

Dental

Making News

in the 1990's

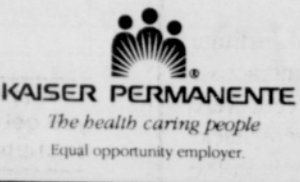
What makes news at Kaiser Permanente? Great opportunities for growth and advancement in your career with a fully accredited, non-profit group practice medical care program. Our Region has the largest HMO dental records department in the country, with 150,000 active charts. Find out how you can become a respected member of the dental care team at Kaiser Permanente by considering the following opportunity.

DENTAL RECORDS SUPERVISOR

We are seeking a creative, forward-thinking professional to take responsibility for dental records at the regional clinics. You will review and analyze the potential to automate the department, ensure program-wide availability of dental records, develop and implement dental records policies and procedures, forms and protocols, as well as review, purchase and maintain all dental care literature given to members.

Position requires an Accredited Records Technician with at least 2 years' supervisory/management experience in a large records department, preferably in a union shop, and strong oral and written communication skills. Prefer experience developing and managing budgets along with working knowledge of descriptive statistics and quality assurance initiatives.

Please send your resume or call: John Bukovi, Manager, Central Support Services, Dental Care Program, Kaiser Permanente, 7201 N. Interstate Ave., Portland, OR 97217. (503) 286-6867.



Health Division Announces New Oregon Study Of Maternity Services Needs Assessment

A 1990 maternity needs assessment has been completed by the Oregon Health Division. This important study is repeated periodically to serve as a barometer on how well Oregon is caring for its pregnant women. The health of society's pregnant women has historically served as a window for the health of our future generations. In order to assure that all infants have a healthy start in life, it is essential that expectant mothers receive adequate prenatal care.

Both inadequate prenatal care and low birth weight have improved between 1987 and 1989. In 1987 8.6 per cent of pregnant women received inadequate prenatal care, which is defined as fewer than five prenatal visits or care started in the last three months of pregnancy; by 1989 this per cent was reduced to 7.3. Likewise, in 1987 5.4 per cent of babies were low birth weight, which is defined as babies weighing less than 5.5 lbs.; by 1989 it fell to 5.2 per cent. These improvements can be attributed to increased state general funds dedicated to prenatal care for low-income women and intensive outreach efforts of the local county public health departments.

Some of the highlights of the re-

port are:

- Approximately 53 per cent of the women who have given birth in Oregon have incomes low enough (less than 250% Federal Poverty Level) to qualify them for some type of assistance including reduced fees at Local Health Departments.

- One-quarter of the women giving birth in Oregon used Medicaid as their primary method of payment for prenatal care.

- Local Health Departments provided prenatal care to almost 14 per cent of all Oregon women giving birth.

- In terms of ethnic origin, Hispanic women had the highest rate of inadequate prenatal care (21%), followed closely by African-American women (19.2%). This rate is four times higher than the inadequate prenatal care rate for Caucasian women (5.0%).

- Based on an odds ratio, teen age mothers (women less than 18 years) were seven times more likely to receive inadequate prenatal care.

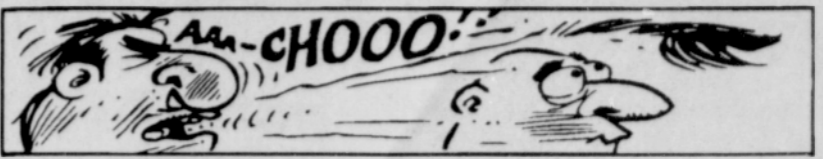
Copies of the report can be obtained through the Maternal & Child Health Section of the Oregon Health Division, located at 1400 S.W. Fifth Avenue, Portland, OR 97201.



The average person in the course of a lifetime walks a distance to almost three times around the equator.



The skeleton of the face is made up of 14 bones and 32 teeth.



Sneezes have been clocked at 100 miles an hour.

Free Health Fair For Veterans and Friends

The Portland Veterans Affairs Medical Center is hosting a free health fair for veterans and friends. This will be a no-cost event and will take place July 25, 1991 from 6:30 p.m. to 9:00 p.m. in the V.A.M.C. Auditorium located at 3710 SW Veterans Hospital Road, Portland, Oregon. (S.W. Veterans Hospital Road is located just off S.W. Terwilliger Blvd.)

Free health screenings and much more will be provided to help promote the V.A.M.C.'s "Fitness For Life Program." This program encourages preventive medicine by promoting healthy lifestyle changes through diet, exercise, education, and medical physical examinations; reducing the controllable risk factors of vascular disease.

