

DHR Hires Assistant Director for Information Systems



Kathryn S. McLean

Kevin Concannon, Director of the Oregon Department of Human Resources, has hired the assistant director to manage the DHR information systems.

Kathryn S. McLean will be in charge of all the computer and data processing systems in the department and its seven divisions. She fills a position that was created by the 1991 Legislature in recognition of the growing importance of data services to the state's clients and employees. McLean 33, is former vice president and chief information officer for DCI International, Walnut Creek, Calif., a business mergers, acquisitions and development firm. Before that, she worked for Sandpoint Financial in New

York, where she was director of systems development.

"Kathryn McLean will be responsible for one of Oregon's largest and most important computer and data processing systems, handling everything from payments for health care and sensitive client data to employment opportunities, transfer payments and patient information," said Concannon. "Her expertise from private sector information systems will be put to sound use." McLean has a degree in Business Administration from New Century College, Kansas City, MO., and is pursuing a degree in computer science through Thomas A. Edison State College, Trenton, NJ.

She assumed her position on January 12. A native of San Francisco, McLean is in the process of moving to the Salem area. The position pays \$59,700 annually.

The Department of Human Resources employs approximately 11,000 people to serve Oregon's most vulnerable citizens through seven divisions: Children's Services, Adult and Family Services, Employment, Health, Mental Health and Developmental Disability Services, Senior and Disabled Services, and Vocational Rehabilitation. The department also oversees other human services, including child care, drug and alcohol abuse, and health policy programs.

Kaiser Permanente Offers Health Education Classes in North Portland

Several classes open to the public are being offered in North Portland this winter and spring through Kaiser Permanente. To register for any class, call Kaiser Permanente's Health Education message phone at (503) 286-6815.

Anybody can experience mild depression and lowered self-esteem. Kaiser Permanente's "Overcoming Mild Depression and Low Self-Esteem" program, consisting of eight two-hour sessions, teaches skills to reduce mild depression and improve self-image. Meetings are on Thursdays, Jan. 9 through Feb. 27, 6:30 to 8:30 p.m., at Kaiser Permanente's North Interstate Services Building, 7201 N. Interstate Ave., Portland. Cost is \$65 for Kaiser Permanente members, \$115 for the general public (fee includes textbook).

"Freedom from Fat" is Kaiser Permanente's 20-week weight management program for adults tired of diets and ready for a serious, scientifically based program. The course is co-led by professional nutritionists and behavior specialists who teach better eating and exercise habits.

Explore the unique challenges and joys of stepfamily living in "Step-parenting." Classes will be on Thursdays, Jan. 23 through March 12, at Kaiser Permanente's North Interstate Services Building, 7201 N. Interstate Ave., Portland. Cost is \$72 for Kaiser Permanente members/couples, \$140 for other individuals/couples.

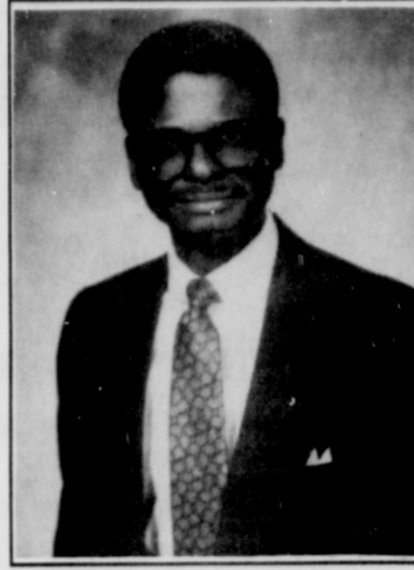
Ending a love relationship can be difficult. Kaiser Permanente's "Divorce Adjustment" program focuses on ad-

justments to make divorce less painful. Eight two-hour sessions are 6:30 to 8:30 p.m. on Tuesdays, Jan. 28 through March 17, at Kaiser Permanente's North Interstate Services Building, 7201 N. Interstate Ave., Portland. Cost is \$70 for Kaiser Permanente members, \$120 for the general public.

