

TAKING CARE OF YOUR BABY

The American Red Cross is sponsoring a Baby Care class at the Red Cross building, 3131 N. Vancouver Avenue, from 7 p.m. to 9:30 p.m. on the following Wednesday evenings: November 28, December 5, 12, and the 19th.

This 10-hour course is for expectant, new and adopting parents and/or grandparents. It gives a base for understanding and fulfilling the special needs of a new baby through the first year. Taught by the Red Cross volunteer instructors, the subjects covered include beginning life as a family, baby care and safety. Mothers-to-be are encouraged to bring their partner or care giver.

Pre-registration is necessary since class size is limited. There is a charge of \$30 per couple or \$25 per individual. Call The Red Cross at 284-1234, ext. 176, to register.

BOY SCOUTS HOLD FOOD CANVAS

On Saturday, November 17, local boy Scouts will go door to door to collect food. Donations will be taken to all Washington County fire stations.

Volunteers are needed at each of the 10 fire stations during the event and at the end of the event to transport the food to the Washington County food bank, Tualatin valley Food Center. Interested people should contact Denise at the Food Center to volunteer (642-3236).

COMMUNITY CARE 288-5429 (Anytime)

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Applications due by 11/16/90. Application information is available at: University of Oregon, Office of Human Resources, 463 Oregon Hall, Eugene, OR 97403, Or Phone (503) 346-3159. Equal Opportunity/Affirmative Action Employer. Organization Committed to Cultural Diversity

Tips for Inspecting Home Heating

Once the fall rains begin in Portland, winter is never far behind. Pacific Power Portland Area Manager Carl Talton says now is the time to make an energy efficiency inspection of your home that can save you money and improve your comfort this winter.

Among Talton's suggestions:
 -Get a check-up of your home heating system by a qualified service contractor.
 -Make sure heating ducts in unheated areas are properly connected, insulated and sealed with duct tape.
 -Clean or replace any furnace or heat pump filters. Dirty filters put an added load on your equipment and decrease efficiency.

-Assure that heat registers and baseboard heaters are dust free and are not blocked by furniture or draperies.

-Caulk to seal cracks around windows and moldings; use weatherstripping around doors and sliding windows.

-Install storm windows and doors or seal windows and doors with inexpensive plastic sheeting.

-Get storm windows and doors in place.

-Replace missing siding or shingles.

-Repair broken or cracked window panes.

-Insulate exposed water pipes in unheated spaces to prevent freezing.

-Check the thickness of attic insulation. About nine inches of attic insulation is recommended for maximum energy savings.

-Assure that floor insulation is in place. If there is no floor insulation, consider installing it. The investment will assure that floors are warmer and heating costs lower.

To ask questions about your home weatherization needs or to apply for the various weatherization loans available through Pacific Power, contact the company's local customer service office at 3535 N.E. Fremont Ave.

OSU Offers Program for Graduate School

A program to acquaint minority undergraduate students with the challenges, rewards and career advantages of graduate school has been initiated by the Graduate School of Oregon State University (OSU).

"We want to 'demystify' graduate school for students from underrepresented minorities," said Carlos Ovando, professor of post secondary and technological education. As program coordinator, he has worked to make faculty and academic administrators aware of the program and solicit their help in identifying candidates and serving as mentors.

The Graduate Opportunities Program for minority Students is designed to "help minority students develop a sophisticated attitude toward graduate school and an awareness of what it means in their career pattern," Ovando said.

The object is not necessarily to recruit OSU undergraduates to graduate school at OSU, said Marlene Costa, director of minority affairs and special programs with the Graduate School.

"We want to encourage them to apply to the graduate program most appropriate to their talents and needs," she said. That may include OSU but not to the exclusion of other schools.

The program hopes to help address a national problem.

"The pool of minority applicants to graduate school is very small nationwide," said Ovando. "And yet universities are frantically trying to recruit minority faculty. Qualified candidates are the subject of recruiting wars."

The program will kick off Nov. 19 with a luncheon at the VIP Lounge in McNary Dining Hall. Sophomores and juniors from underrepresented minorities who have shown academic achieve-

ment are being invited, said Costa. She emphasized, however, that all interested minority undergraduates are invited to attend.

The luncheon will serve as an "awareness session and general overview of graduate school," Costa said. Students will be asked to fill out academic interest cards so they can be matched with a faculty mentor in that area.

Graham Spanier, provost and vice president for academic affairs; Tom Maresh, dean of the Graduate School; and Ovando will discuss what graduate school is about, what's required and the resources available to facilitate the experience.

"Many students feel if they don't have a 3.0 grade point average there is no way they can consider graduate school," said Ovando. "We want to explode some of the myths and misperceptions about it."

Later in the year, the program will sponsor a forum on the graduate school experience, featuring minority faculty members and current graduate students.

"We hope to present some case studies and look at a range of graduate student experiences to explore the trials and tribulations, both personal and professional, that can occur and how they coped," Ovando said.

Panel members also will outline the kind of career options opened by graduate school.

A final meeting in the spring will include practical advice on the application procedure, financial aid, the Graduate Record Examination and other technical aspects.

Any student wanting more information on the program should contact Ovando at 737-2501 or Costa at 737-4881.



ANNUAL WAFFLE BREAKFAST

Sat. November 10, 1990
9 a.m. ~ 1 p.m.

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