

Especially For Kids Line-Up Announced

"Kids...pack up your swimming suit, friends, and parents... and plan on coming to a great line-up of summer activities and fun at Blue Lake Park. Every Wednesday from June 26 to August 14, the "Especially for Kids" summer Program will be featuring wonderful, educational entertainment from 2 to 3 p.m. in the Bandstand Area rain or shine. Admission will be \$2 per car. Each program hosts a variety of local performers for kids 5 to 12 years of age. Come early or stay late to explore the multitude of recreational family opportunities available at this 180-acre Park, such as a sanded swim beach. This program is proudly sponsored by your Multnomah County Park Services Division.

For a great bargain, purchase an annual pass for \$35. Senior and low income passes are also available upon request. (These passes are valid October 1 to September 30 and apply to all park and entry fees within Multnomah County Parks system.)

To find Blue Lake Park, take I-84 east to the Gresham/181st exit. Go north on 181st to Sandy Blvd. Turn right (east) and continue to 223rd. Turn left and follow the signs to the Park. Sorry, pets are not permitted.

For more information on the "Especially for Kids" Series and a complete summer calendar, please telephone 248-5050.

Safeway Stores Make Bus Passes Available

Beginning May 20, all Safeway stores in the Portland metropolitan area will sell Tri-Met tickets and monthly passes. The 30 Tri-Met Service Centers located in Safeway stores carry bus and MAX schedules as well.

"This partnership helps us make things easier for our passengers," said Doug Capps, Tri-Met Executive Director of Public Services. "Safeway stores are open 24 hours a day, so our customers can pick up schedules and tickets whenever it suits their own busy schedules."

Passengers can also buy tickets and passes at 14 Albertson's stores; 30 First Interstate Bank branches; the Tri-Met office in Pioneer Courthouse Square; Beaverton, Gateway and Coliseum Transit Centers; and 100 other locations throughout the region.

Look For Safeway's 1991 Expanded "Know Your Foods" Booklet

With over 15,000 food choices in the supermarket, it can be confusing and time-consuming to figure out what's low in calories, fat, cholesterol or sodium; or what foods are a good source of fiber.

Yet, surveys suggest that almost everyone considers nutrition an important factor when making food buying decisions.

Safeway stores in Oregon and Southwest Washington recently introduced a booklet, entitled "Know Your Foods," designed to assist consumers seeking this information.

Safeway's 2nd edition "Know Your Foods" booklet lists nutrient values for over 3,500 brand-specific foods low in fat, cholesterol, sodium and/or calories; plus, foods with fiber.

New in this edition of Safeway's Know Your Foods program is information on the nutrition content of Fresh products, including:

Fresh Fruits, Meats, Seafood, Fresh Vegetables, and Poultry

In addition to many canned, bottled and frozen foods. Foods that fit one or more of the categories will have corresponding shelf tags to easily identify these products. For example, a food that is low in sodium and fat will have a shelf tag that shows "✓ LOW SODIUM, ✓ LOW FAT."

The Know Your Foods program uses nutrition information voluntarily provided to Safeway by manufacturers and follows the Food and Drug Administration (FDA) guidelines & has FDA approval. "The Know Your Foods" listings are not endorsements for specific foods, but are offered to help make shopping easier.

If you are a graduating student, it's time to shine. You can be what you want to be. Don't forget the ones who have carried you thus far. Let them know that you appreciate them in what ever capacity they have fulfilled for you. Remember to be good to each other!

John Frohnmayer To Speak At Law School Graduation May 19

John Frohnmayer, chairman of the National Endowment for the Arts, (NEA), will deliver the commencement address at the 105th annual University of Oregon School of Law Commencement on Sunday, May 19.

The commencement ceremony, honoring 164 graduates, will begin at 1 p.m. in the Silva Concert Hall at the Hult Center for the Performing Arts, One Eugene Centre. The commencement will be open to the public.

UO Provost Norman Wessells will confer the degrees in President Myles Brand's absence. Chaplin D. Clark, associate dean and professor at the UO law school, will serve as the commencement marshal.

During the ceremony, Clark will receive the Meritorious Service Award. Clark, who is retiring this year, has taught at the School of Law for 30 years. The award is given in recognition of outstanding service to the administration of justice and legal education in Oregon.