"Parenting the Toddler and Preschooler" teaches parents of 1 to 4-year-olds how to nurture and enjoy their growing child. Class includes group sessions on child development, positive discipline, building self-esteem and encouraging responsible behavior. The eight two-hour sessions are on Wednesday nights from 6:30 to 8:30 p.m., Jan. 29 through March 18. Location is Kaiser Permanente's Education and Conference Center (Town Hall), 3704 N. Interstate Ave., Portland. Cost is \$72 for individuals or couples who are Kaiser Permanente members, \$140 for the general public (fee includes textbook).

Kaiser Permanente's "Health Counts for Teens" is the only current weight-management program in the Portland area for overweight adolescents age 12 to 16 and their parents or adult support person. The 10-week course started Jan. 14 and runs through March 17. Meetings are Tuesdays from 5:30 to 7:00 p.m. at the Bess Kaiser Administrative Office, 5155 N. Greeley Ave., Portland. Cost is \$150 per family for Kaiser Permanente members, \$180 per family for the general public. For more information, call Kaiser Permanente's health education department message recorder at (503) 286-6880.

New Book Available



Black Experience, Strategies And Tactics In The Business World

Finally a book is available that provides solutions to so many of the problems Blacks face in the business-corporate world. An enlightening and up-to-date book that goes a long way toward eliminating many of the fallacious assumptions and erroneous conclusions that have been drawn about Blacks in the business and corporate environment.

Author Darrell Simms shares experiences that can be used to overcome many of the pitfalls and traps that have so easily discouraged Blacks from achieving the success they seek.

This book will become a treasured gem for those who are seeking ideas, strategies and an approach to becoming successful in corporate America. It presents a positive approach that will dispel myths and stereotypes that exist for Black professionals today.

This book is essential for the corporate and business management staffs who are faced with the challenge of managing an ever changing and dynamic workforce. "Black Experience, Strategies and Tactics in the Corporate-Business World" will provide you with great insights into what Blacks and other minorities are experiencing in the business-corporate world.

Contact Management Aspects Incorporated for ordering information at 591-7498

Cascade Aids Project Offers Their 'Keep It Up, Safer Sex Workshop' To The General Public This Month Only

Cascade AIDS Project's Prevention and Outreach Services presented its safer sex workshop, normally exclusive to gay and bisexual men, to the general public on Tuesday, January 14. The, three-hour interactive workshop was held at 3835 SW Kelly St. in Portland from 6:30-9:30 p.m. The free workshop focused on adopting, eroticizing and maintaining safer sexual behavior, and included sections on dealing with slips in safer behavior, gray areas of knowledge and talking to partners.

Individuals, teachers, HIV Educators, and/or anyone else interested in experiencing a highly interactive, effective and adaptable workshop were encouraged to attend. This was the only opportunity for the public at large to view this particular workshop. The workshop will continue to be offered on a monthly basis to the male gay/bisexual community under the name "Man to Man." For further information, please contact Dan Bueling or Fred Allemann at Cascade AIDS Project (223-5907 V/TDD).

Chekhov's "The Three Sisters" at PSU

To some, The Three Sisters is a play about a non-happening; not going to Moscow. To others, The Three Sisters is almost existential, frightening in its nihilism: we simply exist; nothing more. But others find Chekhov's Three Sisters a powerful play, Faulknerian in its characters who continue to accept life in circumstances that should wear them slowly, irrevocably into dust--and yet they endure.

Director Glenn Gauer says of his adaptation of the play: "Too many translations are stilted and awkward. I tried to create something which has the spirit and flow of the original language, so it has the feeling of music."

Gauer says he was also intent on keeping a balance of mood in the production, too, avoiding the stark, dour piece that's so often presented. "The play is serious, but with a sense of humor," he maintains. "And it has a richness which I admire. I see the characters as full-bodied, not on-dimensional. And I think that's what the audience will feel as well."

The cast is made up primarily of talented PSU students. They include: Amy Fowkes as Olga, the eldest sister; Farah Fobes as Irini, the youngest sister; Valerie Stevens as Masha, middle sister and wife of a teacher; Tom Laidlaw as Chebutykin, an old army doctor; and Richard Duvall as Ferapont, an old servant. For more information about the play and the production, contact Glenn Gauer through PSU's Theatre Arts Department, 725-4612.

