Benson	High	School
"T	echme	n"

		Volleyball		
DAY	DATE	OPPONENT	TIME	PLACE
Sat	Sep 12	Aloha Tourney	9:00	Away
Tue	Sep 15	Prairie	7:00	Away
Thu	Sep 17	Roosevelt	4:30	Away
Tue	Sep 22	Grant	4:30	Away
Thu	Sep 24	Jefferson	4:30	Home
Sat	Sep 26	Benson Tourney	9:00	Home
Tue	Sep 29	Grant	4:30	Home
Thu	Oct 1	Franklin	4:30	Home
Tue	Oct 6	Cleveland	4:30	Grant
Tue	Oct 6	Jefferson	6:30	Grant
Sat	Oct 10	Grant Tourney	9:00	Grant
Tue	Oct 13	Madison	4:30	Home
Thu	Oct 15	Wilson	4:30	Rooseve
Thu	Oct 15	Roosevelt	6:00	Rooseve
Tue	Oct 20	Lincoln	4:30	Home
Thu	Oct 22	Franklin	4:30	Away
Thu	Oct 22	Marshall	6:00	Franklin
Tue	Oct 27	Cleveland	4:30	Away
Thu	Oct 29	Lincoln	4:30	Home
Thu	Oct 29	Madison	6:00	Home
Tue	Nov 3	Marshall	4:30	Home
Thu	Nov 5	Wilson	4:30	Away

Grant High School

"Generals	"
Volleyball	

Volleyball				
DAY	DATE	OPPONENT	TIME	PLACE
Tue	Sep 15	Madison	4:30	Home
Thu	Sep 17	Franklin	4:30	Home
Sat	Sep 19	Killarney Tourney	9:00	Away
Tue	Sep 22	Benson	4:30	Home
Thu	Sep 24	Wilson	4:30	Away
Sat	Sep 26	Forest Grove Tourney	9:00	Away
Tue	Sep 29	Benson	4:30	Away
Thu	Oct 1	Marshall	4:30	Away
Tue	Oct 6	Cleveland	6:00	Home
Sat	Oct 10	Grant Tourney	9:00	Home
Tue	Oct 13	Lincoln	4:30	Away
Thu	Oct 15	Roosevelt	4:30	Away
Thu	Oct 15	Wilson	6:00	Roosevelt
Sat	Oct 17	Crescent Valley Tour	9:00	Away
Thu	Oct 22	Marshall	4:30	Franklin
Thu	Oct 29	Franklin	6:00	Franklin
Tue	Oct 27	Jefferson	4:30	Away
Thu	Oct 29	Madison	4:30	Benson
Thu	Oct 29	Lincoln	6:30	Benson
Tue	Nov 3	Cleveland	4:30	Home
Thu	Nov 5	Roosevelt	4:30	Home
Sat	Nov 7	Wilson Tourney	8:00	Away

Robin Helzer

Don Dixon, Counselor & PCC Basketball Coach

Robin Helzer, better known as "Ace", volunteers full-time at Jefferson High School. Monday through Friday, 8 a.m. to closing and often on a Saturday, Ace can be found at Jefferson. He fills in consistently wherever possible to help keep the school running smoothly. He is known by everyone on campus as a person who can be counted on to get the job done, whether it be assisting the Cheerleading Advisor or entering data in the computer for the librarian. Ace generally works in the library where he checks books and magazines in and out and files overdue notices. He also handles U.S. and Pony mail, works in the production room, helps with basketball, wrestling and cheerleading events, and assists with the Martin Luther King Living the Dream Program held at Jefferson. Ace enjoys helping in any way he can and in any capacity. If there's a dance, he'll chaperon. If there's a parent night or other meeting, he is always of assistance.

Ace began at Jefferson in 1982. For eight years he worked part-time in the main office. However, due to Measure 5, the salary for his position was cut. He liked the school so much he wanted to stay. Now Ace volunteers his work around Jefferson:

Ace is a hard worker who has been an enormous help throughout the school. volunteers like Ace are critical to the continued success of extra-curricular programs in this time of diminishing

Cellular One Supports Local Charities And Community Through Co-Sponsorship Of Ping-Cellular One 1992 LPGA **Tournament**

Cellular Phones/Technology provide valuable service

Almost a half million dollars is expected to go to Oregon charities this year as a result of the Ping-Cellular One 1992 LPGA Tournament. Cellular One of Oregon and SW Washington see their involvement as a means to benefit local children's charities while promoting volunteerism within their corporation and community.

"We initially got involved in the tournament because of its benefit to local children's charities and we liked that it was run totally by volunteers" said Rich Begert, General Manager of Cellular One in Oregon and SW Washington. Over 700 volunteers will add to the success of the Ping-Cellular One tournament this year. Cellular One staff will be volunteering as scorekeepers, marshals, information guides and other tournament crew.

The proceeds from the tournament will benefit over 11 charities including Waverly Childrens Home, Easter Seals Society, Boys and Girls Club, Oregon Junior Golf and Evans Scholarship Fund which provides full scholastic scholarships to state universities for students

who have caddied for two years and meet scholastic requirements. The tournament is now the second largest charitable event in the state.

Cellular One will also support tournament operations with its cellular phone technology. Scorekeepers at each green are able to call in new scores to "scoring central" after each hole so reader boards throughout the course may be immediately updated for players and spectators.

