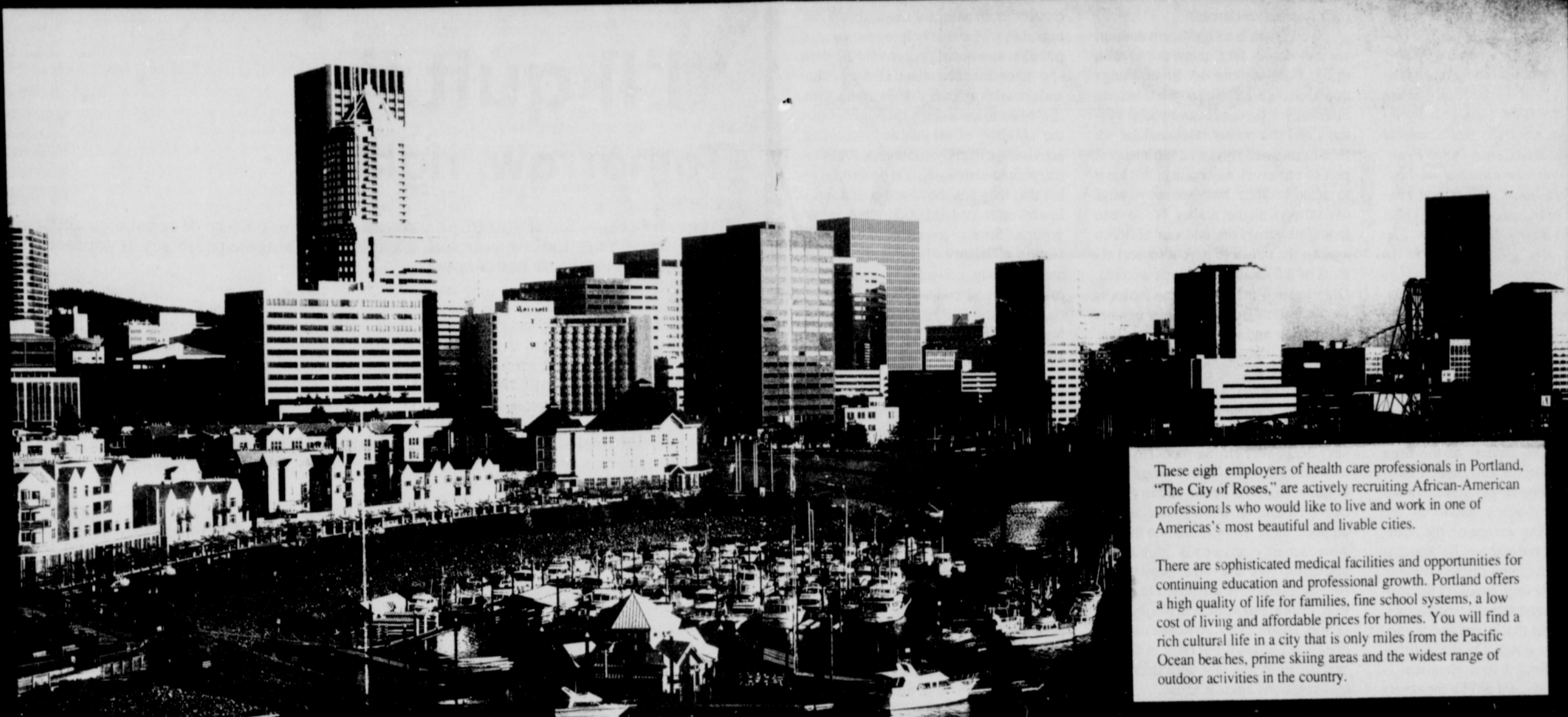


HEALTH CARE 1991

A PORTLAND OBSERVER SPECIAL EDITION

OPPORTUNITIES AWAIT AFRICAN-AMERICAN HEALTH PROFESSIONALS IN



These eight employers of health care professionals in Portland, "The City of Roses," are actively recruiting African-American professionals who would like to live and work in one of America's most beautiful and livable cities.

There are sophisticated medical facilities and opportunities for continuing education and professional growth. Portland offers a high quality of life for families, fine school systems, a low cost of living and affordable prices for homes. You will find a rich cultural life in a city that is only miles from the Pacific Ocean beaches, prime skiing areas and the widest range of outdoor activities in the country.

PORTLAND ♦ OREGON

Older Adults Benefit From Free Vision Screenings

Older adults residing in western Washington County and throughout the greater Portland area are reminded that they can receive free vision screenings throughout the year at the Pacific University College of Optometry Family Vision Centers. Appointments are required.

Open to the public, Pacific's Vision Centers are located in Jefferson Hall on the Pacific University campus in Forest Grove, and in Downtown and North Portland. Vision screenings take about 15 minutes to complete and cause no discomfort. Although they do not take the place of a complete vision examination, screenings provide important information regarding clarity of vision, how well the eyes work together, and overall eye health.

"Vision screenings are particularly beneficial for older adults in detecting

and preventing vision disorders, such as glaucoma, which are associated with the aging process," says Steven Fletcher, Director of Community Relations at Pacific's College of Optometry. According to Fletcher, screenings play a key role in identifying glaucoma--a disease that is the leading cause of blindness in people over the age of 40. Glaucoma usually presents little or no warning signs and by the time visual

deterioration is noticed by the sufferer, permanent vision loss has occurred.

