

STOP THE WAR!

Rally & March

Saturday, Feb. 16, Noon
Pioneer Square, Portland
National Day of Action

SPEAKERS INCLUDE:

Frank Aizrael - President, Interreligious Committee for Peace in the Middle East
Margaret Carter - Oregon State Representative
Angel Foster - High School Student
Corbin Harney - Spiritual Leader of the Siskiyou Nation
Mary Kelso - Mothers United for Peace
Joe Keating - Greenpeace
Tess Wallow - National Council Reserve & President, PCC African-American Student Union
Pastor Wendell Wallace - Maranatha Church
Jesse Wischard - Executive Director, Portland Women's Cross Center

Money For Human Needs - Not War

Bring The Troops Home Now

MARCH to the RALLY from:

Holladay Park—NE 12th & Holladay, next to Lloyd Center.
—OR—
Couch Park—NW 19th & Glisan

Gather at 10:30am
Marches leave at 11am

Sponsored by the Coalition Against U.S. Military Intervention in the Middle East
Volunteers and donations are needed! The Coalition's new address is: 1841 NW 23rd, Portland, 97209 (between Thurman and Vaughn)
Phone: 225-6411. The Coalition office is on 20th Ave. just west of 73rd Ave. on the east side.

\$1000 CASH BACK PER APARTMENT UNIT



Weatherize, increase resale values and save money doing it!
The Portland Energy Office and Pacific Power & Light have a new weatherization rebate program for apartment owners with low income tenants. Rebates for installing storm windows, insulation, caulking and other energy saving measures can exceed \$1000 per unit. For more information on the Low Income Weatherization Program or other apartment weatherization rebate programs, call Marcy Wood in the Energy Office, 796-7033.

MALL DAYS

FREE TAX ASSISTANCE
FORMS AND INFORMATION

February 16, 1991
11:00 a.m. - 5:00 p.m.

Beaverton Mall (3505 S.W. Cedar Hills Blvd.)
Clackamas Town Center Mall
Eastport Plaza (4000 S.E. 82nd)
Jantzen Beach Mall

Valley River Mall in Eugene (10 a.m. - 6 p.m.)
Salem Center Mall (401 Center St., N.E.)

skip Health and Developmental Screening

Ages 3 to 5
Saturday, February 23
10 a.m. - 4 p.m.
JOHN BALL SCHOOL
4221 N. Willis Blvd.

- Health
- Hearing and Vision
- Motor Skills
- Speech/Language
- Dental
- Parent Information

Call 280-5757 for an appointment

A COMMUNITY-WIDE EFFORT

Sponsored by: City of Portland Leader's Roundtable, AMA Head Start, Multnomah County and Portland Public Schools. Contributing agencies include: Oregon Health Sciences University, Portland Center for Hearing and Speech, Pacific University, Portland State University, University of Portland, Housing Authority of Portland and Portland Community College.



Safety And Health Briefs For Kids

Telephone Tips For Tots

Does your child know how to make an emergency call? The National Safety Council suggests that parents take time to teach youngsters how to contact rescue personnel when an emergency situation arises.

A child should know how to dial "911" if it is available in your area. Otherwise, they should be taught to dial "0" for the operator.

Having contacted help, the youngster should give their name, address and telephone number. They should never hang up until the emergency operator tells them to do so.

Passenger Restraints

Approximately 15,000 lives

could be saved each year if all motorists would wear safety belts. Even for short trips around town, the National Safety Council suggests using a three-pronged approach to safety on the road—wear your lap belt, shoulder harness and drive a car equipped with an air bag.

Vacation

If you're taking vacation to beat the winter blahs—the National Safety Council suggests taking a few precautions to protect your home while you're away.

Set a timer that automatically turns lights on and off in several rooms at various hours. A timer can also be used for a radio. Having the house seem

occupied is the key to keeping burglars away.

Park your car half way up the driveway to prevent thieves from parking vans or trucks near the house.

Be sure to have a neighbor pick up your newspaper, mail and other deliveries. Have a friend take your trash out on pick-up day and have your lawn mowed or shovel your snow.

Child Restraints

February 10-16 is National Child Passenger Safety Awareness Week. The National Safety Council urges parents to take their responsibility seriously and properly buckle their child in an approved safety seat.

Sonia Sanchez To Be Keynote Speaker at PCC Black History Month

The keynote speaker at Portland Community College Black History Month celebrations will be Sonia Sanchez, noted author, poet, playwright, scholar and Black Studies pioneer. She will speak Friday, February 22, in the auditorium of Cascade Hall on the Cascade Campus, 705 North Killingsworth Street, at 7 p.m. The event is free and open to the public.

Sanchez is one of the first black women nationally recognized as a playwright and translated world wide. Her play "Sister Sonji" ran in New York and has gained international recogni-

tion. "A Sun Lady for All Seasons" is her first record of poetry, produced by Folkways.

A prolific and controversial writer, Sonia Sanchez has written poetry, short stories and children's books as well as plays. Among her works are "We a BaddDDD People," "A Blues Book for Blue Black Magical Woman," and most recently "Homegirls and Handgrenades," which won a 1985 American Book Award.

A graduate of Hunter College, Sanchez helped engineer the first Black Studies courses in the nation at San

Francisco State College in 1967. In 1972 she received an honorary doctoral degree in the Humanities from Wilberforce College, Ohio. She is presently an associate professor at Amherst College.

Her work has been translated into several languages, and during the past four years she has traveled through the United States, giving readings of her poetry and lecturing on Black Studies issues at over 200 Colleges.

For more information, call Ken Adair, chairman of the 1991 Black History Month Committee, 244-6111, ext. 4535.

The Pacific Northwest Regional Office Gifford Pinchot National Forest and Mt. Hood National Forest

join together to salute

BLACK HISTORY MONTH February 1991



USDA FOREST SERVICE
Caring for the land and Serving the people



African American Reflections

LOCAL WORKS OF POETRY IN HONOR OF BLACK HISTORY MONTH

YO!

Yo! All you brothers and sisters
Listen up if you can.
There's more to your life than gang
banging, rapping or smoking
crack or hip hopping, doing the
Humpty, or the running man.
I know you think you're deep and
you think you're hip
You need to straighten up your
lives
And get on the right trip.
When you go to school don't just
sit and freeze.
Study hard and learn
Take pride in your self and in get-
ting A's and B's.
Throw your weapons down
Smash the crack pipe
Try to elevate your mind
And then you're out of sight.

Respect yourself and others
know how special you are.
Be the best you can be, become
a shining star.
You're not a man or a woman
because you hurt or kill
each other.
But it's a joyous feeling to help and
love your sisters and brothers.
We're all sisters and brothers.
It doesn't matter if we're Crips
or Bloods.
My father always told me that
blood is thicker than mud.
What does it really matter if you're
wearing red or blue?
You, our children are our future.
We love you and we care.
It's all up to you.

Curley Massey