Cellular technology is also important on the course as an emergency response tool. At a past tournament, a heart attack victim watching the tournament from deep into the course was able to get fast medical assistance because a cellular phone equipped volunteer at the hole called directly for help.

Cellular One of Oregon and SW Washington is a wholly-owned subsidiary of McCaw Cellular communications, the leading cellular communications provider in the United States. Cellular One locally employs over 250 people, managing operations throughout Oregon and SW Washington.

Jefferson High School

		"Democrats"		
Volleyball				
DAY	DATE	OPPONENT	Тіме	PLACE
Thu	Sep 17	Wilson	4:30	Away
Tue	Sep 22	Cleveland	4:30	Home
Thu	Sep 24	Benson	4:30	Away
Tue	Sep 29	Marshall	4:30	Away
Tue	Sep 29	Madison	6:00	Marshall
Thu	Oct 1	Roosevelt	4:30	Away
Sat	Oct 3	OES Tourney	9:00	Away
Tue	Oct 6	Grant	4:30	Away
Tue	Oct 6	Cleveland	6:00	Grant
Tue	Oct 13	Marshall	4:30	Home
Thu	Oct 15	Cleveland	4:30	Away
Thu	Oct 15	Franklin	6:00	Cleveland
Tue	Oct 20	Madison	4:30	Away
Thu	Oct 22	Lincoln	4:30	Away
Tue	Oct 27	Grant	4:30	Home
Thu	Oct 29	Wilson	6:00	Home
Thu	Nov 3	Franklin	4:30	Home
Thu	Nov 5	Lincoln	4:30	Home

Roosevelt High School "Rough Riders"

Volleyball				
DAY	DATE 4	OPPONENT	TIME	PLACE
Thu	Sep 10	Reynolds Tourney	4:30	Away
Thu	Sep 17	Benson	4:30	Home
at	Sep 19	Madison Tourney	9:00	Away
hu	Sep 22	Lincoln	4:30	Home
hu	Sep 24	Cleveland	4:30	Away
at	Sep 26	Forest Grove Tourney	9:00	Away
ue	Sep 29	Franklin	4:30	Wilson
ue	Sep 29	Lincoln	6:00	Wilson
hu	Oct 1	Jefferson	4:30	Home
at	Oct 3	Roosevelt Tourney	9:00	Home
ue	Oct 6	Wilson	4:30	Away
ue	Oct 13	Franklin	4:30	Away
`hu	Oct 15	Grant	4:30	Home
hu	Oct 15	Benson	6:00	Home
ue	Oct 20	Marshall	4:30	Away
hu	Oct 22	Cleveland	4:30	Madison
hu	Oct 22	Madison	6:00	Madison
ue	Oct 27	Wilson	4:30	Home

Swish Wins Van Grack 3 on 3

4:30

6:00

4:39

Away

Home

Jefferson

Jefferson

Marshall

Madison

Grant



BY JOHN PHILIPS

Tue

Thu

Thu

Oct 29

Nov 3

Aaron Bell led the team of Andre Jones and Randy Bell to the first Van Grack 3 on 3 Basketball labor day tournament Championship at Irving Park. Swish went through the tournament like a hot knife through butter. The closest game Swish had was the championship, because Eric Dunn, Wilbur Warren and Barry Davis of the Dawgs, made Swish work for a 22-16 win.

Swish did not lose a game in the tournament and I would say the Aaron Bell would easily be the MVP of the tournament. Robin Marks of Van Grack's did an outstanding job on the Labor Day Tournament.

All participants received Van Grack's T-Shirts and had a treat when Photo by Veronica Green

former Blazers Maurice Lucas led the Tip-Off at mid court, of the opening

The participants put on a show for the 150 or more spectators at the northeast Portland Park. Miss Marks said the tournament

was a big success and is looking for-

ward to next years 3 on 3. There were many people that helped the tournament go as well as it did, but

two Groups stood out, the coalition of womens AAU Basketball team. Robin, The Van Grack 3 on 3 Basketball Labor Day Tournament was great and we wish you lock with next

year's 3 on 3 and all the things you do with Van Grack.

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Freshman full back J.D. Stewart gained 40 yards on 9 carries during the Beavers' season opener, but Oregon State lost 20-49 to the Kansas Jayhawks. The Beavers ar young and in their second year under coach Jerry Pettibone, but expect to see a better team this year. Game 2 is Saturday in Corvallis against Fresno State at 1:00pm.



Self-Esteem Group For Children Ages 8 To 10

This 11 session group, based on the WHEN 'Superkids' group, uses activities, successful peer interactions, peer support and adult support to enhance children's self-esteem. This group is intended for children who are in individual or family therapy but could benefit from a program specifically aimed at self-esteem.

Lutheran Family Service Conference Room 605 SE 39th Avenue Portland, Oregon

Wednesdays 6-7 P.M. Sept. 30 to Dec. 16, 1992 GROUP LEADER: Patricia E Walsh, Ph.D.

\$7.50 - \$9.50 - \$11.50

Sliding fee scale starting at \$20 Based on family income (Insurance billed at the standard rate)

CONTACT: For more information or a screening all the Appointment Office Monday-Friday, (:30 A.M. to 3:30 P.M. at 231-7480