For scheduling and more information about free vision screenings for older adults, please call the Pacific University Family Vision Center near you: Forest Grove, 357-5800; Downtown Portland, 224-2323; North Portland, 240-5319.

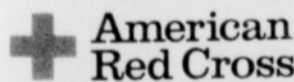
Free Health Screenings For Seniors (Age 55+) Offered at Neighborhood Sites

August 16: Trinity Lutheran Church, 5520 NE Killingsworth. Please call 288-6403 for an appointment (9 a.m. to 12 noon).

August 23: Villa I.O.O.F. Lodge, #124, 7924 NE Glisan. Please call 241-3478 for an appointment (9 a.m. to 12 noon).

Among the services at the screenings are blood chemistry tests which

include cholesterol, glucose and amelia measurements, blood pressure, colorectal cancer take-home test kit, lung function and hearing testing. Vision and glaucoma assessments, nutritional counseling and foot care evaluation are also usually offered. Appointments are necessary and may be made by calling the screening site.



American Red Cross Regional Blood Services provides blood and blood products to more than 70 hospitals in Oregon, Washington and Alaska. More than 300 blood services employees work in the facility. Employment opportunities may exist in immunology, tissue typing, lab operations, donor processing, immunohematology services and regulatory compliance.

Contact person:
Technical Services Director
Pacific Northwest Regional Blood Services
American Red Cross
3131 N. Vancouver Avenue
Portland, OR 97227
(503) 284-0011, Ext. 203



The Garlington Center is a community sponsored mental health center with facilities in North and Northeast Portland. A multicultural staff, including social workers, psychologists, and occupational therapists welcomes everyone. Counseling and treatment are tailored to need. The center serves children and adults in crisis, people with short-term emotional stress, and individuals with persistent, severely disabling mental illness.

Contact person:
Rodney Harry,
Personnel Officer
4950 N.E. Martin Luther King Jr. Boulevard
Portland, OR 97211
(503) 249-0066



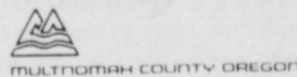
Kaiser Permanente is a group practice health maintenance organization providing a range of medical services to more than 370,000 individuals and dental care to 130,000 people living in Northwest Oregon and Southwest Washington. We employ a wide variety of health professionals in our hospitals and clinics.

Contact person:
Regional Recruiter
3600 N. Interstate Avenue
Portland, OR 97227
(503) 249-6752



Legacy Health System is a not-for-profit corporation whose five Portland-area hospitals and other healthcare providers include Emanuel, Good Samaritan, Holladay Park, Meridian Park, Mount Hood, and the Visiting Nurse Association. By sharing resources, Legacy is able to offer high-quality, accessible, cost-effective health care.

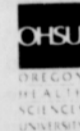
Contact person:
Dennis Phister,
Human Resources Director
Legacy Health System
500 N.E. Multnomah
Portland, OR 97232
(503) 239-1225



Multnomah County Health Division is comprised of diverse multidisciplinary teams providing services to the County's low income and high risk residents through innovative programs. The Division is committed to providing a culturally sensitive environment for both clients and staff. We hope you will join us in working toward this goal.

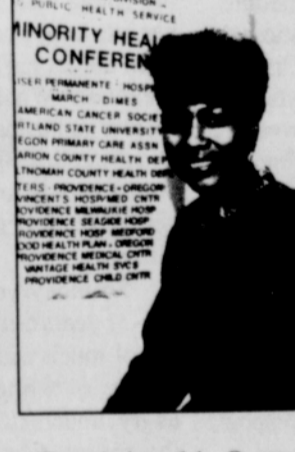
Contacts:
Suzanne Kahn, MS
426 S.W. Stark Street,
7th floor
Portland, OR 97204
(503) 248-3056

Ama Hubbard, FNP
426 S.W. Stark Street,
8th floor
Portland, OR 97204
(503) 248-3674



Patient care at Oregon Health Sciences University is delivered by the 509 bed University Hospital, Doernbecher Children's Hospital, the University Clinics and the Child Development and Rehabilitation Center. We employ the full range of health care professionals, researchers, faculty and administrators. We urge you to consider a career with us.

Contact person:
Robert Boozer,
Office of Personnel
and Labor Relations
PERPP
3181 S.W. Sam Jackson
Park Road,
Portland, OR 97201
(503) 494-8061



The mission of the Oregon State Health Division is to protect, preserve and promote the health of all Oregonians. Working with 34 local departments, we provide a variety of preventive health services such as maternal and child health, family planning, immunizations, communicable disease control, health education, nurse home visits, environmental health and many others.

Contact person:
Joseph Quiñones,
Personnel Services Section
Oregon State Health Division
1400 S.W. Fifth,
Portland, OR 97201
(503) 229-5890



Sisters of Providence in Oregon consists of two major medical centers, three smaller hospitals, a child care center and an HMO/PPO. We are committed to recognizing the dignity of the individual, compassionate concern for the healing of the whole person and a strong commitment to serve the poor and elderly.

Contact person:
Laurie Ayers,
Employee Relations
Associate
St. Vincent Hospital
and Medical Center
9205 S.W. Barnes Road
Portland, OR 97225
(503) 291-2101