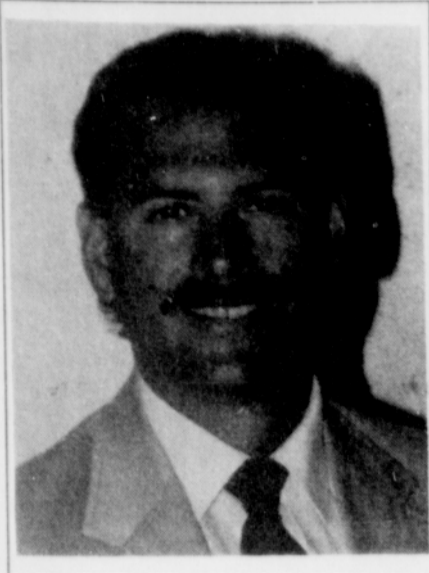


Inner-City Residents Receive Affordable Vision Care



BY STEVEN K. FLETCHER
Director of Community Relations
Pacific University College of Optometry

Residents of North and Northeast Portland have access to quality, affordable vision care services for the entire family at the Pacific University Cascade Campus Family Vision Center. Located 600 N Killingsworth (across the street from the Portland Community College Cascade Campus) Pacific's Cascade Family Vision Center is a joint operation of the Pacific University College of Optometry and the Portland Community College (PCC) Opticianry Program.

"Vision care services at the Cascade Campus Family Vision Center are provided by Doctors of Optometry and interns from Pacific's College of Optometry while dispensing services, including the fitting and adjustment of

glasses, are coordinated by members of PCC's Opticianry program" says Steven K. Fletcher, Director of Community Relations for the Pacific University College of Optometry. The Center is open Tuesday through Friday from 9 a.m. to 5 p.m.

According to Fletcher, services at the Cascade Campus Vision Center include comprehensive vision examinations, free vision screenings, specialty services, and a patient dispensary for prescribing eye glasses. "This Vision Center is unique to the inner-city Portland community because it is one of only a few resources offering vision care to resident of North and Northeast Portland and particularly because it is the only facility in this region providing care based on the patient's ability to pay. Fletcher points out that the Cascade Center charges a full fee of \$48 for a comprehensive vision examination. However, he says that many patients actually pay much less than the full fee and as little as \$10 for an examination because their individual or family income is low. Glasses are also available at discounted rates based on income. Fletcher says that the Cascade Center frequently cares for patients who would have gone without care if charges for services would not have been reduced because of low income.

"The Cascade Campus Family Vision Center is dedicated to serving Portland's inner-city community and providing quality care regardless of income" says Fletcher. As example of this community service philosophy,

The Cascade Campus Vision Center is now offering free vision screenings throughout the school year for children age three through students age 18. This free vision screening campaign is being held to detect and prevent vision disorders that, if left untreated, may hinder the learning process. Free vision screenings are also available for adults age 18 and older throughout the year. Screenings may be scheduled by simply calling the Vision Center during regular business hours. According to Fletcher, "The free screenings offered at the Cascade Campus Vision Center are an excellent and affordable way of testing clarity of vision, eye health, and how well the eyes are working together as a team. He says that screenings are particularly important for children ages three through 10 -- the years when learning skills such as reading and writing are formed.

"During the past several months," says Fletcher, "we have been increasing our efforts to inform Portland's North and Northeast community about the availability of affordable vision care services for all family members. It is our desire to continue to provide high quality care at affordable rates and to keep spreading the word about this service so that community members can receive the care they need.

For more information about the Pacific University Cascade Campus Family Vision Center, and for scheduling free screenings and examinations, please call 240-5319 during regular business hours.

Health Care Costs Public Lecture

"Health Care Cost Containment: Why Caps on Health Care Expenditures Won't Work" will be the topic of a free, public lecture by Carl M. Stevens, Monday, Sept. 23, 7:15 p.m., in the Council Chamber, Lewis & Clark College, 0615 SW Palatine Hill Road.

Stevens is professor emeritus of economics at Reed College. He has authored or co-authored more than 30 studies dealing with how to make the health care industry more efficient and how to finance health care in underdeveloped countries. He received his bachelor's degree from Reed College and his master's and doctorate from Harvard University. He has consulted for or worked on projects funded by the World Health Organization, the World Bank, Inter-American Development and USAID.

Stevens' presentation is sponsored by the Lewis & Clark College Economics Department. For more information, call (503) 768-7625.

Kaiser Permanente Offers Parenting Classes

Several classes open to the public are being offered this fall and winter through Kaiser Permanente. To register for any class, call Kaiser Permanente's Health Education message phone at (503) 286-6815. Class times are 6:30 - 8:30 pm unless otherwise noted.