Leslie J. Harris, UO associate professor of law, will be presented with the Orland J. Hollis Teaching Award.

Home Buyers' Day Offered To House Hunters

The Piedmont Neighborhood Association is sponsoring a Home Buyers' Day on Sunday, May 19, 1991 that will begin at 1:00 p.m. with a Workshop For Home buyers at Peninsula Park Community Center, 6400 N. Albina Blvd.

Workshop participants include representatives from the Portland Development Commission, U.S. Bank, First Interstate Bank and Century 21/Peninsula Realty Company.

An Open House tour of homes for sale in the Piedmont Neighborhood will be held from 2:00 p.m. until 5:00 p.m. Maps listing the homes for sale in Pied-

Harris, who has taught at the university for 11 years, was selected by a committee of the law faculty.

Appointed by president Bush in 1989, Frohnmayer is the fifth chairman of the National Endowment for the Arts. During Frohnmayer's U.S. Senate confirmation hearings, Sen. Bob Packwood praised Frohnmayer for having "the uncanny ability that I wish most of us had from time to time to diffuse rather than fan controversy."

As NEA chairman, Frohnmayer was at the center of controversial hearings in the U.S. Congress about NEA arts funding for works considered to be obscene by certain groups.

A former chairman of the Oregon Arts Commission, Frohnmayer was most recently a lawyer in Portland, specializing in civil litigation. A native of Medford, he graduated from the UO School of Law in 1972.

Frohnmayer is an accomplished singer and has appeared in recital, musical comedy and other musical productions in New York City, Chicago, Palo Alto, Calif., and Oregon.

ment will be available free of charge at the Peninsula Park Community Center beginning at 1:00 p.m.

The Piedmont Neighborhood is located in Northeast Portland between the I-5 Freeway and King Blvd. from Ainsworth north to Columbia Blvd. Piedmont offers a wide selection of homes at affordable prices.

The Home Buyers' Workshop was funded in part with a grant from the City of Portland's Bureau of Community Development. Newspaper advertising was made possible with a contribution from first Interstate Bank. Door prizes were purchased with a contribution from U.S. Bank.

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Best of the Northwest Video competition - Honorable Mention

Teen Parent T.V.

Tenth annual Cork Youth International Video Festival - Best Photography

American Women in Radio in T.V. - First Place 1989

Special Thanks

Liz Schillenger, Joe Johnson, Nia Gray, Joe Bean Keller,
Richard Brown Photography, Selmene Rodriguez,
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& Ja'Bell's Beauty and Barber Supply

Able Video, Northwest Video Works, Jane Scott Video Productions,
& Portland Cable Access

Sponsored By the Portland Public Schools,
North Portland Youth Service Center & Private Industry Council

Wyden To Hold Hearings On Education Reform

Rep. Ron Wyden announced the beginning of a series of Congressional field hearings on how the federal government can assist education reform in Oregon. The first hearing will examine the impact on Oregon families of President Bush's education proposals for kindergarten through 12th grade.

Key education leaders in Oregon will testify and express their views on the role the federal government should play in helping Oregon educators meet the needs of Oregon's future workforce. They include: State Representative Vera Katz, Dr. Matthew Prophet, Superintendent of Portland Schools; Bob Burns,

Vice-Superintendent of Public Instruction for the State of Oregon; Gary Carlson, Vice President of Associated Oregon Industries; William Gregory, owner, Gregory Forest Products.

Wyden has had a longstanding interest in education reform. In 1983, he introduced the Talented Teacher Act, legislation which created the Paul C. Douglas Scholarships and the Christa McAuliffe Fellowships, retention programs. Since the legislation became law in 1984, thousands of top high school students nationwide have won Douglas scholarships in exchange for their commitments to teach for two

years for every scholarship year.

The hearing will take place:
Saturday, May 13, 1991, 10:00 a.m. in the Portland City Council Chambers, 1220 S.W. 5th.

We're getting into the graduation mode. If you have someone who has "made it" let them know how proud we are of them. Education is a precious tool. Let our young men and women know that we support them in their efforts. At least say Congratulations!

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