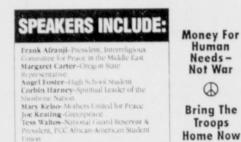
STOP THE WAR!

Rally & March

Saturday, Feb. 16, Noon Pioneer Square, Portland

National Day of Action



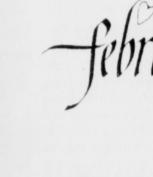
Money For Needs -Not War 0 **Bring The**

Holladay Park-NE Couch Park-NW 19th

Troops









Weatherize, increase resale values and save money doing it! The Portland Energy Office and Pacific Power & Light have a new weatheriza for apartment owners with low income tenants. Rebates for installing storm windows, i caulking and other energy saving measures can exceed \$1000 per unit. For more information of the control of the con the Low Income Weatherization Program or other Marcy Wood in the Energy Office, 796-7033.

The Pacific Northwest Regional Office **Gifford Pinchot National Forest**

and

Mt. Hood **National Forest**

join together to salute

BLACK HISTORY MONTH February 1991



USDA FOREST SERVICE Caring for the land and Serving the people



MALL DAYS

FREE TAX ASSISTANCE FORMS AND INFORMATION



February 16, 1991

11:00 a.m. - 5:00 p.m.

Beaverton Mall (3505 S.W. Cedar Hills Blvd.) Clackamas Town Center Mall Eastport Plaza (4000 S.E. 82nd) Jantzen Beach Mall

Valley River Mall in Eugene (10 a.m. - 6 p.m.) Salem Center Mall (401 Center St., N.E.)



Health and Developmental Screening

Ages 3 to 5

Saturday, February 23 10 a.m. - 4 p.m.

> JOHN BALL SCHOOL 4221 N. Willis Blvd.

Hearing and Vision Motor Skills

Call 280-5757 for an appointment

Safety And Health Briefs For Kids

Telephone Tips For Tots

Does your child know how to make an emergency call? The National Safety Council suggests that parents take time to teach youngsters how to contact rescue personnel when an emergency situation arises.

A child should know how to dial "911" if it is available in your area. Otherwise, they should be taught to dial "O" for the operator.

Having contacted help, the youngster should give their name, address and telephone number. They should never hang up until the emergency operator tells them to do so.

Passenger Restraints Approximately 15,000 lives

could be saved each year if all motorists would wear safety belts. Even for short trips around town, the National Safety Council suggests using a three-pronged approach to safety on the road-wear your lap belt, shoulder harness and drive a car equipped with an air bag.

Vacation

If you're taking vacation to beat the winter blahs-the National Safety Council suggests taking a few precautions to protect your home while you're

Set a timer that automatically turns lights on and off in several rooms at various hours. A timer can also be used for a radio. Having the house seem

occupied is the key to keeping burglars

Park you car half way up the driveway to prevent thieves from parking vans or trucks near the house.

Be sure to have a neighbor pick up your newspaper, mail and other deliveries. Have a friend take your trash out on pick-up day and have your lawn mowed or shovel your snow.

Child Restraints

February 10-16 is National Child Passenger Safety Awareness Week. The National Safety Council urges parents to take their responsibility seriously and properly buckle their child in an approved safety seat.

Sonia Sanchez To Be Keynote Speaker at PCC Black History Month

The keynote speaker at Portland Community College Black History Month celebrations will be Sonia Sanchez, noted author, poet, playwright, scholar and Black Studies pioneer. She will speak Friday, February 22, in the aduitorium of Cascade Hall on the Cascade Campus, 705 North Killingsworth Street, at 7 p.m. The event is free and open to the public.

Sanchez is one of the first black women nationally recognized as a playwright and translated world wide. Her play "Sister Sonji" ran in New York and has gained international recognition. "A Sun Lady for All Seasons" is her first record of poetry, produced by

A prolific and controversial writer, Sonia Sanchez has written poetry, short stories and children's books as well as plays. Among her works are "We a BaddDDD People," "A Blues Book for Blue Black Magical Woman," and most recently "Homegirls and Handgrenades," which won a 1985 American Book Award.

A graduate of Hunter College, Sanchez helped engineer the first Black Studies courses in the nation at San Francisco State College in 1967. In 1972 she received an honorary doctoral degree in the Humanities from Wilberforce College, Ohio. She is presently an associate professor at Amherst College.

Her work has been translated into several languages, and during the past four years she has traveled through the United States, giving readings of her poetry and lecturing on Black Studies issues at over 200 Colleges.

For more information, call Ken Adair, chairman of the 1991 Black History Month Committee, 244-6111, ext. 4535.

Frican American Reflections

YO!

Yo! All you brothers and sisters Listen up if you can.

There's more to your life than gang banging, rapping or smoking crack or hip hopping, doing the Humpty, or the running man.

I know you think you're deep and you think you're hip

You need to straighten up your

And get on the right trip.

When you go to school don't just sit and freeze. Study hard and learn

Take pride in your self and in getting A's and B's.

Throw your weapons down Smash the crack pipe Try to elevate your mind And then you're out of sight. Respect yourself and others know how special you are.

Be the best you can be, become a shining star.

You're not a man or a woman because you hurt or kill each other.

But it's a joyous feeling to help and love your sisters and brothers. We're all sisters and brothers.

It doesn't matter if we're Crips or Bloods. My father always told me that

blood is thicker than mud.

What does it really matter if you're wearing red or blue?

You, our children are our future. We love you and we care. It's all up to you.

Curley Massey

Presented by:

