President Rick Cronk.

The most "delightful" news about Grand Delights, however, is that each single serve cup is less than 200 calories.

Grand Delights is now available in four great flavors: Vanilla Caramel Supreme, Chocolate Fudge Sundae, Chocolate Decadence, and Cafe Su Lait.

Recommended retail pricing for the Dreyer's Grand Delights three-pack, which contains three 3.5-ounce servings, is \$2.59.

Cascade Aids Project Offers Events For People With HIV/Aids During The Month Of October

CAP's HIV Wellness Program is offering the monthly Plus Club Social Hour, a gathering designed to provide a relaxing space for people with HIV/AIDS to meet each other in a social setting. The Plus Club Social Hour will take place of Friday, October 16, from 5-8 p.m. at Hobo's Lounge, 120 NW 3rd Avenue in Portland. People will gather in the balcony and there will be a no-host bar. The Plus Club Social Hour is held every 3rd Friday of the month.

CAP is also offering an HIV Forum

called "The HIV Update." This forum is specifically designed to address medical questions and concerns of people with HIV/AIDS. Dr. Mark Loveless of Oregon Health Sciences University will be presenting the latest developments in the area of HIV research. The forum will be in language that is accessible to everyone with HIV. The "HIV Update" is scheduled for October 20th from 7-9:30 at Cascade AIDS Project's new offices located at 620 SW 5th, Suite 300 (right above Newberry's downtown).



Don't forget to Register to VOTE!

Woodlawn Elementary Recipient Of \$5,000 Donation From Chocolate Manufacturer

Woodlawn Elementary School recently received an unexpected \$5,000 donation from the makers of America's favorite chocolate-bar, Nestle USA. Nestle selected Woodlawn for their innovative and outstanding scholastic programs which serve the school's economically disadvantaged and ethnically diverse student population.

The company commended such programs as the school's Mathematics Academy; the Reading Recovery pro-

gram, an intensive one-on-one reading program; the STAR plan, the districtwide initiative to benefit at-risk youth and the African Dance Troupe which provides instruction in African dance and culture to Woodlawn's 550 students.

"We at Nestle, feel a corporate responsibility to provide financial support to enhance the educational efforts of schools such as Woodlawn," said Bruce Barner, Nestle Food company region business manager.

Food Stamp Benefits Increase

With the arrival of fall, Oregon's food stamp recipients will be seeing a small increase in the amount of benefits they receive.

The increase, which goes into effect every year between October and March, is intended to offset higher living expenses during colder weather. During these months, a change in the method of computing benefits permits people to deduct more of their household income for heating costs, which means most families will qualify for more food stamps.

Unlike past years, October will not

bring the usual increase in the maximum amount of food stamps a family can receive. Such increases are tied to the cost of a specific "market basket" of foods; over the past year, the cost of those foods did not rise, so the increase in maximum benefits will not go into effect.

More than 115,000 households receive food stamps worth over \$16 million each month. The federal government covers the cost of the food stamps and half of the costs incurred by AFS to administer the program.

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