

## Project Help/Oregon Heat Assistance Fund Distribution begins January 1

Funds donated to the 1991-92 Project HELP/Oregon Heat fund-raising campaign will be distributed beginning Jan. 1, 1992.

Sponsored by Portland General Electric Co. (PGE) and Pacific Power, Project HELP/Oregon Heat provides emergency heating assistance to qualifying low-income families or individuals. In addition to bill assistance, Project HELP/Oregon Heat will provide energy counseling, weatherization, and referral and advocacy for other types of assistance.

PGE and Pacific Power solicited for support for Project HELP/Oregon Heat through their winter billing statements and also contributed seed money to kick off the campaign.

During its 10-year existence, the assistance program has helped more than 44,000 families with more than \$4.5 million in contributions.

Contact: Roxanne Bailey, Public Information Representative 464-8466  
Staying Safe This Winter - December - March

Once again, it's that time of the year when mother nature belts out blowing winds and chilling temperatures that can result in downed power lines.

Should an individual ever encounter a fallen power line, here are some helpful hints that might help you get yourself out of a jam.

\* **Never** move or touch a downed power line. Don't even go near it! Even if it looks harmless, a fallen power line can still be energized and touching it could be fatal.

\* If a wire falls on a car, the driver and passengers should stay inside until help arrives and the wires are removed. If remaining in the vehicle is impossible (perhaps the car is on fire), each person must jump clear of the car without touching it and the ground at the same time.

\* Television, radio and CB antennae are also easily knocked down by wind. Before climbing on the roof to make repairs or adjustment, make sure there is adequate clearance between the antenna and any overhead power lines.

\* Wet and freezing weather conditions makes electrical equipment more dangerous. Remind children to stay away from electric substations, transformers, utility poles, and overhead lines.

All downed power lines should be reported by calling 911 or PGE at 464-7777.

### Cold-weather goods needed

As winter nears, blankets, heavy coats and other cold-weather clothing are once again atop our list of desperately needed items. Among the other needs: workboots, rain gear and tents (for the homeless), blankets, pillows, bedsheets, baby blankets, pots, pans, dishes, kitchen utensils, tables and chairs, chests of drawers. **For details: 284-6878.**

### 'Twas The Night After Christmas And Kwanzaa Began

Kwanzaa is not "black Christmas." It is not a religious holiday or an alternative to Christmas. Kwanzaa is the seven-day Afrocentric celebration that begins Dec. 26. Adapted from the annual agricultural festivals that are an integral part of African tradition, Kwanzaa was created in 1966 to unify the African-American community toward a common set of goals and objectives and to reassert traditional values.

The name comes from the phrase, *mantunda ya kwanza*, which in Swahili means "the first fruits of harvest." The extra "a" was added to make it uniquely American.

"The celebration of Kwanzaa is based on the ideals of family, heritage and community and provides a wonderful opportunity to reflect on traditional values," said Sterling D. Plump, University of Illinois at Chicago associate professor of African-American Studies.

In recent years Kwanzaa observances have grown in popularity. An

estimated 15 million people of African descent in the United States, Canada, the Caribbean, England and Africa now celebrate Kwanzaa in some form. Chicago is among an increasing number of cities that sponsor Kwanzaa programs. "The resurgence of some of the worst aspects of racism which have forced African-Americans to value and to reassess the importance of their own institutions and traditions also have led to the rise in Kwanzaa observances," says Plump.

Kwanzaa activities are family- and community-oriented. Food from throughout the African diaspora are served and *zawadi*, or gifts of cultural significance, are exchanged. The ideals of the holiday, collectively known as the *Nguzo Saba*, are underscored through a daily candle-lighting ceremony. Kwanzaa's seven principles are: Umoja (unity); Kujichagulia, (self-determination); Ujima (collective work and responsibility); Ujamaa, (cooperative economics); Nia, (purpose); Kuumba, (creativity); and Imani, (faith).

## ANNOUNCING- A FREE CHRISTMAS HAIRCUT for Boys & Girls! Professional Haircuts! Monday, DEC. 23rd 10:00am-3:00pm

\* **First come,  
First served.**

\* **Ages 16 & under**

at  
**The Salvation Army  
Moore St. Corps  
Community Center  
5430 N. Moore**

call 282-2571  
for information



### Christmas Celebration at William Temple House December 25

Some 550 needy people will have a place to celebrate Christmas this year. For the sixth straight year, dozens of employee volunteers from Portland General Electric Co. (PGE) will be sponsoring a holiday brunch at the William Temple House, 2023 NW Hoyt Street, Wednesday, Dec. 25, from 10 a.m. to 2 p.m.

The meal is intended for senior citizens, low-income families, and for anybody without a place to go and share Christmas. Children will receive toys and a special visit by Santa Claus himself. All guests will also receive delicious home-baked deserts.

Rain, sleet, or snow - free transportation to the brunch will be provided to anyone that needs it by calling 464-8199.