Drawing Need A Car?

For a \$3.00 donation to Community Care you could be in a drawing to receive a like new 1971 Oldsmobile in good condition; everything works, interior like new, and in the process you will be helping Community Care pay outstanding bills.

Community Care needs food and Money; won't you please help us help the community.

Please bring all your donations to *The Portland Observer* at 4747 NE Martin Luther King, Jr. Blvd and receive your ticket. Just think -- a car for \$3.00!

Black History Health Celebrated At PSU

Black History Month Celebrated at PSU February is Black History month across the nation. Portland State University will join in the celebration of Black achievements with a series of public events on the University campus, including lectures, weekly forums, concerts, and a presentation by author and poet, Nikki Giovanni.

Nikki Giovanni's writing about her experiences as a Black woman and the life of her people have raised hackles and consciousness for years. She is a powerful writer and spokeswoman. Her presentation, a lecture/reading, takes place Saturday, February 15, at 7 p.m., in the Smith Center Ballroom (Room 355, 1825 S.W. Broadway). A reception will follow. Tickets (\$7 general; \$5 non-PSU students; \$3 PSU students) will be available at the door or in advance through PSU's Ticket Office, 725-3307, corner of S.W. 5th & Mill. A Noon Forum takes place Mondays, February 3-24, in Room 328, Smith Center. The presentations are free and the public is welcome. The schedule is as follows:

Feb. 3: HIV/AIDS in the Black

Community, Laurretta Slaughter Feb. 10: What Can We Do to Bring The Black Community and PSU Together?

Feb. 17: To Do the Right Thing, Ray Ramsey

Feb. 24: Exploitation of Black Athletes, Travis Gamble

Friday, Feb. 14, at Noon in Room 327-328 Smith Center, Molefi Asanti, professor of Black History at Temple University, will discuss Afro-centric Education.

Friday and Saturday, Feb. 20, at 6 p.m. and Feb. 21 at Noon, in Room 338 Smith Center, Dr. Ralph Gonsalves will present a free public lecture: Political Changes in the World and How They Affect Africa.

Friday, Feb. 28 from 11 a.m. to 2 p.m. in the Nordic Room of Smith Center (Room 26), a Soulfood lunch will be available for purchase and a free concert will be presented by jazz artist Ron Steen. Additional events will be happening throughout the month. For complete information and details concerning the above events, call Gwen Jagernauth at 725-5652.

Racial Prejudice And Divorce Are Among Concerns Of Today's Teens

Racial prejudice and divorce have joined peer pressure and the opposite sex as major concerns of today's teenager, according to columnist Lynn Minton, who has interviewed hundreds of adolescents during the past two years.

"If I walk down the street with a white boy, people tend to treat him better," Quentin "Ducky" Huger, 19, of Charleston, South Carolina, who is black, told Minton in an interview to be published this Sunday in *PARADE* magazine. "It's because, when you see a black person, you already assume that he's not too developed mentally," he added. "And people tend to be more comfortable around a white person than around me. It's not even first appearances, it's miles-away thinking that's passed down for generations. Like if your father hated all blacks, obviously you would grow up with that felling."

Another black teen, Alejandro "Spencer" Brown, 17, from Ronkonkoma, New York, said he resents being misjudged by people who don't even know him. "Around here, let's face it, there aren't a lot of minorities. If I'm walking in certain places, like the mall, I'll notice one or two people look at me...Like I'll be on line with a lady next to me, and she'll switch her purse to the other side of her."

Dismissing her parents divorce, 15-year-old Allison West of Santa Fe, New Mexico, advised parents to make sure their children understand the divorce is not their fault. She also said parents going through a divorce should make an effort to give their children extra attention. "All this fighting is going on, and you wonder if they still love you just the same," she commented.

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Cold-weather goods needed

As winter nears, blankets, heavy coats and other cold-weather clothing are once again atop our list of desperately needed items. Among the other needs: workboots, rain gear and tents (for the homeless), blankets, pillows, bedsheets, baby blankets, pots, pans, dishes, kitchen utensils, tables and chairs, chests of drawers.

For details: 284-6878.



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