

# Welcome to TJ's & WILSHIRE PARK SENTRY MARKETS.

We'd like to take this opportunity to get acquainted by offering you six outstanding coupon specials. Use them between May 22 & 28 at any of the locations below. We're your local neighborhood Sentry Stores and we're here to serve you. Give us a try... we think you'll enjoy our convenience, great service, and weekly specials!

### T.J.'s SENTRY

4636 NE 42nd • 284-6812

### T.J.'s SENTRY

909 N. Killingsworth • 285-6352

### WILSHIRE PARK SENTRY

5400 N.E. 33rd • 284-0644

**SENTRY WELCOME COUPON** No. 5501

Gallon, T.J.'s  
**1% or 2%  
Fresh  
Milk**

**99¢**

Effective May 22-28,  
only at T.J.'s and Wilshire  
Park Sentry Markets

**Sentry**  
SUPERMARKETS

LIMIT ONE PO-1

**SENTRY WELCOME COUPON** No. 5504

4 Roll  
**Angel Soft  
Bath  
Tissue**

**69¢**

Effective May 22-28,  
only at T.J.'s and Wilshire  
Park Sentry Markets

**Sentry**  
SUPERMARKETS

LIMIT ONE PO-4

**SENTRY WELCOME COUPON** No. 5502

10 Lb.  
**Western Family  
Charcoal  
Briquets**

**\$1.99**

Effective May 22-28,  
only at T.J.'s and Wilshire  
Park Sentry Markets

**Sentry**  
SUPERMARKETS

LIMIT ONE PO-2

**SENTRY WELCOME COUPON** No. 5505

1 Lb. Hygrade  
**All Meat  
Hot  
Dogs**

**69¢**

Effective May 22-28,  
only at T.J.'s and Wilshire  
Park Sentry Markets

**Sentry**  
SUPERMARKETS

LIMIT TWO PO-5

**SENTRY WELCOME COUPON** No. 5503

8 Pk. Western Family  
**Hot Dog or  
Hamburger  
Buns**

**3 \$1**  
FOR

Effective May 22-28,  
only at T.J.'s and Wilshire  
Park Sentry Markets

**Sentry**  
SUPERMARKETS

LIMIT THREE PO-3

**SENTRY WELCOME COUPON** No. 5506

Assorted  
**2 Liter  
Pepsi  
Products**

**78¢**

Effective May 22-28,  
only at T.J.'s and Wilshire  
Park Sentry Markets

**Sentry**  
SUPERMARKETS

Plus Dep.  
LIMIT TWO PO-6

### Spinal Care Education Class

Western States Chiropractic College is offering "BECOMING HEALTHIER WITH CHIROPRACTIC," a free spinal care class, Wednesday, June 12, 7 p.m. Topics will include an introduction to chiropractic care, ergonomics and posture, and a slide presentation. Those in attendance will be eligible for a special introductory examination and treatment package at the college's clinic.

Western States Chiropractic College is located at: 2900 NE 132nd Avenue in Portland.

Western States Chiropractic College is a non-profit institution.

### Rose Festival Officials Encourage Taking The Bus

Rose Festival officials encourage those attending this year's events to avoid parking and traffic hassles by taking the bus or MAX. Tri-Met is gearing up for its busiest time of the year, planning some 2700 hours of extra service in June.

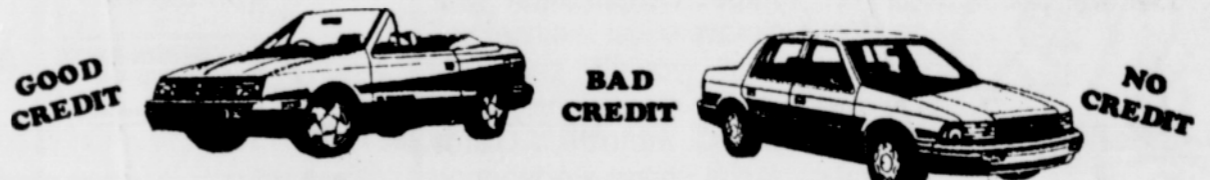
Tri-Met is running extra service to both the Grand Floral Parade and the Starlight Parade, as well as to special events like the Hillsboro Airshow. "We have a strong partnership with Rose Festival, and this is our busiest time of the year," said Doug Capps, Tri-Met Executive Director of Public Services. "We're happy to be part of the fun every year."

#### Buy Early

In the past, MAX set a ridership record on the day of the Grand Floral Parade. Capps encourages passengers to buy tickets in advance to avoid waiting in long lines on parade days. He suggested that families and large groups buy books of ten discount tickets in advance. Tri-Met's \$3.00 Day Ticket offers unlimited rides on buses or MAX trains. Tickets are sold in machines on the transit mall and at MAX stations, as well as at the Tri-Met office in Pioneer Courthouse Square, Safeway stores and most Albertsons stores.

"Buy as many as you'll need in advance-one for every day you'll be attending Rose Festival events-then just hop on a train or bus without waiting in line for tickets or scrambling for exact change," Capps said.