The William Temple House has traditionally been open Christmas Day. In addition to hosting the special brunch, the center will also remain open during the day to provide counseling and other social services.

Contacts: Roxanne Baily, Public Information Representative, 464-8466. Kathy Carlson, Manager, Community Resources, PGE, 464-8535.

### Battle The Bite

Do you know how to spot frost-bite? Early warning signs include white or yellowish-gray skin with tingling, stinging or dull aching, followed by numbness. The National Safety Council suggests beating the bite by bundling up this winter.

### Girl's Christmas Wish: Just 'A Guy'

Everybody knows what most little girls want for Christmas.

But what do big girls want? For a lot of them, according to a new electronic "Christmas wish line," it's just "a guy."

An enterprising Portland company, with the unlikely name of Intelligence Data for a project of this kind, has opened a call-in line where big girls (presumably meaning girls big enough to be interested in men) can leave their Christmas wish lists.

Men can listen in on another line, and they may come away with all sorts of Christmas notions. Anyway, that's the general idea behind the phone setup.

Women can tell their lists free of charge to a "voice mailbox" at 233-9550. To hear the messages, men ring up a pay-per-call number at 1-976-8783.

Intelligence Data said most of the women callers say a boyfriend is at the top of their Christmas wish list.

Now there's a challenge for Santa's helpers.

### Quick Energy

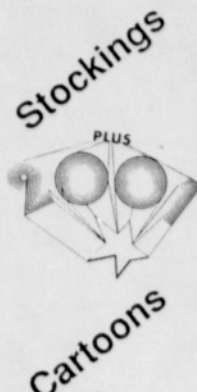
Wintertime brings the threat of being marooned without heat in your home or car. The National Safety Council suggests keeping quick energy snacks available that will help your body produce its own heat in case of an emergency. Such foods include raisins, honey, dried fruits, nuts, chocolate and cheese.

The JIMMY "BANG BANG" WALKER YOUTH FOUNDATION

## THE 31 TH CHILDREN HOLIDAY PARTY

For The N/NE Community Kids 1-12 Years Old

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Saturday, December 21, 12noon - 2pm

Jefferson High School Cafeteria, 5210 N. Kerby

J. Zell Walker, President  
Gail Hughley, Chairperson  
Co-Chairs: Genia Turay, June Brown

JIMMY "BANG BANG" WALKER YOUTH FOUNDATION  
J. ZELL WALKER II • (503) 282-7436  
P.O. BOX 11095 • PORTLAND, OR 97211



The United States Veterans

The United States Veterans, Inc. will be hosting their 15th Annual Christmas Day Dinner on 12/25/91 @ 1225 North Marine Drive. 7AM Coffee Time, 11AM Sandwich & Soup, 4PM Early Dinner.

The U.S.V. gives hope to those who need help.

Happy Holidays

Commander James L. Washington, Sr.  
Region #1, U.S.V., Inc.  
285-0977

## 25th ANNIVERSARY 1991 KWANZAA FESTIVAL OF EVENTS

Thursday, December 26 6:00 p.m.	UMOJA UNITY	African Wedding Celebration: Traditional African attire is requested. Please bring a dish to share at the Karamu (feast). Location: Piedmont Friends Church 5736 N Albina
Friday, December 27 7:00 pm - 9:00 pm	KUJICHAGULIA SELF-DETERMINATION	African History Jeopardy Game: Expand your historical knowledge in the spirit of Kwanzaa. Presented by: Sirius Study Group
Saturday, December 28 2:00 pm - 4:00 pm	UJIMA COLLECTIVE WORK & RESPONSIBILITY	Children's Program: Children's Kwanzaa Party - Kwanzaa fun for children of all ages. Refreshments, music, games, arts and crafts. Presented by: The Black Educational Center
Sunday, December 29 1:00 pm - 6:00 pm	UJAMAA COOPERATIVE ECONOMICS	African Marketplace & Celebration of African-American Music by Janice Scroggins and Friends: A recreation of African markets featuring arts, crafts, foods, clothing and jewelry. Presented by: The Black Educational Center Parents Group
Monday, December 30 7:00 pm - 9:00 pm	NIA PURPOSE	A special presentation by the students of the Whitney M Young Education and Cultural Learning Center. Presented by: The Urban League of Portland
Tuesday, December 31, 6:30 pm - 9:00 pm	KUUMBA CREATIVITY	KARAMU! Community Feast and Special Community Candlelighting Ceremony: A community feast loaded with tables of food, each sponsored by a community based organization.
Wednesday, January 1, 1992	IMANI FAITH	Family Day: Faith in ourselves, our families and community. Spend Kwanzaa at home with family and friends. Reaffirm our commitment to act in unity to strengthen our families and community.

Multi-Cultural Senior Center  
5325 NE Martin Luther King, Jr. Blvd  
For more information, please call 284-9552.

UJAMAA COOPERATIVE ECONOMICS

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