

## A Former Member Speaks Out Against Stay Clean Inc.

In preparing this message I had previously gone to great lengths to detail the history of Inside Outside People/Stay Clean Inc. because of the loyalty and love I have for its late founder, Mr. Don McMillan.

Initially I had submitted a copy of the first article for review to Mr. Thomas Mason and Mr. Herbert Brown who expressed their total support and permission for submission to the *Observer* of this article. I did this out of respect for the leadership of Stay Clean Inc. of which at the time I was a proud member.

Since the publication of the article and because of my concern for the historical truth to be revealed I have been dismissed from participating in Stay Clean Inc. I have been labeled by Thomas Mason and Herbert Brown and their cronies all who have prospered on an untruth as a whistleblower and troublemaker, an individual they couldn't control and their fear of the truth has caused them to lash out with no other basis for their action than their own fears and insecurities.

It is the fear of these so-called leaders that I in some way wish to wrest control of Stay Clean Inc. or reveal some information that might harm them in their assumed roles. Let me state for the record, I wasn't ordered by any court or corrections official to attend Stay Clean. I sought treatment there because I love the program and my only desire is to see it grow and prosper in truth and in no way have I ever evidenced a desire to wrest control of any program.

I shall admit I have witnessed program problems that exist on a consistent level and that if the leadership would adhere to good counsel could address, in two specific areas as example: the kitchen and professional counseling.

Let's look at the kitchen--oftentimes men/women coming into recovery are, if qualified, assigned duties as cook. In any program this is a very "touchy" area for reasons of health and sanitation needless to say, a person who has shirked responsibilities using drugs is now in a key position to help, but when there recovery should be the main focus, confusion enters when meals are unprepared and lunched go unmade. A simple solution: hire a part-time cook, so a recovering addict could devote all his time to recovery.

Secondly, the need for professional counseling is paramount; sure we could counsel one another if the truth was imperative, but the lackadaisical approach to treatment hinges on who screws up, not on the truth of your recovery. Professional PT counselors would make Stay Clean more responsive to the client's needs. It is a fact that power corrupts. It would be a fallacy to believe that Stay Clean doesn't have the monies to provide these services even on a part-time basis so where is the money going? If it's not going into treatment or staff of which there is no paid staff then where does the money go? For rent? Utilities? Phone?

If Stay Clean is responsive to the community then who are their board members? Who's auditing them? Who is making decisions? The board or Brown and Mason? In the interest of the community I call for an investigation into the finances and activities of a program that needs to truly focus on staying clean as opposed to staying elusive.

Woody Broadnax

## Portland Black Firefighters Association

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The City of Portland will be accepting applications for the position of firefighter: July 30 to August 10, 1990. Applications and information can be obtained from the Bureau of Personnel Services 1220 S.W. Fifth Avenue, room 100 Portland, OR 97204 (503) 248-4352

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### The Key to Burn Treatment

mug. A flashback of flame burns your husband's chest while he's preparing the Sunday barbecue. When a burn accident occurs--as one does just about every 17 seconds--you need to think and act fast. But what to do is often a big question mark. If you're like most people, you've probably been warned against putting anything on a burn. This precaution is best heeded, if all you have at hand is a variety of ointments and dry dressings in the medicine cabinet, and a stick or two of butter in the fridge. Most of these common remedies don't provide any protection against contamination of the burn wound, don't cool or relieve pain, and may even worsen the damage. However, thanks to the development of a new emergency burn care product called Water-Jel First Aid Emergency Burn Dressings, you can now react quickly, safely, and effectively when you or a loved one is burned.

Water-Jel dressings, a one-step

first aid product available to consumers for use on burns, facilitate appropriate first aid of burns at home and allow for ease of treatment in the hospital. The gel's water base helps soften burnt clothing and prevents it from adhering to burn wounds. Since Water-Jel is water-based and water-soluble, the burn wound can be readily cleansed, should the patient require later medical attention. Experts contend the residues of many burn ointments and lotions can be difficult to remove, possibly causing additional pain and tissue damage to the burn victim. In addition, many physician advisors suggest applying moist dressings because they assist in alleviating heat or pain and do not adhere to burn tissue causing less pain when removed.

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