United Grocers Fundraisers Near \$2 Million Mark for Hospitals for Children

United Grocers and its members have raised nearly \$455,000 between June, 1990 and June, 1991 for hospitals for children. Some \$270,364 of that will go directly to pediatrics at Doernbecher Children's Hospital.

In the past four years, the United Grocers effort has raised nearly \$2 million for pediatrics at Doernbecher, Sacred Heart General Hospital in Eugene and Rogue Valley Medical Center in Medford. Money raised this year helped complete new day surgery and bone marrow transplant units at Doernbecher and will help purchase needed equipment for the other hospitals. These hospitals serve children throughout Oregon, northern California and southwest Washington.

United Grocers' and its members' contributions were approximately one fourth of all that was raised for the Children's Miracle Network Telethon

in Portland, Eugene and Medford in June. United Grocers contributes \$94,000 each year to underwrite the production costs of the telethon. The rest is raised from checkstand canisters and fund-raisers staged by individual stores, advertising groups including Thriftway, Sentry and Food Connection and by United Grocers employees in Medford and Portland. Fundraisers this year ranged from hot dog feeds to bowl-a-thons to auctions and more.

"Supporting these hospitals is like providing insurance for the children of our communities. The hospitals touch every community in Oregon, southwest Washington and northern California. Thanks to the efforts of so many individuals, we are able to make a great impact on pediatric programs in this region," Alan Jones, president of United Grocers and member of

Doernbecher's board of directors, said.

For the past four years, United Grocers has been the largest contributor to pediatrics at the three hospitals. Last year, United Grocers and its members received the Oregon Governor's Voluntarism Award for their efforts.

United Grocers, Inc. is a retailer-owned cooperative serving more than 363 member stores throughout Oregon, Washington and northern California. The company operates distribution centers in Portland and Medford. It is best known by the names of its advertising groups--Thriftway Stores, Sentry Supermarkets, Select Markets, Shop Smart/Food Warehouse and Food Connection--or by individual store names such as Kienow's, Strohecker's, Wizer's, Food Valu, Hank's, and many other fine independent grocers.

To Help Stay Well, Stay Well Informed

Helping people stay well, and well informed, by sharing a spectrum of information and services, is the aim of the Health Resource Centers at St. Vincent Hospital and Providence Medical Center. The centers offer free information on hundreds of health topics.

Demand is high for health screenings and caregiver resources, two of the most valuable services offered.

For the convenience of area residents, free health screening clinics are conducted in the community for adults age 60 and over. Clinics are held at retirement homes, churches and other locations on a rotating basis; and at Providence Medical Center. Other health screenings such as blood pressure checks and cholesterol screenings are offered at each center.

"Early detection of health problems and education are our goals in offering these health screenings," says Karen Darnedde, director of the St. Vincent Health Resource Center. "We want to help people to monitor their own health status and to realize the importance of regular medical attention. The screenings are not meant to substitute for a visit to the physician."

The centers also extend a helping hand to the growing numbers of adults who find themselves providing care for a family member.

"Caregiving is a growing concern

of American families," notes Darnedde. "Eighty percent of care for older adults is provided by family members, who often are thrust into this role without knowing the resources that are available to help them.

To assist caregivers, Providence and St. Vincent offer books and videotapes on caregiving for free loan or purchase, as well as free pamphlets and consultation.

In addition to caregiving information, the centers' resource libraries offer books, videotapes and free pamphlets on a wide range of health related topics, from high blood pressure to home safety.

A new pamphlet, "It's time for a change of heart" outlines some practical ways to make behavioral changes to help improve heart health. Copies of the booklet are available by calling the Health Resource Center at either St. Vincent Hospital or Providence Medical Center.

Other services include physician referrals, an emergency response system, community health education and walking clubs.

Both centers are open weekdays, Monday through Friday from 8:30 a.m. to 5 p.m. For more information, please call St. Vincent Health Resource Center, 291-2655 or the Health Resource Center at Providence Medical Center, 230-6383.

Opportunities in Health Care

Sisters of Providence in Oregon

Serving in the West Since 1856

Portland

St. Vincent Hospital
and Medical Center

Providence Medical Center

Providence Milwaukie
Hospital

Providence Child Care

Sisters of Providence
Health Plans of Oregon

Medford

Providence Hospital
Seaside

Providence Seaside Hospital



**SISTERS OF
PROVIDENCE**
SERVING THE WEST SINCE 1856

The Sisters of Providence began in 1856 and continues in Oregon today with the work of St. Vincent Hospital and Medical Center, Providence Medical Center, Providence Milwaukie Hospital, Providence Child Care, Sisters of Providence Health Plans of Oregon, Providence Hospital Medford, and Providence Seaside Hospital, as well as other health and community service locations on the West Coast.