Stan Wiley, Inc. Introduces Exclusive Real Estate Hotline Oregon gets innovative, convenient information system 24 hours a day

Stan Wiley Inc., Realtors today unveiled the Stan Wiley Real Estate Hotline, a computer-based telephone information system for Oregon and Southwest Washington home buyers and sellers, according to Bert Waugh, Stan Wiley president.

"The Stan Wiley Real Estate Hotline is the industry's most innovative vehicle to hit the market since the Multiple Listing Service," said Waugh. "Our system is one of only 12 in the nation."

The Hotline, developed by BriteVoice Systems of Wichita, Kansas, is used exclusively in Oregon and Southwest Washington by Stan Wiley and allows potential buyers and sellers to access a variety of real estate information by phone at the push of a button.

The Stan Wiley Real Estate Hotline will be on line September 23, 1991. Stan Wiley Realtors, Inc. is a 15 office residential and commercial real estate firm servicing all of Oregon and Southwest Washington.

For more information contact, Bert Waugh 503/646-7826.

Pointers For Parents

Hook Your Kids On Science

Parents and teachers are finding new ways to get youngsters interested in the fascinating world of science.

Children are naturally curious and have lots of questions about how the world works. "By helping them explore those questions, we can show them that science is not a collection of isolated facts and strange vocabulary words, but rather a unique, powerful and interesting way of finding out about the universe, their world and themselves," says Joseph McInerney, director of the Science Education Office at the Alcohol, Drug Abuse & Mental Health Administration (ADAMHA). Science, he adds, is for anyone who wants to know how things work—from ants to automobiles, from the brain to ecology.

Free classroom materials are available to spark students' interest in science. These include "Let's Visit a Research Lab," a colorful poster, accompanied by lesson plans; "Animals and Science," a student brochure; and "Animals and Science: What You Should Know. What You Can Do—A Teacher's Guide." Parents and teachers can order these by writing to ADAMHA Information, Rm. 13C-05, 5600 Fishers Lane, Rockville, MD 20857.

Terry Porter, of the Portland Trailblazers, and the Urban Entertainment Coalition

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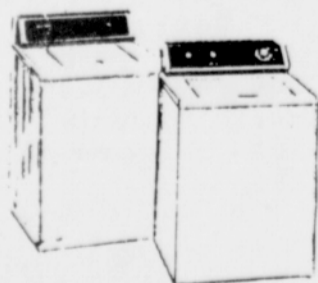


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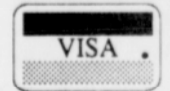
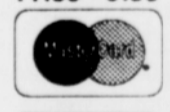
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Congressional Black Caucus Foundation Sponsors Twenty-First Annual Legislative Weekend Including workshops, Legislative Braintrust and Issue Forums

The Congressional Black Caucus Foundation, Inc. will sponsor its 21st Annual Legislative Weekend (ALW), "Defying Odds, Expanding Opportunities: The African American Challenge," September 11 - 15 at the Washington Hilton & Towers, 1919 Connecticut Avenue, NW, Washington, D.C.

During the ALW more than 20,000 people will attend issue forums, workshops and legislative braintrusts on both Capitol Hill and at the Washington Hilton & Towers convened by CBC Members; as well as attend CBCF sponsored fund-raising activities, including the CBC Spouses 15th Annual Fashion Show, the CBCF Prayer Breakfast and the CBCF Annual Awards Dinner.

Some of the nation's leading scholars, elected officials, public policy experts, and public opinion leaders will participate in the various issue forums and workshops addressing issues such as the deterioration in urban centers, civil rights, the impact of redistricting and reapportionment on the Black community, access to quality education on Black college campuses, the dilemma facing the labor movement and the survival of the Black male.

Legislative Braintrusts will con-

vene on Thursday and Friday, September 12, 13, on Capitol Hill with CBC Members covering topics such as: the crisis in health care for the elderly, the Resolution Trust Corporation and the erosion of America's financial institutions and a U.S. post sanctions strategy related to the South Africa.

A special briefing and lobbying session opposing the nomination of Clarence Thomas will be held Thursday, September 12, 2:00 p.m. - 4:00 p.m. in the Cannon House Office Building, Room 345.

The Annual Legislative Weekend is hosted by the Congressional Black Caucus Foundation, Inc., a non-profit organization committed to assisting the policy makers of today while helping to prepare the leaders of tomorrow.

Congressman Alan Wheat (D-MO, 5) chairs the Foundation and LeBaron Taylor, vice president and general manager of corporate affairs for Sony Music Entertainment, Inc., serves as vice chair. Rondalyn Kane is executive director.

The CBCF Press Office will be located in the Adams Room at the Washington Hilton & Towers from Monday, September 9, at 9:00 a.m. through Saturday, September 11, 1991.

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