## IN NEED OF A CAR YES WE CAN HELP



**GOOD CREDIT**

99mo  
81 Ford Fairmont  
Very Clean  
300 cash down  
24 mos O.A.C.  
\$1999

**BAD CREDIT**

**NO CREDIT**

- YES** - Little or no downpayment
- YES** - New or used
- YES** - Any Make or model
- YES** - We take care of the financing
- YES** - Payments to Fit Your Budget

109mo  
83 Dodge  
Conversions Van  
300 cash down  
36 mos O.A.C.  
\$2999

**GRESHAM DODGE**  
855 NE Burnside  
Gresham Or 97030

Black Owned  
**666-2277**

## "I need to lose weight without losing my social life."

### Introducing the NEW PERSONAL CHOICE PROGRAM

Birthdays. Cookouts. Family get-togethers. How do you lose weight without losing your mind? Easy—with the new Personal Choice Program from Weight Watchers. New Personal Choice gives you your choice of three easy-to-follow food plans that range from structured to flexible—whatever's right for you. It's designed to adapt to your lifestyle, so you can lose weight at your own comfortable pace. What's more, Personal Choice allows you to eat the foods you want, when you want. Even in a restaurant. So you can lose weight without losing friends. If you're looking for a weight loss program that fits the way you live, now the choice is yours. New Personal Choice. Call Weight Watchers and ask about this exciting program today.

## Weight Watchers

Safe, sensible weight loss for 27 years.

### FREE FIRST MEETING

Join By June 1st and pay \$17 Registration Fee Only  
Subsequent Meetings \$9 For additional Savings Ask About Our  
GOLD CARD

(Offer Good Only in Area 083)

JOIN ANY CLASS ANYTIME

For Information Call (collect) weekdays 8:30t 5:00t (503) 297-1021  
New Members Arrive 20 Min. Early

<b>Tillamook Park Bldg.</b> 2108 N.E. 41st Ave.	<b>Jantzen, Inc.</b> 523 N.E. 19th Cafeteria Lounge
Mon. 7:00 p.m.	Wed. 12:00 noon
Tues. 7:00 p.m.	
Wed. 9:30 a.m. & 5:00 p.m.	
Thurs. 7:00 p.m.	
Fri. 9:30 a.m.	

**Temple Baptist Church**  
1319 N.E. 7th  
Fireside Room  
Tuesday 12:15 p.m.  
(Brown Bag Lunch Class)

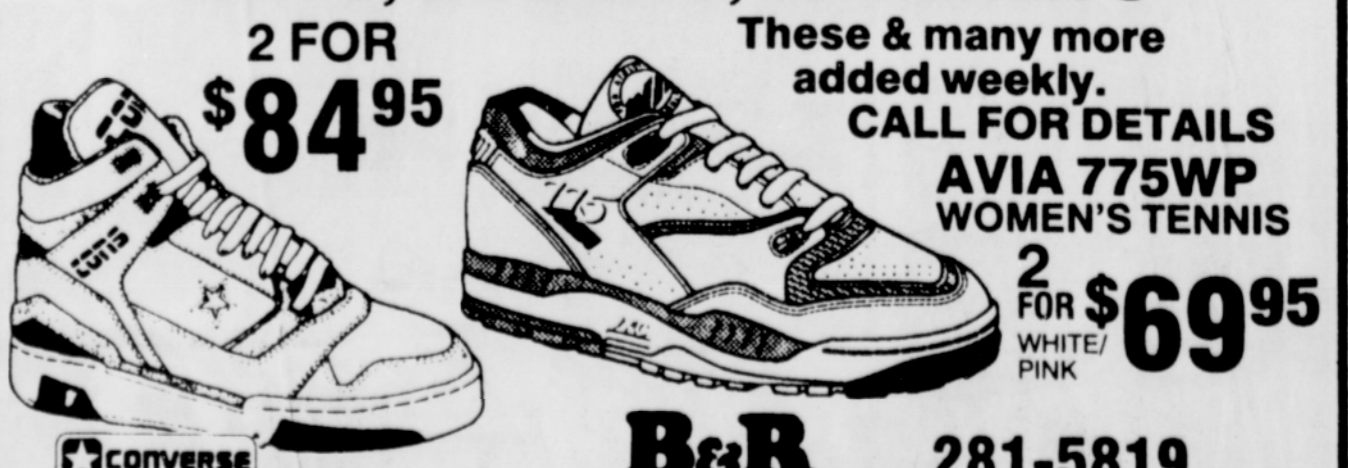
**Maranatha Church**  
4222 N.E. 12th  
(Enter on Skidmore)  
Sat. 9:30 a.m.

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## For Best Results Advertise in the Observer

## 2 FOR 1 SHOE SALE!

MEN'S, WOMEN'S, CHILDREN'S



2 FOR  
**\$84.95**

These & many more  
added weekly.

CALL FOR DETAILS  
**AVIA 775WP  
WOMEN'S TENNIS**

2  
FOR **\$69.95**  
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PINK

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**Sportshoes** OPEN 7 DAYS  
N.E. 30th & ALBERTA - PORTLAND, OR